

**There is NOTHING
You Cannot**



BE, DO or HAVE

Russ Michael

**There is Nothing You Cannot Be, Do or Have
By Russ Michael**

Author of long-time best seller *"Finding Your
Soulmate"*

"Soulmates, Twin Rays and Special Lovers"

"Autobiography Of An IMMORTAL"

"Your Soulmate Is Calling"

and many others...

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By Russ Michael

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Preface by Author

The best things in life are free is no idle phrase. You do not need a single penny to **be, do** or **have** what you desire. I have done it, and many others I know--or know of--have done it, and so can you....

I have and countless other individuals have built modest or huge fortunes from a very tiny "shoestring" investment. Yet I assure you that you do not need a shoestring--not one little red cent--to go from where you are now--to where you wish to be...within what you would consider a reasonable period of time.

You may rapidly--or slowly, *but surely*--go from ill to *well*, from flat broke to *rich*, from alone to basking in the company of a breathlessly attractive "*special lover, soulmate, Twin Ray*" or where ever you wish to be, do or have.

You only need what you have right now.

Yes, you--and what you own right now--are all that you need! You need only what you literally *own* right now, whether it is simply a willing heart, an imaginative mind, only the shirt on your back...or your naked self.

The real gold, or the real currency in life is not man-made or mineral in composition. This is and

always have been the fool's gold of society...and--
when found--is in itself worthless or does not last.

The real gold is found in and through your own
creative thought or socially cooperative co-creative
ideas coupled with the fire--or the fuel--of a desire for
something in you so strong you can taste it.

This then alone...will allow you to **be, do or have**
what you wish to be, do or have...in this now so vital
mortal human lifetime--on Earth.

So, *let's do it, now.*

Chapter 1

Are You *Being* What You Want to BE

Pause a moment and gaze about you. For-- as I have written in several other books--the world around you is a perfect mirror of your soul. What does your world around you at this very moment appear to you?

Look, ponder and think. Ask yourself *right now*, is what I see--feel and abide in--what I really, really want? More specifically, *am I **being** what I want to be?*

If not, why not? Be assured. There is nothing you cannot be, do or have. There are many unique facets to life. Let's give some more thought to this highly interesting picture.

Chapter 2

Are You *Doing* What You Want to DO

"*Mirror, mirror on the wall*"--actually--we are better off addressing the very real personal **mirror world** you perceive within and around you. *Are you really **doing** what you want to do?*

If like the average 99%--or more--of our billions of humanoid Earth population today, your answer most likely is, "*far from it.*" *You could say,* "Heck, no. Instead of doing what I want to do, I Am doing what I **have** to do, and it doesn't feel good to me!"

Or let's just say that you are doing what most folks on Earth are doing today. You struggle hard to make ends meet. You do what you can do--or seemingly must do, sometimes, in the moment--to support yourself, your family and those you love. Yes, in today's *modern world* culture each and all of us certainly need food, shelter and some way to make a daily livelihood.

Obviously, you do not have to stare into the mirror long to admit that you would really *prefer to DO* something more compatible to your personal taste.

And here I am--once again--to assure you, there is nothing you cannot be, do or have.

Before we go to work at being, doing an having what we truly desire, let's probe into one more facet of our "now AS IS" daily life mirror.

Chapter 3

Do You *Have* What You Want to HAVE

I am sure you understand that that the word "have" generally implies to possessing material things like money, a car, a home, etc. etc. However, as you peer now into what might be a murky mirror of your own personal world--at this moment--think deeply about it BEFORE YOU ANSWER.

*Do you **have** what you want to have?*

By Law, each one of us must answer in the light of our own belief structures. You may be one of those rare individuals who believe she or he has more than enough of everything **physical**. If so, give thanks...and then move your perspective to the deeper--or more *real*, more *valid and more-lasting non-physical*--aspects of your life and being.

Do you really have enough self love, enough confident self-worth, enough self-understanding, enough spiritual wisdom, enough pleasing, exciting companionship, enough harmony, enough personal Well Being, enough JOY in your today's moment-to-moment daily world?

Think about it.

What counts here is *what you alone believe* to be so. Thus in that light, by your willing simple adjustments to new beliefs--you support what you really desire, and I know, so I repeat--*there is nothing you cannot be, do or have.*

Chapter 4

What Do You Believe

First to know what you believe you must understand how a belief takes form or shape--a "hold" or a living presence--in your mind. A belief is a thought that you have repeated and accepted enough times to make it a now personally held belief.

A same thought, added on to itself, again and again not only becomes a very strong personally held--very alive belief, within your being--also more and more emotional *feeling* is added to that belief that you now hold.

Soon--it is no surprise--you feel strongly about that belief you now possess so strongly. When strong enough--unless we understand the process, as here explained--we guard our belief as a highly valued possession. In general most of us falsely regard strongly held beliefs as a living part of our own unique "I Am" self identity.

Many of our most treasured or strongly held personal beliefs came from our parents, from our family structure or from early childhood associations. Many of these were often loaded with highly charged mis-perceptions.

In the light of this understanding it is very important to know what you believe... so let's dig--or *mine*--for some more *real* golden self-knowledge.

Chapter 5

Do Your Beliefs Hold You Down or Lift You Up

The power of thought is awesome, so you can imagine the power contained in a belief.

Your beliefs are loaded with power over what you think, feel and do. Your beliefs will hold you back from achieving any lasting success or they can lift you rapidly to dizzy heights. Your beliefs will lead you down the same dark old alleys or toward sparkling brightly lit new avenues of *being, doing* and *having*.

What you believe holds you back or speeds you forward. This is why Jesus, or Jeshua, the great Master Teacher 2000 years ago said, "*Above all, get thee understanding!*"

My mentors say, and I say, understand who you are--what you are, and why you are--and you will own the most valuable and most precious real gold in the universe...and then...**there is then nothing you cannot be, do or have.**

Chapter 6

Do Your Beliefs Bring Guilt , Doom and Gloom or Love, Light and Joy

Start where you are right now in consciousness and thought. Look at what you truly hold as true beliefs about your self--or your true belief about others--or your wide array of beliefs about your own precious humanly embodied life on Earth....

Generally your strongest beliefs will have a tone or note that rings and rings persistently through your mind, body and being.

Yet, duality prevails in our 3-D world. The general tone of what you believe is basically negative or positive. You may have been taught and have accepted much personal guilt and thus you now live in a self-built or self-accepted personal shadow world of doom and gloom.

On the other side of the spectrum, you may have been instilled early in childhood with a great sense of confidence and a knowledge that you need feel no guilt about past thoughts, feelings or actions. You may have had the good fortune of being raised by parents who understood the Law at a heart and soul--or mental level--or were so filled with love, light and joy that they innately--automatically--instilled your own personal belief matrix with a sacred and high regard for all forms of life, including your own valuable body and being.

So much of our early childhood upbringing stems from the religious beliefs our parents--and their parents--up through the generations have handed down to us. So let's explore the lower astral world segment of that picture

By the way, if you are interested in understanding more about **life after death** you might wish to obtain and read my fascinating book, "*Life in The Dead Zone.*"

What is the DEAD ZONE? Does each planet have a dead zone?

Yes, each planet has a dead zone, an in-between haven--a temporary refuge of spirit self where all of the sentient planetary inhabitants abide in--after death--and in-between our next human incarnation.. as most major religions correctly teach.

This multi-level or multi-layered DEAD ZONE is a place where we review our past lifetime and with the help of angelic mentors-- and already ascended *Higher Guides*--we make plans for our next human embodiment. *I was there at age 18.*

In brief, the DEAD ZONE is literally the entire out-of-the-body non-physical dimensional level from the lowest vibrational regions of the astral *hells*--spoken about in the bible and other accurate esoteric sources--to the highest vibratory *Nirvana* or "Heaven" level and all *astral--or fourth-dimensional out-of the body* life--in between.

One of the readers of this book a very sophisticated gentleman, said to personally ...it was *"one of the best and most interesting and insightful book he had read in his entire lifetime"*

Chapter 7

Religious Beliefs and True *Spiritual* Beliefs Differ Widely

All of us humanly embodied upon Earth live in a three-dimensional world of *duality*. It is a world of countless dualities, positive and negative, male and female, right and left, right and wrong, night and day...etc. etc., etc--without end.

At every new moment a new free will choice stands forth--or steps forth--before our conscious minds as a thoughtful, or thoughtless choice to make as we journey through our sentient human life upon Earth.

Be assured that there is almost a light-year *mile of distance* between "being spiritual" and "being religious." Religion is always a sensitive but most important arena of human--and divine thought--to examine with the utmost honesty of our minds and beings....

Every major world religion--without exception--is first a "cult." It is based around a divinely inspired human individual who understood, lived and taught the Law, or formed and centered around an often crazed fanatic--who was imbalanced, drugged out of mind, or an egomaniac--determined to control the world and everyone around her or him.

Let's not even give another thought to the second type of religious cults, except that there have already been too many of them upon our beloved Earth.

However, there was one illustrious founder of all major world religions--like *Hinduism*, founded over 30,000 years ago by the RAM--also known today as Ramtha. Disciples of Jesus, as well as several other widely known current religions on Earth, were named after their namesakes, like Mohammad, or Buddha, i.e. Christianity and the religions of Buddha, of Mohammad, etc. etc. etc.

All of these now known major religion cult founders discovered, lived and taught the truth of Universal Law. However--again, without exception--all of their dynamically lived and accurately taught arcane doctrines have been purposely profaned in one way or another. Various portions of their scriptures have been altered and tainted by powerful political and religious groups.

Why, you ask? To confuse and keep the masses in *spiritual* ignorance, to intentionally create wars, to pit brother against brother and nation against nation for thousands--upon thousands of years--and centuries upon centuries...right on up to this very day.

Sadly, as the dark cabal in control know well, few individuals--raised in deeply religious families--ever stop to question the often even clearly seen--so very contradictory religious teachings--programmed into their minds from childhood. Those that do ask or speak out are scorned, punished or quickly labeled trouble makers. They are soon shunned or banished from membership in that particular religious gestalt.

If you follow and understand what has just been candidly disclosed you must surely know to be known as being "religious" is **not** a compliment. It simply means you blindly follow altered doctrines that were purposely changed to keep you and your children and their children's children under the dominion--of a continual herd control--of those who preside over world affairs...at any given era and locality upon Earth.

Think it through. Do you think for a moment that the very childish ego-centered ravings of a vengeful Jehovah, subtly and cleverly mixed into the spiritual doctrines of the Christian bible--for example--depict your and my real *God Creator Source*, who is all-powerful pure unconditional *Love, Light* and *Power*?

Yet, the high priests of religion--in collusion with the politicians of national and local region governments--have long used the ravings of an obviously insane, pseudo God--an easily and obviously seen frightening man-made *Jehovah*--to control your life and my life on Earth through the diabolical, greatly altered biblical teachings the pure Christ-minded founder, *Jesus*.

*As it stands today the modern "Christian Bible" is far removed from the sacred and holy teachings and immutable Laws understood and taught by Jesus 2000 years ago. It is utilied with cunning and skill to keep the masses ignorant of their divine origin and ignorant of **the secret** doctrines that would literally set them all FREE....*

Consider the altered scripture of "an eye for an eye" and so much other kind of depraved logic of a child-mind pseudo God called Jehovah. Jehovah has never existed...accept as first created in the **Dead Zone**...and at a 3-D level, in the minds and the hearts of religious fanatics and those conspiring, dark-minded cabals of priests and corrupt power-lusting misfits that have ruled, and continue to seek to rule over human Earth society for past and forthcoming millenniums.

Think about this deeply too! Being deeply **religious** is no compliment.

On the other hand, being known--or duly identified--as a genuinely **spiritual** human being is by far the highest compliment a humanly embodied soul upon Earth could be given.

A spiritual person adheres to the truth of an *ALL loving, ever present and all powerful God Creator Source.*

A spiritual person, whether a simple, common woman, man or child on the street, whether an aspirant, an initiate, an adept...or a living Master of Truth and Universal Law--like the Ram--or like Jesus, and like Mohammad or Buddha, etc....awoke and left the "religion" of their parents, of their day, of their local, to become spiritual light-bearers and way-showers of a genuine peaceful daily moment-to-moment godly life-style.

All of them--and all great spiritual teachers or mentors--have taught--or teach--that what they have

done, **you** can do, for *it is the truth*. There is *nothing*
you cannot *be, do or have*.

Chapter 8

Let Rigid Limiting Beliefs Behind

Think it through. Are you holding tightly on to the **fools gold** given to you ignorantly--even though lovingly--by parents, teachers or a despicable dark cabal of controllers of all of our major global affairs upon our beautiful planet Earth?

If so, isn't it time to let go of any and all rigid thoughts--or fault-laden beliefs--that keep you suffocated and bound in greatly muddled religious dogma?

Isn't it time to leave the heavy "chains that bind" and step free to search for--and to find--the bright shining **real gold** that has always been shining brightly there inside--and all around--you daily?

If so, you are at the right place, at the right time.

Let's get on with it. Read on....

Keep an open mind, a light heart. Reach out now naturally for the joy of discovering **who** and **what** you really, really, really **are**?

In due time--by Law--you will know with absolute full self-conviction that...*there is nothing you cannot be, do or have.*

Stop and *think it through*. Are you a *free* thinker or not? *Count leo Tolstoi* can answer that question better than I could.

"Freethinkers are those who are willing to use their minds without prejudice and without fearing to understand things that clash with their customs, privileges, or beliefs. This state of mind is not common, but it is essential for right thinking; where it is absent, discussion is apt to become worse than useless."

- - **Leo Nikolaevich Tolstoi** - (1828-1910) Russian writer Source: On Life and Essays on Religion

Chapter 9

You Are Not Your Thoughts

Those of you have read several of my books know that in the same way that you are not your body--or your emotions--*you are not your thoughts* either. Studied scientists in the field of psychology estimate the average person moves through at least 50,000 thoughts per day.

However do not underestimate the power of a *single thought* that you hold.

We will probe deeper into the intentional selection and use of the power of your thoughts in Chapter 12 and Chapter 13. What is so important--at this point of our journey together in thought--is to thoroughly understand--that no matter how much you--and especially your ego--identify with your favorite and often long-held thoughts...you are **not** your thoughts.

Who and *what* you are is more precious than all the thoughts--put together in all of creation--whether you know it--or not--or believe it...or not.

So I see it's time to move our collective minds in that direction of self-discovery--or of self-realization--as outlined in my widely read book, "*The Why & How of Meditation.*"

Chapter 10

Who Is Really In Charge of Your Life

This brings us to a very important question. *Who is really in charge of your own unique life?*

If you understand why I ask you this question--and you decide you no longer want to live in a personal world created mostly by default--then simply by taking full charge of making conscious and deliberate choices as to what you really want in your personal world--*there is nothing you cannot be, do or have.*

Through more physical human lifetime embodiments--than you may wish to consider or count--most of your three-dimensional worlds you lived in, during each "period piece" was fashioned by those dark hearted and low-minded controllers--or their minions--in charge, all around you. Many represented very powerful Dark Beings still residing today in the DEAD ZONE.

It that thought disturbs you, be of good cheer...for the DEAD ZONE will vanish--in the twinkling of an eye--when our soon-to-be *Mother Earth* becomes a genuine Star in the heavens...above, and around and within us. *Ponder* that thought.

This does not mean you do not create your own reality. You are never without free will choice at each and every moment of your every life experiences. Your non-choice in a forthcoming life

situation is also your free will choice, so it counts AS THAT CHOICE.

This means by being neutral, those you affect--or those affecting you--will *take charge* and make a choice that you can then only follow.

That applies to the non-physical as well as the brief physical human embodiments you have had. It also explains then so clearly--if not vividly--*why understanding how the Law works* is imperative to your health, wealth and Well Being.

There are no victims. Nothing ever happens by accident. The law of Attraction could not and would not allow it....

As long as you remain in an ignorant or neutral zone in any situation you cannot justly play the victim role and say it is the fault of your government, or the fault of your neighbor or loved one. You chose to stay asleep and to play ignorant of the consequences of allowing others to choose for you.

Ponder this vital thought deeply. *Who is really in charge of your life?*

Chapter 11

Who Are You and Why Are You Here Now

Great! If you got through reading this booklet up to this part, you now stand at a pinnacle where you must *know* a whole lot more about who you really, really, really are.

Furthermore...let's also take a moment to foresee--or glance at--why you are here now in this particular period piece, on *this* planet and in *this* Universe?

In short, your unique vibration has allowed the Law of Attraction to draw you to this exact place and this exact moment in time where you stoop, sit, lay or stand.

Understand clearly now that we are here exploring--or talking about genuinely *Lawful* things--about *spirituality*, not religion!

First and foremost, as all the great spiritual founders--of what are now known on Earth today as our major world religions--knew and taught that you and I--at a spirit, soul and body level--are *extended aspects--or fragments--*of the one *God Creator Source*.

They know, as I know, you and I are not only *made in the image* of *God Creator Source*, but we are also the furthestmost extension of *All That Is*.

We, each and all are as Abraham states, "on the leading edge" of an ever on-going and infinite creation. *You* (take a bow)--like all your sisters and brothers on Earth or those abiding on--*or within*--any sentient form-bearing planet in Creation--are equal to any other goddess fragment or god fragment of creation. Whether you know it or not, believe it or not, most of the billions of civilizations in sentient creature civilizations--like us humanoids on our Earth--live within the interior zone of their life-bearing planet. It is normally a safer and more nurturing place to live within any solar system or galaxy in the Universe.

You are a genuine, very real "*Daughter of God*" or a "*Son of God*" and this is why our one *God Creator Source* loves and literally adores you without reservation or judgment.

Would *God* judge part of *God-self*?

Think it through. Would you judge your finger, or a hair on your head? If you were really conscious of **who** you really are you would love your finger and every hair on your head, red, brown, gold, black or white, wouldn't you?

Be assured, the love of *God-The-Whole* is greater--beyond words to depict--than the love of any--no matter how unique we are--*God-the-part...you or me.*

Why are you here on Earth, in this solar system, in this Milky Way Galaxy now?

Again...this is your absolute perfect *vibratory* match!

Furthermore--in short--because very, very soon--as revealed in one of my books, available in eBook form--our gorgeous planet *Mother Earth* is also at the very edge of "end times."

You and I have a thrilling, soul-fulfilling personal mission. You and I are here to usher in, "*The Birth of Earth As A Star.*"

In this process we too, each and all, eventually--*over the eons*--become a mighty sentient living **star** in the heavens of *Creation*.

Right now. You already are a pin-point humanoid-size *Star*. Think this thought through. At the depth of your being--within your own unique spirit and soul--you already *are* that bright shining **star**. As that one-of-a-kind of *star*--when you really, really know it, be assured--there is nothing you cannot be do or have.

Chapter 12

Is Want More Powerful Than Your Belief or Faith

The question I have posed may sound strange, but you need to address it. *Is want more powerful than your belief or faith?*

You may be startled--if not shocked--since the answer is an absolute certain, **YES**.

The reason that want is more powerful than belief--or faith--is that it taps directly into your eternal heart-stream instead of your now temporal head, or mind stream.

In other books or booklets of mine you may have read of how a petite mother lifts a heavy car off her child to save her child's life. These rare--but totally true--kind of instant demonstrations *of the power of want* to exceed any former beliefs or faith held by those accomplishing this seeming impossible feats are classic examples of how always a greater Law off-sets a lesser Law.

By this I specifically mean the Law of Personal Belief--and the Law of Personal Faith--must give in to the Law of Personal Want.. and always must occur whenever want exceeds any personal belief or any personal faith held.

Space in this booklet will not permit here, but in various other books or booklets I have clearly explained how thoughts build into belief. Then belief builds into faith, both are elements or products of the

mind--or head center. on the other end of the spectrum, want--or desire--comes from the heart, or heart center.

In turn the heart is the most direct pathway or access point into your inner self, the soul and spirit of your being.

Here is one last thought you might wish to ponder in this light. By Law *spirit* is greater than *soul*, in the same way that soul is greater than *body* or brain consciousness. In turn your brain consciousness is more powerful than your finger, eye or foot consciousness. in turn, your finger is more powerful than a cell within it.

Ponder that stream of thought, please.

THE SECRET SCIENCE OF WHITE MAGIC

"... An even greater paradox: Both white magician and black magician use the exact same laws of nature to accomplish their objectives...but only up to a certain point. The reason is simple enough. Pure energy can be used for good or bad. It contains no black or white qualities within itself.... The time finally arrives when the white magician forges ahead--transcending 3-D laws, gaining wisdom and power--while the black magician is damned by his own nature to remain confined within the lower threefold spectrum of earthly existence. The white magician gains deep insight and mastery over the intuitive plane. Her or his power now becomes profoundly greater than the black magician's. The black sorcerer has severed himself from his soul and has no means whereby he can tap energy higher than the lower mental plane. He remains limited to life and substance at *physical*, *emotional* and *lower mental* levels. These three planes of consciousness act literally as a confining barrier to the black magician. He must remain within this reduced spectrum of reference until *the form* of which he is a part--in this case our planet Earth--Ascends or disintegrates. At that time he is reduced back to primal *nothingness*... lost in the dark night of time...."

Excerpt from *The Secret Science of White Magic*
By Russ Michael

Note from reader:

*Just finished "The White Brotherhood" and almost finished with "Meditation." Must say I am thoroughly enjoying each of them. **Send me catalog of all your books, tapes, etc....**put my name on your mailing list for other items...I would like to know more about you and your work.*

NOTE: Obtain order info for this book at:
RussMichaelEbooks@gmail.com

Chapter 13

You Get What You Think

You not only get what you think, but while thinking it you are what you think. It has to do with other universal Laws that are constant. Whether in the non-physical or the physical life stream, everything is connected to everything else. When you think about something you *become* it. It is how co-creation works. *Mind is the builder.*

Edgar Cayce, The world famous *Sleeping Prophet* from Virginia beach, Virginia, USA often commented that "mind is the builder." He often spoke to the fact that anything and everything--conceived in all of Creation--arose from MIND.

A rule of thumb principle here is give a good thought, get a good thought, for you always get what you give. So, by Law, in any event, your thoughts are significant.

"Be careful of what you think" is also a wise adage to follow.

However, be at ease. I want this point to be clearly understood. Thoughts come and go--as we have been gauged at the speed of at least 50,000 thoughts per day. Therefore an idle or quick passing glance--at what you think--has negligent power to affect your already heavily grooved in life circumstances. Please be at ease about the thoughts that come and go. None matter unless you invite them in to *stay at your place.*

As explained more in depth in my next chapter--
Chapter 14--it is the thought you *hold on to* that is of
terrific, perhaps of a very vital personal importance.

So let's ease into *that aspect* of how *there is*
nothing that you cannot be, do or have.

Chapter 14

What Holds Your Attention

We come back to the thought that the world around you is a mirror of your soul.

What is vital is what is it that *grabs and holds* your attention? Here is your most vital key to co-creation of the kind of world *you really, really want to enjoy your good life* within.

If you recall, as stated earlier--though said in different words--you become whatever you place your *focus* upon. This means what you see with your physical eyes, as well as what you envision in your heart or mind's eye expands, extends and duplicates within or around you!

Are you sure you want to listen to the daily worldwide or local dark cabal controlled "bad news" or to view those horror movies or to buy that monster cartoon video or DVD for your innocent child.

Your mind can focus in and expand what is close to your eyes like a microscope does. Your mind, being dual, can also focus into the distance and bring what is in view into your clearer visual perspective.

Indeed, mind is not only "the builder" but it also is a tool that can be utilized by us humanoids in so many creative ways.....

The point here cannot be stressed or reiterated enough, what you give your steadfast attention to

literally does extend, expand and GROW into your own personal world.

This is why every good mentor stresses that the student repeats a learning experience until the lesson is fully learned. Life itself works in the same fashion. The Law of Cause & Effect--as known in our West, or the same Law known in the East as the Law of Karma--is never set into Creation to punish any single spirit or soul. A loving God Creator Source would never entertain--or allow--such a concept and such a punitive world to exist.

What is sought and found through reincarnation cycles--of any humanoid--or life forms a continual course correction toward a balanced life and arriving at the momentary life goal.

A life lesson teaches us the art of balance. No lesson in life ever needs to be repeated, once learned. However, until a life lesson is learned it can be, and often may be repeated hundreds, thousands, or millions of times...until the finally enlightened in-dweller of any experience *learn that personal life lesson.*

You do not need to understand the Cosmos. Through learning only a few simple Laws of Nature you can transform your personal life and enjoy a really good world upon Earth.

Simply understand what you think of or give most of your attention to today pre-formulates a nearly exact pattern of your new day that will

form tomorrow. The Universe--must by Law--co-create more of whatever you put your attention upon.

This is the major reason why when a challenge or a problem appears in your life, if you are ignorant of the Law and you put more attention on your problem than you do on thinking of a solution to it--the problem can only grow and grow in your mind...and thus keeps *showing up* in your personal world.

Chapter 15

The Universe Does Not Know How To Say NO

The universe does not know how to say "no." There is--as you might guess--a Lawful reason for this odd statement. You might ask "what has this to do with me manifesting anything I wish to be, do or have?"

The answer, when understood fully, will make it much easier for you--from this day forth--to exercise great care about what you put your attention upon.

The reason our beloved Universe can not say NO to anything is--by Law--our Universe is ordered or ordained to be **inclusive**. Nothing you think, feel or do can be **excluded**. This means our Universe cannot be non-inclusive--or exclusive--to anything within it....

Ponder this revelation. Think about it until you grasp what is being explained here. This is the "nitty gritty" of Universal Law at work...at all times.

Our Universe only knows how and is only permitted to ADD to it. It is not permitted to TAKE AWAY from itself or take away anything within itself?

Our Universe does not know how to say NO. Our Universe could not know how or conceive of how to say NO. Got it?

The concept of "not" or no has no reality in the *all-inclusive purity* of our Universal consciousness.

You and I--at a 3-D level--are allowed to play the dream game of relative duality. We explore and experiment with agreed to idea of idea of a pair of opposites--within our own 3-D aspect of this Universe.

However, even in lower 3-D dimensional *illusion* we must--and we will--abide by Universal Law. In genuine non-physical reality--we too can only add to reality, we too cannot take away from this safe, loving, nurturing all-abiding one true reality.

Is that fully understood?

Think of our Universe as a gigantic computer that can only co-create--or reproduce--what you or I, or any other current earthly co-creators, add to it. Bring this image or thoughtform down to your own self-- as an Earth size computer--and you have the same Law at work in your individual or collective human life.

In short again, you cannot take away from life, you can only ADD to life.

Add fear, get more fear. Add love, get more love. Add joy, get more joy. Add peace, get more peace. Add war, get more war.

In time, through experience, we finally do "get it." We get what we co-create in our collective and individual worlds. Would you really want it to be otherwise?

Get the picture? Whatever thought, feeling action you add the moment, you get. Thinking about or giving any energy toward what you **do NOT want** only ADDS more energy and more certainty of having more and more **of what you do not want** in your world.

It is why the poor keep being poor and the rich keep being rich. Your world is always a proportionately perfect mirror of what you are LOOKING AT and putting most of your *attention* upon.

You are not a victim and it is purely and freely your own sweet god-given choice, to be, do or have what you want.

It is no fun to live a life of default, but it is really, really great fun to deliberately and consciously create a self-created path from where you ARE to where you desire to BE at another forthcoming point in time and space. Now is our most mighty point of power. So now let's create what we really want in our lives.

When you know, by Law, there is nothing you cannot be, do or have...miracles will fill your days and nights. The then oh--so magical world you live in--will be one that your own expanding wisdom has manifested. You can do it.

So be it.

Chapter 16

Live a Happy Fulfilling Yes, Yes, Life

By nature, we human beings love to love. We innately love to share ourselves and the wealth of our being in all ways with other brother and sister companions.

Through free will choice, at all times and in all places--for whatever personal reason chosen--you can sound forth a clear yes, yes, or a clear no, no...to whatever moment of choice you meet or greet in life. You alone choose to give what greets you your life energy *attention*...or your choice to place your valuable conscious attention elsewhere.

As, we all know, a growing child the word we heard most of all was, "No, no, no!"

We were stopped at the start--or the middle--of any new experiment "to test our wings" or whatever, we were doing by a sharp parental command, "**NO**, do *not do that!*"

How often did your parents or more adult family adult members say, YES--in ratio to saying, "NO. you can--or, you must not do that?"

Fortunately that was *then* and this is *now*.

By Law, you and I get to choose whether we want to say a decisive **yes** or a clear **no** to whatever comes along at each wonderful new thrilling moment of this human life embodiment.

Life is such a grand and magnificent ongoing adventure.

All of the spiritual master Mentors I know or have studied under have advised their students to "say yes to life!" Take charge of your thoughts and forget what you do not want to think about or to feel.

Say yes to whatever feels good inside of your heart, mind and being. Thus you will always be moving toward and rapidly--or even if slowly but surely--fulfilling your most impossible dreams.

We can take a lesson from our grand Universe itself. It never says NO because the Universe knows the Law and abides by it. The Universe does not waste any time or energy on thinking or doing what it does NOT want to do. The Universe is on the look-out--at all times and in all places--for where and to what or whom it can say YES.

ASK and you will be given! Our mighty Universe will never say No.

Our Universe loves to say YES, YES, YES to you--or to any other co-creator--within and throughout our entire gigantic Law-abiding Universe. What a model to behold.

YES. Say yes to life!

Chapter 17

Where Is *God--Our One Creator Source--in This Picture*

Where is *God--our One Creator Source--in this picture?* Good question! However a more fitting question would be, *where is God **not?***

If you do not already believe or know it already--as you delve deeper into understanding *God Creator Source* and *All That Is--you will realize* without a doubt, with great joy and thanksgiving, that you are a miniature god-fragment of *God* and *All That Is*.

You will also understand that every fragment of non-physical or physical world manifestation, every single cell, molecule, atom, proton, neutron, electron--or the most tiny pin-point of *All That Is--is 100% pure God Creator Source* self.

Instead of trying to fit the picture of a WHOLE-GOD-SELF into the tiny fragment god-self--which is certainly accurate from the viewpoint of us each and all being a hologram--it makes more sense to realize that all of the God-parts, whatever size--down to our pinpoint size--make up the collective body of our *One God Creator Source*.

You can extend this picture to also understand that this means--by the Law of One--there is only One God Creator Source LIFE, only One SPACE, only One TIME, only one MOTION....

P.S. There is also a Law of Three, Father, Son & Holy Spirit, Spirit, Soul & Body, Motion, Time and Space, etc. etc. etc.

In the jargon or language of creation the great One God, One Allah, One Father Creator...etc., normally referred to in major Earth religions certainly exists. This is indeed the God "in whom we live, and move and have our being." It is true, without *God* we are *nothing* and *with God* we are *everything*."

However, this is yet only a small picture of ALL CREATION.

It is true. An all-mighty, all-present, all powerful *One God* is the origin and *Creator Source Point* of this Universe. There is another unique, all-mighty, all-present, all-powerful *One God* who reigns sovereign over each and every single one of the countless Universes within all CREATION.

My various books--at least 20--can be obtained and read if you want to pursue more deeply into the orderly *Hierarchical* structure of all CREATION. Of these volumes, I highly recommend obtaining and studying "**The Secret Doctrine of the Ancient MYSTERIES**" and "**The Secret Great White Brotherhood--Masters and Adepts of Planet Earth.**" Both these volumes offer much insight into the mechanics or and enlightening *overview* of Creation

These two eBooks (or hardcover and paperback editions *in some languages*) will surely enthrall you and give you a good grasp of how you

and I fit into the eternal scheme of an infinite and
endless sea of more and more spectacular Creation.

Chapter 18

The *Law of Attraction* Never Fails

Above all we need to give thanks for the ever-present, ever-active, ever-accurate *Law of Attraction* for it never fails.

The Law of Attraction cannot fail. Trust it. The Law of Attraction never makes a single mistake.

You can be certain that understanding and relying, and trusting on the Law of Attraction--to deliver what you desire--is a huge step toward you being a conscious, masterful co-creator on Earth.

When you know the Law--and you consciously make daily moment-to-moment use of these immutable universal principles--you have now had the opportunity to learn here, you will possess the full confidence needed. It does not matter what others think of you, say or do. You will birth a new you at the human embodiment level.

Thus the new you, can and will indeed manifest whatever you want to **be, do or have....**

The Law of Attraction acts in the capacity of a full-time servant of the Universe. Likewise, at the same time--as a now conscious co-creator on Earth--it acts immediately as your active full-time servant too.

You do not even have to know the mechanics of *how* the Law of Attraction works. Few people know

the mechanics of how the engine works in the car they drive.

Simply desire and expect any and all knowledge to be do or have--what you wish to manifest--to arrive in your mind or to be found at hand. You only need to be confident that the Law of Attraction will work ceaselessly--on your behalf--to provide you with more and more personal INFO or first-hand "know-how" on how to literally build grand bright scintillating new worlds of your own.

So be it.

THE SECRET DOCTRINE OF THE ANCIENT MYSTERIES

"... Where have the secret doctrines of the ANCIENT MYSTERIES come from? Who formulated them, into this immutable, unchangeable set of laws governing every aspect of life in form? Countless human souls gave their entire lifetimes to a constant quest after truth! These persistent seekers became Adepts and Masters of Wisdom...as they relentlessly pursued, found, and utilized truth. These now consciously sacred Holy Men and Holy Women pioneered the *Science of Life* eons ago.

"... The ancient doctrines comprising the long held secret MYSTERIES were formulated far back in the distant night of time, long, long before our tiny planet Earth came into existence. The knowledge about these immovable laws of life and nature were handed up by spoken word from generation to generation--from planet to planet, from sun to sun--until all the Sons of the Suns of the Suns in the heavens--and sentient humanoids upon the countless planetary bodies like our earth--are today able to discover **the secret**...or He or She--in their midst--who *hold the keys to the Kingdom*....

Excerpt from *The Secret Doctrine of The Ancient MYSTERIES*
by *Russ Michael*

Workshop attendant wrote:

A huge thank you for a super terrific training conference. The quality of the training...was the most outstanding of any conference or seminar I've ever attended.

Doors are opening for me on subtle levels...as I examine my current belief systems and see the effect they have been having on me. It's a very interesting time.

NOTE: Obtain order info for this book at:
RussMichaelEbooks@gmail.com

Chapter 19

You Can Never Fail

Be assured, *you can never fail*. There are a host of simple reasons why. First, and foremost, as beloved Master Mentor *Abraham*, and both *Jerry and Esther Hicks* have oft stated, "*you can never get it done*." Knowing who and what you are also helps to make this point clear to you....

Our one *God Creator Source* is forever. You as a very real personal extension of *God Creator Source*--now being a conscious co-creator--will continually co-create fresh and thrilling new worlds and glorious, breathlessly exquisite new level realities.

In the eternal scheme of things failure is a concept that is relative to a duality consciousness where goal setting--a goal--some objective seemingly being set apart from "I Am" self--exists.

Chapter 20

There is Nothing You Cannot BE, DO or HAVE

We now place our **attention** upon my now very favorite word sentence on Earth, "*There is nothing you cannot be, do or have.*"

In view now--of what you know about the awesome power of *attention*--it make a great deal of good sense to ponder, contemplate and hold *this 9 word sentence*--and concept--in your mind daily. However--as you know--from your own sweet goddess-self or god-self perspective, the *Law of Attraction* works best when phrased, "*There is nothing I cannot be, do or have.*"

In summary, it must be crystal clear to you by now that you no longer want your own personal world to be created--mostly by default by others who appear to hold control over and around you. In fact, it ought to be clear enough now that whatever you feed your attention upon is what you get.

Here is a final ending story story about a sage Indian elder teaching his young grandson and his grandson's companion about the Law, at an early age of six. He told his two young aspirants--to understanding the simple but profound mysteries of life--that each of us holds two wolves inside of our being.

The two youngsters listened wide-eyed, as "Grandfather" explained-

He said, "There are two wolves in a life and death battle within each and all of us....One of these wolves lives off of all of the good things in life that you do. The other wolf lives off of all the bad things in life you do!"

The grandchild stepped forward. He asked, eyes soulfully uplifted to his much beloved and well-aged mentor, "Grandfather, which of the two wolves finally wins the battle??

Grandfather paused a moment, smiled and said gently, "*The one you feed the most.*"

Thank God for free will choice!

Obviously, you and I get to decide which "hungry wolf" inside of our sacred beings we feed.

If you have a *prompting* and the opportunity to read my autobiography, you will see that ever since my death experience--at age 18--I have had and have fed a lifelong hunger for the ravenous "wolf" of spiritual knowledge inside of me

The knowledge I have sought slowly but finally flowed in and through me *like a river*, for the Law of Attraction, coupled with the Law of Attention--or "*asking for it*"--like all Universal laws, never fails.

I hope you have enjoyed our journey in thought together. I love, respect and admire all that you are and all that I know you will continue to lovingly become....*Bless your heart.*

You now stand before the *Golden Door* of the *Rest of Your Life*. May a physical body IMMORTALITY --that you innately wish to know to be your conscious experience--come soon to you...as we all joyfully Ascend with our beloved Mother Earth.

You also now hold the sparkling *Golden Key* to whatever you desire--to whatever you want so much you can taste it. You have come to be here now in this final *Golden Age* upon Earth, soon to be a *Golden Star* in a virgin Universe of it's own making....(as revealed in my book, "*The Birth of Earth As A Star*").

Your genuine conscious moment-to-moment gratitude will also help to pour a constant stream of daily miracles into your life. *It has been fun*. We are forever and ever One in the *God Creator Source* of our eternal being.

Hold this absolutely factual thought to your heart and find great joy in knowing it to be everlastingly true, *there is nothing you cannot be, do or have*.

All is well.

So be it.

Final note from the author scribe...

In addition to my best-seller--*Finding Your Soulmate*--still selling in 12 languages, I have written over 20 published self-help books and I invite you to obtain and read them all.

...After my death experience...at age 18--and In the unfolding due course of my spiritual work--I have received thousands of letters of *gratitude* from readers of my books or from many grateful attendants of my workshops, who have found their *soul mates* or their **Twin Ray** life companions, or made their wildest, most impossible dreams come true.

A few days ago I received this email from someone who recently obtained and read my 360 page *autobiography*.

Dear thankful kindly eBook reader--*Carolyn Tester*--had this to say to me....*Bless her heart*.

Autobiography of An IMMORTAL

Carolyn Tester wrote:

*I don't think I have **ever enjoyed reading anything** as I am now doing with your **autobiography**. I'm now beginning to read slower and slower...as the end of it gets nearer...a habit I've acquired **when in a GOOD read**.*

Love to you and yours,

Carolyn Tester

If you enjoyed this booklet--or other books of mine--please encourage your loved ones, friends and associates to obtain and read them all....

I suggest that you obtain my own "*Autobiography of An IMMORTAL*"...or any of my current 9 eBooks--soon to be 20...or more--of my own *Russ Michael* eBooks.

Enquire now or later
at: www.TheSecretIsNoSecretAnymore.com

Or at my personal email
address: RussMichaelEbooks@Gmail.com

You can soon listen to my 3 minute *podcast*, read my brief bio or *surf* through the "Table of Content" pages of my many obtainable eBooks....

You may--via my above email address--also subscribe to my FREE spiritual *daily* email *Michael Worldwide Newsletter*. It is totally free...just ask.

Bless your heart, forever and forever. *Bless us all*.
We are all blessed.

In living and loving gratitude. I Am--*Russ Michael*

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