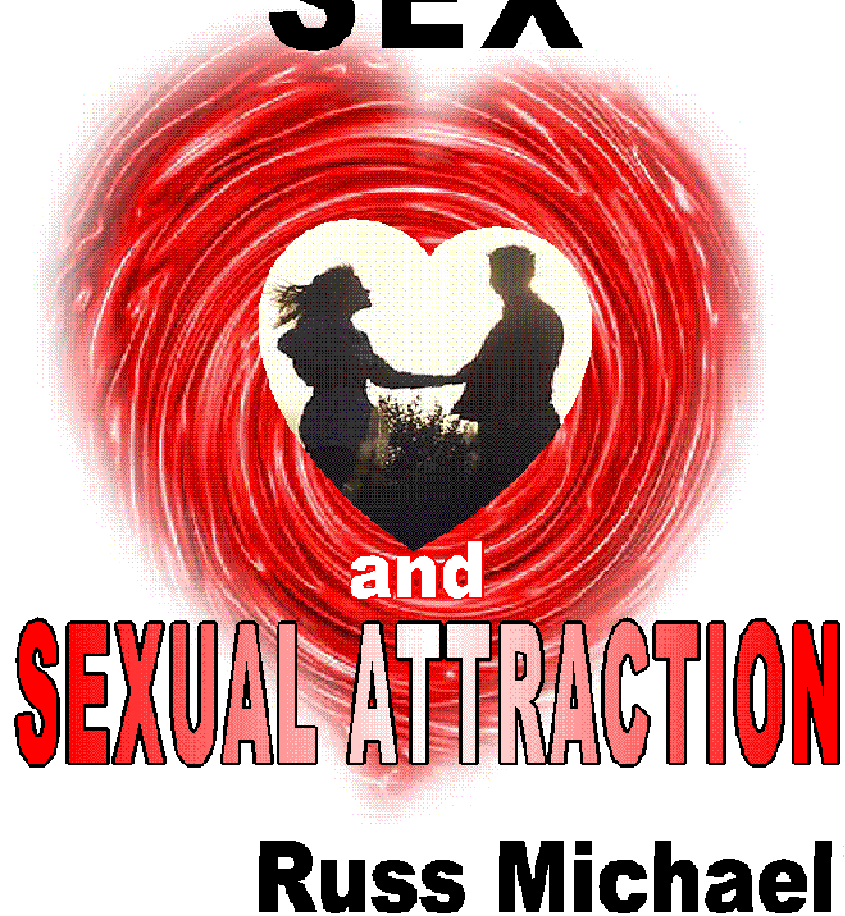


The Secret of
SEX



and
SEXUAL ATTRACTION

Russ Michael

**The Secret of
S E X
and
SEXUAL
ATTRACTION**

by Russ Michael

The Secret of SEX and Sexual Attraction

by Russ Michael

Russ Michael Books
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A highly talented volunteer Russ Michael eBook Team artist who prefers to remain anonymous created the beautiful front cover art for this book and for most of the other Russ Michael eBooks. The artist states:

"I just have to say this. Because of this immense effort that I have been putting forth, it has kept me coherent, sane and remaining in the light. It has kept me happy, moving forward in creative endeavors, and most of all, ALIVE. Thank you, dear Michael, for your giving freely to all that have 'ears to hear, and eyes to see' of yourself, and that you are fulfilling the reasons that you came back into this life at 18 years old. Whenever you embark on ANY journey, you do it in a BIG way ... and that is incredible. A wonderful example to ALL ..."

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Preface by Author

The “best things in life are free” is no idle phrase. People certainly do pay for sex, but most people prefer not to pay for what can easily be obtained for free.

Certainly by the time you have read and absorbed the secret of sex and what causes sexual attraction, you will know beyond any doubt, there is no need to pay hard-earned cash for a few minutes or hours of sexual pleasure.

The added bonus is that before you are finished reading this book, you will know how the Law of Attraction can work to bring the most attractive dream lover or sex partner into your arms that you can imagine.

In addition, by the time you have finished this entire volume, you will surely know you do not need a single penny to **be, do** or **have** what you desire. I have done it, and many others I know or know of have done it, *and so can you*.

I introduced the word “*soulmate*” to mass human consciousness on Earth with my best-seller book, *Finding Your Soulmate*, in 1970.

Since then my life has been filled with unending romance and love. I currently live in a green rolling hills area of breathlessly beautiful Austria with my equally beautiful companion

wife, Maria, and our 15-year-old son, John Mathew Michael.

When you know **the secret**—imparted in this book, you may rapidly—or slowly, but surely—go from ill to *well*, from flat broke to *rich*, from being alone to basking in the company of a breathlessly attractive *special lover, soulmate or Twin Ray*, and have whatever you wish to BE, DO or HAVE.

Action begets action, so let's do it now.

Read on.

Ω

PART ONE



THE SECRET OF SEX

Chapter 1

Your Sexuality versus Your Sensuality

There is a vast difference between *sexuality* and *sensuality*. Most people tend to think they are both sexual expressions. They are related, for *sensuality* rings out of your sexual reservoir. Yet when sensuality is shunned or turned off because it is mistaken for sexuality by the individual in ignorance, she or he needs to *wake up* and understand the difference.

The public media outlets constantly brim over with *sexuality* and *violence*—two totally different and powerfully opposite conditions. Violence always tends to breed more violence, while more sex only breeds more sex and thus *more love*.

More sex never makes anyone more violent. Sex releases stress and almost always makes us feel and BE more peaceful. Therefore, mixing sex and violence is like trying to mix water and oil or water and fire. They do not mix.

Sensuality arises from our sex drive. It is a very real flow of incredibly pleasing, magnetic

energy that can be felt coursing up through every cell of our body and being.

When you are sensual, you are dynamically alive, as opposed to being a seemingly unfeeling and sexless person. Sensuality makes the blood flow to the face and through your veins and organs. It brings a pleasing “rush” into your body consciousness and being. It makes you want to get up and conquer the world.

Sensuality makes you feel like being productive and creative. It adds zip to your walk and your talk. Sensuality enhances everyone who has an abundant flow of it in their physical body both physically and spiritually. It makes you unusually attractive and magnetic. Therefore, cultivate and generate your own growing supply of ever on-hand sensuality as much as possible.

Do not buy into the social-consciousness pressure that says being sensual is being sexual. It is no crime to be either sensual or sexual. Everyone is sexual whether they acknowledge it or not, as explained in more depth in later.

Do not buy into any feelings of guilt about either your sexuality or your sensuality. Performing sex in public or for pay may be against manmade laws and a crime in most of the countries in the world, but we are not talking about that.

It is no crime to look sexy or to dress in a sexy way. Yet social consciousness will always try to make you feel guilty about looking sexy, by feeling sexy, or by dressing in a sexy way. Your genes have also been heavily programmed generation upon generation to think sex is “bad”. From early childhood, we are told good little girls and good little boys do not think about or explore sex.

Being sensual is like feeling a grand, intense love inside of you. A feeling of sensuality is tremendously subtle but powerful. You simply cannot help but feel sensual when your natural body flow of energy moves through the etheric chakras of your physical body and entire human being *unimpeded*.

Realize also that when you feel sexual energies rise and your whole body feels deliciously sensual; it does not signify that you must have a sexual release. You simply permit yourself to feel sensual and know it is okay. It is added energy that *is* good and *feels* good.

From one perspective, whenever you feel all of your joy, all of your pain, all of your lust, all of your love, all of your freedom—even your pain, your shame and your embarrassment—almost simultaneously, it is beautiful. You are intensely alive, for your mind and body are no longer still and static but moving vibrantly. Any added flow of energy through your body makes you feel internally sensual.

Take or make the time daily to feel out or search within and find that sensual euphoria inside of you. You will feel soft and gentle instead of hard and defensive. It's such an incredibly nice internal feeling, a thrill, a passion, a sensual state inside that minimizes your desire or need for raucous external stimulation. It also means that instead of going against the flow, you are moving in wonderful harmony with the entire universe. So do not ever be ashamed of feeling sensual and of loving that exquisite sacred personal feeling.

Be glad and thankful you are alive. Sensuality is your own innate, powerful body feeling the cosmic life force. Nurture and enjoy it.

Ω

Chapter 2

Sexuality and Pheromones

Very few people even know about pheromones. They are usually aware of hormones like estrogen, progesterone and testosterone, but are unaware of the powerful influence that pheromones exert over us and in our personal sexual lives.

Scientists, on the other hand, have done quite a bit of active research on pheromones. They know that pheromones are a form of airborne hormone used by all kingdoms of nature. A pheromone is actually a *neurotransmitter*. The more of these pheromones you have, the more sexual you are. Pheromones are what really create sexual attraction between people.

Sexual arousal is triggered in you when you encounter pheromones exuding from anyone you meet. That good sensual feeling cannot harm you. It can only make you feel more alive and thus increase your sense and actual well-being of body, mind and soul.

Hormones cover a vast range and there are almost countless different kinds of them, however pheromones are a class of their own. They are a very real, even though unseen, telepathic

communicators that broadcast your state of sexuality out into the world around you. Pheromones are meant to communicate.

If you consciously keep or rigidly hold your pheromones *inside*, if you do not let them go out of your bodily being freely, they will bring you a deep internal body pain. Whenever you “close down” your natural body functions, you will feel the warning message of pain instead of pleasure.

You can always tell if you are holding your pheromones inside or outside of your body by your attitude or perspective of being *safe* or *fearful*; if you do not feel safe, you are holding them inside of you. In time, this will cause you internal body pains. Your pheromones were created to communicate and will naturally meet or bump into anyone else outside of you—and outside of him, her or them—and thus meet in a natural *neutral* territory.

A neutral, in-between, territory between yourself and another is always a safe place to meet someone.

However, if you hold your pheromones inside and we meet somewhere, my own pheromones must move *inside of you* to make contact and you will feel *personally invaded* and *violated* by me. It will feel like a space violation to you.

Whereas, if you naturally *release* your pheromones, they would encounter mine *out there* in a *neutral, safe*, non-personal area. A decision to act, or not to act, sexually about them could and would be made without feeling that a personal space-invasion had already occurred.

Closing off or holding your pheromones internally will also give you *body fear*. This can even induce hatred for your body and massive self-guilt. These are all clear symptoms of holding your pheromones inside of you instead of releasing them into the world naturally. Pheromones were meant, made and designed to naturally be released and airborne, not to be held tightly in the tissues of your body.

Thus anytime you feel intruded upon, as if you are being attacked, that you want to get away from someone, claustrophobic, or you feel like you are being boxed in—you can be sure that you are holding your pheromones inside of you. This is a fear of the unknown, a modern-day social conscious “rigid-adult body stance”—a very unnatural body state.

Conversely, the more natural and relaxed you are, the more pheromones you generate, the more communicative you are, and the more attractive you will be. A healthy, relaxed, trusting or “I am safe” attitude is a warm and friendly *communicative* attitude! You cannot be an outstanding, highly successful or famous person without having a grand amount of pheromones

that are effortlessly communicating your fine accomplished talents or seeming-genius abilities openly out into the world.

If you are feeling sexual arousal every time you run into the opposite gender, it means that you are holding your pheromones inside. When two people meet who are simply being their natural selves, they are going to connect *outside* of themselves, so they communicate in a relaxed way. They will not feel a need or a desire to focus on their sexuality. Yet each and all of us have been gifted with free-will choice. We can get into consenting-adult sexual interactions *if we choose*.

Being raped is normally caused from being agitated or frightened. Through fear, the repressed pheromones activate the sexual portion of the brain. This in turn activates the sexual anatomy and creates *sexual aggression*. That then provides an ideal—or sudden stage—for a rape situation.

Fear releases a flood of pheromones. This is how cats, dogs, horses and other such highly sensitive animals can tell you are fearful. Your pheromones are popping off you like crazy whenever you feel fearful. Animals and people both instinctively react to fear by either attempting to flee or lashing out and attacking the offensive fear-filled other being.

Psychics or intuitives are able to use pheromones to pick up communicative data by relax-

ing enough to get into alpha brain states, where they register pheromones that communicate the desired information to them. Pheromones are an asset, not a detriment, but they need to be released rather than held buried in our physical body cells.

When you have consenting sexual intercourse with another, you transfer pheromones to each other *directly*. You exchange pheromones. You are then free to use the new batch of pheromones you have acquired from your sex partner. However, if your sexual partner is of a far lower vibrational frequency rate than you, your frequency wavelength will decrease while his or her wavelength frequency will rise proportionally.

This means your vibratory rate can drop from a higher nine to a seven, and he or she will rise from a lower five to a seven. A balanced vibrational state of equilibrium of 7-7 is reached naturally between yourself and your sexual partner. Thus both of you will leave your sexual embrace with a changed vibrational pattern. This readjusted vibratory rate will 'hold' until you rebuild it or have a sexual tryst with someone who has a higher vibratory rate.

In that event, yours will rise and his or hers will drop to the median point of a vibrationally balanced equilibrium between the two of you. This is why you must be highly selective as to whom you actually engage in physical sexual union. Your sexual tryst will either raise or

drop your vibratory rate unless, of course, you are interacting sexually with a vibratory equal.

In short, pheromones affect the entire spectrum of your life. They extend and expand your life, and need to be cultivated. Here is one certain way to raise the count of your personal bank of pheromones simply and quickly. The more natural you are; the more pheromones you will generate. So *be yourself* as much as possible every living minute of each precious day and night of your human life on Earth. Your stock of pheromones will increase proportionately and your communicative skills will rise dramatically.

Sex is not bad. In fact, sex can be mighty good for you. So let's take a look at that picture. Meanwhile, your pheromones are what will connect you eventually with your special someone—your MR. RIGHT or MRS. RIGHT—and perhaps even with a *soulmate* or your own *Twin Ray* “other half” of your ‘I Am’ self.

Ω

Chapter 3

Is Sex Good?

While living in the world of pairs of opposites like good and bad—sex is not *bad*, while *guilt* connected to sex is definitely *not good*.

From a very early age, we begin to accept and self-create a great deal of guilt and high emotional pain about our sexuality. However, we have bought into the puritanical thinking of the past that sex is bad, while from my own personal experience and observation, *sex is really good*. So here is my own candid *Russ Michael* vote: *Sex feels good and sex is good!*

Sex is natural. Sex is nothing to be afraid of or to feel guilty about. Our children of the world will be a lot better equipped to evolve and grow when they all have a good open sex education. Education of any kind expands our minds and our human souls. Sex education is essential for the young. Sexual urges rise or well up within us often long before puberty. *I can attest to that.*

The false old prudish teachings that sex is bad and sexual organs are untouchable and dirty have done far, far more damage to us than good.

Having traveled extensively around the world, I have noted that there is particular rigid fetish or unnatural preoccupation with sex in our United States of America. There is too much of a sexual association with the sight of a beautiful naked human body, male or female.

In Austria and other European countries, men, women and children sit, walk, talk and lie naked together on a beach and in common mixed-public saunas or shower rooms—and feel no undue sexual arousal at the sight of the naked body of the opposite gender.

Most European females bathing on the beaches feel uninhibited about openly sunning their breasts, while uptight citizens in the United States become outraged when they see a female expose a naked breast. This obsession with hiding sexual body parts, pretending they do not exist, simply has the backlash effect of formulating a repressed individual who often then becomes unduly preoccupied with, or develops a perverted attitude or perception about, sex.

That is obviously an unhealthy attitude. While the recognition that sex is natural and good, and that sexual body parts are natural and good, is soundly healthy. Sex is then not the big deal or the hidden big issue continually bubbling beneath the surface of everyone's mind.

A beautiful, well-tended human body is a valuable work of art and need not be a sexual issue. If it is, then that issue is merely in the mind of the beholder. Beauty is beauty whenever and wherever seen. Any kind of beauty uplifts the spirit of the perceiver of that beauty. Who does not love beauty?

I personally love to see a good-looking human face or body—whether occupied by either a male or female. I am definitely a heterosexual, but that does not prevent me from observing and realizing beauty is beauty—or art is art—wherever and however expressed or exhibited.

Let's pause now for some light-hearted fun. Here is a little humor on the subject of *nudity* to lighten our reading day. (Grin)

NUDITY as seen through the innocent and healthy perspective of a child, versus a so-called normal “rigid-adult” Western mind social programmed perspective:

1) NUDITY: USA mother writes: I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked! As I was reeling from the shock, I heard my 5-year-old shout from the back seat, “*Mom, that lady isn't wearing a seat belt!*”

2) NUDITY: A little boy got lost at the YMCA and found himself in the women's locker

room. When he was spotted, the room burst into shrieks with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, “*What’s the matter, haven’t you ever seen a little boy before?*”

If you are afraid that sex is bad and that it will overwhelm you, you will simply have to come to terms with it. First, you must recognize that most of your reactions come from your genes. A few others are learned or self-created during your physical and mental growth. Almost all of your *feelings* or reactions that sex is dirty or bad stem from the puritanical beliefs your progenitors had and were ingrained in your genes at birth. It means your line of ancestors actually felt and thought sex was bad. They *believed* sex was bad. However, “*thinking and knowing*”, as my long-time, sharp-thinking friend **Ed Robertson**, from Virginia Beach, Virginia, says, “*are two different things!*”

Perhaps understanding how a *belief* is formed would be helpful here.

A belief is merely layers upon layers of similar vibratory-range thought, formed one upon another into a set belief. If your belief is *not* a fact, yet the genes you inherited from your great-grandparent and/or a parent *lie* and say it is a fact—you innocently believe your subconscious genetic belief to be a fact when it is not.

To take the heavy charge—or intrinsic power—out of that false belief, you need to feel

and find it in your genes and expose it as an untruth. Or you may choose to recognize *the real truth* so strongly that it overrides your genes and imprints the real truth in your genes or DNA coil. *It is that simple.*

If you actually feel that sex is bad, find out where such a perverse thought came from. The old adage that “the truth will set you free” certainly pertains to this issue.

Your conscious co-creator job on Earth is to learn how to live your life fully in a *safe* world. In that safe world, you will most aptly find that sex is good. Violence against another is bad, guilt is bad, to judge is bad, regret is bad, and even living in the past is bad—*but sex is good!*

Ω

Chapter 4

Everyone Has a Sex Drive

Give thanks that you still have a sex drive, even if you do not consciously feel it. You *must* have one. You *do* have one. *Otherwise, you would be dead!*

No one can be alive without the vitality of the *first seal*—or first etheric and electrical ‘chakra’ (your sexual center)—pumping personal and vital life energy through the cells, organs, torso, and limbs of her or his physical human body.

Your sex drive is innately there in your DNA, genes and cells, no matter how thoroughly you have repressed it or covered it up. If you are breathing, your sexual center is still operating. When you stop breathing, it will quit. Therefore **stop thinking** and **feeling** that you have **lost your sexuality**. *You still have it*, and you are still using it with every breath you take—*so keep breathing!*

If for any reason you have fallen into the false belief that you have lost your sexuality or lost your sex drive, you need to correct that belief now. I assure you it is there within you.

Move your conscious 'I Am' self-awareness into your inner being. Leave surface mind and go into your deeper core or sense of self.

Feel the soft gentleness of your being. Feel the subtle currents of life flowing through your organs. Focus on your first-seal chakra or sexual center and hold your focus there until you can actually feel the almost imperceptible waves or pulses of subtle energy rising upward into your body. This is one of the dual flows of what is known in esoteric circles as the *kundalini* rising flow. This energy is vital and real and flowing within you, whether you can feel it or not.

Your sex drive is there within you. With daily practice and developed focus, you will soon begin to feel a growing electric sensation—a sentient very subtle, pleasant, whirling, dynamic sexual chakra aliveness. You will find this feeling will grow and grow in intensity with more and more practice. The Law is the Law and by Law, whatever you put your attention upon *grows* within your own being.

Do understand: by generating more of it, and feeling your sexual drive more, does not mean you must or will be *driven* to enter into a sexual relationship with another. Energy is only energy. Having a greater sex drive means we have more of that exquisite feeling all of us intimately know as sexual energy coursing through our magnificent physical human female-gender or male-gender bodies. Making

your own sovereign free-will choice to hold and build or of how to spend that sacral energy falls in the domain of personal free-will choice of anyone feeling that priceless, alive, sex drive. Give thanks for it.

This extra exquisite, tingling, healing sexual-drive energy can be used to heal yourself by directing it to any injured or ill parts of your body. You can—by mental intent—also bring your sex drive energy up into your hands to help *heal* the illness of another. There are some hospitals where nurses are taught how to bring up this subtle energy and to help heal patients with it. It is called “the laying on of hands” treatment and has been practiced for thousands of years.

If you already know and can feel your strong sex drive, you too can now move into that central core of your being and tap this exquisite healing energy flow—and consciously help mentally move it through every cell, organ and limb of your body.

Sexual energy feels good and it is naturally good. It is pure sex energy—vital and alive. It is not diluted or watered down by lust or base sexual desire unless you add a lower vibratory feeling or thought to the otherwise sensuous vitally uplifting energy stream.

That sex drive energy by itself is one hundred percent pure life. This sex drive energy can help to keep your body young and supple. It can help to stop the aging of your body. It can help

to keep you creative, productive and healthy to the very last day of your physical human exit or *each day and night*—from today on—to the divine moment of the rapturous forthcoming ‘end times’ *ascension* of your physical body and being with Mother Earth.

My book, *The Birth of Earth as a Star*, will shed more light on what to expect on Mother Earth in the few years left before the year 2012 A.D planetary ascension—now on our imminent horizon.

When sex energy is not released sexually, it is transmuted and transformed into *a passion for life* or is automatically transferred to your fourth seal in the throat area to further your greater creativity and further foster an on-going richly abundant and productively fulfilling life-style for yourself.

Be wise. Practice self-control. Instead of releasing your built-up sexual drive so often by self-masturbation or sexual union with your partner, hold that orgasmic state or any accumulated sex drive feeling within your body. Use that vital sublime sex-drive energy to uplift and sustain you and the spiritual work or self-mastery you came to achieve.

Never, never deny or suppress your sexuality or sensuality. On the contrary, develop both to the maximum. Allow and use these natural flowing sex drive energy streams to become per-

sonally a highly charged, self-empowered *master* of all, in all walks of life.

Guilt is one of the darkest, lowest personal energy states anyone can hold. If your sexuality is bogged down with guilt, you will not be able to use your creativity to its full potential.

Guilt, regret, and the after-thought “I should have’s” keep you chained to the past. Therefore, let all three of these heavy earth-bound anchors go.

Know and appreciate, and give thanks for, your sexuality and your sensuality. Your critics will wither and die, while you will continue to grow and bloom into the divine human self you came into this end times Earthly humanoid form to be!

Educate your children about sex. Let them know it is good and how sex must be handled with care and great love. Your personal example and open sexual education will be a great blessing to them. Let nothing be taboo between your children and yourself. Be open to see and learn what may be learned at any sweet moment of your precious Creator Source gifted human life.

I personally do not condone the passing out of “rubbers”—as we called condoms when I was a child—to children in school. I believe it creates a false assumption in their minds that they should be making use of them. Updating them

about AIDS and other social diseases are also a matter of good health education.

The meek have always known that prevention is wiser than suffering through a painful or ghastly cure! If you have not yet read it, perhaps you might wish to obtain my book, *GOD & Miracle Products, CHOOSE Acid-DEATH or Alkaline-LIFE*.

An *acid pH* body state invites death, while an *alkaline pH* body state will naturally help to keep garden soil, plants, animals and human bodies healthy and able to repair even a failing immune system.

Children and adults both need to be educated about sexual issues, bodily nutritional deficiency issues, guilt complexes, and *a highly awakened sex drive and what to wisely pursue or DO about them!*

Sex is good.

Ω

Chapter 5

Why and What Makes You Attractive

From an exterior point of view, there are many things that make you attractive. The way you walk and the way you carry your body can be a big turn on to a man or woman.

The way you talk is also very important.

The resonance of your voice can be attractive. No one likes a shrill voice or the machine-gun staccato voice of a person that talks too fast or too, too much.

Most people do take note of the way you dress. If you are always dressed in rags and sloppy-looking clothes, it takes away greatly from your attractiveness. Wild, uncombed hair might fit the macho image, but after a while, it detracts from a good public image considerably. It does little to make you more attractive.

Clothes do help to make a person attractive. If you wear clothes that fit you well, in colors that look good on you, that also adds to your personal attractiveness.

Some men and women are turned on by your intelligence, so being very knowledgeable about something—or many things—adds to the attraction of a man or a woman.

Cleanliness is next to holiness. Keeping your teeth clean and having a ready smile will always make you more attractive to all you encounter. Even a toothless smile is uplifting.

Anyone can look for and find, or make a long list of effective tangible traits and outer manners, appearances and attitudes that will help you be more attractive to one person or to another. At the same time, however, there are intangible factors that enter into any and every such personal evaluations.

Some women are drawn to tall or heavy, muscular, types of men. Others like their men short, slim or lithe.

Some men like brunettes or very dark-haired ladies, while others have eyes only for blondes.

Some men or women like blue or green-eyed men while other men or women find dark-brown eyes more appealing.

Success is always a magnetic quality. Being successful in any profession or walk-of-life makes a man or woman stand out or be in center stage and more attractive.

Some men and women think only an artist or a poet is attractive, so they search for their own Mr. Right or Mrs. Right in these fields. Others prefer architects, engineers, or teachers. Many people find outstanding people in religion or government and politics attractive. Fire fighters, police officers and scientists may be attractive to others. Educators, songwriters, news reporters, singers, actors—and *even authors*—are found to be attractive.

However, most of what we have considered above is more about what is seen or known—while the unseen and the unknown plays a huge part in *why* we are attractive or *what* makes us to attractive to someone else, or us to attracted to someone else.

In that vein, our genes can be loaded or charged with repulsive or attractive energy traits that drive people away from us or draw them to us. If our last three progenitors on either side of our family line were outstanding personalities, then we will carry that aura in our genes. We will then ‘throw off’ pheromones, a heavily charged magnetic field that proclaims we are highly personable beings, which makes us very attractive.

On the other hand, if our last three progenitors on either side of our family line were listless and lifeless personalities, then we will have that recorded in our genes and we will appear almost unseen, unnoticed or quite non-descript. In this event, we may have to work very hard

while in *this* human embodiment to tap into or self-generate more persona, more “get up and go” zip.

Another unseen but strongly felt factor is the joy we may or may not carry. All of us naturally are drawn to joyful men or women. Even a little joy shows that person in a more radiant light and makes her or him more attractive. A joyful individual is like a sudden bright light in a dark room that draws all eyes to it, thus to her or to him when they move through a crowd.

A joyful radiance is something we naturally want to cultivate and to bask in all day long if possible. This is why joyful people have so many friends. Everyone wants to feel a little bit of that uplifting joy she or he carries around and emits. Their obviously steadfast state of sunshine-like joy is *what makes them so very attractive*.

In that very same vein, anyone who has found their sacred ‘I Am’ self-divinity within also exudes extraordinary attractiveness. She or he is usually very centered, calm and peaceful and—the majority of time—seems to be fully in command of her or his life.

Spirit is powerful! Our divine spiritual qualities have a powerful draw, a pull of their own. So many humanoids on earth lack any knowledge of their own goddess or god self-divinity. Yet all are drawn, fascinated and charmed when they see genuine light, love and

power of spiritual divinity shine out from within the soul of another.

These awakened or enlightened individuals are a rapidly growing new breed of living gods in human form on Earth during these 'end times' now upon us.

However, none of them walks or struts around saying, "*I am God*". To the contrary, they are all meek and humble before the divinity they recognize and honor in themselves and in all other life forms around them. Their silence and their silent aura of peace tells observers that they, each and all, are *a unique unconditionally loving conscious 'I Am' goddess or god* sharing their thrilling Earth journey among and with us.

You too are divine. Find that soft, gentle sacred 'I Am' center in your own sacred being. Hold it as long as you consciously can in all you think, feel and do. That alone will "fire up your engine" and definitely will help to draw rapidly anyone or anything you choose to you. The Law of Attraction is your ever-present servant.

Furthermore, learn to generate joy within your own body through being and feeling consciously joyful in your whole body and being, moment-to-moment, day and night.

Be in joy.

Hold and magnify your own ecstatic feelings of joy. That joy you emit and spread will also be a beacon of light for your very own special someone or loving soulmate to more easily identify and find you wherever you abide.

Being *natural*—as opposed to “putting on airs” or pretending to be more than that what you are—is also a wonderfully attractive trait. A sincere person wins the heart and the valuable life-long trust of others very quickly.

“To thine own self be true.”

Do not despair if you did not, for whatever now unknown reason, pick good genes at birth. You are far, far greater than your body and there are ways and means to *transcend* your body limitations, as you will discover in this volume.

Every chapter of this book is designed and set sequentially in place to easily inform and speed you on your way toward understanding the Law, and finding your own divine sacred ‘I Am’ self.

You can hurry up that upcoming grand encounter with a special someone in the meantime by consciously doing all you can do deliberately to make your own sweet self more attractive—body, mind and spirit.

In a way, we both share the same end goal. Mine is first to inform, guide and introduce you,

to the best of my ability, to your own unique divine goddess- or god-self 'I Am' identity that you truly are. Without this divine spark of Creator God at the center of your being, you would not—could not—be alive. Then second, to also awaken you to the longing, yearning, waiting for you, presence and arms of an ever-growing personal success in any walk-of-life you choose.

Your end goal is to *absorb, ponder and reflect* on this information, and thus by Law, attract whatever you want to be, do or have into your own personal co-created 3-D reality world where you now abide.

Look at this promising picture.

The power and thrust of *my* goal—united with the power and thrust of *your* goal—*squares* the power to make this now strongly unified goal a more rapidly manifested living reality in your personal world.

From one perspective, life is a game. The “game of life” is well worth playing. Your game now is to know and to feel your inner goddess or god beauty. The more you see of it, the more all others will also see it in you.

Simply KNOW you are as attractive to your special someone as he or she is attractive to you. Your own forthcoming Mr. Right or Mrs. Right is perfect for you and you are perfect for him or her. Like is attracted to like, so your own

Mr. Perfect or Mrs. Perfect will be very, very
likable to you and vice versa!

Ω

PART TWO



THE LAW OF ATTRACTION

Chapter 1

Understanding and Utilizing the Laws of Creation

There are no accidents.

If you look around at the life being lived by most others—and this surely includes your own life—all or most of all we experience in our daily life seems beyond our own creative control. The Laws of Creation function at all times and in all places, and nothing happens in your life—or my life—by seeming accident. The Law makes certain that each and every iota or fragment of dream 3-D substance in your world—or my world—is a perfect reflection of what we have personally summoned, co-created and drawn to us.

This means the Law never fails to serve God-the-Whole, or you—or me—the goddess or god co-creator—God-the-Part.

There is nothing you cannot BE, DO or HAVE.

When you and I understand and utilize the Law, literally nothing is impossible to us. How-

ever, until we do understand and make daily use of this Universal Law, most of what we experience in our personal world is co-created by default. This means even though our parents, mentors or teachers, at most levels of our lives failed to teach us or to be living examples of an understanding of the Law; the Law of Attraction never fails to co-create the thoughts and feelings to which we give our personal chosen attention.

In that light, it certainly does behoove each and all of us to, above all things, gain understanding—as admonished so strongly by that adept master teacher, Jesus, more than two thousand years ago.

Let's do it!

Ω

Chapter 2

The Personal Creative Power You Possess

It is highly important that you understand **who** you are and **what** you are.

Without coming from this understanding perspective, you cannot utilize the unlimited power that you hold within you. You hold the vast power of the universe that is ready and able—literally—right at your fingertips.

Stop and ponder what this means. If you have not yet stopped circling around and around through the same, repetitive cycles over and over and over again without stopping a brief moment to ask yourself the following vital questions, maybe this is the perfect moment to pause and to do it.

Are you ready?

Who am I?

What am I?

Why am I alive in a human body?

Where have I come from?

Why am I here embodied in a human form on Earth, instead of on Venus or Mars, or some other planet in this solar system, or born on another planet in another close or far distant solar system?

Where is the fun of life?

Where is the joy of creativity or self-fulfillment?

Where is my self-understanding?

Where are the knowledge and the power I seek and need to masterfully control my body, my thoughts, my feelings and the environment in which I abide?

Why can't I be as successful, as rich, as famous, or as greatly honored and respected as so many others I see on Earth?

Where is the love of my life?

What is All That Is that I see and sense all around and within me?

The answers to each and all of these questions begin with the understanding, the knowledge and the acceptance that there is only *One Almighty Creator* that keeps all of its creation in perfect order.

Whether you call this One Creator your God, Krishna, Jehovah, Allah, Jesus, Buddha, The Holy Spirit, or any other name does not

matter in the slightest. The Law is: “The Lesser cannot alter the Greater.” The Source is the Source is the Source. A rose is a rose is a rose.

Regardless of your religious beliefs or personal convictions, the *One Creator Source* is the *One Creator Source of All That Is*. That includes you and me. You are, by this immutable ‘Law of One’, an extension or expansion of this *One Almighty Source of All That Is*.

Now please allow your mind to see and grasp the fact that our One Creator Source, did, by an act of will, simultaneously *divide* and *multiply* itself into a unified trinity.

The One Source gave rise, out of its own Oneness, to a crystal conscious birthing of an Outer Self, an Inner Self, and an ever-present presiding Original-Over-Source-Self. Thus the (3) mother, (2) son/daughter, and (1) father—the three primary aspects of The Holy Trinity, known by various names in each major religion of the world today, sprang forth into physical existence.

Whether you know and call this sacred, primal Holy Trinity ‘Father, Son and Holy Spirit’, or whatever name assigned to this understanding, revelation and teaching by any of the founders of the major world religions known today, does not matter.

What you must understand now is that when the One Creator Source gave rise—or

birth—to the goddess self or god self—that is you or me—that exact same process of creation occurred. This means what all major religions know and have stated. You and I are *made in the image* of our own One Creator Source....

A grasp of hologram principles would help you to understand this principle further. Any fragment broken off from the original hologram holds in miniature the entire image formed and held in the original hologram image.

Your starting point is to know that you personally are a miniature sacred 'I Am' holy trinity self-extension of the One Creator Source, even now as a divinely embodied human co-creator on Earth. You are a powerful expression of your own micro-size trinity of universal spirit, soul, and body.

Ponder this thought, long and deeply, if necessary. It means you—a goddess or a god—are a direct extension or expansion of the One Creator Source. It means that once you have this understanding, you will begin to treat the inner sacred trinity that you are, that comprises your own mighty 'I Am' presence on Earth, with all of the honor and respect due to who and what you divinely are.

It is what Plato did, what Leonardo da Vinci did, what Jesus of Nazareth did, what Buddha did, what Mohammad did, what Krishna did, what Tesla did, what a masterful Michelangelo did, what Picasso did, and what

most of the truly honored men and women in history or living on Earth today did, have done, or are now doing. Each and all of these high-station souls knew their divine inner self-worth.

This understanding is the secret to co-creating your own sweet Heaven on Earth.

With this primary or basic understanding and knowledge of who you are and where you came from, and of your direct connection to all of the knowledge and power of All That Is, there is nothing you cannot BE, DO or HAVE.

Ω

THE SECRET SCIENCE OF WHITE MAGIC

“... An even greater paradox: Both white magician and black magician use the exact same laws of nature to accomplish their objectives...but only up to a certain point. The reason is simple enough. Pure energy can be used for good or bad. It contains no black or white qualities within itself.... The time finally arrives when the white magician forges ahead—transcending 3-D laws, gaining wisdom and power—while the black magician is damned by his own nature to remain confined within the lower threefold spectrum of earthly existence. The white magician gains deep insight and mastery over the intuitive plane. Her or his power now becomes profoundly greater than that of the black magician's. The black sorcerer has severed himself from his soul and has no means whereby he can tap energy higher than the lower mental plane. He remains limited to life and substance at physical, emotional and lower mental levels. These three planes of consciousness act literally as a confining barrier to the black magician. He must remain within this reduced spectrum of reference until the form of which he is a part—in this case our planet Earth—Ascends or disintegrates. At that time he is reduced back to primal nothingness... lost in the dark night of time. ...”

.....

**Excerpt from *The Secret Science of White Magic* by
Russ Michael**

.....

Comments:

“I’ve loaned SOULMATES to Sue Ann, WHITE MAGIC to Billie, and I’m reading the MYSTERIES.”

“I found your book, Finding Your Soulmate, at the ICC Brotherhood.” I literally could not put it down till I had completely read it. Bless you.”

“I want to let you know how much many of us in Omaha enjoyed your latest books.”

CELEBRITIES

“I certainly applaud your intention and efforts to bring more responsible programming to television, and to foster a spiritual cleansing in our nation.”

-Pat Boone

“By the way, Sue Ann said she mentioned to you about Willie Nelson loving your book, The Great White Brotherhood, and that he wanted more copies of it—maybe a half dozen or so would do it for now.”

Note: Willie shared this book with Kris Kristofferson and many of his other peers. This book also led to a deep spiritual and personal friendship between Willie and me, as disclosed in my autobiography.

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NOTE: See the back pages for information on how to obtain this book or any of the more than 20 Russ Michael eBooks; or order now by emailing me at RussMichaelEbooks@gmail.com.



Chapter 3

The ‘ASK and You Are Given’ Principle

Think this through. There would be no purpose in the One Creator Source to give you free will to make personal co-creative choices and then to stand back in judgment of what you created.

You are an extension of our One Creator Source. Would our One Creator Source judge itself? It is an outrage when a religion, or a misinformed teacher of that religion, asserts that Creator God Source stands in judgment of what you do. By Law—our ever-loving Creator God Source never judges you—and by Law, you are never to judge another Creator-God-Source-fragment.

“Judge not one another.”

Haven’t we all been reminded of that over and over again?

You are a co-creator of whatever you desire to co-create on this Earth, with no judgment attached. There are no exceptions to this Law.

Thus, your job is very simple. You only need to ASK—which means you desire or want what you want. It means you yearn or long for something to BE, DO, or HAVE, and by Law what-

ever you ASK for is granted by God Creator Source *at that very exact same instant when you asked for it.*

Fortunately, our wise Creator God Source created a protective buffer between instant humanoid manifestation in our 3-D reality called “time”. Otherwise, like a child who does not know better, your childish rage against another could kill that person on the spot.

Time acts as a merciful, protective human safety shield.

Only those who understand the Law—and utilize that understanding—are able to develop their thought power and have what may be an instant manifestation, or an unusually immediate-seeming miracle manifestation of whatever they truly desire.

In short, for now you only need to understand that by Law, you always receive what you ASK for—whether you see it or not.

If you do not SEE it manifesting before you, simply know it is being invisibly held in eternal reserve, like money in a bank. When you have released enough of any opposing vibratory thoughts, feelings or beliefs that you might have held or still hold in opposition to what you are asking for, your desire will manifest before you at a perfectly due time.

So be it.

Ω

Chapter 4

There is More Than Enough for Everyone

Unfortunately, due to the tyrannical possession, control and use of earthly resources of the massive daily abundance Mother Earth provides to humanity worldwide, it falsely appears that there is not enough food, shelter or simple daily human needs to go around for everyone.

WRONGO IN THE CONGO!

As a society, we have bought into the heavy-hearted “struggle and work” ethic. We have intentionally been taught that we have to fight our neighbors or our brothers and sisters on Earth for our part of the bare-survival essentials of shelter, food, water, a falsely surmised meager share, a much limited amount of the great Earth abundance is thus only available to each and all of us who struggle and work the most.

WRONGO IN THE CONGO-AGAIN!

Fortunately, by Law, there is more than enough of whatever that can be manifested or co-creatively materialized on Earth easily

available to each and to all of us—*without exception*.

Your job is to ASK for what you want or feel you need, without falsely thinking or feeling you can possibly deprive another by manifesting what you choose to co-create in your world for yourself and your family of loved ones. Understand that your co-created and ongoing self-manifested abundance can never take self-abundance away from another co-creator. We each and all create our own abundance or lack of it, for we cannot create reality for another. They must and do create their own lack or abundance.

Know beyond a doubt that each and all of us can at will tap into or harness the power of the universe for whatever co-creative use we choose. It is impossible to deprive others because you choose to materialize thousands, millions, or trillions of dollars or euro, etc., *while others do not*. The Law is that you choose what you choose and they choose what they choose. The choice of one cannot ever, ever, ever limit the choice of another. Is that fully understood?

The Law is clear and unfailing: there are no co-creative limits—except your own self-limited or self-limiting imagination—to what you can desire and allow your own self to BE, DO or HAVE.

Without exception, ready or not, understanding or not, the Law never fails to give you whatever you ask for.

Life is not static. What is now seemingly set or fixed in 3-D form reality *must and will change*. No one or no thing is stuck forever in one spot or at one level, plane or sphere of existence. Wherever we abide, *we get what we give*, and we will lose what we hold so tightly to us, *without exception*.

There is no limit to what you can ask for—and no limit to what you can give, Hold that thought and plan to live by, in and fruitfully through that divine, self-empowering understanding.

Ω

Chapter 5

What Is the Law of Attraction

Think of the Law of Attraction as the universe's and your own all-wise and powerful personal universal genie. This highly sensitive Law is personally serving each and all of us in creation at each moment, and is at your and my instant attention or command at will.

The Law of Attraction never makes a mistake.

This then is why *there are no accidents*.

When we understand and use this ever-present, ever-immutable major Law of Creation, we cannot fail to draw whatever we desire to us, or be drawn to it.

The Law of Attraction *draws* whatever you focus your attention upon to you or you to it.

The Law of Attraction does not judge your motives. It simply and accurately delivers an equal full measure of what you feed your personal thought or whatever you place your attention upon.

The Law of Attraction never stops.

The Law of Attraction never fails.

The Law of Attraction is never absent.

I assure you—if you take or make the time to understand and use this already revelatory information, along with your further understanding perceived in the following Chapter 6, “Why the Law of Attraction Works”, there is nothing you cannot BE, DO or HAVE.

Ω

Chapter 6

Why the Law of Attraction Works

The Law of Attraction is that aspect within all creation that constantly seeks for a state of universal balance between All That Is within creation.

Without the Law of Attraction as an absolute correctional balance factor, there would not be the now perfect state of order observable in all creation.

Instead of our orderly progression of galactic, solar, planetary, human or cosmic events, if the Law of Attraction was not always present and always at work throughout all creation at all times there would be a state of colossal chaos all around us, and all of creation would end. No universe or life forms can expand or exist in a chaotic state of imbalance.

This is why the Law of Attraction—working from the overview of all creation—can be at work wherever needed at the exact right moment. Without this Law, the expansion and extension of this Universe would not be possible. Creation

and co-creation depends on the Law of Attraction and each and all of us co-creators to keep adding new dreams to the collective cosmic 'dream pool' within All That Is, for "*without dreams we perish....*"

Now, then, comes a possible quantum jump in your understanding of the mechanics of the Laws of Creation. Our Milky Way Galaxy Universe that we each and all we live in can only be *added* to. The Law of Attraction makes certain of this.

Keep this thought or concept simple and you will soon fully understand why the understanding and knowledge of this aspect of 'The Secret' is so necessary and vital to your own self-mastery and ability to be, do or have what you wish.

By Law, you always get what you *give*.

By Law, you become what you *give* your attention to.

This Law of Giving holds dominion over, through and in all individual or collective universal co-creation activities. Your crystal clear understanding of it will give you the 'golden key' to putting the powerful Universal Law of Attraction to work for you personally night and day.

Your power of free-will choice allows you to *give* your vital life attention to whatever you choose, day or night.

If you have a negative thought, simply drop it and move on to a better feeling thought. In this case, you choose not to *give* that negative thought any of your time or energy.

You always have a protective time lag between your invisible thought and the visible 3-D manifestation of it in your world. Therefore, your vibration is not going to drop down IF you make a switch to a more attractive higher vibratory thought and feeling as soon as you recognize an unwanted thought and discard it.

Thoughts come and go. No big deal, since we now know the average person is estimated to have as many as 50,000 different thoughts in each 24-hour daytime span.

What counts is what you hold or focus your thoughts upon. What you *give* your attention to—and thus you invite into your head and your heart—is what you *get* in your personal world.

Choosing to give love attracts loving things, people or events into our lives. Choosing to give fear attracts fearful things, people or events into our lives.

One final climatic point is that you can only *add* to the universe, you cannot *take away* from it. In that light, you cannot ignorantly be

against or *anti*-something and thus get rid of it. By Law, your focus and energizing what you are against only empowers it to be in your world *that much more*.

Let's repeat that same thought in slightly different wording. When you focus on what you are *against*, you *give* it more life and more staying and growing power in your world.

Yes. Your intent may be good, but your knowledge of how and why the powerful universal Law of Attraction works is totally lacking or void.

An eight-year-old can understand this, so keep reading. You will be enthralled by what you are about to fully understand.

When, instead, you *give* your focus wisely on the solutions you desire, you *give* those solutions life, power and presence in your world!

All wise mentors teach you to give all your focus on the solution, not on the problem. They understand the Law, as now perhaps you do more fully.

In brief, you always receive more of what you give and keep your attention upon.

Give your focus on poverty, on your lack of money to pay bills, or on not having enough for bare life-survival needs, and guess what? The universe and its ever-present servant, the Law of Attraction, can and will only bring you more

lack until you wake up and learn to switch your focus to giving yourself the gift of continual, elevating and delightful thoughts of abundance instead. So be it, and *let it be so*.

Ω

THE SECRET DOCTRINE OF THE ANCIENT MYSTERIES

“... Where have the secret doctrines of the ‘Ancient Mysteries’ come from? Who formulated them into this immutable, unchangeable, set of laws governing every aspect of life in form? Countless human souls gave their entire lifetimes to a constant quest after truth! These persistent seekers became Adepts and Masters of Wisdom as they relentlessly pursued, found, and utilized truth. These now consciously sacred Holy Men and Holy Women pioneered the Science of Life eons ago.

“... The ancient doctrines comprising the long held secret MYSTERIES were formulated far back in the distant night of time, long, long before our tiny planet Earth came into existence. The knowledge about these immovable laws of life and nature were handed up by spoken word from generation to generation—from planet to planet—from sun to sun—until all the Sons of the Suns of the Suns in the heavens—and sentient humanoids upon the countless planetary bodies like our earth—are today able to discover the secret...or He or She—in their midst—who holds the keys to the Kingdom....”

.....

**Excerpt from *The Secret Doctrine of The
Ancient MYSTERIES* by Russ Michael**

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Comments:

“I thank you from the bottom of my heart for your books. As I read them I cry and am electrified as my being comes to know and understand the forces uplifting within.”

“I have enjoyed two of your books already ... my neighbor ... is now reading your [book about] White Brotherhood. They're fine books.”

“Just finished The Secret Great White Brotherhood and almost finished with Why & How of Meditation. Must say I am thoroughly enjoying each of them. Send me catalog of all your books, tapes, etc. ... put my name on your mailing list for other items ... I would like to know more about you and your work.”

“I obtained the pamphlet ‘There is No Death’. ... Please send me as many copies as this will pay for including postage ... I feel the concept is one which will bring great personal happiness to many who are not fortunate enough to believe in this.”

“Send Russ Michael books ... I enjoyed Finding Your Soulmate and look forward to reading the others.”

A Workshop Attendant Wrote:

“A huge thank you for a super terrific training conference. The quality of the training ... was the most outstanding of any conference or seminar I've ever attended.”

“Doors are opening for me on subtle levels ... as I examine my current belief systems and see the effect they have been having on me. It’s a very interesting time.”

.....

NOTE: See the back pages for information on how to obtain this book or any of the more than 20 Russ Michael eBooks; or order now by emailing me at RussMichaelEbooks@gmail.com.



Chapter 7

How the Law of Attraction Works

Perhaps one of the finest ways to describe how the Law of Attraction works is presented by God Creator Source directly in one of the daily “Heavenletters”—a daily communication that God Creator Source’s steadfast scribe, **Gloria Wendroff**, has received every day for the past 2,024 days as of July 11, 2007.

Therefore, with Gloria’s kind permission, I include this pertinent Heavenletter in this book. I also faithfully include one of these terrific Heavenletters in my “*Michael Worldwide Newsletter*” that goes out to thousands of subscribers worldwide daily. After reading this one, you may wish to subscribe directly with Gloria to receive her daily Heavenletter. If so, see the directions below of how you may do that.

Heavenletters™, bringing earth closer to Heaven.
God is always bringing us closer to Him

HEAVEN #2361 The God Bank, 13 May 2007

God said:

It is like there is a God Bank. Everyone has an account in good standing. Actually, we could say that you have an x number of accounts, all good in the God Bank. We could say you have seven accounts. We could also say you have an infinite number. We could call these accounts levels of consciousness. We could call them many things. Regardless, all you have to do is to walk in, and you will be greeted, and you will have easy access to your accounts. You will not have to register. You don't need a password. You will not even have to sign in. You will be greeted, and you will have a great smile on your face. No forms to fill out. No security to go through. Easy access. Open door policy. No revolving doors. No need to take a deep breath before you enter.

You may be timid about coming to the Great God Bank. You may think you are not stylishly dressed enough. You may think the marbled halls are for others but not for you. And, yet, you have been invited, beloveds. In fact, you are sent invitations daily, even oftener than that. You just aren't sure what you did with the invitation, or you forgot you had it, forgot to bring it and felt you'd better go back and get it, even though that's not necessary. Maybe you received your invitations and hadn't opened them yet. They're piled up on your desk or kitchen counter. And, oh, yes, you were busy with other things that pushed their way in.

Or perhaps you do recollect all the invitations, but you filed them. You want to do it right, perfectly, and you are waiting for a better time before you walk in. Perhaps you are waiting for a lightning bolt from the sky to come down and get you.

The God Bank is a come as you are affair. There is no distinction made at this bank. It is for all. It is a common bank for all. There is no check list of requirements. That's what you have to understand. There is nothing you have to wait for to gain entrance. I have been waiting for you. Calmly, of course. I do not tap My foot nor look at My watch. I simply call to you to come join Me, to come and make yourself at home in the palace of My love. There is nothing to it, beloveds. Come now.

The God Bank is open around the clock. Of course, there is always the ATM, but I am speaking of courteous service at the God Bank proper. There are no lines to wait in, You are always first. Certainly, there is no last.

Beloveds, you are an owner of this bank. You have an unlimited credit card in your pocket, you are never charged interest. There are no fines, no penalties. There is free exchange here. Love is love, and it is for all. And there is no limit. There is no top, no cut off. Fresh love here. Fresh every day, and it never gets stale. It is all love for the asking. Come in. Reach your hands into the coffers and take all you want. Give to the poor, and there will be no poor. When all are rich, neither rich nor poor will be known. Only love will be known. Love is not a commodity at the God Bank. It is simply the medium of exchange. It is not printed nor minted. It is not rubber-stamped. It is all original, and it comes from the Source of Almighty Love.

Gloria Wendroff, Overseer

The Godwriting™ International Society of Heaven
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We love to have new readers come to Heavenletters through you.

The beautiful metaphors expressed through Gloria Wendroff certainly express clearly how the Law of Attraction works. The Law of Attraction is like an ultra, all-knowing personal banker who knows exactly what you have deposited into your own unique bank account of life. The Law of Attraction stands ready at any instant to give you exactly what you ask to be drawn from your limitless reservoir being held securely in your life bank. Now let's seek to understand more clearly when you receive what you withdraw from the infinite resources you have stored "in escrow" in your personal life bank.

Ω

Chapter 8

When the Law of Attraction Works

The Law of Attraction knows exactly what and when you are making any of your deposits or withdrawals from the infinite universal pool of All That Is. You give an instant signal to the Law of Attraction to “go to work” for you the moment you place your personal attention upon any subject or object in creation.

What you give your attention to becomes—by Law—your co-creative contribution to the extension and expansion of the entire universe. Let this then full be understood. Do not undervalue your free-will choice to place your attention to whatever you desire. However, please realize your own unique and active co-creation starts at the very moment you give your precious personal attention to *anything* or to *anyone*.

When you think about anything, your thought is like writing a check to deposit what you are thinking about into your personal life bank. You are “buying” what you give your attention to. Fortunately, thanks to the *time lag*

buffer, you have free choice to change your thought—and thus withdraw your attention—from what you realize you do not want *before it manifests*.

The daily choices you make moment-to-moment determine how and when the Law of Attraction goes to work to add or to deduct to your account. It accepts and processes whatever checks on whatever you wish to deposit, or whatever you wish to withdraw, in that exact amount, in that precise moment when your attention is decisively added, or actively withdrawn, from any subject or object.

Ω

Chapter 9

There is Nothing You Cannot BE, DO or HAVE

You must fully understand and accept the truth that literally nothing is impossible for you to BE, DO or HAVE as long as you keep moving and correcting your course toward the goal you desire.

You can be told by your doctors or by your health specialists that you cannot live beyond a certain number of years, months—or even days—because of a deadly cancer or some other deadly condition. You can be flat broke and, to all outer appearances, you feel you can never find or know a joyful state of great abundance. You may have been lonely and without the comfort of someone to love for years without end. Nevertheless, only your own powerful inner ‘I Am’ goddess- or god-self being holds the keys to your destiny.

You are not at the mercy of any outer world appearances or specialists with strings of certified degrees sounding a gloom-and-doom alarm.

Moment-by-moment, hour-by-hour, day-by-day, as long as you are alive and consciously aware of being embodied upon Earth, you can change any seemingly impossible situation to a personal triumph that no one can deny. I have done it, others have done it, and *you can do it*.

There is nothing you cannot BE, DO or HAVE. You can reverse the most deadly seeming illness. You can move out of abject poverty into a state of immense riches. You can attract a terrific special lover or a soulmate, or even your Twin Ray if you choose.

Ω

PART THREE



**HAVE WHAT YOU
WANT TO HAVE**

Chapter 1

Are You Being What You Want to BE?

Pause a moment and gaze about you. For, as I have written in several other books, the world around you is *a perfect mirror of your soul*. What does your world around you, at this very moment, appear to reflect back to you?

Look, ponder and think. Ask yourself *right now*, “Is what I see, feel and abide in what I really, really want?” More specifically, ask, “*Am I being what I want to be?*”

If no, why not? Be assured. There is nothing you cannot BE, DO or HAVE. There are many unique facets to life.

Let’s give some more thought to this highly interesting picture.

Ω

Chapter 2

Are You Doing What You Want to DO

“M*irror, mirror on the wall”*—actually, we are better off addressing the very real personal mirror world you perceive within and around you. *Are you really doing what you want to do?*

If like the average 99.9% or more of our billions of humanoid Earth population today, your answer most likely is, “far from it”. You could say, “Heck, no. Instead of doing what I want to do, I am doing *what I have to do*, and it doesn’t feel good to me!”

Or let’s just say that you are doing what most folks on Earth are doing today. You struggle hard to make ends meet. You do what you can do or seemingly must do in the moment, sometimes, to support yourself, your family and those you love.

Yes, yes, yes. In today’s modern world culture, each and all of us certainly need food, shelter and some way to make a daily livelihood.

Obviously, you do not have to stare into the mirror long to admit that you would really prefer to DO something more compatible to your personal taste.

And here I am—once again—to assure you, *there is nothing you cannot BE, DO or HAVE.*

Before we go to work at *being, doing* and *having* what we truly desire, let's probe into one more facet of our “now AS IS” daily life mirror.

Ω

Chapter 3

Do You Have What You Want to HAVE

I am sure you understand that that the word “have” generally implies to possessing material things like money, a car, a home, etc. etc. However, as you peer now into what might be a murky mirror of your own personal world—at this moment—think deeply about it **BEFORE YOU ANSWER.**

Do you have what you want to have?

By Law, each one of us must answer in the light of our own belief structures. You may be one of those rare individuals who believes she or he has more than enough of everything physical. If so, give thanks, and then move your perspective to the deeper—or more *real*, more *valid* and more *lasting* non-physical aspects of your life and being.

Do you really have enough self love, enough freedom, enough confident self-worth, enough self-understanding, enough spiritual wisdom, enough pleasing, exciting companionship, enough harmony, enough personal well being, enough JOY in your today’s moment-to-moment daily world?

Think about it. Ponder it. Think it through.

What counts here is *what you alone believe* to be so. Thus, in that light, by your willing simple adjustments to new beliefs, you support what you really desire, and I know, so I repeat: *There is nothing you cannot BE, DO or HAVE.*

Ω

Chapter 4

What Do You Believe

First, to know what you believe, you must understand how a belief takes form or shape—a “hold” onto or a living presence in your mind. A belief is layer-upon-layer of relative thoughts that you have repeated and accepted about a subject or object enough times to make it now your very own personally held belief.

A same thought, added on to itself again and again, not only becomes a very strong personally held, very alive belief within your being—at the same time, more and more emotional feeling is added to that belief that you now hold.

Soon—it is no surprise—you feel strongly about that belief you now possess and hold so strongly. When strong enough, unless we understand the process as here explained, we guard our beliefs as our own highly valued possessions. In general, most of us falsely regard strongly held beliefs as a living part of our own unique ‘I Am’ or ego-self identity.

Many of our most treasured or strongly held personal beliefs came from our parents, from our family structure, or from early childhood associations. Many of these were often

loaded with highly charged misperceptions or now obvious falsehoods.

In the light of this understanding, it is very important to know what you believe, so let's dig—or *mine*—for more and more valuable, real, golden, glittering self-knowledge.

Ω

Chapter 5

Do Your Beliefs Hold You Down Or Lift You Up

The power of a single held thought is awesome, so you can imagine the power contained in a long-held belief.

Your beliefs are loaded with power over what you think, feel and do. Your beliefs will hold you back from achieving any lasting success, or they can lift you rapidly to dizzy heights. Your beliefs will lead you down the same dark old alleys or toward sparkling, brightly lit, new avenues of *being*, *doing* and *having*.

What you believe holds you back or speeds you forward. This is why Jesus or Jeshuah, the great Master Teacher, two-thousand years ago said, “Above all, get thee understanding!”

My mentors say, and I say too, understand who you are, what you are and why you are, and you will own the most valuable and most precious real gold in the universe; and then—beyond any doubt—there is then nothing you cannot BE, DO or HAVE.

Ω

Chapter 6

Do Your Beliefs Bring Guilt, Doom & Gloom or Love, Light & Joy

Start where you are right now in consciousness and thought. Look at what you truly hold as your true beliefs about your self—or your diverse many beliefs about others—or your wide array of beliefs about your own precious humanly embodied life on Earth.

Generally, your strongest beliefs are known and felt clearly. These powerful beliefs have a special tone or note that rings and rings persistently through your mind, body and being daily.

Yet, do understand that duality prevails in our 3-D world. The general tone of what you believe is basically a major polar tilt toward either a negative or positive personal outlook of your world around you. You may have been taught, and have thus accepted, much personal guilt, and therefore you now live many hours or moments of your day and night in a self-built or self-accepted dark grey personal shadow world of doom and gloom.

On the other side of the spectrum, you may fortunately have been instilled early in childhood with a great sense of confidence and a knowledge that you are forgiven immediately for all human errors, and need feel no guilt about passing “wrong” thoughts, feelings or actions.

You may even have had the extra good fortune of being raised by parents who understood the Law at a heart and soul or mental level; and were therefore so filled with love, light and joy that they innately, automatically, instilled within your own personal belief matrix a sacred and high regard for all forms of life, including your own sacredly held body and being.

So much of our early childhood upbringing stems from the stern and rigid religious beliefs our parents and their parents, and on up through the generations, have handed down to us. So let’s explore the lower astral world segment of that picture

By the way, if you are interested in understanding more about life after death and wish to order my fascinating book, *Life in the Dead Zone*, see my “Final Note” section near the end of this book for contact and ordering information for this book and others.

So what is the ‘dead zone’? Does each planet have a ‘dead zone’?

Yes, each planet has a ‘dead zone’, which is my term for that in-between haven—that temporary lower or higher fourth-dimensional-plane refuge for our spirit self where all of us sentient humanoid planetary inhabitants abide after death until our next human incarnation, as most major religions correctly teach.

This multi-level or multi-layered ‘dead zone’ is a place where we review our past lifetime and, with the help of angelic mentors and already ascended ‘higher guides’, we make plans for our next human embodiment.

I was there. I moved consciously through this ‘dead zone’ at age 18.

In brief, the ‘dead zone’ is literally the entire out-of-the-body non-physical dimensional level, from the lowest vibrational regions of the astral “hells” spoken about in the bible and other accurate esoteric sources, to the highest vibratory Nirvana or Heaven level. We often journey there during our sleep in astral form, since all out-of-the-body life has access to this fourth-dimensional state.

One of the readers of this book, a very sophisticated gentleman in esoteric science, could hardly wait to tell me personally what he felt after reading the entire book. He shook my hand and said with great sincerity that it was *“The best, most interesting and most insightful book he had read in his entire lifetime”*.

I must agree. It holds startling information about life after death and the 'dead zone's' dark denizens that can not be found in any other published books at this time. The 'dark cabal', or 'Beast'-owned or controlled mainstream media does not want this *much-too-revelatory* information to be widely known and spread, and when you read it, you will understand why.

Ω

Chapter 7

Religious Beliefs and True Spiritual Beliefs Differ Widely

All of us humanly embodied upon Earth live in a 3-D world of *duality*. It is a world of countless dualities—of positive and negative, male and female, right and left, right and wrong, night and day—never-ending dualities, on and on without end.

At every new moment, a new free-will choice stands or steps forth before our conscious minds as a thoughtful—or thoughtless—choice to make as we journey through our repetitive, fabulously rich and colorful, individual human life embodiments upon Earth.

Are you religious or are you spiritual?

Be assured there is almost a light-year mile of distance between “being spiritual” and “being religious”.

Religion, always a sensitive but most important arena of human and divine thought, needs to forthrightly be examined by each and

all of us with fearlessness and the utmost honesty of our minds and beings.

Life without personal self-integrity is no life at all.

Every major world religion—without exception—is first a “cult”.

The “new” religion is based around a divinely inspired human individual who has understood, lived and taught the secret Universal Laws publicly.

Or, if a fly-by-night religious cult, it was formed and centered around an often-crazed fanatic who was unbalanced, drugged out of mind, or an egomaniac determined to mentally, emotionally and physically control the world and everyone around her or him who would buy into her or his religious fervor and distorted religious teachings.

Let’s not even give another thought to the second type of religious cults, except that they lead to nowhere and that there have already been far too many of them upon our beloved Earth.

I wish to make and take special note of one very illustrious religious founder who founded our very first major *worldwide* religion on Earth—*Hinduism*.

A fearless man known then simply as “the mighty RAM” founded Hinduism more than

30,000 years ago. He promised, after his publicly viewed ascension over the uplifted eyes of a crowd of thousands of his followers, that he would return back on Earth again during our end times, as he would then have a part to play in that glorious final unfolding ‘Golden Age’ upon Earth.

. The *RAM* kept that promise. He made his promised ‘return’ and is already known worldwide today as *Ramtha*. The *RAM* is working directly with and through the body and being of beloved *J. Z. Knight* at his *Ramtha* headquarters, based at *J. Z.’s* ranch in Yelm, Washington, USA. To hasten your understanding of the Law, I urge readers of this volume to obtain a copy of what is known widely as “the great white book”, simply entitled *Ramtha*, where you can read and benefit from the profound teachings of *Ramtha*. Any bookstore that does not have this book in stock can order and have it for you in days.

It was my sublime pleasure in the 1980s to 1991 to spend seven awesome years of direct “hands-on” Mystery School initiate training under *Ramtha*, similar to the seven-year Mystery School training conducted by the Master mentors in old Egypt thousands of years ago. I, along with movie actress *Linda Evans* and thousands of other initiates, were trained by *Ramtha* to literally perform “impossible” feats, as detailed in my book, *Autobiography of an IMMORTAL*.

To learn more about the *RAM* and the scads of daily miracles that abound around his presence, I suggest you obtain and read my book, *100 True RAMTHA Miracle Stories*, by Russ Michael. Again, see how to obtain it, my autobiography, or any other of my 20+ Russ Michael books at the back of this book.

Disciples of Jesus, as well as several other widely known current religions on Earth, were named after their namesakes: Mohammad, or Buddha, Jesus the Christ, Buddha, Mohammad, etc.

All of these now known major religion cult founders discovered, lived and taught the truth of Universal Law.

However—again, without exception—all of their dynamically lived and accurately taught arcane doctrines *by their founders* have been purposely profaned in one way or another. Various portions of their scriptures have been altered and tainted by ruling powerful political and religious groups throughout human history on Earth.

Why, you ask? The answer is clearly observed throughout history. The reasons are many: to confuse and keep the masses in *spiritual* ignorance; to intentionally create wars; to pit brother against brother and nation against nation for thousands upon thousands of years—centuries upon centuries, millenniums upon millenniums, right on up to this very day.

Sadly, as the dark cabal in control well knows, few individuals—raised generation after generation in deeply religious families—ever stop to question the often even clearly seen, yet so very contradictory, religious teachings programmed into their minds from childhood.

Those that do see or ask or speak out are scorned, punished or quickly labeled as troublemakers. They are then shunned or banished from membership in that particular religious gestalt.

If you follow and understand what I have just candidly disclosed, you must surely understand to be labeled or known as “*being deeply religious*” is *not* a compliment.

It simply and surely means you still blindly follow and advocate living by altered doctrines. Doctrines that were purposely changed to keep you—like your parents and your children and their children’s children—under the tyrannical dominion, in a continual sheepish herd-consciousness control, of those who politically, religiously and financially preside with an iron-clad hand over all major national and world affairs, in any given era and locality, upon Earth *today*.

Think it through. Do you think for a moment that the very childish, obviously ego-centered, ravings and rantings of a vengeful Jehovah, subtly and cleverly mixed into the spiritual doctrines of the Christian bible, depict

any real truth about your and my real, genuinely loving Creator God Source? The real, genuinely loving Creator God Source who is all-powerful, pure unconditional *Love, Light* and *Power* who has given us each and all free-will choice—and who judges no one?

Yet, the high priests of religion—in collusion with the politicians of national, regional local governments—have long used the ravings of a fearful, obviously insane, pseudo-God, an obviously frightening man-made Jehovah, to control your life and my life on Earth through the diabolical, greatly altered biblical teachings of the pure Christ-minded beloved Jewish founder, Jesus.

As it stands today the modern ‘Christian Bible’-distorted doctrine is far removed from the sacred holy teachings, the immutable Law understood and taught by Jesus more than two thousand years ago. The holy books of the world religions are utilized with cunning and skill to keep the masses ignorant of their divine origin, to keep the slaving, sleep-walking, mind-controlled masses on Earth ignorant of the secret doctrines that would literally set them each and all FREE.

Consider the altered scripture of “an eye for an eye” and so much other kinds of depraved logic of a child-mind pseudo-God called Jehovah.

Do understand: Jehovah has never existed. The Jehovah 'god' concept was first created in the 'dead zone'. It was then brought out to the 3-D level through the minds and the hearts of religious fanatics and the conspiring dark-minded cabals of priests and corrupt power-lusting misfits who ruled—and continue to seek to rule—over our vast human Earth society for millenniums past, and who aim to do the same in the forthcoming millenniums.

WRONGO IN THE CONGO!

God Creator Source has a different 'end times' plan for Earth and our one beloved human family upon it.

If you were a betting soul, where would you place your bet? *The Light of God never fails!*

Think this through. As already well emphasized, being deeply religious is no compliment.

On the other hand, being known or duly identified as a genuinely spiritual human being is by far the highest compliment a humanly embodied soul upon Earth could be given today.

A spiritual person adheres to the truth of an ALL-loving, ever-present and all-powerful *one absolute God Creator Source.*

Spiritual persons are awake to who and what they are, and why they are here on Earth today.

Whether a simple, common woman, man or child on the street, or whether an aspirant, an initiate, an adept—or a living Master of Truth and Universal Law like the RAM, Jesus, Mohammad or Buddha. All these humanly embodied souls have awakened and left the distorted teachings of the ‘religion’ of their parents, their day, their locality or their nation to become spiritual light-bearers, light-weavers and way-showers; and walking, talking, living *spiritual* examples of a genuine, peaceful daily moment-to-moment godly humanly embodied life-style on highly approving Mother Earth’s domain.

All of them—and all great spiritual teachers or mentors past, future and present—have taught, teach, or will teach that *what they have done, you can do*, for it is the truth.

There is *nothing* you cannot BE, DO or HAVE.

Ω

Chapter 8

Let Go of Rigid, Limiting Beliefs

Think it through. Are you holding tightly on to the fools-gold given to you ignorantly, even though lovingly, by parents, teachers or a despicable dark cabal of black-hearted illuminati controllers of all of our major, religious, political and financial global affairs upon our beautiful planet Earth?

If so, isn't it time for all of us to let go of any and all rigid thoughts or fault-laden beliefs that keep us all suffocated and bound in greatly muddled religious dogma and under the terror-laden hand of brutal, unfeeling tyranny?

Isn't it time to leave the heavy "chains that bind" lie behind, and to step free to search for—and to find—the bright-shining real gold of spiritual wisdom and divine power that has always been shining brightly there inside and all around you daily?

Are you ready? If so, you are at the right place, at the right time (grin).

So then, my dearly beloved sister or brother, let's get on with it: *Read on.*

Here are couple quick brief tips to start with:

- Keep an open mind, a light heart.
- Reach out now naturally for the joy of discovering who and what you really, really, really are.

In due time, by Law, you will know with the same absolute full self-conviction that I, too, now possess. There is nothing you cannot BE, DO or HAVE.

Stop and think it through. Are you a *free* thinker or not? Perhaps our highly revered **Count Leo Tolstoy** can answer that question better than I might.

“Freethinkers are those who are willing to use their minds without prejudice and without fearing to understand things that clash with their customs, privileges, or beliefs.

“This state of mind is not common, but it is essential for right thinking; where it is absent, discussion is apt to become worse than useless.”

Leo Nikolaevich Tolstoy (1828-1910). Russian writer. Source: *On Life and Essays on Religion*. Tolstoy is also famous worldwide for his classic novel, *War & Peace*.

Ω

Chapter 9

You Are *Not* Your Thoughts

Those of you have read several of my books know that in the same way that you are not your body or your emotions, *you are not your thoughts* either. This bears repeated thought. Studied scientists in the field of psychology estimate the average person moves through at least 50,000 thoughts per day.

However, do not underestimate the power of *a single one thought* that you hold.

We will probe deeper into the intentional selection and use of the power of your thoughts more specifically in Chapter 12 and Chapter 13. What is so important at this point of our journey together in feeling and in thought is to understand thoroughly that no matter how much you—and especially your ego—identify with your favorite and often long-held thoughts, you are *not* your thoughts.

Who and *what* you are is more precious than all the thoughts put together in all of creation, whether you know it or not, or you believe it or not.

It is now time to move our collective minds in that direction of self-discovery or of self-realization as outlined, step-by-step, in my revelatory how to meditate book, *The Why & How of Meditation*.

Ω

Chapter 10

Who Is Really In Charge of Your Life

This brings us to a very important question. *Who is really in charge of your own unique human life on Earth?*

If you understand why I ask you this question and you decide you no longer want to live in a personal world created mostly by default—then simply, by taking full charge of making conscious and deliberate choices as to what you really want in your personal world, *there is nothing you cannot BE, DO or HAVE.*

Through more physical human lifetime embodiments than you may wish to consider or count, most of the 3-D worlds you lived in during each “period piece” played in our “theater-in-the-round” on Earth was fashioned by dark-hearted and low-minded controllers or their minions, who manipulate and run world affairs on our planet today. Many are direct agents of very, very powerful dark beings still residing in the ‘dead zone’ today.

If that thought disturbs you, be of good cheer. Soon the ‘dead zone’ will vanish.

There will no longer any need for an ‘after-life’ refuge. The ‘dead zone’ is destined to disappear in the twinkling of an eye a moment prior to when our dear Mother Earth becomes a genuine star in the new virgin universe above.

Yet from that day forth it will shine brightly forever around and within each and all of us who ascend and remain with her. Ponder that thought.

HINT: The real ‘I Am’ goddess self or ‘I Am’ god self is a tiny star or pin-point of dazzling bright light and power within each and all of us now.

You create your own reality. You are never without free-will choice at each and every moment of your every life experiences. Your non-choice in any life situation is also a genuine free-will choice, so it counts as *that* choice.

A non-choice means that by being neutral those you affect, or those affecting you, will *take charge* and make a reality ‘course-change’ choice most beneficial to them that you, linked vibrationally to their world, must then observe and follow.

That applies to the non-physical, as well as the brief physical human embodiments you have had. It also explains so clearly—if not vividly—*why understanding how the Law works* is imperative to your health, wealth and daily well-being.

When you understand the Law, you know
there are no victims.

Nothing ever happens *by accident.* The Law
of Attraction could not and would not allow it.

Without exception, we each and all create
our own personal and collective human family
on Earth 3-D world reality.

As long as you remain in an ignorant or
neutral zone in any situation, you cannot
rightly or justly play the victim role and claim it
is the fault of your government, or the fault of
your neighbor or of friends, work associates or
loved ones, etc.

You chose.

You chose to stay asleep. You chose to play
ignorant of the consequences of allowing others
to choose for you. Fortunately, a new, wiser
choice can be made any moment in your life or
mine.

Ponder this thought deeply. It is vital.

Who is really in charge of your life?

Ω

Chapter 11

Who Are You and Why Are You Here Now

Great! If you got through reading this book up to this point, you now stand at a pinnacle where you must know a whole lot more about who you really, really, really are.

Furthermore, let's also take a moment to foresee or glance at why you are here now in this particular period piece on *this* planet and in *this* universe.

In short, your unique vibration has allowed the Law of Attraction to draw you to this exact place and this exact moment in time wherever you now stoop, sit, lay or stand.

Understand clearly, now that we are here exploring or talking about genuinely *Lawful* things—about *spirituality*, not about sadly distorted or half-truths programmed into our minds by religion.

First and foremost, all the great spiritual founders of what are now known on Earth today as our major world religions knew and taught this absolute truth. You and I—at our spirit, soul and body level—are *extended wholly divine as-*

pects or fragments of the one God Creator Source.

They knew, as I know, that you and I are not only made in the image *of* God Creator Source, but we are also here on Earth in precious sacred *Earth Angel* human embodiments as the personal furthestmost extension of All That Is of our one God Creator Source.

We, each and all, are, as Abraham often states, “on the leading edge” of an ever on-going and infinitely expanding creation. *You* (take a bow), like all your sisters and brothers on Earth, or those sentient beings abiding on or within any form-bearing planet in creation, are equal to any other goddess fragment or god fragment of creation.

Whether you know it or not—or believe it or not—most of the billions of civilizations in sentient creature civilizations, like that of ours as embodied humanoids on our Earth, live within the interior zone of their life-bearing planet. The interior of a planet is normally a safer and more nurturing place to live within any solar system or galaxy in creation.

You are a genuine, very real daughter of God or a son of God. This is why our One God Creator Source loves and literally adores you without reservation or judgment.

Would *God* judge a part of *God-self*?

Think it through. Would you judge your finger or a hair on your head? If you were really conscious of who you really are, you would love your finger and every hair on your head—red, brown, gold, black or white,—wouldn't you?

Be assured, the love of God-the-Whole is greater—far beyond what words can depict—than the love of any, no matter how unique we are, God-the-Part (you or me).

Why are you here on Earth, in this solar system, in this Milky Way Galaxy now?

Again, this lovely, about to ascend planet Earth is your absolute perfect vibratory match!

Furthermore, in short—because very, very soon, as now stated often and further revealed in many of my books—our gorgeous planet *Mother Earth* is now at the very edge of 'end times'.

You and I have a thrilling, soul-fulfilling personal human family member mission. You and I are here to help to usher in *the birth of Earth as a star*.

In this process we too, each and all, eventually over the eons also will “once upon a future” become a mighty, sentient brightly glowing and living star in the heavens of existence.

Right now, you already are a pinpoint humanoid-size star.

Think this revelatory thought through. At the depth of your being—within your own unique spirit and soul—you already *are* that future brightly lit star.

Be here now! Be a shining star.

As a one-of-a-kind star, when you really, really know you are, be assured there is nothing you cannot BE, DO or HAVE. .

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Chapter 12

Is *Want* More Powerful Than Your Belief or Faith?

The question I have posed may sound strange, but you really need to address it now. Is *want* truly more powerful than your *belief* or your *faith*?

You may be startled—if not shocked—since the answer is an absolute certain “Yes!”

The reason that want is more powerful than belief or faith is that it taps directly into your eternal *heart*-stream instead of your now temporal *head*- or *mind*-stream.

In other books or booklets of mine, you may have read of how a petite mother lifts a heavy car off her child to save her child’s life. These rare, but totally true, kinds of instant demonstrations of *the power of want* to exceed any former beliefs or faith held by those accomplishing these seeming impossible feats are classic examples of how always a greater Law offsets a lesser Law.

By this I specifically mean the Law of Personal Belief and the Law of Personal Faith must give in to the Law of Personal Want, and always must occur whenever want exceeds any

personally held belief or any personally held faith.

Space in this book will not permit here, but in various other books or booklets, I have clearly explained how thoughts build into belief. Then belief builds into faith, both are elements or products of the mind or head center. While on the other end of the spectrum, want or desire comes from the heart, or heart center.

In turn, the heart is the most direct pathway or access point into your inner self, the soul and spirit of your being.

Here is one last thought you might wish to ponder in this light.

By Law, *spirit* is greater than *soul* in the same way that soul is greater than body, or that mind is greater than physical brain consciousness.

In turn, your brain consciousness is more powerful than your finger, your eye or your big toe consciousness.

In another step down, your finger is more powerful than a cell, molecule, or electron within it.

Ponder this or any stream of thought further into infinity, up or down, in or out, forward or backward, etc., please.

Ω

Chapter 13

You Get What You Think

You not only get what you think, but while thinking it, you *are* what you think. It has to do with other Universal Laws that are constant. Whether in the non-physical or the physical life stream, everything is connected to everything else.

Oneness is a Universal Law. When you think about something, you *become* it. It is how co-creation works. *Mind is the builder.*

Edgar Cayce, the world famous “Sleeping Prophet” from Virginia beach, Virginia, USA, often commented, “*Mind is the builder.*” He often spoke to the fact that anything and everything conceived in all of creation arose from MIND.

A rule of thumb principle here is, “*give* a good thought, *get* a good thought”, for you always *get* what you *give*. So, by Law, in any event your thoughts are powerful and significant.

“*Be careful of what you think*” is also a wise adage to follow.

However, be at ease. I want this point to be clearly understood. Thoughts come and go, as

we have repeated. Scientific teams have estimated we each process at least 50,000 thoughts per day, per person. Therefore, an idle or quick passing glance at what you see or think has negligent power to affect your already heavily and deeply grooved life circumstances.

Therefore, relax.

Please be at ease about your thoughts that come and go. None matter unless you hold them or invite them in to stay at your place.

As explained more in depth in Chapter 14, it is the thought you *hold on to* that is of concern and, perhaps, of a vital personal importance.

So let's explore more of the why and how there is nothing that you cannot BE, DO or HAVE.

Ω

Chapter 14

What Holds Your Attention

We come back again to the thought the world around you is a mirror of your soul.

The significant question is what grabs and *holds* your attention? Here is your vital key to co-creating the kind of world in which you really, really want to enjoy “the good life”.

If you recall, as stated earlier—though perhaps said in different words—you become whatever you place your *focus* upon. This means what you see with your physical eyes, as well as what you envision in your heart or mind’s eye, expands, extends and duplicates within or around you in your world.

Seriously now, in view of this truth, are you really sure you want to listen to and be fed the never-ending stream of daily worldwide or local dark cabal controlled “bad news”?

Do you really want to sit and view those horror movies?

Do you really want to buy that no-brainer monster cartoon video or monster-starring DVD for your innocent child?

Your mind is miraculous. Your mind can focus in and expand on what is close to your eyes just as a microscope does. Your mind, being dual, can also focus into the distance and bring what is in view into your clearer visual perspective.

Indeed, mind is not only “the builder” but it also is a magical tool that can be utilized by us humanoids in so many creative ways.

The point here being made cannot be stressed or reiterated enough. What you give your steadfast attention to literally, by Law, does in due time extend, expand and GROW into your own personal daily life-stream world.

This is why every good mentor stresses her or his student needs to repeat a learning experience until the lesson is fully learned.

Life, the master teacher, works in the exact same fashion. The Law of Cause and Effect as known in our West, or the Law of Karma as known in the East, was never set into creation to punish any single spirit or soul. The objective of the Law of Karma is to achieve balance.

Think it through again. A loving God Creator Source would never entertain or allow such an exacting, punitive kind of world to exist.

What is sought and found through reincarnation cycles of any humanoid or life form is a continual, duly seen and followed “course correction” toward a more and more and more balanced life.

A life lesson teaches us the art of balance. No lesson in life ever again needs to be personally repeated once personally learned. However, until a life lesson is learned it can be, and often may be, repeated hundreds, thousands, or countless times until the finally enlightened in-dweller—passing through any life experience—*learns that personal life lesson* with finality.

The Law is simple. You do not need to understand the whole Cosmos. Through learning only a few simple Laws of Nature, like the Law of One, the Law of Attention, and the Law of Attraction, you can transform your personal life and enjoy a continual stream of deliberately self-chosen and self-created good times upon Earth.

Simply understand the vital point that follows here.

Whatever you think of or give most of your attention to today pre-formulates a nearly exact pattern of that forthcoming new day that will form your tomorrow. The universe must co-create, by Law, more of whatever you put your attention upon. The bottom line, as you must now realize it, is that you alone create your own daily or nightly reality on Earth.

This is the major reason why—when a challenge or a problem appears in your life and if you are ignorant of the Law—if you put more attention on your problem than you do on the thinking of a solution to it, the problem can only grow and grow in your mind, and thus keeps showing up again and again in your personal world.

Be *for* something, not *against* it. Focus on the *solution*, not on the *problem*. Is this understood?

Is the reason for your clear understanding of how the Law of Attention works clear enough to you now? (*Grin*)

Ω

Chapter 15

The Universe Does Not Know How to Say ‘NO’

The universe does not know how to say “No!”

There is, as you might guess, a Lawful reason for this odd statement. You might ask, “What has this to do with me manifesting anything I wish to BE, DO or HAVE?”

The answer, when understood fully, will make it much easier for you, from this day forth, to exercise great care about what you put your valuable attention upon.

The reason our beloved universe cannot say “no” to anything is that, by Law, our universe is ordered, thus ordained, to be *inclusive* only.

As a living part of this inclusive universe, this means nothing you think, feel or do can be *excluded* from it. This means our universe cannot be non-inclusive to or exclusive of anything co-created within it.

Do you now understand? Saying “no” to something is literally saying “yes” to it. “No”

cannot exist because your focus of attention upon “it” surely does exist, is noted, and is duly expanded in your personal world.

Ponder this revelation. Think about it until you grasp what is being explained here. This is the “nitty-gritty” of Universal Laws at work at all times.

Our universe only knows how to add. It is only permitted to add—meaning it knows only to extend or expand itself. It is, by Law, not permitted to *take away* from itself or to take away anything or any one iota of life, of living form, or live-less form away from within itself.

If you understand this, read on. If not, please re-read what is yet not clearly understood.

If you do understand this, pause and ponder that “the secret” has been revealed to you at this now moment. Understanding this all-inclusive-universe principle is your ‘golden key’ to your own unlimited freedom and unending abundance.

Our universe does not know how to say “no”.

Our universe could not know how even to conceive of how to say “no”. *Got it?*

The concept of “not” or of “no” has no meaningful reality in the *all-inclusive purity* of our universal consciousness.

What finer way to emphasize this so very, very vital point than to share this “no accident” timely “Heavenletter” that I posted in my Michael Worldwide newsletter recently to my host of worldwide email subscribers.

In reading this “Heavenletter”, perhaps you will understand why I post one of these radiant jewels in my FREE daily worldwide newsletter to thousands of folks without fail. Contact information for Gloria Wendroff is posted in the context of this message. Contact me as posted in the back pages of this book to subscribe to my FREE daily email *Michael Worldwide Newsletter*.

[Along with the note that I posted to my subscribers in my daily newsletter on July 12, 2007.]

***NOTE FROM RUSS MICHAEL: This fabulous, timely HEAVENLETTER message will be a last moment ‘perfect fit’ in my new Russ Michael eBook #15—obtainable very soon—that is titled: The Secret of SEX and Sexual Attraction—in my Chapter 15, of Part Three, titled: “Our Universe Does Not Know How To Say NO”

(The synchronicity of receiving this message as such an appropriate enclosure in my book, since I am doing the final ‘proofing’ of this revelatory new book before it goes to our *eBook team Editor, Pamela Leach*)

Receiving and posting this particular HEAVEN-LETTER on this day—allowing my book readers to read it too... is one of those delightful ‘miracles’ that makes

a heart dance the kind of daily miracles we all love to see (SMILE)) Bless us all.

Heavenletters™, bringing earth closer to Heaven.
God is always bringing us closer to Him
HEAVEN #2411 What Happiness Is, July 2, 2007

God said:

Whatever you have been thinking Heaven on Earth will be, it will be even more. You are going to have undreamed of joy. You - I speak to everyone who reads My words - are going to have untold happiness. You cannot imagine all the happiness that will be yours. Your happiness will be like popcorn popping, and there will be no stopping it.

Your happiness will shoot out like the way an expert dealer deals cards fast. Furthermore, all the cards in the deck are aces, beloveds, with a few jacks, queens, and kings thrown in to represent you and the people in your life.

In fact, all fortunes will be good fortunes now. The die is cast.

Heretofore, you have not known how marvelous life is supposed to be. Soon you will be living life as it is meant to be in all its glory. All suffering will be behind you. All the past will be behind you. You will be awed by all that will present itself to you. There will be one awe after another. You will pinch yourself a dozen times a day and find that you are awake.

Life on Earth will become the unfoldment of all Our dreams. Life will be piled high with dreams come true. The world will become one great big resounding "Yes"! The word "no" will become so faint you will

not hear it, and then it will disappear altogether. It will come to pass that the concept of “no” will be gone altogether. “No” was like a spell that had been cast on Earth members, and now the spell has been lifted and can be no more.

No one’s throat will be able to form the word “no”. The closest sound approximation will be “now”.

There will be no stumbling blocks to evolution, no interruptions, no pauses. You will keep on rolling along, and taking all with you. You will go round and round in galaxy-hopping joy. In fact, you will revolve around the sun at break-neck speed. The stars will part before you and return to their original spot the minute you pass. You will stand still, and yet you will be transported anywhere and everywhere.

You will swim to the depths of the ocean, and you will fly to the heights of Heaven. There will no longer be an horizon line, for the merger of Heaven and Earth will be complete. You will easily pass through the eye of the needle. There will be no restrictions. All entrances will be as wide as the Grand Canyon. Everything will be wide open, most especially your eyes will be wide open.

You are learning to see. You are learning to read the Universe in Braille and in every other language. No longer will there be bedlam. All will be understood, for hearts will be known, and the language of love alone will be spoken. Speech will no longer be needed, and yet it will be practiced for the beauty of its sound and its rhythm.

Dance will no longer be known as such, for everyone will be dancing. No one will need lessons. And eyes will dance. Dancing will be like a chain lighted by bright smiles.

It will be a hop, skip and jump to anywhere you like. You will ride the dimensions and dimensionless the way you would ride a whale. You will choose to be any form you want, and you will be recognized, and yet you will be formless. You will be seamless. You will know that your girth surpasses Earth's circumference, and you will know that Heaven is measureless, and yet Heaven will be measured in immeasurable love. Get your hat on, beloved, for you are ready to immerse yourselves in happiness and finally, once and for all, find out what happiness is.

Gloria Wendroff, Overseer

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We love to have new readers come to Heavenletters through you.

You and I, at a 3-D dream level, are allowed to play the game of relative duality. We explore and experiment with an agreed-to group of companion human souls on Earth where we explore

and experiment with the idea of duality—the idea of a pair of opposites—within our own 3-D dream world.

However, yet even in our lower 3-D illusion, we must and we will abide by Universal Laws. Energy can only be changed; it can never be destroyed or omitted from the universal field. Universal inclusion is the only possibility.

In non-physical reality, we too may only *add* to reality, we cannot *take away* from this safe, loving, nurturing all-abiding one true personally defined universal reality.

Is that fully understood?

Think of our universe as a gigantic computer that can only co-create or reproduce what you or I, or any other current earthly co-creators, *add* to it. Bring this image or thought form down to your own human 'I Am' self.

Think of yourself as a life human-size computer, and you have the same Law at work in your individual or collective human life. At an outer illusionary level, you can cut off a finger on your hand, but at the inner reality you cannot, by Law, omit or take away a single electron of your 'I Am' being out of existence.

You are, in fact, a miniature universe and this same constant Universal Law applies to you and your own individual universe in the same way it applies to the our universal one

God and this One Universal God's universal body. All That Is within creation must abide by this absolute, immutable Law set by our infinite, almighty One Creator Source.

In short, once again, the universe cannot and you cannot *take away* from life or life form, you can only *add* to life or life form.

Add fear, get more fear; add love, get more love; add joy, get more joy; add peace, get more peace; add war, get more war, ad infinitum.
(Smile)

In time, through experience, we finally do "get it".

We get what we co-create in our collective and individual worlds. Would you really want it to be otherwise?

Get the clear, grand and exciting picture? Whatever thought or feeling action that you personally add *this moment*, you personally get. Thinking about or giving any energy toward what you do *not* want only *adds* more energy to "it" and a greater certainty of having more and more of *what you do NOT want in your world*. You chose it. You co-created it. The universe simply obliged to give you more of what you gave your attention to or focused thoughts and feelings upon.

It is why the poor keep being poor. It is why the rich keep being rich. It is why a genius is a genius. It is why a Master is a Master in any walk of life in any world where she or he abides. Your world is always a proportionately perfect

mirror of what you are looking at. Remember, you can look with outer eyes or inner eyes. The universe does not decide which perspective is real and which is not. What you imagine is just as real to the universe as what you perceive through 3-D human vision.

Whatever the state of the world around you today, it reflects what you have put the pre-dominate or most of your attention upon.

You are all powerful via your gift of free-will choice. *You are not a victim.* It is purely and freely your own sweet God-given choice to BE, DO or HAVE what you want.

It is no fun to live a life of default, but it is really, really great fun to deliberately and consciously co-create a self-created path from where you ARE to where you desire to BE at another forthcoming self-chosen point in time and space.

Now is our most mighty point of power. *So now let's create what we really want in our lives*

When you know by Law that there is nothing you cannot BE, DO or HAVE, miracles will fill your days and nights. The then *oh-so-magical world* you live in will be one that your own seeking, asking, expanding personal understanding wisdom has manifested.

You can do it!

So be it.

Ω

Chapter 16

Live a Happy Fulfilling *Yes, Yes, Life*

By nature, we human beings love to love. We innately love to share ourselves and the wealth of our being in all ways with other brother and sister companions who are in need.

Through free will choice—at all times and in all places, for whatever personal reason chosen—you can sound forth a clear “yes, yes” or a clear “no, no”. This is how whatever moment of choice you meet or greet in life is made.

You alone choose to give more life to what greets you, your *moment-to-moment daily attention, or not*. The power to choose is yours. At any moment, you have the power to place your valuable conscious attention elsewhere.

We all know as a growing child, the word we heard most of all was “No, no, no!”

We were stopped at the start or in the middle of any new experiment when we were excitedly about “to test our wings”, or whatever exploration we were doing by a sudden, sharp parental command, “*NO! Do not do that!*”

How often did your parents or older family members say, “Yes,” compared to an almost constant daily stream of “NO, you cannot do that” or “You must not do that”?

Fortunately, that was *then*. This is *now*.

By Law, you and I get to choose whether we want to say a decisive “yes” or a clear “no” to whatever comes along. This is our own unique wonderful choice—at every new thrilling moment—of our human life embodiment.

I hope you are in agreement with me that each new day of human life on Earth is such a grand and magnificent ongoing personal adventure.

All of the spiritual Master Mentors I know or have studied under have advised their students to “Say ‘yes’, to life!”

I suggest the same. Take charge of and amplify the thoughts and feelings you want—and drop any and all attention to what you do not want to think about or do not wish to feel. As Master Mentor Jesus knew and pointed out two millennia ago, “You cannot serve two different masters at the same time.”

You have the choice!

Say “yes” to whatever feels good inside of your heart—mind and being. Thus you will always be moving toward and rapidly—or even if slowly but surely—fulfilling your most impossi-

ble dreams. I repeat for emphasis, be *for* something, not *against* it.

We can take a lesson from our grand universe itself. It never says “no” because the universe knows the Law and abides by it. The universe does not waste any time or energy on thinking or doing what it does not want to do. The universe is on the look-out—at all times and in all places—for where and what or to whom it can say “yes”.

ASK and you will be given! Our mighty universe—by Law—will never say “no”.

Our universe loves to say “YES, YES, YES” to you or to any other co-creator within and throughout our entire gigantic Law-abiding universe.

What an ideal role model to behold and to copy or emulate.

YES. Do say “yes” to life!

Ω

Chapter 17

Where Is *GOD*—Our *One Creator Source*— In this Picture

Where is *God*—our *One Creator Source*—in this picture? Good question! However a more fitting question would be, *where is God not?*

If you do not already believe or know it already, as you delve deeper into understanding God Creator Source and All That Is, you will realize without a doubt, with great joy and thanksgiving, that you are a miniature God-fragment of God and All That Is.

You will also understand that every fragment of non-physical or physical world manifestation—every single cell, molecule, atom, proton, neutron, electron, or the most tiny pin-point of All That Is—is 100 percent pure God Creator Source ‘I Am’ self.

Instead of trying to fit the picture of a Whole-God-Self into the tiny God-fragment-self, which is certainly accurate from the viewpoint of us each and all being a hologram, it makes more sense to realize that all of the God-parts,

whatever size—down to our pinpoint size—make up the collective body of our One God Creator Source.

You can extend this picture to understand also that this means by the absolute Law of One, there is only One God Creator Source *LIFE*, only One *SPACE*, only One *TIME*, only One *MOTION*.

P.S. There is also a *Law of Three*—Father, Son and Holy Spirit; or Spirit, Soul and Body; or Motion, Time and Space, etc., ad infinitum.

In the jargon or language of creation, the great One God, One Allah, One Father Creator, etc., normally referred to in major Earth religions certainly exists. This is indeed the one universal God “in whom we live, and move and have our being”. It is also very true that “*without* God we are *nothing*, and *with* God we are *everything*”.

However, what I have so far depicted is yet only a very, very small picture of all creation.

It is true. An all-mighty, all-present, all-powerful One God is the origin and Creator Source Point of this universe. There is yet another, and another, and another unique, all-mighty, all-present, all-powerful One God who reigns sovereign over each and every single one of the countless billions of universes within all creation.

My various books—at least 20—can be obtained and read if you want to delve more deeply into the orderly hierarchical structure of all of creation.

Of my volumes on this subject, I highly recommend obtaining and studying *The Secret Doctrine of the Ancient MYSTERIES* and *The Secret Great White Brotherhood—Masters and Adepts of Planet Earth*. Both of these volumes offer much insight into the creational mechanics, and both will add to your own greater, insightful, enlightening overview of creation

These two eBooks (or hardcover and paperback editions *in some languages*) will surely enthrall you and give you a good grasp of how you and I fit into the eternal scheme of an infinite and endless sea of more and more ever-spectacular, ever-expanding creation.

Ω

Chapter 18

The *Law of Attraction* Never Fails

Above all, we need to give thanks for the ever-present, ever-active, ever-accurate Law of Attraction for it never fails.

Trust it. The Law of Attraction cannot fail. The Law of Attraction never makes a single mistake.

When you understand, rely and trust on the Law of Attraction to deliver what you desire, you have made a huge step toward you being a conscious, masterful co-creator on our Earth.

When you understand the basics of the Law and you practice conscious daily moment-to-moment use of these immutable universal principles that you have learned here, you will possess the confidence you need to see daily miracles in your life. It does not matter what others think, say or do. You will birth a masterful new you at the human embodiment level.

This powerful new you can and will indeed manifest whatever you want to BE, DO or HAVE.

The Law of Attraction acts in the capacity of a full-time servant of the universe. Likewise, at the same time—as a now conscious co-creator on Earth—it also acts as your active personal full-time servant, *so give due thanks!*

You do not even have to know the mechanics of how the Law of Attraction works. Few people know the mechanics of how the engine works in the car they so effortlessly drive to their daily destinations.

Simply desire and expect any and all knowledge—or the ways and means to BE, DO or HAVE what you wish to manifest as you need it. Know it will arrive in your mind or will be found at hand.

You only need to be confident that the Law of Attraction will work ceaselessly on your behalf to provide you with more and more personal information, or first-hand know-how, or a personal team of co-creators to help you literally build a grand, bright, scintillating new world of your own.

So be it.

Ω

Chapter 19

You Can Never Fail

Be assured, *you can never fail*. There are hosts of simple reasons why. First and foremost, as beloved Master Mentor ABRAHAM and both much-beloved Jerry and Esther Hicks have often stated, “You can never get it done”.

Knowing who and what you are, an eternal infinite ‘I Am’ extension of the One Creator Source and of All That Is also helps to make this point clear to you.

Our one God Creator Source is forever, thus you are forever. You, as a very real personal extension of God Creator Source—a conscious co-creator—will continually co-create fresh and thrilling personally desired new worlds and glorious, breathlessly exquisite new levels or planes of realities.

In the eternal scheme of things, failure is only a concept in a passing relative, duality consciousness.

A concept of failure requires goal setting where someone sets a goal, some objective seemingly set apart from where that ‘I Am’ self exists. You are made in the exact image of the One Creator Source. Therefore you are intrinsi-

cally all time, all space, all motion, all life and have infinity to be, do or have whatever you desire. Failure does not and cannot exist in the universe or within you and me.

You have the power and the understanding now to produce, with practice and persistence, masterful instant manifestations and to bypass the normal time lag that others in humanoid form need to protect them from doing harm to themselves and others.

There is nothing you cannot BE, DO or HAVE.

Ω

Chapter 20

There is Nothing You Cannot BE, DO or HAVE

We now place our attention upon my now very favorite concept expressed in words on earth—in one brief nine-word sentence: “*There is nothing you cannot BE, DO or HAVE.*”

In view now of what you know about the awesome power of *attention*, it makes a great deal of good sense to ponder, contemplate and hold this nine-word sentence and concept in your mind daily. However, as you know from your own sweet Goddess-self or God-self perspective, the Law of Attraction works best when backed by the confident absolute knowledge and this nine-word sentence: “*There is nothing I cannot BE, DO or HAVE.*”

In summary, it must be crystal-clear to you by now that you no longer want your own personal world to be created mostly by default by others who appear to hold control over and around you. In fact, it ought to be certain enough now that whatever you place your Goddess ‘I Am’ or your God ‘I Am’ attention upon is what you get.

Here is a final “good end” story about a sage Indian elder teaching his young grandson and his grandson’s companion, both at the early age of six, about the Law. He told his two young spiritual aspirants whom he was teaching the simple but profound mysteries of life to that “*Each and every one of us holds two wolves inside of our being*”.

The two youngsters listened wide-eyed as “Grandfather” explained further.

Grandfather paused and said, “There are two wolves engaged in a life and death battle within each and all of us. One of these wolves lives off all the good things in life that you do. The other wolf lives off of all the bad things in life you do!”

The grandchild stepped forward. He asked, eyes soulfully uplifted to his much beloved and well-aged mentor, “Grandfather, which of the two wolves will win the battle inside of us?”

Grandfather paused another moment, smiled, patted his grandson gently on his head and said, “*The one you feed the most.*”

Isn’t this a story that tells it all, simply and directly?

Thank God for free-will choice!

Obviously, you and I get to decide which “hungry wolf” inside of our own very sacred beings we will feed.

If you have a prompting and the opportunity to read my autobiography, you will note that since my death experience at age 18 I have had a lifelong hunger to feed and feed the ravenous, seemingly never satiated or satisfied 'wolf' of spiritual knowledge inside of me.

The knowledge I sought came slowly, but finally flowed in and gradually through me like a river. I have studied, pondered and re-read some books authored by Master Mentors up to seven times. I have asked and I have received.

You are obviously here now doing the same.

The Law of Attraction coupled with the Law of Attention, which means "asking for it", like all Universal laws, *never fails*.

The Secret is yours. You also now hold a handful of sparkling thoughts and feelings that can lead you straight to whatever you desire. I urge you to want what you want so much you can taste it.

All along the way, remember to express your gratitude to our One Creator Source.

Genuine, conscious, moment-to-moment gratitude goes a long way, and your focus and expression of it will help to pour a constant stream of daily miracles into your life.

Do remember that you also came on Earth to have fun, so have fun. We are One in the God Creator Source of our eternal being.

I hope you have enjoyed our journey in thought and feeling together. I love, respect and admire *all that you are* and all that I know you will continue to lovingly *become*.

You now stand before the Golden Door with the ‘golden key’ in your hand. Unlock the Golden Palace, step in and live the “good life” the rest of eternity. So be it.

So step in.

May that physical body immortality—that I know, and that we each and all innately know—be also your own conscious understanding, knowing and rapturous feeling experience as well, soon.

There is nothing you cannot BE, DO or HAVE.

All is well.

So be it.

Ω

FINDING YOUR SOULMATE

“... In this end times age the conscious urge of soul-mates to yearn and search ceaselessly for their beloved counterparts grows daily. Memories from the ancient past return to hold their enticing image before us. Somewhere in the distant night of time, one special someone meant more to our soul than any other. This wondrous remembrance lifts our hearts and turns our minds' gaze toward this one brilliant STAR rising in our future heavens. ‘Where, oh where, is my soul-mate!’

“...When you find that particular ideal who meets the high standards of your own soul, then you will find and know your own soul-mate. The two are one. Every soulmate who comes into our life is there because he or she has responded to the timely invocation of our own soul. When we ask with firm conviction and unswerving faith, then we shall be given our desire. It is an occult law that every invocation must be met by an evocation. Every time we lift our earthly matters up, we bring our spiritual substance into worldly being. The God within us becomes a living reality outside of us. Your ideal does exist! May he or she unfold rapidly within your present field of awareness ...”

.....
Excerpt from *Finding Your Soulmate* by Russ Michael
.....

Comments:

“Workshop last Saturday was very meaningful to me ... I have been studying your book on meditation. It is wonderful.”

“... a lifetime experience to my husband and myself.”

“Just a short note to let you know what a profound effect you have had on my life and the lives of many others since your visit to St. Louis.”

“I must say you are the first teacher that I have met that has left us with so much knowledge, and so very much to think about for a long time to come.”

“I got what I needed from your lecture ... thank you for your help and encouragement.”

“Russ, thanks so very much for giving our community this wonderful opportunity to hear TRUTH. You are an exceptionally gifted teacher and I want to tell you that I am personally grateful for what you have brought to us.”

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NOTE: See the back pages for information on how to obtain this book or any of the more than 20 Russ Michael eBooks; or order now by emailing me at RussMichaelEbooks@gmail.com.



The choice you make, makes you.

“Don’t ask yourself what the world needs.
Ask yourself what makes you come alive and go
do that, because what the world needs is people
who come alive” - **Gil Bailie**

Life is short, Break the rules, Forgive
quickly, Kiss slowly, Love truly, Laugh uncon-
trollably, And never regret anything that made
you smile.

Final note from the author scribe...

In addition to my best-seller, *Finding Your Soulmate*, which is still selling in 12 languages, I have written more than 20 published self-help books and I invite you to obtain and read them all.

After my death experience at age 18 and in the unfolding due course of my spiritual work, I have received thousands of letters of gratitude from readers of my books and from many grateful attendants of my workshops who have found their soulmates or their Twin Ray life companions, or made their wildest, most impossible dreams come true. A few days ago, I received an email from someone who recently obtained and read my 360-page autobiography.

Dear kindly eBook reader,

This is what Carolyn Tester had to say to me about *Autobiography of an IMMORTAL*. Bless her heart.

I don't think I have ever enjoyed reading anything as I am now doing with your autobiography. I'm now beginning to read slower and slower ... as the end of it gets nearer ... a habit I've acquired when in a GOOD read.

*Love to you and yours,
Carolyn Tester*

If you enjoyed this or any other books of mine, please encourage your loved ones, friends and associates to obtain and read them all.

I suggest that you obtain my own *Autobiography of an IMMORTAL* or any of my current 13 eBooks—soon to be 20 or more.

Enquire now (or later) at:

www.TheSecretIsNoSecretAnymore.com

Or contact me at my personal email address:

RussMichaelEbooks@Gmail.com

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You can soon listen to my 3-minute podcast, read my brief bio or surf through the “Table of Content” pages of my many obtainable eBooks.

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To receive my **FREE** daily spiritual “Michael Worldwide Newsletter” in your inbox, email me at RussMichaelEbooks@Gmail.com and ask to be subscribed. (Again, this is free. Just ask!)

.....
Bless your heart, forever and forever. Bless us all. We are all blessed.

.....
*In living and loving gratitude to All That Is
I Am—Russ Michael*

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