A clear new focus on the understanding and use of
*Universal Laws* including *the Law of Attraction* and *the
Law of One, Three & Seven*, leading to your physical
body **IMMORTALITY**.

**Russ Michael** is a best seller author
of more than 30 BLOCKBUSTER self-help books.

# Table of Contents

Introduction ........................................................ vii

SECTION ONE

A Fixed Cross Position........................................... 1

1 Self........................................................................... 2

2 One = Three ....................................................... 5

3 Three = Seven ................................................... 11

4 The Cosmic Physical Plane ................................. 15

5 Three Bodies Of Man ......................................... 18

6 The Etheric Centers ............................................. 21

7 Enlarging Our View .............................................. 24

SECTION TWO

The Secret Science of Arcane Doctrine .............. 28

8 Science of the SECRET DOCTRINE................. 29

9 What Is Self ....................................................... 34

10 Paradoxes: The Secrets of THE SECRET DOCTRINE ........................................... 39

11 Three-Dimensional Man ................................. 43

12 One, the Root of All Things ............................ 48

13 The Science of Meditation ............................... 53

14 The Seven Rays ............................................... 59
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>The Adepts</td>
<td>64</td>
</tr>
<tr>
<td>16</td>
<td>The Initiations</td>
<td>69</td>
</tr>
<tr>
<td>17</td>
<td>White and Black Magic</td>
<td>74</td>
</tr>
<tr>
<td>18</td>
<td>Motion, Time and Space</td>
<td>80</td>
</tr>
<tr>
<td>19</td>
<td>Reincarnation</td>
<td>86</td>
</tr>
<tr>
<td>20</td>
<td>Our Sex Universe</td>
<td>94</td>
</tr>
<tr>
<td>21</td>
<td>Scientific Basis For The Soul</td>
<td>98</td>
</tr>
<tr>
<td>22</td>
<td>What Is Thought</td>
<td>102</td>
</tr>
<tr>
<td>23</td>
<td>Light, the Source of Everything</td>
<td>108</td>
</tr>
<tr>
<td>24</td>
<td>Act As If</td>
<td>113</td>
</tr>
<tr>
<td>25</td>
<td>The Science of Dying</td>
<td>119</td>
</tr>
<tr>
<td>26</td>
<td>The Ashrams</td>
<td>127</td>
</tr>
<tr>
<td>27</td>
<td>The Great Invocation</td>
<td>131</td>
</tr>
<tr>
<td>28</td>
<td>The Eternal Now</td>
<td>134</td>
</tr>
<tr>
<td></td>
<td>Bibliography &amp; Related Sources</td>
<td>141</td>
</tr>
<tr>
<td></td>
<td>Recommended High Vibration Books and</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Study Data</td>
<td>143</td>
</tr>
<tr>
<td></td>
<td>More Offerings by Russ Michael</td>
<td>147</td>
</tr>
<tr>
<td></td>
<td>Final Note from The Author Scribe</td>
<td>153</td>
</tr>
</tbody>
</table>
According to the esoteric sciences, there are three major crosses. All three are *vertical and horizontal positions* in consciousness that the struggling pilgrim on the *Path of Life* ascends in the course of human evolution.

Briefly, first is the *Mutable Cross position*, that shifting ever-changing consciousness of circumstances. The initiate drifts and searches but never finds relativity to the rest of the world.

Second is the *Fixed Cross position*, that wonderful moment in time when the newly awakened student of truth finds the goddess or god ‘I Am’ within herself or himself. She or he literally then takes a “fix” or bearing on life. The Fixed Cross Initiate becomes a knower of *the hidden secrets* of life and finds her or his own point of reference to the big picture of things.

The third esoteric cross position is the *Cardinal Cross position*. Here the disciple becomes a conscious *Initiate* of the *Third Degree*. She or he now works as a fully awakened working member of the *Spiritual Hierarchy* on earth. Therefore she or he is a consciously aware, accepted and known member of *The Great White Brotherhood*. 
I assume you have at least passed through your Mutable Cross experience and are ready now to focus your concentration into a Fixed Cross Position. These seven chapters in this first section are short but potent. They lay a firm foundation for understanding the secret doctrine. Do not underestimate their utter simplicity. Simplicity always serves best to unveil what were before the secret Laws or the great spiritual truths.

At first, you will mentally grasp the ideas within. That is the easy part. When understood, then you can deliberately and consciously assimilate and materialize these self-transformational ideas into your practical everyday reality. Let us begin.
SECTION ONE

A FIXED CROSS POSITION
Chapter 1

SELF

Begin with a fix on your self. Self is the one thing you are totally certain about. You are. You exist. You know but one distinct point of life within yourself called “I”—the literal divine ‘I Am’—the eternal me of you.

Think about it. Is there really anything else that you can personally, actually and factually KNOW as your own absolute truth? If so, let me know what that is, please? Perhaps even our One God Creator seemingly standing apart and away from you is unproven or unknown, thus mentally unacceptable to your present reason.

The inner self you are concentrating on right now is more real and more tangible than your idea or anyone else's idea about God, Creator Source of All That Is.

I promise you. With focus, your own sacred eternal God Source will be known or soon fully realized in your own awakening goddess or god ‘I Am’ self-consciousness, although not immediately.

In 3-D human form it takes the protective buffer of time to build in a real and fully secure ‘I AM’ divine God consciousness.
Realize with emphasis again, right now only that point within you known as “I”, your alive sense of ‘I Am, is securely real.

On this absolute rock-solid base point, we will build the “new you” that follows and unfolds.

The science of the secret doctrine is not built on a shifting house of sand. Self-knowledge that you feel and mentally understand is the only sure foundation of any true belief or solid faith. That small pinpoint dot of pure bright white light within that you identify with as you today. That one sovereign person you identify or call by your name will gradually know your radiant All-Self within your own timely chosen “end times” path within the entire planetary circle of our breathlessly beautiful Earth body.

Though not yet known by you, here stands the one gateway into the secret arcane doctrine. You must begin your journey into truth with this one absolute, unmovable premise.

The one Creator God Source is All That Is.

By Law, you become what you give your attention to. You are always becoming what you focus upon. You are focused upon All That Is. So now you have begun an enthralling sublime journey into immortal self.

God Source is all that is. God Source is you. God Source is me. God, Creator Source is All That Is.
For a few moments now pause and concentrate on and feel out the ‘I Am’ within you.

Have you ever done this consciously before? Try it now. Please do this brief but powerful rite for at least five full minutes often through the day (at least one time daily or nightly) in calm, silent seclusion.

In that light, the first sure-footed step of your grand journey into immortal goddess or god ‘I Am’ self has now begun. Bless your heart. We are One.
CHAPTER 2

ONE = THREE

To date, at this moment, you are certain only of your ‘I Am’ self. You are also trying to realize in your self-consciousness that all is ONE. To know of the concept of the Law of One is to eventually realize it; in due time this actual realization of awareness as the One comes to each of us in finely graded revelations. Each one of us has already moved up and outward in consciousness from that most minute point of life energy called an element or atom through molecular, cellular and organic growth. We each and all have journeyed in conscious self-awareness AS and through a unique form of the mineral, vegetable, animal kingdom to triumphantly stand here today as human beings.

NOTE: Even though we embrace animal forms, our human fourth kingdom is a specie apart from the animal third kingdom of nature.

Each major evolving “higher” step along the way has taken us millions of years. However, time is only important in terms of human plans and considerations. In terms of our greater whole unit of One, of which we are a lesser unit of One, time as we understand it does not really exist. The One is everywhere and always in space. At our humanoid level, awareness of time exists only as sequential linear patterns in our individual physical brain and collective planetary human consciousness.
It is only here where this falsely we hold this mass illusion by our in-forming mind that things seem separate from us, or it “appears” we are separate from all other aspects or living forms of the One.

Think it through. How is it possible to be separate from *All That Is*, so apparent in life within, below, above and around us?

The question eventually arises, “How does the One give the effect in our individual or collective human consciousness of our dramatic phenomenal 3-D life with its billions of apparently separated units of self-conscious individuated life ‘units of one’ like you, me and all the other myriad of seeming fragmented parts of this lovingly, securely and protectively containing ONE?”

In order to understand the seeming complexity of God, a humanoid must first study the simplicity of her- or himself. Then through mental tools of comparison, she or he arrives at a true knowledge of her or his divine co-creative ‘I Am’ *immortal God-self identity*.

You know yourself to be an outer being, and yet there is an inner point of awareness that can move freely in consciousness *throughout* your entire known or unknown outer frame world. You may call this your awareness of a higher self the “inner point” and your awareness of your outer being the “lower self.”

When you ponder this, it means you are now aware of 3-D *duality*. You know yourself as a “City Four
Square” unit of one with something above you, something within you, something below you and something around you.

That part of self—with that unity known as ‘I Am’ within you—is what we know, can and do identify and call out to All That Is as our very own unique, precious, sacred human consciousness and Being.

Therefore, in reality you are three in one. You are a higher self, a lower self, and that which you forever know as ‘I Am’—depending on where you stand in consciousness or time and space.

As a lower embodied human personality, you must—and do—rely on your higher two (soul and spirit) for your life abode sustenance and continual life maintenance.

As the One simultaneously multiplied and divided into a higher and lower self, then you can see or understand mentally HOW one and one became three. In that extension or expansion of the ONE Self, the One holding a “seeming” divided conscious still exists in observer mode as a singular or whole unit.

However, awareness was then only focused at an inclusive core mid-point between higher self and lower self, thus pure Spirit. At a tremendously lower and relative scale of existence, it is the same point that you call your own ‘I Am’ consciousness.
You, made in the image of your God Creator Source, dwell within your own tiny world system of your own undivided Unity.

Thus the Whole-I-Trinity (Holy Trinity), which all great world religions have discovered and acknowledged and what our Christian religion defines as Father, Son and Holy Spirit, came into three-fold Godhead being.

Substance, the Mother aspect we know or identify as Holy Spirit, provides a sheltering form for the Son/Daughter consciousness that our Father aspect of Creator Source life (pure God Spirit) gifted to it.

Any motion by any one of these three-in-one aspects immediately produces a variation, a change in each one of the “others.”

Thus when the three new combinations of the One Self extends further, we have a sum total of seven “Spirits Before the Throne.” Think it through. The ever present One Spirit centers and IS the now existing seven-fold Creation of All That Is, further extended, on and on and on, ad infinitum.

The mathematics and the geometry of Creation is always 100 percent perfect.

By Law, in this line of direction, the first ONE is also the last ONE. This immutable Law of Creation also applies to every unit of ONE between. Got that?
New ideas are worth pondering over and over again until fully grasped and clearly understood. “Above all, get thee understanding” was no idle admonishment by Jesus (Jeshuah Ben Joseph), who was a full-blown spiritual Adept when he spoke these words more than 2000 years ago.

Continuing our line and radius of thought, life within each and all three planes or levels of consciousness appeared. From that instant in the Eternal Now, the basic 3-D reality we recognize and consciously roam about in “physically” was manifest.

The three seeming separate units of the One life—being different—demonstrate a conscious ‘I Am’ self-state now as three different qualities.

From a different angle or perspective, each one of these now new manifest Major Three Aspects of All That Is can extend or divide into three. In turn, each one consists of a higher, lower and middle being—spirit, body and soul.

Thus, the three times three aspect outcome of spirit, body and soul are known in arcane jargon as the nine potencies and as the nine potentates in more modern day esoteric parlance.

Every form, by Law, must conform to the formula of one = three. You are mental, physical and emotional. You are spirit, body and soul.
Study this process in depth. In the next chapter, I will divulge how the *One in three* has made the quantum jump to become *The Seven*. Yet All is *One*.

One equals three and three equals seven. This understanding of Law will soon be the very solid and immutable foundation stone for all our future study and learning together of *the secret arcane doctrine*.

Reach in now to feel the thrill and the joy of understanding and embracing these towering ancient, yet ever so bright, shining new truths about our eternal life in human form.

Let us give thanks to Creator God for a sure, firm-footed start in your now rapidly unfolding understanding of the secret, self-empowering Laws of Nature and the mighty *Mysteries* of life.
Chapter 3

THREE = SEVEN

Now you are aware that self and the one God-self are One. You know that the One became the three-in-one by a division of the Higher Self, the Lower Self and THAT which stood between them. The questions “Why are there only seven basic divisions? Why not ten or one thousand?” perhaps then arise.

A true esoteric science is based on known arcane Universal laws. It must use a true mathematical formula in the same way that exoteric science does. The outer or exoteric is always a reflection of the inner or esoteric life, whether it is particle, an ant or a solar system.

Three equals seven because when the 1st, 2nd, and 3rd Aspects of the One are illustrated as a formula, by Law they make up a maximum of seven possible combinations. See and “work it” mentally or with pen and paper.

When the 1st Aspect, or Father, is designated as A, and the 2nd Aspect, the Son, as B, and the 3rd Aspect, the Mother, as C, we have a primary one whole formulation or an obvious and simple ABC formula.

We also know from the Law of Three that any variation in A, B or C will produce something different throughout all of ABC.
Unequal amounts of any one of these three primary or major aspects of Creation will give a unique and different formulation to the other two primary aspects of Creation.

We find there are only seven possible minor variations made out of ABC.

1. ABc
2. ACb
3. BCa
4. BAc
5. CBa
6. CAb, plus
7. ABC, the primary ONE, which began as equal amounts of all three.

If you study the breakdown of the above formula you will know with certainty that the inner science is the source of the often distorted reflection of the outer sciences of modern day.

After the initial, major three and minor seven simultaneous holographic multiplication and division of the ONE, an infinite number of minute extensions and expansions of the ONE unfolds through eternity and infinity. Here again, within the whole of the above graphic picture I painted for your mind of All That Is, you can perceive the THREE prominently displayed in a major, minor and minute form aspect.

See how simple the Law and Creation is?
Note: this brief explanation of why $3 = 7$ will also be illuminating as to why light, which is the first real exterior or outer manifestation of Life, appears in our perspective as a spectrum of *seven* base colors, *red*, *blue*, *yellow*, *orange*, *green*, *violet* and *indigo*.

In Creation, as would be expected, there are three *primary* colors and four *secondary* colors. These major seven rays of light or color are the true subtle reality of life in form.

Once known, we are again able to know and read their qualitative aspects. We are then able to read whatever form of life that engages our attention at any time in The Eternal Now.

My trained ability to do this enabled me to teach an accredited psychology course in *The Seven Rays* at the University of Humanistic Studies in San Diego, California, USA, in the mid 1970s.

Average people deal in linear fashion, eye-to-eye, at surface level. These are the gross appearances, which are merely the *garment of creation*, God's third aspect. This is only one part of reality. If you give thought to them and assimilate these thoughts, by the time you are finished with this section of the book you will be thinking more in terms of energy and less in terms of appearance, and much more from the subjective or *second aspect* of reality. All energy arises or stems from the inside to the outside. Left to itself, the outer shell or material aspect of any and
every thing must in time fully disintegrate, vanish or what we term, DIE.

The inner life will have more meaning to you when you know *it is there* and what a divine gift you have received. You will begin to understand more and more. While others around you are dealing with *effects*, you will know the *causes* and you can thus deal directly with inner causes rather than the outer appearances.

Better yet, as you learn more and more of Universal Law or “the secret,” you will stop focusing on the perceived problem and choose deliberately to give your precious life energy attention to the solution of it instead. There is nothing you cannot BE, DO or HAVE.
Chapter 4

THE COSMIC PHYSICAL PLANE

The following chart of the Cosmic Physical Plane gives you a mental image in terms of vertical dimension.

THE SEVEN COSMIC PLANES

Dive
Monadic
Spiritual
Intuitive
Mental
Emotional
Physical

Commit these 7 planes of consciousness to memory. You live dominantly in the conscious range of one of these planes now. Do you know which one?

The chart illustrated above is a symbolic way of showing the seven distinct localities or areas of consciousness available to every 7-D atom of existence. Awareness to all seven states of consciousness is latent in every form containing all its life principals. The human being, when fully developed, operates on the lower four planes of awareness. Humanity as a whole is not totally developed and is in fact just leaving the astral plane and awakening to the mental principle.
Nevertheless, here and there we find those unique individuals who have sped beyond the masses. Through dedicated self-study, resolve and self-discipline, they have mastered the various degrees of initiation and tap the intuitional and spiritual planes of consciousness, as well. When man (or woman) controls a plane of any level in full waking consciousness, then he is technically an initiate of that degree. More information on this is in the chapter titled “The Initiations.”

Since all planes overlap and blend, there is no distinct line of demarcation between one plane and another. In the mind of the approaching form of life, there is only a gradual awakening to another focus of the ‘I Am’ center. The man who is engrossed in his physical drives lives on physical levels. Naturally he identifies with his environment and others at this level. He is simply aware of none other. In Lemurian days everyone except disciples and advanced Initiates functioned almost entirely at this level. Today this is a rarity and applies to only the most animal-natured types, such as the most depraved of slum dwellers among civilization and a few rare uncivilized savages.

The person who lives focused on the emotional plane has no true control of his passion and is a prisoner at that level. On the other hand, the individual who lives on the mental plane may be above the delusions of the emotional plane but is easily entrapped by the illusions of mental life. Only the man who lives totally in his higher
head center as a soul who taps the intuitive plane is master of his three-fold body beneath him.

Each plane that we can individually detach or disassociate from and rise above in waking consciousness gives us another higher plateau of freedom and true self-control.

From the above chart, you can see how line of direction in terms of up and down or vertically indicates where we stand in consciousness horizontally. Every elevation to a new level increases our ability to survey a broader and more dimensional view of reality. Since we add dimension to ourselves by self-study of both esoteric and academic sciences, consciousness is the only reality that we know while in form existence. It is thus important that we broaden and deepen it. In practical terms, the only way to wisely approach and interact with anything or anyone is from an *inner* or esoteric perspective.
Chapter 5

THREE BODIES OF MAN

We know that every form has three major sounds: tones, notes or vibrational aspects. In humans, these three reflections of the One are the physical, emotional and mental bodies. In discussing bodies we must remind ourselves that body is only a word describing a coherent aggregate of energies. So, a body of emotional or mental energies is just as much a body to the “indweller” of the form who holds these three bodies together as is his or her physical body.

Whether man is aware of it or not, what he designates as a dense or hard substance is simply light energy modified into a flexible, but temporarily rigid form or structure. All formed and formless aspects of life in our phenomenal world are energy, more or less, and of some type or quality that makes it unique compared to other individual energy patterns. The physical form difference between males and females is a striking example.

The mental body of man is the corresponding reflection of the first aspect of the God or Creator that gives substance to his being. Our particular God is the Planetary Logos of Earth “in whom we live and move and have our being,” as our Christian Bibles have termed it. Our mind is the repository of intelligent direction, of will and purpose on the physical plane. It provides us each and all with a link, a strand of communication with the
plan of our God Creator as **All That Is** works out the planetary purposes on the body of our Earth.

The emotional body of man is the reflection of the Second Aspect of our Planetary Being. It provides us with a vehicle of contact to His love energy, that peculiar energy that attracts and holds all units of life together into a coherent sustaining and nurturing whole. This love energy embodies the fire of desire and is shown in duality as attraction or repulsion, of love or fear. Depending on which polarity—love or fear—that this fire burns will be the extent of our motion toward or away from the heat of the moment. This is literally the Law of Attraction at work within us.

The physical body of man is the reflection of the Third Aspect of our Logos. It provides us with a dense vehicle of contact with the relative gross physical forms of other units of One in phenomenal manifestation.

The Third Aspect of any being in life is always the lower etheric, gross physical sheath or husk that houses its being. This is the prison house most human beings identify with or relate to until they awaken to the Second Aspect, the soul within.

*You* are not your body!

In all three of these cases, the form is simply and intentionally a limiting factor, a boundary line or self-contained field that provides a defined area in time and space for self-development.
It follows therefore that in the natural evolution of man he first became aware of his more obvious, hard or dense physical body and environment. He responded primarily to his physical appetites, such as food, shelter and self-preservation. In time, after much experiment and much experience, the emotional life of his body of energies awakened. Man discovered areas of feeling, and personal care. The lower herding instinct merged the fires of love and sex into his being. Soon the new desires, astral images and sentient impulses created a whole new dimension of consciousness for man. This followed by vision or sight on the mental plane.

Now the average person sees past, present and future and uses to some degree all three of the bodies as an integrated unit while pursuing his or her individual or group destiny of our One Humanity on Earth as a whole.
Chapter 6

**THE ETHERIC CENTERS**

Since all things spring forth into material form from the One, then all things are connected to the One. The major seven etheric or electrical centers of man are simply the points within his unit where more lines cross than anywhere else. In comparison, the center of a city is that main crossroad where more energy is congested because so many lines of traffic meet at that point.

The same principle applies to our human centers. Each center is a focal point where incoming and outgoing energies of a certain type or color qualify our life expressions.

The two most important centers are the head center and the center at the base of the spine. These higher and lower centers represent the extreme opposite polarities within our being. The spirit aspect is demonstrated through the head center and the matter aspect is demonstrated through the center at the base of the spine.

There are three centers in the head, but the highest is located in the region corresponding to the pineal gland. In fact the pineal gland is the exact physical counterpart of the etheric head center that sub-stands it. In descending sequence we have one more center in the head, the ajna center, corresponding to the pituitary body, followed...
by the throat center, solar plexus center, sacral center and center at the base of the spine. Not only these seven major centers but also all the minor centers of any body have a glandular physical correspondence, as noted on the following chart.

**CHAKRA CHART**

<table>
<thead>
<tr>
<th>Etheric Centers</th>
<th>Counterparts</th>
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</thead>
<tbody>
<tr>
<td>Etheric Center</td>
<td>Physical</td>
</tr>
<tr>
<td>Head Center</td>
<td>Pineal Gland</td>
</tr>
<tr>
<td>Ajna Center</td>
<td>Pituitary Body</td>
</tr>
<tr>
<td>Throat Center</td>
<td>Thyroid</td>
</tr>
<tr>
<td>Heart Center</td>
<td>Thymus</td>
</tr>
<tr>
<td>Solar Plexus Center</td>
<td>Pancreus</td>
</tr>
<tr>
<td>Sacral Center</td>
<td>Gonad</td>
</tr>
<tr>
<td>Base of Spine Center</td>
<td>Adrenals</td>
</tr>
</tbody>
</table>

Another important center of our body is the *spleen* with its physical counterpart. There are twenty-one lesser chakras or etheric centers, and gradually on to hundreds, thousands and finally billions of lesser centers to the center of the most minute cell and atomic particle of our being.

The important point to grasp is that the greater center of which it is part controls each lesser center. The lesser
is always controlled by the greater. This is an immutable law. Think it through for yourself. Doesn't it make perfect sense to you?

As above, so below! And the spinning vortices of energy we call centers in our human system are an analogy to the centers of energy spinning in the heavens above us. Whether human, planetary, solar, cosmic or lesser, all are wheels within wheels, like some gigantic timepiece or a living clock that contains the rotating pulse beats of eternity within it.

The beauty of this latter vision is that everything is in complete synthesis. The most significant atomic particle is a wheel connected to all the other wheels, and is therefore important in the progress of the whole.

Every center, and its outer form have come into material existence through the basic law of 1=3=7. Thus, all are connected to the One source and every center has contact with the seven basic energies of life and potentially can contact or be contacted by a strand of any one of these life qualities by another center of life around or within it.
Chapter 7

ENLARGING OUR VIEW

The constant effort of the disciple (one who disciplines, orders and directs his inner and outer life) is to increase his ability for conscious expansion. The initiate ever works from the general to the specific. Understanding details comes when the small details are fitted into their rightful place in the larger whole. The student (and all of us up to the Christ and beyond are) who often lifts his gaze above his surroundings is quick to “size up” any situation. Knowing the true structure of his environment, he can tell at a glance both the origin and the destination of those energy patterns that influence his life.

The secret of gaining proper perspective is to note the two great extremes of the world, the micro-small atom of our physicist and the relative macro-large atom of our universe itself. Exiting between these mighty extremes are the endless spheres of atoms that make up all phenomenal manifestation.

And to keep our perspective correct, there is no reason to restrict our size of atoms to these currently known boundaries. In time, we will find smaller lives within our atoms and larger universes. The known universe has expanded many times in the last few centuries. It is all a matter of refinement of our mechanisms of contact.
As we enlarge our view, an important point to grasp is that this continuity of existence extends from the smallest wheel or circle of force to the largest wheel with mathematical and geometrical order and precision.

Only from the lesser point of view within a smaller atom of existence is our understanding of the ordered Cosmic purpose hidden, for the greater purposes are hidden within the mind of the immediate God of our being.

In turn, our Planetary Logos is governed by the great Solar Being, with his purpose in mind. The Solar Logos again follows the orders from a great Cosmic Being and so on to infinity. Stating this another way, first THE GREAT THINKER who stands behind the total universe ordered his lesser lives into being. Each of these lesser lives, atoms or wheels succeeded each other in descending arcs of mathematical precision. Consequently, each newly generated being is one link further from the ultimate TRUTH of their being.

Each step farther away from the original light of generation increases the apparent darkness of the “indweller” within the confining sphere as to its position in the scheme of things. But one thing stands eternally clear; each atom of existence from the lowest to highest embodies God. We are all Gods within. Gods within GOD. This is the esoteric sum of All Creation.

Any particular One God who is known to us at any time is the One who embodies the furthest expansion of
our consciousness. Yet, through self-expansion, each one of us has moved laboriously through the eons from one state of Godhood to another.

No atom or circle of the One God's being is ever totally lost from His nonexistence. All phenomenal life returns eventually back to its source. This is what the story about the prodigal son who left the security of his father's house truly means. Eventually, each point of life arrives back at the Ultimate Frontier where it becomes THE GREAT THINKER in whole again.

Meanwhile, back on Earth, every time that we stretch our minds into larger concepts we build more etheric DNA matter into our brain cells. Abstract thinking really means that we intentionally abstract or pull new ideas, pure virgin etheric thought, down into our physical brain computer-like consciousness.

By enlarging our minds we learn to become group or planetary minded, solar minded, and eventually cosmic minded. Though it may be a long while before we are able to personally know the specific purpose behind cosmic or solar existence, we can begin now to raise our understanding to know or to realize our Planetary Creator's purpose.

Every effort to build up and build in etheric images of more known truth, a fuller grasp of reality, trains us to see things in greater and clearer perspective. Each little picture is a window that reveals more of the big picture held eternally in the mind of our God.
SECTION TWO

THE SECRET SCIENCE OF ARCANE DOCTRINE
Chapter 8

THE SCIENCE OF OCCULTISM

Occultism is the science of life. It is the study of natural laws and forces in their general and particular energy relationship. In time occultism will gradually include and occupy most of the scientific minds of our time. That time is nearer than you think.

The laws of modern science constantly become more abstract. Our scientists have discovered that all matter is energy. Everything in manifestation is essentially vibration and wavelengths.

As the laws become more abstract, science probes deeper physically into more abstract ends of being. The radio telescope expands our insight into outer form, while the electron microscope reduces our material existence inwardly.

The net result is that we deal with more space and less substance. Whether in new worlds of exploration inside our atoms and molecules or within galactic fields of outer space, the two-in-one world moves closer in terms of humanity’s physical control.

The occult law behind these movements in science is that as we eventually realize and grasp the theoretical idea behind anything, we gradually precipitate it into physical being. We bring the life behind that idea into
physical touch and then gain control of it. People give their ideas concrete energy, which soon take form and display a gross physical expression on the physical plane.

While modern science is stepping forward into the realm of occultism, it is limited because it is used to dealing exclusively with the specific. Scientific research has been dictated by the analytical faculties of the concrete mind. We have mistakenly searched for our secrets of life within the shell of the physical structure itself by persistently dividing and redividing it.

This process works and is right and true as far as it goes. We can isolate specific germs through this process and reverse the procedure by making up a general serum that will cure a particular disease. But in science and its byproduct of medicine, the technique has been aimed at the effect or disease itself. There is no arguing that remedial action is necessary for all present ills, but the cause of these ills is rarely the study of science.

By pinpointing the cause, we anticipate and control disease by fore-action rather than hindsight. This is the occult method. The occultist is the self-trained individual who deals with the myriad of complex human-made laws in their true simplicity. The occultist is the true scientist.

The occultist knows that what we call sickness in any form is simply the result of too much or too little energy flowing through the etheric or electric centers behind the hard shell of the form. Therefore, the answer to any specific illness is to increase or reduce the flow of energy
to the etheric centers controlling the afflicted area in the form.

Medicine unknowingly follows this concept and aims at bringing balance back into the ill body through curative techniques aimed at specific areas. But the doctor who deals with the dense physical body, the outer shell is limited; he or she treats only effect. The disease is merely allayed because the cause has not been treated, allowing the disease to rise again.

According to esoteric science, the etheric centers create and correspond to the physical glands. As endocrinology becomes an advanced science, the power of the physical glands to galvanize the body into certain unique patterns will be recognized and subjected to conscious control. Sickness of the vital and dense physical body will then be a rarity. Dr. Shafica Karagulla did a great deal of scientific experimentation in these areas. In her book, *Breakthrough to Creativity*, she relates her seven years of experiments with two trained psychics who were able to distinctly see the etheric bodies and centers of her patients. Everyone who is interested in occult science should make reading her book a must on his or her list.

The esoteric is not the study of psychic phenomena and supernatural things. These are the byproducts of occult study, never the central focus of the true occultist. The esoteric student is dedicated to the study and control of the basic laws of life and being.
Magic is a facet of occult study, for the laws of nature are waiting in latency for each of us to discover and wield for ourselves. The occultist studies and applies the underlying natural laws. He or she masters techniques of how to offset the offending law of limitation like using the Law of Love to overcome the Law of Karma. White or black magic gets its name from whatever governs the motive behind each use of personal energy. Both the white and black magician make use of natural law, but toward opposite ends.

*The Secret Science* teaches that there is only One Life divided into three aspects, as known, revealed and taught by all the major world religions.

These three aspects are blended into seven possible major rays of light, colors, or primary energies. We will get further into this subject in the chapter on the seven rays.

The esoteric has no sectarian boundaries or limitations. It includes members from all religions. The secret science of the ages opens its door to no one because he or she belongs to this or that fine organization and recites this or that great authority.

The secret science springs from behind the very night of time itself. The hierarchy of spiritual beings who came to our planet over seventeen million years ago brought this arcane knowledge with them.
Even if it is passed on to him or her by a high Initiate or Master of Wisdom, no true occultist accepts any teaching until it is a tested and proven as truth. The occultist remains only willing to examine the facts and be continuously open-minded. No occultist should accept what I write in this book and what you read at this moment, as anything more than interesting ideas to be explored and tested. What truth exists in the words anyone says or writes will be tested in the furnace of time. Truth cannot be destroyed. Truth remains forever etched in the skeins of reality. It is there in some degree in your words and mine.

Those who have the eye to see, the ear to hear and the hand to touch, will find truth every way they turn. I earnestly hope these inner faculties will soon awaken in you and that we may touch and hear and see together.
Chapter 9

WHAT IS SELF?

Self-cognition is latent and developed to a degree in every form that contains all of its life principles. There are seven principles or levels of awareness, three major and four lesser. When all of its principles are intact, every form is a seven-fold self-unity.

To be a self or self-aware, a unit of life must be contained or of a limited form. Thus it is self-defined that a definite existence within certain boundaries, limits or rings-pass-not. This Law of Limitation applies from the smallest to the largest unit of energy, force or life, from the God that informs a hydrogen atom to the God that informs the entire phenomenal universe. Conversely, all fully principled forms no matter how small and simple or large and complex contain some form of awareness of self; that ability to know itself as the “I”, a point or center of its own unique world.

For the purpose of our discussion, the human unit deals with three states of awareness, either latent and undeveloped, or potent and functional. These states can be called subconsciousness, consciousness and super-consciousness.

The three kingdoms of nature beneath man–mineral, vegetable and animal–deal with self-awareness in subconscious fashion. Man functions subconsciously to
the degree that he functions in his animal nature. The physical energy mechanism that we call instinct is what propagates and prolongs the life and physical experiences of the evolving unit within the form, whether ant, anteater, animal, man, gene, rock or tree.

Only within the human unit is the mentally self-separated being able to disengage his nature in full waking consciousness and self-awareness from all that is around him. Man is the only earthly creature that works with the illusion of time in such a way that he invents terms to divide it into past, present and future. In ordinary consciousness he perceives himself as the center of the universe and momentarily loses his awareness as the ALL. However, when man regains his perspective, in the true light of being he moves once again into his Greater Self and thus knows what we call the state of super-consciousness.

These three worlds of awareness are reflected in every system of evolution. Man utilizes them in the lower world of his life with his physical, emotional and mental bodies or natures. Our Planetary Being utilizes the human personality, soul and spirit to develop these corresponding states in Its awareness. The Solar Entity utilizes the planetary soul, the planetary spirit and Its own Logic source to develop corresponding higher stages of self-awareness within corresponding fields of energy in its limited system. The Cosmic Entity works likewise in Universal fields with three corresponding states of
self-awareness, and so on up to the Causeless Cause Itself.

As each tiny fragmented portion of the all comes into being, it moves first out of the invisible all-thing, which is no-thing to human sense or sight. As the first impact of energy strikes its being, the thrill of life tingles and thrills through it. Where does this first impact of energy come from? It comes from a preceding phenomenal world. Worlds continually move in and out of being.

As soon as several impacts have registered subconsciously against its new being, a center where the lines of vibrational impact converge and meet most forms itself into “I” awareness. It is the growing sense of consciousness that is finally able to separate time and space into cause and effect relationships.

No matter how slight the vibration or electric impulse stored within that center, once integrated into a unit of self-consciousness, that unique fragmented Part of the All knows itself to BE through time immemorial. Its forms will vary consistently, and depending on which of the seven main phenomenal streams of light that it birthed upon, so will its dominant note be sounded. Its tone will sound stronger and stronger as it works its way up through every kingdom in nature until it knows itself once more as the All; only this time, the unit within the ALL has won the valuable prize of self-identified, self-expanded self-consciousness through eons of self-initiated evolution in time and space. A great exchange, considering that only pure spiritual un-consciousness
existed before the circles or cycles of time began its phenomenal existence.

From the most minute force field in science up to the extremely complex human unit, the growth process is subconscious. The indwelling point of life reincarnates through every kingdom of nature and through every grade of self-being within that kingdom. Always, there is a ring-pass-not that separates the integrated self-aware unit from liberation into the next greater field of growth and play, at least not until it is matured enough to make the new transition. When the human being achieves self-mastery or Initiate consciousness, he makes these transitions at will.

No matter how often the wick of our existence, the sum of our previous being at any time, is snuffed out at death, it is constantly relit and the flame of self-awareness burns bright again until the materials we have gathered for that day are again drawn into the nethermost regions of eternal being. Night, or death as we may call it, is one of the most familiar experiences of our long existence.

We die out of consciousness from our physical plane sense of awareness every night during sleep. The thread of consciousness that connects us to our physical brain is consciously withdrawn by the soul. We are connected to our physical body only by the vital thread of energy seated in our heart center. Thus we wander the astral or mental worlds in dreams and visions. When the mechanism of soul, mind and brain properly align, then
sleep is a self-conscious means to explore the regions of awareness normally expanding beyond our daily borders of time and space.

In some form, self-awareness always is! We are all endowed with it. This conscious flame or point within us never dies. We are immortal because we are the All in temporary fragmented part.

All the Masters, including Jesus, keep reminding us that we are gods. We are Gods. God resides at the center of your Self-being. May you find and recognize that Great Self soon, and my most ardent wish is that I may be with you in the midst of your great glory and joy. Peace be with you, for I am part of your self.
Chapter 10

PARADOXES, THE SECRETS OF OCCULTISM

You must lose yourself if you are to find yourself!
You lose what you hold and gain what you give!
Such are the paradoxical truths that open our inner doors of consciousness.

It is interesting to note that the student of higher truth finally leaves the circle of concrete thought and enters the abstract world, and there he discovers the Law of Paradoxes. This is vital to his or her success. Each step into occult dimensions acquaints the diligent seeker with countless new laws of nature, such as the Law of Unity, the Law of Attraction and the Law of Synthesis, to mention but a few. These new laws are to the student's new state of awareness what the Law of Gravity is to the child when he or she first discovers this bright revelation.

New truths are initially unveiled to the advanced disciple in the form of occult paradoxes. He literally finds his higher self (the soul) the moment he loses his intense preoccupation with his self, his three-fold personality.

Then and only then do any of us find out who and what we really are. We are no longer blinded by the material identification of the past.
You gain what you give and lose what you hold, for the Law of Compensation and the Law of Continuity or re-birth make old things pass out of existence and new things to be born. In a new state of birth we are re-given what we have given before, and what we have held in the past is withheld from us in the present. Two other laws, the Law of Motion (which keeps all the worlds turning in ceaseless flux) and the Law of Relativity keep us grounded to earth and balanced to our former state of existence.

Long ago, as obedient souls, we obeyed the injunction of the Lord of the World “to descend into matter.” We then involuted into the material form of animal man. You and I are the “fallen angels” who through this great sacrifice of descent are lifting or regenerating the life of substance (or matter) into higher being. The learned student of the occult knows that “matter is spirit at its lowest point and spirit is matter at its highest point” for the Law of One governs all being (or un-being).

By an in-depth study of paradoxical phrases, the occult student gains insight (a very esoteric word) into new areas of life. Yet, everything is already! The entire body of the One waits patiently for our recognition. The entire process centers on identification. It is completely up to our individual or group soul to find as much of reality as we can lose ourselves in. We must learn to identify with the soul of things, to be at one with the eternal inner life, not the outer Garment of God or His form.
A penetrating study into paradoxical phrases will open up whole new dimensions of thought. Our forward progress in evolution is in equal ratio to our degree of insight. This kind of degree beats any college degree by any name.

Here are a few eye-openers or mind-expanders for a start. What do they mean to you?

**Paradoxical Phrases**

Move forward by the art of moving back!
Learn to love by not caring whether you evoke love or not!
Face yourself by turning away from yourself!
In bondage to the concept of freedom
  Freedom is responsibility!
Be strong by rendering your personality weak!
  Attachment through detachment!
  Detachment through attachment
  Isolated unity!

Your ability to delve into the heart of these and countless other esoteric statements will determine your own depths of success. All forms in the time-space world (there are other worlds) can be read from seven occult lines of direction.

One: synthetically, as a whole.

Two: two major lines of direction, outwardly or inwardly (represented vertically on the cross, up and down).

Three: from four horizontal directions (represented by North, East, South, and West).
The last four approaches to reality are a blend of the first three major lines of direction. Eastern approaches as to truth are more concrete (representing the lower pole of the cross).

The North and South approaches are represented by the horizontal polarities of physical manifestation. The positive and negative approaches to life are their Correspondences.

There are Seven Planes of existence and Seven Rays of life, as you are discovering. The unending combinations of co-existence between these two major aspects of the One produce the countless veils or forms of life in time and space. The key to understand (stand under) the meaning of any of these forms is hidden in a paradox; to go forward, move behind. To open the future, close the past. Humble yourself and all the glory will be yours. Such is the paradoxical pathway to the stars, to “life more abundant.”

I leave you now with one more pregnant and paradoxical thought, phrased as a personal wish for you. May your lower life wither and die so your higher life may live and flourish.
Chapter 11

THREE-DIMENSIONAL MAN

Lower man is composed of three different energy bodies. As a rule he consciously lives, works and plays in three co-existing planes of consciousness. The exception to the rule is the man who has raised his level of awareness to the fourth dimension, the Intuitive plane where time is transcended. The three bodies are the mental body, the emotional body and the physical body.

The three lower spheres or layers of energy are the mental plane, the emotional plane and the physical plane.

This has been the ABC of occultism and has been taught to students on the spiritual path for eons. In our present age (for some time now) this information has been withheld by the hierarchy from the masses and is available only to disciples training in the Mysteries.

There are two reasons for the hierarchical decision to make this knowledge public:

First, average man is starting to focus or live in his mental body and therefore is able to understand more abstract concepts.

Second, because relatively speaking, many people are beginning to develop etheric sight. They are able to see with their own eyes the three energy bodies.
surrounding, interlacing and interpenetrating all forms of life.

My own outer plane Master, Djwhal Khul, in a book written telepathically over forty years ago, prophesied that proof of these three energy bodies would be forthcoming publicly. This would take place when certain advanced clairvoyants and doctors started experimenting together in earnest about the three-fold etheric structure of man. That prediction, I am happy to say, has become a concrete fact.

If you want to read more about it, refer to Dr. Shafica Karagulla's book, *Breakthrough to Creativity*. In her book she reports seven years of constantly checked, rechecked and thoroughly documented work with two extremely accurate clairvoyants. One of these psychics distinctly saw both the three bodies and the seven major etheric centers. This brilliant doctor, an M.D. with many honors, kept careful records of the higher perceptive faculty of these two clairvoyants to see and diagnose the ills of these three bodies. At first a skeptic, she became a zealous worker in this highly important new-age science.

All is energy in some modified state, whether we call the form a rock, a violet, a man, an atom or a quantum. The denseness or rarity of any energy body is merely relative. All forms are alive and interact. If the response mechanism in any body is capable of registering the impact from an intrusion of another body, then the “indweller” of that form will be aware of it.
Our three bodies of contact on the physical plane each have an evolutionary function of their own. They are tools, equipment that the real inner man has built through the eons. Each one has been patiently evolved. All three have been developed and redeveloped until today they represent the wonderful response mechanisms that we each control individually on the physical plane. Each one of these bodies was sensitized through a different triggering agent.

The physical body used instinct to learn good from bad. This is the intelligent energy in matter itself. The memories of past experiences are lodged in the atomic body structure and molecules themselves. Racial and national memories are inherent in our molecular substance.

The emotional body used feeling to separate good from bad in its environment.

The mental body used mind or intellect to develop its range or field of contacts.

These three qualities (A. instinct, B. feeling and C. intellect) are the three forces that average humans work with in life today.

On the other hand, the aspirant to spiritual truth awakens to an entirely new force field called the intuition. It is at this point the 3-D human becomes fourth dimensional. He is no longer limited to impressions and contacts in the three “outer courts.” Instead, he starts
responding to soul force and gains insight into a whole new higher dimension of existence.

There he discovers the scientific basis to brotherhood, for all souls are clearly linked one to another in pure love and common purpose. Time, normally handled in sequential cyclic patterns through the physical brain, is no longer restrictive. In the plane of the soul, the past and the future link together as the One Eternal Now and may be read by the trained occultist like any wide-open record.

Three-dimensional Man is gradually becoming fourth dimensional. Man collectively and individually is slowly growing aware of a larger sphere of influence. He continually breaks down the old barriers and illusive veils between outer and inner space and himself.

As centuries pass, 3-D humans will be a rare and strange oddity like primitive tribe members in some South American jungles are today because 4-D humans will be prevalent. These new humans will already be busy opening up the fifth dimension, or Spiritual Plane.

It is definitely a good time now for all of us to examine our own equipment. What kind of response mechanism do we usually deploy? Are we sensitive or insensitive to the inner world of ideas and of the soul? Will we continue to function as animals with personalities or will we learn to become a true human being, functioning in, as and through our soul? Will we
be aware of and exist for the most part in the fourth dimension?

The true human kingdom is the Kingdom of God on earth. It is definitely our souls that make us human. Otherwise, we are merely animal man. The Master Jesus, who was well trained in the Mysteries, meant every word when he said, *know ye not ye are gods?*

Do you know that you are God? I am and so are you! And we must show the world that Gods, not animals with creative intelligence but closed minds, walk the face of earth. The Christ is coming, be sure of it! He is already partially expressing Himself through you and me. Shall we let Christ all the way in, out and throughout our human being?
Chapter 12

ONE, THE ROOT OF ALL THINGS

The unit One is the foundation block of all existence. The astounding thing is that it was the mystical mind, not the scientific mind, which first grasped the concept of world unity. Anyone searching far enough is able to prove to his own logical conclusion that all life springs from one source.

The scientist discovers that every part of existence belongs to a whole. It is also apparent, if he carries his research far enough forward, that there is an eternal organized progression of parts and wholes in the universe. And if he persists toward some final equation, he discovers that each whole is a succeeding member of another whole in endless succession, ad infinitum.

In other words, he can never proceed beyond one circle of progression without encountering another. At last, he realizes that existence ends—so called—at the limits of One.

All is One, but that one (during phenomenal life) has dual aspects. It is objective and subjective, material and ethereal, Body and Spirit, comprising one, vast colossal universe.

The Law of One, however, demands that that very form, whether tangible or abstract, singular or complex,
has but one controlling point of power at any given conjunction in time and space. To rephrase, the combined heat of all the parts of any form are focused through one conscious or unconscious point. The “many” within the “one” are subservient to some degree to the focal point of that form. Figuratively speaking, this is the ‘I Am’ that seeks to preserve selfhood through coherency and supervised organization. In the lower energy mechanisms, the five words that express the life within the form are identity, intuition, intellect, feeling and instinct.

It makes no difference whether we speak of the life of a human being, or the life or half-life of a gram of radium, the principle remains the same. Every form has a single, root source.

Starting from any point (form) in the universe, the point emerges into identification with larger and larger successive wholes.

It is obvious that size has no bearing on this Law of Eternal Progression. Life, the Eternal Pilgrim, embodied in form after form moves ever forward until once again the total realization of all the parts of the whole is ONE.

In mathematical terms, the formula that depicts the relation of any whole to the succeeding part is stated:

\[
X \text{ PLUS ONE} = X \text{ ON THE NEXT PLANE}
\]
Here, X stands for the integrated life force, the whole, at any magnitude. The one is the entire new level, or plane upon which X stands.

Once added to the One, X automatically raised into the next dimension, where once again it starts the long onward, upward march. And so again, it is only an individual part of a now greater unit.

In another quick example:

\[ X + \frac{1}{4} = X \text{ on } \frac{1}{4} \text{ of the next plane} \]

In this case X has gained control over two whole magnitudes of life.

In esoteric mathematics we learn that as the One divided, in the resulting duality the One simultaneously also occupied a conscious middle position, therefore being three-in-one. These three aspects, in all possible primary combinations, equal seven. Consequently, all planes, degrees, sub-planes and so forth extending into the infinite—yet paradoxically, always within the one—are divisions or multiplication of the One. It all depends on where you stand in the City Four Square, whether you are looking up or down, inward or upward, right or left, forward or backward, inward or outward.

Our academic body of mathematics today is in constant pursuit of the infinite magnitude of divisions toward zero, toward no thing; or, using multiplication, toward the every thing of the One. Yet, it is clear that
half is always a half with a smaller but equal half ever remaining. On the opposite pole, any unit doubling itself is always the unit doubled, yet the unity is One. Only the magnitudes of existence are doubled infinitely.

Here is another paradox. It is apparent that if the doubling of the unit occurs only within the unit of one, then division, not multiplication, paradoxically takes place. This is esoterically the turning of the wheel upon itself.

Also:

\[1 = 2n = 1 = 3n = 1 = Xn = 1; 21/2 = 3 1/3 = X 1/X 1 \text{ is One}\]

Dividing and doubling are constantly occurring within the unit of one. The occult definition of this dual process is called involution and evolution. Once the initial direction or wave is imparted through the whole, only the parts are personally involved in the long process of dividing and doubling.

The many “points” within the whole are “born” within the magnitudes of the many divisions. This motion of dividing the one life into many points of life is known as involution. The reversal of this process, the motion of a fragmented life toward greater and greater wholes—in magnitude only—is evolution.

Modern science has limited this term to a one-pointed focus on the form side. This is the exact reverse. First the life itself emerges, clothing itself with denser and grosser
sheaths of substance until it arrives out in the physical plane. Consciousness always precedes 3-D form manifestation. It is the life within form that is evolving. As consciousness changes, the forms or species change.

One is the foundation of every aspect of life. A differentiation of its parts is acknowledged only in time and space, and then only mentally, not actually.

In the Eternal Now, where the Eternal One abides, no division in time and space is known, for the Divine Whole is ALL, even when existence, with its vast differentiation of parts, is manifest no more.
Chapter 13

**The Science of Meditation**

Meditation covers many processes. Through a science of meditation, we gain live contact with subtler planes of dimension than we are aware of ordinarily.

Thought is the most subtle type of energy within our conscious control, and we are always seeking to control it more. We are constantly searching for ideas to express ourselves. And an idea is simply thought from higher, more abstract dimensions of awareness than our particular posture of consciousness at any given moment.

What we call the mind is merely a bundle or sphere of energy that anyone of us is holding within our aura or energy field at any specific time in space. As the substance—subtle mass—of mind is modified by us through an act of will or desire, the intellectual process forms energy patterns that will register in our physical brain as thought-forms, or visual pictures. These may be literal or symbolic. In any event, the lower hemisphere of mind that makes contact with our physical brain now works with a concrete thought-form, opposed to the previous abstract and nebulous formation of subtler mass that began formulation as an idea.
The train of descent of what we might call the Will of God into material manifestation may be depicted by the three words; idea, ideal, idol.

The ideal operates at a lower vibratory level than the idea and is at a higher vibratory level than the idol.

First, the idea for some sort of physical expression is registered by mind. As soon as the idea registers emotionally an ideal come into being. When the flame of desire burns strong enough within the living furnace of a certain human being, group or nation, that ideal becomes more and more concrete until in due time it is an actual 3-D form on our physical plane of earth.

And as long as that form, now thoroughly embodied in a rigid construction serves the idea maker God or God's co-creator (humans on the physical plane), then it is good.

However, when the embodied ideal is gradually lost from sight and substituted for the reality, then it becomes an idol in the true sense of the word. To worship the form is known as idolatry.

Money in dollar bill form is a good example of this three-step-down transition. The idea of using something of lesser bulk with an equal or fair trade in value to barter and exchange the substance of the world is good, both as an idea and as an ideal.
However, when it becomes an idol and is worshipped as the source of God or the source of good, then its original value and meaning in the economy becomes debased in the real meaning of this word.

Meditation is a fantastic tool that will build our inner visions into outer realities. You have often used one or several processes of meditation simultaneously. If not consciously, then unconsciously, because your best ideas in business, work or play came to you through meditative posture, whether by design or by accident.

How can you gain a conscious use of this tremendous storehouse of vital energy from which all dreams and visions are made? The answer is through a formal meditation technique.

If you want to get the real sense of what is meant here by the word “formal,” reverse the parts of this word into all-form. Instead of being formless, your efforts to precipitate exact thoughts for specific occasions will be with form or procedure, signifying intelligent action behind your effort. In other words, you must organize your actions to get the best and most dependable results.

For one thing, try to make a habit to meditate regularly as to time, place and procedure. Sit in the same chair or same place whenever possible and at the same time of day, and then use a system of lifting or keying up your psychic awareness to its highest pitch in a repetitive fashion. Each attempt at reaching your inner depths or heights through a prolonged meditative posture should
have touch-points in consciousness along the way. Let's examine concrete examples of this as we view the entire meditation procedure.

First, be seated comfortably somewhere, preferably in a place of quiet. Now place your feet solidly on the floor, hands on your knees and take a few deep, slow breaths to change your energy activity pattern. Slow deep breaths will help to make your physical body passive, since it slows down your heartbeat, your brain-beat and your emotional tempo.

Then consciously take one more good feel of your physical body in consciousness as you withdraw your attention from it. Now forget your hard physical husk and move your point of awareness into your realm of feeling–wherever your ‘I Am’ sense of feeling seems strongest. It will undoubtedly be in your heart or solar plexus region. Enjoy the feeling your “I Am” self for a moment. Touch it mentally and let yourself know positively that the emotional vibrations inside of you are gradually slowing down. After a few moments of resting your feelings, move your consciousness into your thinking center between the eyebrows. Do not strain. Simply know that you are there. Thought has great potency.

Many thoughts will come and go since 50,000 pass through the average human mind daily. Switch gears from thinking to feeling. Leave your head center and rest safely and calmly in your heart center.
Soon your physical body will seem detached, almost distant. Your emotional system will also be reposing, gently and undisturbed. Emotional traumas will drop away little by little.

At first, the bee-house of swarming thought forms within you will seem to grow busy with more and more activity. The ego's mind stuff has been used to forming its own modifications of the thinking principle and it will strongly resist your sudden and entirely new conscious action to impress, rather than be impressed. But hold your position.

Choose one idea or thought as your seed, such as the concept of fire or of love as the solution to a specific problem. Proceed directly now to concentrate at length and breadth on your seed thought until you identify completely with the inner meaning. Keep right on concentrating until you fully understand and subjectively experience the ecstasy of it! That one seed will flower out into many brilliant petals of knowledge or light.

From this vantage point, seated on the throne of your intellect, you can reach back into the source of your being, the intuitive or soul plane where all your ideas originate. As long as you can hold this contemplative posture, you can draw out the new dreams and visions that will transform your physical life.

Naturally, it is easier said than done. We are not the mind, but it's hard not to think so. Yet the person who consecrates and determines to master the principles of
meditation will soon become the master of his or her own life. A reward like that ought to make the small percentage of effort—fifteen or twenty minutes a day—a small price to pay. It is highly recommended that you do not meditate more than 20 minutes or so at a given time.

The right use of the Science of Meditation will eventually free you from limitations of your personality and finally, much further on, from cosmic bondage itself.

The whole world becomes yours through the doorway of meditation. That you will soon step through that door and become a conscious awake dreamer, someone who weaves her or his own ecstatic paths of bliss through our earth and heaven is my deepest brotherly desire and wish for you.
Chapter 14

THE SEVEN RAYS

Seven radiant streams of light flashed forth across the broad hemisphere of space!

What is light? Our scientists say that every atom is a cosmos of light. Light is energy. Energy is mass. And mass is frozen light.

Where does it come from? Where is it going? What good is it?

In brief, light comes from one source, the darkness of space. It is going in circles, and in certain aspects provides a physical body of manifestation for life!

Rays of light form every atom and molecule of being. The ever-present blend of shadows and lights makes up our total earth existence. The only reason that you and I are able to make this contact right now, or through any other medium, is because seven great streams of energy connect the whole panorama of life in form. The basis for the psychology of the future will rest on the acceptance and verified reality of these seven unique energy fields.

Why seven? Why not a hundred? The answer is that just the same as H2O is a formula that is tried and true in the Science of Chemistry. The seven rays of manifestation are a proven formula in the Science of Occultism. This all-inclusive science of life is necessarily a science of mathematical formulas.
Esoteric science postulates that there is only one element in existence. One, then, is the basis of any type of calculation concerning the state of that One, in motion at any particular time in space. This one eternal motion makes possible what appears as change in any single unit within the One when confronted consciously at any given time. Let’s reiterate the process once more.

This One, according to esoteric science, divided equally into Higher and Lower Selves, creating Spirit as half of this self-division, and Matter as the other half at the opposite pole. In order for the One to know Self now, a third being, Consciousness, is born between these basic polarities. Spirit is the Father; Matter is the Mother; and consciousness is the Son, for this triangle of being. Thus the Triune God of Christian mysticism, as well as other major religions, is born.

This explains the otherwise mysterious statement that one plus one equals three. Try to grasp the process of how 1 + 1 = 3. Once thoroughly understood, you can begin to make your own personal intelligent jump in scientific fashion to discover how three equals seven.

If we designate FATHER = A, SON= B, and MOTHER = C, and then write them together as ABC, we have in symbolic form the universe, homogenous and indivisible, in its primal state.

The Creation, as ABC, was in a perfect state of bliss, balance or rest. There had not been any differentiation into direction toward or away from Self. Self is motion-
less and inert as long as there is a lack of fire or desire to be more of Higher Self or Lower Self.

Now with our symbol ABC, we can indicate different changes in consciousness by writing small letters a, b or c. Each change in consciousness means that Consciousness, B, has moved toward Spirit (A) or Matter (C).

Therefore each new ratio makes a new formula, or form, no matter how slight the difference. Whether mostly spiritually unbalanced or materially unbalanced, makes no difference. Life, or motion, begins a line of direction. The net effect is heat, radiation or light, and phenomenal worlds begin.

If we now will take every possible combination of the figure ABC, we have a formula for the Seven Rays:

\[ \text{ABC} + \text{ABc} + \text{ACb} + \text{BCa} + \text{BAc} + \text{CAb} + \text{CBa} = \text{SEVEN RAYS} \]

The First Ray, ABC or God, moves within the circumscribed limit of Self-being, and experiences Self-being within the other six major possibilities of Being within the One. Life, heat and the fire of desire burn to be either more of Matter or more of Spirit in some combination. Thus the two polarities, attraction and repulsion, exert their influence, and motion begins simultaneously toward one aspect of Self and away from the other.

The First Ray, ABC, is homogenous, undivided and whole. Phenomenal worlds began when the Great Breath, swept down through the Second Ray, involuting deeper into Matter. That involuntary motion swept down from the most Spiritual existence, ABC, to the most Material aspect of physical plane existence, CBa. A, the Father
aspect, is dwindled down into a very subordinate position. The Seventh Ray, CBa, is the point of greatest materiality, or densification for Spirit during its cycle into Matter.

In evolution, the upward return back to the source ABC, the process is reversed. All of Self-being is abstracted back to its source in a 7, 3, 1 direction, instead of 1, 3, 7. The Seven Rays merge back into the major three first and then finally resolve into the primary One, and restful non-being abides in the bed of space for a time.

This is a simplified story of phenomenal creation in its eventual resolution. The net result of the complete drama of life in being is that Non-being, ABC or God, experiences a major seven-fold expression of Self, with endless variations of these seven, then returns once more to rest blissfully within the bosom of Space.

The Seven Rays are the combinations of white light that ABC produces in Its three primary and four secondary combinations or colors. Color veils or hides quality. The rays are the basis for our known color spectrum. Every form is made up in some ratio of all seven of these basic energies.

Ages ago, the Adepts of Occult Science solved the mystery of life being. They have diligently studied the quality aspect of these seven brilliant bands or streams of energy comprising every form. These great teachers of the Mysteries have differentiated the Seven Rays in terms of their psychic content. Herein exists the foundation for
esoteric psychology. The following chart is self-explanatory.

<table>
<thead>
<tr>
<th>The Rays</th>
<th>Quality</th>
<th>Color</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Ray</td>
<td>Will and Power</td>
<td>Red</td>
</tr>
<tr>
<td>Second Ray</td>
<td>Love and Wisdom</td>
<td>Blue</td>
</tr>
<tr>
<td>Third Ray</td>
<td>Active Intelligence</td>
<td>Yellow</td>
</tr>
<tr>
<td>Fourth Ray</td>
<td>Harmony through Conflict</td>
<td>Orange</td>
</tr>
<tr>
<td>Fifth Ray</td>
<td>Concrete Science and Knowledge</td>
<td>Green</td>
</tr>
<tr>
<td>Sixth Ray</td>
<td>Devotion and Idealism</td>
<td>Violet</td>
</tr>
<tr>
<td>Seventh Ray</td>
<td>Ceremonial Order and Magic</td>
<td>Indigo</td>
</tr>
</tbody>
</table>

The degree that you use this information will determine your success in knowing your own nature and character. All things can be studied in the light of these seven differentiations of energy. What is your own dominant quality, color, note or vibration in life?
Chapter 15

The Adepts

Are there Masters, Adepts, a super-human group of fellowmen known as the White Brotherhood? If so, who are these mysterious human brothers and why do they remain in seclusion from the mass of humanity? (More information on this can be found in my book, *The Secret Great White Brotherhood, Masters and Adepts of Planet Earth.*)

Edgar Cayce, the amazing clairvoyant known as the “miracle man” of Virginia, spoke often about *The Great White Brotherhood* with deep reverence. Its existence was questioned several times during Cayce's psychic readings. Cayce affirmed that the Adepts live and work on our physical plane.

In *Grow Rich with Peace of Mind*, Napoleon Hill relates his own telepathic contact with a Master.

Through the telepath Alice A. Bailey, the Tibetan Adept *Djwhal Khul* dictated telepathically twenty esoteric books that delve very deeply into the Mysteries and natural laws. These volumes explain esoteric psychology, esoteric astrology, esoteric healing, white magic, discipleship in the New Age and many other interesting subjects.
One volume, the *Treatise on Cosmic Fire*, is the promised esoteric key H.P. Blavatsky's classic masterpiece, *The Secret Doctrine*.

*The Secret Doctrine*, first published in 1888, was the first written public expose of *The Secret Brotherhood* and the ancient Mysteries permitted to become public in thousands of years. Two Masters provided its source material telepathically.

Whether or not the Adepts exist is a question that you must resolve for yourself. In resolving it, is it logical to think that the evolving climb of life up the four kingdoms of nature, mineral, vegetable, animal and human, should halt with the human? Or are the thinkers of that thought too quick to look down, too slow to look up? In esoteric science the fifth kingdom is the Kingdom of God, the realm of the Hierarchy of Adepts.

One of the best tests of the Adepts' existence lies in determining the quality sources that support their existence; *The Secret Doctrine* and the more than 20 books by Alice A. Bailey in particular. To deny the Adepts' existence is to declare these works false. This is a tall order, for when we begin to grasp, and thus live the concepts in these works, it is difficult to deny their validity.

The occultist teaches that each human evolves by reincarnating and experiencing, slowly growing as a personality until he is ready to be an *aspirant* on the Path. As an aspirant he works up through the probationary
period until he becomes an accepted disciple in a Master's Ashram or group. Then through steady discipline, he masters himself by degrees, marked off in succeeding initiations.

Every conquest of an ascending “plane of consciousness” makes the disciple an Initiate of that particular degree: the physical plane, First Degree Initiate; emotional plane, Second Degree Initiate; mental plane, Third Degree Initiate; intuitional plane, Fourth Degree Initiate; spiritual plane, Fifth Degree Initiate, and on through infinite levels of Creation. When he achieves mastery over the five lower planes of our planet, He technically is known as a Master, although He is recognized as an Adept after the Fourth Initiation.

How do you or anyone so desiring become an Adept? She or he achieves Adepthood when she or he sacrifices and forsakes mortal ego self, moment by moment, for the good of humanity. The Adept lives on the plane of the soul and She or He radiates the Love of God. She or He reaches ever upward and increasingly identifies her or his ‘I Am’ self with the Will of God.

An Adept can drop his physical body at will and create out of matter a new body, a flesh and bones reality. She or He can travel anywhere at will in our planetary and solar systems while embodied within any of these self-created “embracement” bodies.

An Adept is telepathic, clairvoyant and precognitive, and able to do every kind of white magic and more than
anyone in human form can imagine. Yet, there has been too much emphasis on the psychic powers of the Adepts. This has produced much glamour and illusion about them. An Adept is still limited, though within a much larger framework than you and I. Yet, that limitation is binding and real. By no means is he a God with infinite powers. An Adept is only an Adept when he functions consciously as such.

By no means are the members of The Great White Brotherhood “out of this world.” With a few rarely known exceptions, most of them maintain and operate a physical body like our own. An Adept is just as ordinary as you or I in our daily pursuits of life.

Why do the Adepts remain in seclusion from the mass of humanity? Their seclusion is not necessarily physical seclusion, for several of them live unknown among us. It is seclusion in thought and word; they don't tell us who they are. So you may indeed look with great suspicion upon any loudly and self-proclaimed Adept for this is contrary to all occult rules. They will appear and give their true identities again as soon as humanity is ready, but in no case will they herald the fact publicly.

The Adepts will return to the public spotlight. The reestablishment of the Kingdom of God on earth's physical plane has begun. We are at the highest turn of evolution that humanity has ever known! The ancient Mysteries will soon be taught openly and widely to the public. The White Brotherhood will emerge out of Its long seclusion since Atlantean heights to make Itself
known. It will reeducate the world masses concerning the true purpose and cause of life and human being.

May you soon become a joyful member of the elite of earth who rule that *City-Four-Square.*
Chapter 16

THE INITIATIONS

As you advance more into the occult you become aware of the Initiations. What is initiation? Here are only a few of the many definitions of this great event in consciousness.

Initiation is a term for that great event that occurs in our individual or group consciousness when we abruptly gain control over and subsequent revelation into a new level and state of awareness.

For example, the Initiate of the First Degree is one who has gained control over his physical appetites, who has developed awareness of our whole physical plane, who thinks in planetary terms and is no longer identified with any partisan way. He is entirely non-partisan about all worldly states. Humanity is first, not his race, his country or his religion. The Initiate of the First Degree does not yet have perfect total control of his physical body and appetites by any means.

To be an initiate on any level means he has gained a majority of control on that level of life. No initiate has perfect control. He may have slight perfections or obviously be slightly erratic. However, clearly he dominates all his lower bodies of whatever degree he is an initiate. Intelligent mindful action is the telling keynote of the first initiation.
The Initiate of the Second Degree is the person who has gained control over his emotions and feelings. He is attached to all others, paradoxically, in a detached way. His love is not just for his mate or family, but is inclusive of all humanity and all kingdoms in nature.

The Second Degree Initiate is in complete charge of his lower emotions. He is no longer ruled by his feelings, for he no longer feels his own feelings. He is able to feel empathy and rapport with the suffering and joy of those around him, yet he is not drawn into the lower vortex of astral energies themselves. He remains objective and functional when outer worlds tumble and all others are in panic. Love or unity is the keynote and perceived *substance* of this initiation.

The Initiate of the Third Degree is the advanced disciple who gains dominion over his mind and therefore of the mental plane. The mind becomes his obedient servant, not his exacting master. He is no longer in bondage to national or racial or religious thought forms. He now stands above the lower three planes ready and free to serve. He has demonstrated his ability to control himself and others through “mind over matter” in its exact meaning. And here is where the White Magician and Black Magician part company.

The White Magician refuses always to use his powers of mind control or the physical and emotional force that he commands for self-purposes. He knows to abuse these powers would place him in jeopardy of losing his soul.
Surprisingly, both the White and Black Magician follow the same Universal Laws and rules of strict self-discipline and occult obedience to gain self-mastery, up to the Third Initiation. At that juncture the great test occurs. How will the disciple use these mighty powers (and mighty they are)? Will she or he be a violent self-serving Hitler tyrant or a gentle loving Mother Theresa world server?

Most disciples fortunately choose the right hand path, meaning the high way of White Magic. This means they will work to arouse the light in others. No member of the Hierarchy is permitted to force his own way on the “little ones” as the Adept Jesus called the disciples of First and Second Degree Initiation.

On that same note, the “rich young man” who refused to give up his possessions was an Initiate of the Third Degree. As a rule, this particular initiate is rich in worldly possessions. She or he literally seems to possess the world. It is at this point that he decides to give up his earthly possessions and take the fourth, known as the Renunciation Initiation.

In most cases the Initiate of the Fourth Degree surrenders his physical life while taking this initiation. He not only renounces the physical world but his own physical body as well. Yet once this initiate gives up his earthly life, he is re-given it for eternity (meaning until the Final Judgment of this particular age in time). More information can be found on this in my book, The Birth of Earth as a Star.
Now she or he can consciously function on the Intuitive Plane and there rebuild a body of mental, emotional and physical substance to work with again in the three lower worlds. This rebuilt body may be a duplicate of the last physical body he had when he undertook the Fourth Initiation, or it may be another body form from some other race or nationality. In any event, it will be a body suitable to his purpose and need.

Some Initiates of the Fourth Degree take their initiation while keeping their physical bodies. In this case, they do not need to reincarnate through the natural birth process or rebuild a physical body on the physical plane. They are already there. In any case, they must be on the physical plane when they take the first five initiations. Each initiation must be registered in the human physical brain in full 3-D waking consciousness.

The Initiate of the Fifth Degree is known as Master of Wisdom or Compassion, depending on which of these streams of life he has used to approach divinity—by love or by wisdom, thus by way of the heart or by way of the head.

A Master is able to operate on the fifth plane, the Spiritual. There he works with other spiritual coworkers from our own and other planetary bodies in our solar system. He is no longer confined to life on earth, but is aware and lives fully within the solar ring-pass-not. Though he cannot transcend the solar system, he has earned the freedom to travel within the complete solar sphere.

Her or His keynote is will.
The keynote of the Third Degree Initiate is *synthesis*, and for the Fourth Degree Initiate it is *love* or pure reason.

There are nine great initiations possible to every spiritual aspirant in our solar system. The Ninth Degree Initiate is free of the solar ring-pass-not and can work within a certain cosmic ring-pass-not.

Most readers here will be dealing with their First and Second Initiations, and a rare few with their Third. So if we are to be practical, which an occultist must, then we will spend little time on any initiation above that. The value of some knowledge explaining advanced initiations is to reveal the breathtaking beauty and order, and the underlying synthesis of the whole sweep of evolution.

Advancement to any of these great initiations comes by degrees, by lesser tests and trials. Finally, at a least unexpected time, the dedicated and devoted disciple registers at a great expansion of consciousness. He is aware in his physical brain of new revelation, a vision that opens the door forevermore to a higher level of awareness.

And so it goes–step by step, trial by trial and test by test, leaving one great plateau behind only to view the *new mountain peak of attainment* ahead and her or his steady forging ahead, ascending steadfastly from *glory* to *glory*. 
Chapter 17

WHITE AND BLACK MAGIC

The idea that magic, white or black, exists in the world today seems farfetched to many. But jargon and semantics causes much of this reaction. True magic has nothing to do with fairytale sorcery or the ordinary concept of miracles.

Magic in occult science demonstrates first-hand super-ordinary self knowledge and use of the laws of nature. What appears miraculous to the uninitiated is natural law in operation, simple and pure to the magician who knows his stock and trade. For instance, applying the Law of Impression to communicate telepathically is no more supernatural than applying the law of aero-dynamics to fly through the air in an old-fashioned flying machine like our airplanes today. Soon silent hovercraft working with the Law of Magnetics will dominate the skies above our rapidly ascending Earth.

White magic is described often in the Bible and the Adept Jesus demonstrated it many times. The saints of the past have often healed and aided other through super-normal means. The Wise Men from the East, or Magi, were simply White magicians in the truest sense of that word. According to esoteric science, there have always been white and black Adepts and initiates who master Mystery of Being—super-ordinary people who have
learned how to use natural laws to overcome physical death and to produce super-phenomenal evidence.

Their science of magic antedates them back through eternities of time. The deep, dark mystery of being was solved by their predecessors in worlds gone by, worlds that have passed out of existence many millennia before our own solar system and its tiny satellite Earth had formed into a hard little ball in this cluster of stars. Magic is as old as time, in fact, older than our time.

Since nature expresses herself as a duality of matter and spirit, she has devised her own reflections of this duality. The white and black magicians hold the entire universe together. In nature's growth she utilizes two motions to develop her own form and the endless trains of forms within her form. These motions are centripetal and centrifugal, toward and away. From another view, they are involution and evolution, outward and inward. On the emotional plane, they are hate and love.

The applications of these two motions to any form at any given time destroys or builds; it separates or fuses all forms.

White magic trusts, loves, evolves and builds; black magic fears, hates, involutes and destroys.

Once the aspirant of magic unearths the basic laws of nature, he is free to use them. And through the practical application of the laws in his own world, he becomes a magician.
Let's take the simple Law of Leverages as it seems to a tribe of savages or a group of small children who are ignorant of this law. All that an older child or witch-doctor needs is knowledge of the law, and the means to apply it—a pole, spear, etc. He uses the leverage and behold to his fellow playmates or tribe a miracle has been wrought.

This example is a perfect analogy to knowledge gained and applied in white or black magic. The open individual who probes deep enough and finds nature's carefully hidden secrets is entitled to make use of those secrets.

At this very moment, there are magicians in human bodies like yours and mine who can produce every kind of mind-over-matter control you can imagine. Besides the usual magic of telepathy, clairvoyance, psychometry and levitation, our white and black Brothers can teleport objects from one place to another, including a replica of their own physical, astral or mental body.

No matter how impossible these apparent miracles seem to the student or teacher of academic lore, many of them are occurring this moment in the world around us. Even individuals who are not conscious of their previously earned magic powers are having ESP experience by the hundreds of millions. Once we move out of familiar country into a greater providence, we are apt to discover there is much more in the larger world than our pundits have found within the smaller domain.
The world is full of endless new mysteries concerning nature's laws. The *Book of Life* is open. Whoever hungers for knowledge needs but to turn the pages and read the true story of creation. We are all by God's own command divine co-creators, forming, by Law, One Almighty God in this universe. And it is completely up to us, each and all, to understand the natural forces and to direct them in the highest Godlike and self-initiated fashion available to us at any time or place.

Besides my own, there are several very accurate and reliable sources available to the sincere student of magic. One *A Treatise On White Magic* by Alice A. Bailey, dictated to her telepathically by my own Master Mentor, the Tibetan Master known as Djwhal Khul. If you are especially interested in telepathy, this book is loaded with helpful information.

For those who might be skeptical about the source, does it matter? Unless the teaching stands on the merit of its own logic and truth, on a solid foundation, it is worthless.

The student magician learns to build his own sure esoteric knowledge and understanding of the Law. The sources are many. A wise student keeps all channels open but accepts and uses only what he knows to be logical and useful, *right where he stands*.

What are some major differences between white and black magicians? The White Magician follows the evolutionary path upward. He chooses to make contact with
his soul on the intuitive plane where all souls are one, and there he taps the current creative plans of our planetary Deity.

The Black Magician shuns this contact. He chooses to follow the involutionary path downward and gathers experience only for his Lower Self. He vampires the energy he needs from others, thereby holding his own bodies of manifestation together on earth.

Both white and black magicians follow the same preliminary training course. Both pass out of the Hall of Ignorance and into the Hall of Knowledge. Up to a certain branch on the path, the same Book of Knowledge is read and applied.

The aspirant chooses to serve either lesser self or Greater Self. He may use the power gleaned from the Hall of Knowledge for selfish ends, choosing the left hand path of the dark brother. Or, he may continue his journey upward, pursuing a path of love and service to humankind. Eventually, if on the right hand path of the White Magician, he will enter and pass through the Hall of Wisdom to become an Initiate of the Third Degree.

From there he continues the strenuous course of gradually becoming a Master of Wisdom. Finally, he passes out of our planetary influence of earth, if he chooses, to step forth on one of the other six cosmic paths leading out of our solar system. This great journey in consciousness takes many hundreds of incarnations in
human form. But the prize of lasting 3-D Omniscience, Omnipotence, and Omnipresence is well worth it.

The White Magician sacrifices all he has to aid others to free themselves from earthly bondage. The Black Magician separates, holds and takes all he can from everyone. He is without conscience and scruples. Murder, lying, stealing, wars and destruction—even of whole nations—follow in the wake of these soulless creatures.

The White Magician unites families, groups, nations and races. The Black Magician separates them, using the law to divide people and their common vision. The White Magician thrives on unity. The Black Magician grows richer and more powerful through disunity. He is cold and heartless; behind him war and sorrow follow; whereas the White Magician brings warmth, clear understanding and beauty of life to those around him.

Soon these paths will open before you, for the magic of all life waits to feel the control of your touch.

May you add your own unique quota of light and unity to the day. My chant for you is that the magic of love will turn you on and light the hearts and days of those around you.
Chapter 18

MOTION, TIME AND SPACE

As you know, the entire 3-D world is the outcome of three basic aspects of the One. The esoteric student may also call these respectively, motion, time and space.

Nothing comes into physical manifestation without these three aspects of energy meeting at some point. It is the result of these three qualities in their peculiar arrangements that give an object cognition and name—call it apple, bird or George Washington.

All forms require this triangle of Being if they are to persist in what we designate as reality on the physical plane. The Science of Triangles governs the basic Law of Materialization. No thing comes into full being on the physical plane without all three aspects present in some ratio or degree.

Let's take them separately. What is motion? It certainly is not the effect that we see when a ball is rolling across the ground. The true motion was what gave the impetus and produced the effect of what we saw. It came from somewhere in space and at some time before what the physical eye registered as the effect or reflex of that motion. Our physical eyes are developed to deal with physical plane effects, and thus the true causes of our
phenomenal life are hidden (for the uninitiated) behind the deceptive veil of matter.

In reality, there are three basic motions. These three are reflections of the three aspects of the One. They are the Father motion of forward-driving energy, the Son motion of spiral-cyclic energy and the Mother motion of rotational energy. The analogies on the chart below will help to illuminate this concept.

<table>
<thead>
<tr>
<th>Father</th>
<th>Son</th>
<th>Mother</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forward-Driving</td>
<td>Spiral-Cyclic</td>
<td>Rotational Motion</td>
</tr>
<tr>
<td>Grand Sweep of the</td>
<td>Our Galaxy</td>
<td>Our Solar System</td>
</tr>
<tr>
<td>Entire Heavens</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritual Will</td>
<td>Soul Love</td>
<td>Body Action</td>
</tr>
<tr>
<td>The Eternal Now</td>
<td>Past</td>
<td>Future</td>
</tr>
<tr>
<td>Nucleus</td>
<td>Electron</td>
<td>Atomic Shell</td>
</tr>
<tr>
<td>Our Lifetime</td>
<td>Our Years</td>
<td>Our Days</td>
</tr>
</tbody>
</table>

Fourth-dimensional concepts are difficult to place into the confinement of three-dimensional words, but let's try anyway. The three motions of a car might throw more light into the mind. We can see the rotational motion in the turning of the wheels. The forward, backward or side-
ways motion of the car on the road is to accomplish the long-range *purpose* of this trip, thus the forward-driving motion. The spiral-cyclic motion occurred by joining the rotational and forward driving motion. The car turns here and there on the way–making course corrections–and becomes spiral-cyclic as the stopping, starting and turning moves the whole system forward.

In the pure sense, the human eye deals only with rotational motion on the physical plane. The higher two motions must be seen by the inner eye.

In another example, when a human is the subject, these motions take on more meaning. The rotational motion in terms of humans can be described in the picture that follows. His home is the central point that he circles around through his workday. He finally comes to rest once again within that central nucleus. This is the rotational motion. His forward-driving motion is described as his willful line of action toward success in business, or his drive to fulfill major goals or visions. His spiral-cyclic motion synthesizes the polar Father-Mother motions; it is his slow-but-sure, day-by-day, step-by-step, over and over again rotational motion toward the daily goal. The daily “round” starts at home and circles back to end at home.

The elusive casual motions of these three aspects of reality are lost to the sight of the average human. The most important reality, as it should be, is the material form. This is why the great occult teachers like Jesus exhorted his followers to look beyond appearances.
The person who studies cause-effect relationships to the point where he or she sees the casual patterns, the true motion behind things, is moving in consciousness into the abstract levels of the mental plane. Once able to perceive reality from this perspective, he or she is an Initiate and knows the purpose behind outer events. He or she lives in the world of meaning rather than the world of appearances, but for the people beneath this level, motion is relatively unexplored. The lines of direction give the key to the kind of motion one encounters in life.

Now we come to another important and relatively unexplored dimension, space. Most people deal with it almost entirely in linear fashion.

Space, the Third Aspect of the Trinity, is the one universal element. It holds all forms. The true meaning of space includes much more than ordinary physical 3-D plane space, as we know it.

Space includes much more than all seven of our planetary planes from the physical to the divine. It is indivisible in essence. This is why instant communication from one part of space to another is possible.

Space is everywhere at once, and yet when withdrawn within itself, nowhere at all. From a greater point of view, space is literally the source of everything. It is the darkness of absolute light out of which brilliant white light and its seven colorful division of rays originate.

Here again we are accustomed to deal only with surface attributes of spatial energy. Once we see a soul or
Initiate, we deal with the essential quality of all forms in space. As we purify our physical bodies and our emotional and mental natures and as we reach into the soul plane, we are actually climbing upward in the etheric continuum of space. The mystic and the higher psychic touch the plane of the soul when they contact their startling previsions and other super-ordinary glimpses of reality.

The student who reaches higher than the intuitional plane to comprehend the meaning of space eventually may take the Fifth Initiation. There as a Master of Wisdom, He works consciously in group formation with human beings at one or many places simultaneously. He has conquered all the limitations of space. His grasp of reality is relatively complete within five of the seven circular shells of energy that surround our planet.

If you will bear in mind that every form in its entirety is composed of seven energy planes, all linked together in one element called space, the oneness and brotherhood of humanity is an apparent scientific fact.

Our last aspect under consideration here is time, which represents the Second Aspect of divinity. It is the middle principle of these three major aspects of God. Time is known and only possible when the other two are conjoined.

Motion and space produce time the instant they are wed together. Motion is the universal cause; space manifests the universal effect; and time holds the Unity of the Two.
The above explains why time exists only when there is a form to register it. Man needs a mind (Son/Daughter) to produce a form (Mother) of thought (Father) and a material brain to register these forms before he can be time-conscious, before he can divide time into arbitrary units. Time or consciousness, as we understand them, are non-existent on non-substantial planes.

The Initiate's concept of time gradually approaches the state of all-inclusive awareness called The Eternal Now. While the ordinary person is always dividing time into past, present and future, the Initiate holds his mind and perceptive faculties at the casual levels. From this advantageous perch, he transcends the ordinary waves of motion and space in time around him.

In the quest for higher states of awareness, and finally initiation, the average individual starts with and is limited by an insensitive, uncoordinated brain mechanism. For the most part, his thinking has been unresponsive and unaware of the soul within. He may never use his inner and higher faculties, aside from rare flashes, dream visions or certain other keyed-up situations. His next step in evolution is naturally to reach upward toward his soul.

May you initiate the right motions and fill your space of time on earth with joy and light, and thus accomplish the mission of your soul.
Chapter 19

REINCARNATION

Is rebirth a constantly reoccurring drama throughout those timeless eternities that lie behind and ahead of us? If so, is there a purpose for such repetitive process in nature? And if we accept the idea of human rebirth, are there such observable laws governing this process?

The answer to these questions is “yes.” Reincarnation is a fact to me. At the age of eighteen, I died physically for about twenty minutes. I was asphyxiated by paint fumes while painting inside a ship’s water tank. I was suddenly aware of having died and almost instantly experienced a complete flashback of my life. All my eighteen years passed by in one brief moment. Each good and bad thought, feeling and action of mine stood out like a brightly lit signpost.

Death was not disturbing, for I was still myself and, to all appearances, alive and well. At this same time, the essence of two former lifetimes was brought to remembrance. In both of these incarnations, I had failed to accomplish an important soul mission and so for the third time now I was without a body with which to accomplish the work. I could not accept the loss of my physical body three times in a row without having completed the earthly mission of my soul.
I am doing it now.

With God's help, as detailed in my autobiography and several of my other books, I was able to regain living repossession of my physical body, to infuse it once again with intelligent and purposeful life. My own experience is not yours, but you might benefit by knowing that I speak as a knower, not a believer. The subject of near-death and reincarnation is not theoretical. For me, reincarnation is an absolute fact.

All kinds of arguments are advanced for and against human body death and rebirth. The student of self-known Truth sorts them out and tests them in his own world of logic and expression. Other than personal self-experience, the other most reasonable approach to the question of rebirth stems from the realm of intellect and intuition.

To date, of all the religious and philosophical doctrines advanced by the greatest intellects on earth, the doctrine of rebirth, coupled always with the Law of Cause and Effect (karma or balance) is the most logical and inclusive approach of all.

Whereas other theories of life negate themselves, the concept of a world governed by these laws seems to fit like no other. A universe and its units all governed by an immutable Law of Justice for All makes more sense to a human's intellect than a universe ruled by an unloving God conjured by humans, a God who judges and chops
off a person’s existence like a guillotine or sends him to a
Heaven or hell he could never deserve.

Having lost the virgin purity of our being through
lower vibratory choices, when our human body dies we,
the eternal spirit of GOD, must have some haven or zone
where we can review our past human lifetime. When
rested and ready, we return to the Earth dream we share
together on this planet. This is explained in far more

Since your vibration determines how high or low you
must abide in this Dead Zone, you will either “fit” in
either the low hell-like level or the high Heaven-like
level. There is no mystery about it and we can never fool
the Law of Attraction that always makes sure we are
exactly where we must be at all times, whether embodied
in physical human form or as the disembodied free spirit
conscious soul I Am and you are.

Yes, there is a God, but not the self-limited God that
small minds envision. Our loving God Creator Source is
not bound by one line of mystical thought called
Christianity, Buddhism, Judaism or any other.

God is All That Is and all is One.

God is either unlimited or not. If all-powerful, then
let us attribute God with the power and means to render
an exact measure of justice throughout His/Her domain.
With this unconditional justice the Law of Cause and
Effect is always at work, along with the also ever-present
Law of Attraction, and is constantly balancing all things in nature.

The great schematic of rebirth includes the total hierarchy of life down to the most minute particle of existence. Through corrective balance and the blessed agency of release we call death, all things and all beings can be reborn and slowly and surely evolve into more complex and higher forms of consciousness.

All the kingdoms of nature are constantly engaged in this purposeful intelligent repetition, a cyclic impulsion into and expulsion out of the doors we call birth and death.

The theory of rebirth and hylozoism postulates that the smallest speck of consciousness, a hydrogen atom or a grain of sand, steps up through all kingdoms of nature, passing through many doors in each, up to the human and spiritual level. Finally, that indwelling unit forms its own given entire universe and is fully ONE–literally–with that unique Universal God.

Think it through. A body is a body is a body. Does it matter if it is a human body, a planetary body, a solar body or a universal body? In each instance, at each of these micro- or macro-cosmic levels, a living spirit inhabits, guides and makes conscious choices for THAT self-created body. You are the sum total consciousness of all of the atoms, cells and molecules of your body. A God of a Universe is the sum total consciousness of the human atoms, the planets and suns of its universal body.
Is that thought or expressed truth too massive or too incomprehensible to your mind and belief system?

Mother Earth, our beloved planetary “God” was once where you and I are today. We will stand where She stands now some day in endless time and space.

The doctrine of reincarnation does not include the concept of metempsychosis, the false teaching that man can reincarnate as a rabbit, a duck or a rock, etc., as it defies the whole “as above, so below” perfect holographic order of nature.

The true theory of rebirth affirms that man was once an animal, once a plant and, before that, a mineral, but all this was ages ago. Man cannot and will not drop beneath his present point of evolution.

Readers who would like to pursue the subject in greater length are urged to read about some of the many truthfully and carefully documented accounts of individuals alive today who have had conscious recall of their former lives. A highly respected work in this field is Twenty Cases Suggestive of Reincarnation, by Ian Stevenson, M.D.; along another line of approach is Edgar Cayce on Reincarnation, by Noel Langley; and Reincarnation, a Study of Forgotten Truth, by E.D. Walker, is excellent. Another is Winged Pharoah, by Joan Grant, who recalls many lives.

A little known fact is reincarnation was an integral part of the early Christians. Plato, Pythagoras, Origen,
Plotinus, and at least four known saints of the early church, St. Augustine, St. Gregory, St. Clement and St. Jerome, all believed and taught reincarnation.

Shakespeare, Dante, Goethe, Francis Bacon, Socrates, Plutarch, Virgil, Herodotus, Hawthorne, Tennyson, Keats, Kipling, Longfellow, Whitman, Whittier, Wordsworth, Emerson, Benjamin Franklin, Edison, Huxley and Henry Ford, to mention only a few great men in history, all held the doctrine of rebirth. Origen was one of the most outstanding of all the early Church Fathers, and he devoted his life to preserving the original Gospels of the New Testament. It was his teachings against which the enemies of the doctrine of rebirth launched their attacks.

In 553, A.D. the Byzantine Emperor Justinian summoned the Fifth Ecumenical Council of Constantinople to condemn the writings of Origen. This was a secular Council. The Pope was forbidden to attend and he denounced the Council, but this was disregarded. In fact, all but six Western bishops were excluded. Through the decree of this illicit council, almost all references to reincarnation were eradicated from the original Gospels.

We can throw more light of our intellect on rebirth when we realize that we place too much emphasis on the reincarnation of ourselves as individuals. The idea of individual reincarnation is too limiting for the subject. Nature is geared so that certain great bursts of cosmic, solar, or planetary energy produce the cyclic impulsion or
expulsion of groups of souls into and out of the physical plane of being. A group of individuals come into physical manifestation with a certain purpose, to do certain important work. Every race, country, city, family and other such bodies of souls form such a group or body of shared activity shared.

It is the cyclic rebirth and activity of these great groups that will soon engage the attention of researchers who are presently at work following up individual documentation of past lives. When this happens, when we recognize that certain major groups of people come into cyclic manifestation, and that mankind's history is determined by the activities of these groups, then more understanding of this great theme of rebirth will come.

Two important tenets of reincarnation are that:

1. Until our lower natures, our physical, emotional and mental bodies, are perfected, we must continue around the wheel of rebirth, and

2. That as long as there is desire yet unsatisfied within the consciousness of the living unit, it must come back into incarnation until that desire is burned out.

These tenets must be modified in light of our greater understanding of the subject. From the point of view of our human souls, it is not unrealized perfection, per se, that is the causal impulse for rebirth. Our souls are already perfect on their own plane. The causal impulse is
actually the urge to self-sacrifice, the impulse to aid the less evolved units in the undeveloped human, animal, vegetable and mineral kingdoms of nature.

The goal of our soul is that every thing and every being in every kingdom of nature will achieve the same high status of the soul within planetary, solar and cosmic being. Thus to our soul, it is not desire, but will that drives each of us back individually and in group form, to achieve the purpose of God.

If the idea of reincarnation seems strange to you at first, remember that this is the natural reaction to all new things. I urge you to keep an open mind. Gather in all the pros and cons about this subject that you think are worthy of your attention and throw the weight of your convictions toward the side that seems most logical to you. Then live with what you decide. Time tells.
Chapter 20

OUR SEX UNIVERSE

Sex is the cause of all phenomenal being. The smallest speck of dust at our feet to that largest speck of dust, our planet Earth, owes its existence to sex. Everything, including the universe itself, is the result of sex relationship. Sex is another perspective of what we know as duality: negative and positive, cause and effect, male and female, ad infinitum.

The magic of sex has brought all things into objective being. And to truly comprehend this mighty force, we must study it from the greater meaning of the term. All comprehensive forms of study, as you know by now, start from a whole picture. In this way the smaller details may be focused and enlarged under the magnifying microscope of the mind.

We normally confine our concept of sex to physical sex between male and female, but that is only the crudest part of the concept.

Before universal manifestation nothing (no thing) existed, only the Unity of All was. When the All divided into Higher and Lower positions in space, SEX, consciousness of Each-Other-Self began. And in the vernacular; sex was here to stay!
Sex is the midpoint between any two of these primary states or their reflection of being. The following table expands this idea:

Sex Relationship Chart

<table>
<thead>
<tr>
<th>Father</th>
<th>Son/Daughter</th>
<th>Mother</th>
</tr>
</thead>
<tbody>
<tr>
<td>Higher Self</td>
<td>Sex</td>
<td>Lower Self</td>
</tr>
<tr>
<td>Spirit</td>
<td>Consciousness</td>
<td>Matter</td>
</tr>
<tr>
<td>Idea</td>
<td>Ideal</td>
<td>Idol</td>
</tr>
<tr>
<td>Mental</td>
<td>Emotional</td>
<td>Physical</td>
</tr>
<tr>
<td>Cosmic</td>
<td>Solar</td>
<td>Planetary</td>
</tr>
<tr>
<td>Astrology</td>
<td>Psychology</td>
<td>Physiology</td>
</tr>
</tbody>
</table>

Three aspects of one being are implicit and explicit in all or every part of creation. Only through the Son/Daughter can the Father know the Mother, and only through the Son/Daughter can the Mother know the Father. Thus sex, always in some form between these eternally present aspects, is known throughout the universe.

Life sweeps through the regions of space born on the wings of sex. Sex rules our being. The universe proclaims it. And the one who discovers that he rules sex discovers that he literally rules his universe.
Be assured though, that when one realm of sex is conquered another world of it begins.

Another important consideration in this vast theme of sex concerns the fact that our planet is now under the direct influence of the Seventh Ray. This ray is inductive toward bringing all types of polarities together. All negative and positive, or female and male, polarities draw more closely together in this age or cycle. The crowding together adds a natural tendency for increased sexual stimulation in all kingdoms of nature during the interlude in which this great ray power becomes more dominant.

Much of the effort to cope with this Seventh Ray problem is seen in the endeavor by many individuals to burn out these excessive feelings of sexual stimulation through unbridled license, promiscuity and assorted sex perversions.

The answer exists, of course, in far more natural domains and the keyword is transmutation. Our excessive sex impulses must be lifted from our lower sex center to our higher creative center in the throat chakra. Here these energies help us achieve correct proportion to the world around us. Rather than boosting up these potent energies and suffering all kinds of side effects through inhibition, the energies flow naturally into all types of artistic and creative work. Instead of the imbalance of too little or too much sex life, we gain equilibrium with our outer world through inspiration and production of intelligent and beautiful human labor.
Too much energy given this subject increases the concentration of these energies in our being. Energy follows thought, and we automatically give life to what we think about. So in our process of sex transmutation we must learn to take our thoughts away from the stir of sex impulses the moments we are aware that they are alive in us. All things die from attrition. Life will cease if there is no energy flow available to keep up the natural economy of any form. Therefore, we simply turn our mind toward other pleasing and immediate worthwhile projects, and in the pursuit of these, a sex transmutation occurs.

Sex is the grand theme of the entire universe. It is here forever. What we do with sex energies will determine our rate of progress upon the path. May you find your own perfect point of equilibrium in the wise use of this holy fire.
Chapter 21

SCIENTIFIC BASIS FOR THE SOUL

The crucial problem in any scientific pursuit of the human soul is presented in the area of definition. Exactly what is a soul? And why do we usually confine our term to the human soul? How can we support the hypothesis of its existence?

These are all important questions to the scientific mind. To begin answering them, we must first distinguish the human soul from the animal soul, the energy that holds together and coordinates the life forces of any living organism. For example, low “C” is accompanied by middle “C” on the same piano keyboard. These two different notes may be sounded on the keyboard either separately or together. And the presence of either note, a high or low vibration, is felt as a force by those who tune in to the sound.

This analogy is not as farfetched as it looks at first glance. All life is one vast keyboard of sound effects. The correspondence can be broadened if we will consider high “C” analogous to our spiritual body (one entire range or plane above middle “C”), and middle “C” analogous to our soul body (one entire range above low “C”), and low “C” analogous to our animal soul (personality).

Thus we have:
Second, modern science postulates that all matter or substance in our phenomenal world is a posture of light particles or waves, either in a state of energy or mass. Therefore, to be scientific, our first definition of the soul is simply a higher body of vibrations than ordinarily sounded or expressed by the human being.

Third, occult science demonstrates that all forms have souls, since the occult definition of a soul means the middle or meditating factor of consciousness between the First and Third Aspect in any form. A soul is the conscious or unconscious life that directs and controls the form as a whole at some level. This Law of the Soul holds true to all subhuman existence. The elemental or animal souls identify entirely with the form side, the Third Aspect of creation. At the human stage, animal man is able to switch his identity to the Second Aspect of life within him, the human soul. This brings a higher and different sound than before into his system.

Each unit of life “houses” a single guiding or integrating intelligence. Each atom, molecule and organ sounds its own distinct note somewhere within the complex unit that it helps to form. There is a wide diversity of sounds issuing forth from one unit, but only one combined or
unified sound. And at any level, we may call that particular energy wave that holds a form soundly together a soul. We deliberately used the word “soundly” in this context since it elicits two new ideas:

1. Meaning that it is sound, a solid, well-built, well-held together structure.

2. That every combination of life energy in any unit forms an explicit and implicit sound, vibration, notes or frequency wave of its own.

This means our definition of a soul extends to cover any cluster of lives assembled in groups of atoms, molecules or people. We may state that every group form emits a distinct group sound and has a specific keynote or purpose for existence. Together, the individual group units form a unique group soul, whether they sound a note of business, science, religion or whatever; the group emits one major tone.

In that vein, every city has a distinct note or pitch of its own. No two cities are exactly alike, but when they are excluding the same outer frequency you can be sure there are many correlating industries or other similar sound (or soundless) activities within them.

This latter analogy provides a reasonable explanation of the qualitative aspects of a soul. Each soul is the sum of all its different qualities. More about this aspect of the soul was covered in Chapter Seven on The Seven Rays.
It will soon be proven under strict laboratory conditions that we are indeed a combination of two major streams of energy:

1. Of the animal soul—the subconscious and conscious animating life principle that holds the dense animal form intelligently together.

2. Of the human soul—the self-conscious, higher vibratory principle that extends individual consciousness into super-consciousness.

This higher soul is the connecting link to ESP and other related phenomena.

The human soul examined in this manner removes much of the scientifically offensive mysticism of the past, so attached to the limited religious concept of the soul. Defined simply as another, higher tone or note in our scale of life, the human soul becomes a respectable scientific phenomena. Under controlled experiment, the premise can be proved, for each soul has a peculiar law of being and pronounced effect on the life of the form.

Peace. Bless your soul.
Chapter 22

WHAT IS THOUGHT

Our very concept of thought or thought form (thought out form) signifies the existence of a thinker who stands behind this subtle stream of energy. When we realize that all of creation is one gigantic thought-form held together in constant resolution by The Creator, then understanding about our topic will begin. In order to understand thought more clearly we will have to discover what it is in terms of mass or energy.

If thought precedes all phenomenal states of being, thought cannot be phenomenal. Thought follows a line of direction into material existence from a non-material source. If this is true, then the originator of thought, the thinker who is that “I” within you or me, is non-substantial.

No one denies that you think, I think or they think. Knowing our status as thinkers, we can acknowledge that what we call self is a formless thing.

Once this conclusion that self is formless becomes an accepted fact in physical science, then justification for the words “spirit” and “soul” will become apparent. It is certainly true because each one of us is a thinker, a live spirit, functioning as a soul in human form.
The concept that modern science is the absolute authority on all questions needs to be repudiated. Scientific laws of nature are only finite erections of reflections from the infinite. Our scientific laws are not immutable and must change as our understanding includes new dimensions of thought and being. Our world of reality gains momentum every day into more abstract regions of space and consciousness. Much that was abstract yesterday is concrete today.

In order to understand thought, we need to know how thought is transmitted from one point in space to another. The answer is when that one element, space, differentiates into phenomenal being, it assumes the ethereal or exact shape of its prior manifestation.

Surprised? Yes, world bodies have their world spirits that come and go, in and out of physical realms of existence. When any world existence moves out of existence, and then returns after a rest, all the beings contained in Itself find themselves at the same place of evolution as they were before *The Great Sleep*.

This ethereal shape of etheric body is one atomic unit. Thought is an electric fire or force that sends a specific impulse through this gigantic universal network.

The human brain with its complex network of nerves through the human system is a perfect correspondence to the foregoing process. The brain directs a thought out through our system and moves our hands and feet or other body parts into reflex actions. A great planetary,
solar or cosmic being operates within His own etheric system in the same way, no matter how encompassing His system may be.

Every center of life may not reach out and touch a focal point or center of another life. Only those at the human level and on up in evolution, who are conscious creators, can direct a stream of thought in an intelligent line of direction with sufficient force from one of their own centers. Subhuman minds are undeveloped and impotent.

Because of the seven-fold mathematical construction of the universe, a line of direction may be made from any of its seven aspects to any of the seven aspects within any other self. This is why we can speak intelligently about different realms or planes of being. All is interconnected.

Thought makes connection with its final destination via the one etheric body, colored by the many strands of energy upon which it passes while en route to its goal. Each sphere of energy from a microcosm to the macrocosm colors or impurifies the original virgin current. This latter effect is the reason esoteric teaching stresses the need to purify our mechanisms of response, our physical, emotional and mental bodies, for each of our choices are untrue or our soul or conscience to the degree that our personality weaknesses have colored them.

Thought, emerging at a point from formless regions of self, is simply the gradual accretion of etheric mass pursuing a line of directions as impelled by the origina-
ting thinker. Origin here must be qualified to mean always a relative position within the One. What is original to one by way of first registration of impulse is perhaps a trillion or more registrations later to another. This ability of a thought impulse to travel the cycle or circle of being within the one totality or element of existence makes communication possible to or from any point within the All.

Through some thinker and his thought every single thing comes into phenomenal form. Every material form gradually achieves more densification on the physical plane as more and more potency is poured into it by one or more thinkers. An idea to build yourself a house leads you to other thinkers who seize your idea and proceed in their way to make it more concrete. Your ability to clearly convey your original idea about the size, floor plan, etc., will determine how accurately the architect may clothe your original thought-form with a more accurately formulated blueprint of what will be your house manifested in 3-D form substance.

As these ideas are drawn out of you and redrawn in blueprint form, your house moves closer to you in material being. Other thinkers, builders in various degrees, are attracted to the thought-form. Soon mortar and brick, wood and metal, toil and tool, build that grand erection you now call your home.

Your previous thought-form desire, at first tenuous and undefined, grew through various stages of intelligent accretion. Now the tiled floor beneath our feet and the
plastered ceiling overhead are actual aspects of that very same thought-form contrived in your mind many months ago.

    Every one of us becomes more potent in this world as we become more proficient in handling the flow of substance. As our sensitivity to mind stuff grows, our freedom to employ more control over our environment follows loyally along. This is reason enough to learn the Science of Meditation, is it not? If you would like to learn more about how to meditate, clear “how to” help can be found in my book, The Why & How of Meditation.

    All the energies of the universe impact each of us day and night. Thoughts come and go around and through us in ceaseless circles. Luckily for us, we are able to respond only to those impacts that can be registered by our own mechanism of response. The more tightly interwoven our etheric body is with our emotional body, the more sensitive we will be to direct impact of emotional thought or feeling from another person without vocal speech.

    Telepathy is a reality. Each of us responds in some degree to the mental and emotional impulses of another around us. The degree of our sensitivity to the many silent and more subtle realms of thought, will depend on how tightly knit our own etheric vehicle has become.

    The spoken word is at the opposite end of the spectrum to thought and is the direct result of a great accumulation of thought. A physical discharge of words, voluntary or involuntary, happens because a thought
concretion in our ethers reaches the saturation point. You might be surprised at this statement, but keeping your mouth clamped shut is not the answer! It is really a matter of guarding our thoughts. When our thoughts are high, our lips will be free to speak of elevated matters. So my own last word is “may a silent, thoughtful point of peace rest deep within you.”
Chapter 23

LIGHT, THE SOURCE OF EVERYTHING

According to our Christian Bible God said, “Let there be light!” Almost everyone is familiar with this expression. Yet, no matter how familiar we are with the words, the actual idea of the profound reality behind this divine assertion is lost.

What is light?

Light that shines from our light bulbs, flickers from dancing flames or glows from excessive molecular heat is visible and understandable. But the idea that our entire physical creation actually began as a materialization of light is far from the ordinary mental grasp. Yet for a long time now, scientists like Crookes, Plank, Einstein, Edison, Steinmetz and hundreds of others have been proving right along that all matter is composed of particles and waves of light.

Light is the foundation, the basis of everything that enters our conscious perception. The world of whole harmonious forms, the exquisite beauty that lifts our minds and thrills our senses, or the partially formed, unsightly garbage dumps and junkyards are all composed of light. We know that all the possible juxtapositions and stresses of waves and particles, fanning out or converging in, forming the billions of things in life spring forth from seven basic rays of light!
Every atom in existence is filled with light. It shines forth in all things. Nothing evades it. Even the countless trillions of atoms and molecules that form our bodies are filled with light. This is a fact. How much light glows, shines and radiates through each of us is an individual thing, but that it does is a necessity of nature. Light nurtures and sustains life.

Life, or rather the effects of it, is only known or manifest through the motion of light! Without light, the lack of effect registered by our senses is darkness or death.

Occultly speaking, the quality of our light demonstrates as love or wisdom. This is veiled in individual coloring from red, esoterically the lowest vibration or tone on the scale, to violet, the highest. The intensity of the light shining through us indicates our individual degree of brilliance or radiation.

Through each of us individually and through all humanity collectively, the outpouring of light of Creation clothes and colors us and our environment.

As individual souls standing behind individual personalities, we shine the light of God out into the world through our mental, emotional and physical natures. All of these five points are focal centers for any one of the Seven Rays. As a typical example, someone I know very well has a First Ray personality, a Second Ray soul, a Seventh Ray physical body, a Sixth Ray emotional body and a Fifth Ray mental body. The tendency of this person to use strong will and power as indicated by his
personality ray is offset by the fact that his soul force has greatly mellowed his “storming the gates” approach.

As the rays would tend to show, he is idealistic, keeps an ordered tab on his physical body habits and is scientific in his approach to all mental concepts. From this brief analysis, can you tell what kind or color of light pours through the five focal points inside of you? The table in the chapter on The Seven Rays will aid you.

Collectively, humanity is the custodian of visible creation throughout the universe. Earth humanity is only a small fraction of this collective pool.

Individually, we may flash forth the lowest colors and densest qualities of carnal brown, murky green, gloomy grey and raging red, in cruel and gross animal desires and self-satisfactions. Or on the rainbow hue of this light stream, we can flood others and ourselves with the highest radiance of rose, violet and lavender, with rays of calmness and kindness to our kind and all living things. We can display the golden light of unselfish sharing, the spiritual glow of thoughtful acts for the needs of others. The whole gamut of the Light of Creation may shine and pour through our every thought and joyful service. Every word and deed of our lives is filled either with fullness of light or is void with the emptiness of darkness.

The symbol of a conscious light shining in our head in conjunction with a new idea has existed with humanity for ages. When we say that someone is “lit up with a new
idea,” we illuminate this point clearly. Yet, as a mass, we have never really absorbed or assimilated the real meaning of this inference.

Until a few decades ago, the human family as a whole was unable to use the mental nature or its abstract thinking process with any facility. The light of knowledge coming from mass education has changed this. The rapid collapse of time and space through air flight, radio, television and most recently the internet has united the whole earth. Christ can come on a cloud in an airplane and all eyes through television can see him and hear him speak. In this way, the prophecy of His mystical followers nearly 2000 years ago may be fulfilled.

On an individual level, the increasing use of our physical brains has allowed us all to register more of the light of the soul. Consequently, each one of us operates with more skill in the field of abstract thinking, and in concrete analysis and deduction. As the world contracts, consciousness paradoxically expands. The occult maxim, “as above, so below” is demonstrated here. As more people bring in more soul light to their environment, the results are obvious on a concrete level.

Think back 70 or 80 years. The world was quite dark in those days. Today, an astounding amount of bright physical plane light is verifiable, demonstrative, immutable fact. Millions of cities, homes, billboards, neon signs, airports, streets and other such areas of human life are efflorescent with color, new form and brilliance. Look around. There is light everywhere!
It has certainly taken ages, but at long last sleeping humanity has heard the first fiat of Creation. “Let there be light,” indeed! Individuals and masses have responded to the divine command. The world of darkness must surrender to the phenomenal light. Evolution, God, Creation, or by whatever name you call Divinity, demands it!

Whether streams, triangles of force, mass or energy, solar, or human or atomic worlds, all aspects of life in manifestation are light! All is light. And whether we travel physically, astrally, mentally (as here in this mental journey together) or in a higher way, the whole world is an awesome delight to the senses, a grand and mysterious adventure into the profound darkness of the unknown. And when we have explored all the darkness we will discover light within light! All lights are dimmed by greater lights, as the light of a candle is dimmed by the light of the sun; so the light of knowledge is dimmed by the light of our soul, our soul by our spirit, and our spirit by the divine.
The “act as if” posture is one of the most occult practices. When you couple this with another basic occult tenet, “energy follows thought,” you have the basis for why “acting as if” has such creative potency.

This simple formula carried into everyday practice for a few years will literally make you a master of your environment. This is by no means the same metaphysical approach “as a man thinketh in his heart, so is he.” The “act as if” posture is a complete step higher in our consciousness.

Christian Science, Religious Science, Unity and other “new-thought” religions and “think and get rich” schools are good and right. Energy follows thought, and given a potent thinker who persistently energizes his thought form, we have a person who will eventually see a physical plane demonstration of his desires. Held long enough, any concentrated thought will precipitate a form in time and space. A certain percentage of our accumulations in this lifetime are the result of karmic unfulfilled desire in some previous incarnation. Given time, it is an occult fact that anything will come into being if desired strongly.

I personally know of an apartment house worth many hundred thousand dollars that came into being on the
physical plane without the owners spending a penny for its creation. The owners, an aged but youthful thinking doctor, Dr. Moore, and his attractive wife, live in Los Angeles. There they attended several astounding lectures by Neville, a highly metaphysical lecturer (in the best meaning of that phrase) who has authored several “as a man thinketh” books. Neville was also one of my own Master Mentors. During one of his spellbinding workshops, Neville assured his audience that any one of them could do anything without the actual use of money through the principle he advocated.

That night the doctor and his wife agreed to try out these principles with a personal experiment. Since they owned vacant lot next door to their office and had always wanted to build an apartment house on it, they decided to practice what they had been taught.

First, they put their idea into writing, adding every detail that they could imagine. Next, they began a daily routine: fifteen minutes of visualization exercise, seeing in their minds' eyes the completed structure, floor plans, style, etc. Following the occult Law of Secrecy, they told no one of their plans.

Within two weeks a building contractor miraculously knocked on their front door. He told them he had been driving past their place for a month thinking how their corner lot was ideal for an apartment house location. They in turn told him they had no money to invest in it, but step-by-step, up went the apartment house just as they had imagined. True to the tightly held image, not
one cent of their own meager savings was spent on the project. From beginning to end, in some mysterious way, all the problems of finance were solved and the apartment house was materialized. You can read in more detail how Dr. Moore and his wife manifested this apartment without spending a penny in my book, The Secret Proven SUCCESS FORMULA to Wealth, Health & True Love.

This is but one of many thousands of living examples of using mind principle to create our environment for the better. Using the same mental principle as outlined by Neville, I personally precipitated three—not one, but three—impossible desires. I chose three things that I wanted more than anything else in the world. From where I stood then in time and space those three things appeared impossible. See for yourself. I was living in a cramped room with no income and I wanted first a home of my own, second a very high monthly income based on some kind of professional status, and third, I wanted to own a Cadillac.

These were all only material possessions, but at that time they were very real and desirable to me. Within six months, all three of these things strangely became a reality in my life. Of course, the answer to this mystery lies in the “as man thinketh” principle.

These demonstrations on the physical plane by my doctor friend and his wife and by me were mental creations, fired by desire, conceived and precipitated by the great power of lower mind. The “act as if” principle is of
a much higher stance in consciousness. Therefore, it is a further advance along our spiritual path of life. It allows us to act as soul. It is not mind power, it is soul power we bring to bear in our environment.

The key to more rapid soul growth then is to apply the “act as if” principle to our daily affairs. The “as a man thinketh” principle relates entirely to lower man, to our three-fold personality working in the lower three worlds. Expressed another way, the “I” consciousness works only through the mental, emotional and physical body on the mental, emotional and physical planes; whereas the “act as if” principle is the unleashing of pure soul force. It is therefore clearly one complete step (or “plane,” if you wish) higher in self-identification. This is a very important point, for to do and be the soul in manifestation means we go beyond the posture of mind; we assume and play the part of a living breathing soul.

To “act as if” means we can analyze and approach each worldly situation in the higher light of our soul. For instance, we then ask ourselves a suitable question for the specific occasion. What would I do in the particular situation if I were to act as if I were the pure soul? Or, what would my Master act like under these conditions? How would Jesus act if He were in my place? How would the God within me act toward this brother or sister?

The “act as if” stance bypasses the mind and thus the mental plane and puts us in touch with our real inner self, the soul. It is a principle that works under every single life condition. If we are lonely, we need only to act as if
we are friends to others and we will soon have many friends. We must act as if we already have a deep and satisfying soul contact with others. If we feel restricted, we must only act as if we are free and we will be free. If we feel we are not as intelligent as we wish to be, we must act as if the necessary knowledge is ours. We will be astonished and pleasantly surprised at how much we really do know once we assume our rightful status as a knower. To be a knower means we are not blind believers working on the emotional plane or theorists working on the mental plane. We must bring these things down to earth as they are from the soul plane.

If you feel poor, act as if you are rich. If you feel afraid, act brave, if weak, act strong, and so on endlessly. Act as if you are God in human form and see for yourself the power just a little such thought brings in. It is a fact, you know. You are as much God as you will allow within the life of your existence. So why not act like it!

To begin with, use your creative imagination literally to see in your mind's eye the new situation. Then proceed to act as if it is so. Over a prolonged period of sustained effort of acting as if you are the soul, you will become the soul in physical fact. The old cliché about a thing being “second nature” is an occult statement of fact. Our first nature, meaning the personality, is converted (the real soul conversion) into our second nature. There, as a soul-infused personality with our soul as the dominating agent, we finally become true human being, for we are no longer animal-natured, but human-natured. In esoteric
parlance, we develop a spiritual responsiveness to our environment. We eventually become Masters of our surroundings.

May all the good things in life about which you “act as if” come into 3-D reality for you. As our great Christian Initiate St. Paul puts it, “Faith is the substance of things hoped for, the evidence of things not seen.”
Chapter 25

THE SCIENCE OF DYING

There is no death!

There is nothing in this universe but life. The problem is that our awareness of life and its continuation is limited by human birth entry to human death exit.

Yet physical death is too much of an emotional reality to one who has lost a friend or loved one. However, death is only an appearance; our acceptance of the appearance presents a handicap to a full, true understanding of the immortal life of each and all of us. Appearances are deceiving.

We must learn to look beyond appearances. The life that informs you or your loved one only appears to die. Actually, his or her human life simply reforms itself and continues to live forever and ever.

Science is right in proclaiming that energy is all that exists. Energy, when modified into degrees of mass, makes it possible to distinguish one energy mass from another. You and I, our pet creatures, plants, minerals and other things of every nature are life through and through modified into a mass of whirling energy called Maria, John, Russ Michael, Fee-Fee, a rose or a universe.
There is unity to all existence. Yet each fragmented self of All That Is SOURCE lives within a world made of its own choice and action. Each one of us, from an atom to the highest Cohan or God of our imagination, has been totally self-created out of God Source.

You and I are our own parents in the most exact meaning of that word. At the moment of death when the most recent sum of our self-creation called, say, Jane Smithers, a cactus, a honeybee, etc., drops the outer ring or hardened shell, the new inner life being that emerges from the old form is identical to the nth degree! Every victory in consciousness gained, every loss of virtue, every principle learned in the preceding encasement while on the physical plane of earth remains part of our being. We are exactly the same identical alive individual on either side of life's veil.

For a clearer grasp of this phenomenon we call death, let's take a close look at what happens during the actual process of human death. Since I have personally experienced death in full consciousness and returned to my physical body to tell about it, I am uniquely qualified to speak about this vital subject.

Let's begin from the start, even before when you or I were conceived or birthed.

At a long, long, studied moment before physical rebirth, the soul has a prevision of its life or dream experience on earth. Likewise, so it is at death. As the soul withdraws its last vestige of energy or heat from the
physical brain, a *flashback* occurs (the antithesis of prevision).

This flashback is *the lesser judgment* that ignorant religious writers have called the *Last Judgment*.

Be assured, the final or Last Judgment of our entire string of human lives in their entirety takes place when our whole solar system passes out of existence for a brief cyclic span only. In addition, there is also what is known as the *Great Judgment* at the “end times” of this Earth cycle when our Planetary Logos or Mother Earth God Self moves out of this planetary incarnation. Therefore, do understand that the Last Judgment, the Great Judgment and the Lesser Judgment are three distinct and different human body exit phases.

During the flashback at the moment of physical death, lasting only a split second in terms of earth time, the *departed* entity sees, feels and relives every thought, feeling and action that he has experienced in his life in the just departed human embodiment.

During this pure-sighted view of himself, he alone (not a judgmental God) is his most severe personal judge of all he has said and done. Not one credit or discredit is kept from the conscious ledger of her or his on-looking mind and soul being. I know the truth of this through my own conscious death experience at age 18.

At the conclusion of this period, depending on the age of the soul, the liberated spiritual being either goes
into an unconscious slumber for a number of hours, years or centuries, or remains awake and aware of his new state of liberation. If it is a natural death and the mission or purpose of that earth cycle is complete, then the etheric body, in turn, is dropped. The next instant the newly departed entity is born into the appropriate level and range of the 4-D astral plane.

It is in this in-between human birth and death refuge or haven where all of us abide when we make our death exit.

Our last thoughts and feelings combined with the majority lifestyle we have lived determines at what level we enter the Dead Zone.

If our last thoughts are angry, base or very low, then with loving supervision, our hellish lower passions and desires, our fears and hatreds, are lived and relived until thoroughly burned out of our fully participating soul consciousness.

In due time, all our personal Earth life experiences of our lower level appetites of the senses that were unfulfilled on physical plane earth are burned out of our being. Thus the LOWER (hell) astral plane no longer holds affinity for our soul within.

In turn then, the newly cleansed entity ascends into the mental plane. Here, at lower mental levels he burns out the illusions of the concrete mind. Once those are
released he lives the exalted heavenly or Nirvana state, so misunderstood by orthodox religion.

Neither the *astral* plane hell nor mental plane heaven of the 4-D realm are permanent abodes of our soul.

At our 4-D mental plane level, all the bliss of friendship and love is lived with real spiritual family and imaginary loved ones at hand all the while. Depending on the age of the soul, the 4-D Nirvana stay will be long or short. Underdeveloped and well-developed beings will return to the physical plane quickly, respectively, to gain more experience or to conquer that 3-D plane and serve the goddess or god in all others as masterfully as possible.

The average person, who is neither hot nor cold, neither bad nor good, in our limited use of those terms, will stay in the higher mental state to rest a long time. Exceptions to the rule are those entities who for some reason, usually karmic or because of personal or group missions, might delay their human rebirth on the Earth physical plane until conditions are precisely right for their particular planned lifetime work.

At a certain point of inspiration, the soul or ego draws itself together on its own plane—the intuitive—and through and act of will or of strong desire makes a sudden descent into physical matter at the exact right moment of conception. This is “arranged” through the Law of Attraction.
Everything is done scientifically from the plane of the soul. The birth of the old being into new garb or form of a tiny nucleus or babe is governed entirely by law, the Law of Cause and Effect.

There are certain natural restrictions involved. Like a builder on the physical plane who constructs a house within his budget and means, the soul carefully selects the right parental DNA materials to construct the new wrappings of flesh and bones into the exact counterpart of the entity or integrated life within.

Whether the new human incarnation is male or female is based on the known needed balance of the whole inner ‘I Am’ self.

In duality, pure spirit self, though both gender sexed, conforms to current evolution where one side of our innate hermaphrodite duality is hidden. We choose to become either dominantly a male or a female. Thus we are birthed in human form as either a male or a female.

The subject of soulmates, or our primary twin ray split of spirit self is too lengthy to engage in here. It is why the longing to find balance for the missing half of our own nature makes sex attraction possible. If you want to probe this subject in depth, read my book, Soulmates, Twin Rays & Special Lovers.

When life on Earth grows static, too perfectly balanced, then what we call the appearance of death
occurs. A static or fixed condition is in reality the only true living death.

Let us understand and be grateful that until we learn how to ascend it, the fact that physical body death provides a perfect agency to liberate our soul will soon occupy the best minds and studies of the leading-edge scientists of the world.

In reality, as the soul and the subtle bodies of human-kind is steadily unveiled by the combined experiments of clairvoyants and scientists, then death as we know it will be met and genuinely be celebrated with greater joy than marriage or birth on Earth is celebrated today!

In the future, the Science of Dying will be just as fully developed and understood as the form science of chemistry, physics, mathematics, etc. The musical note of the soul will sound, pressure given to certain nerve centers and blood veins; certain key formulas or mantras voiced; orange lights lit; sandalwood incense burned; and above all, there will be silence in the death room.

As predicted, the event of death will be joyous, a celebration of the wonderful liberation of the beloved, rather than an event marked by the fear, gloom and doom, the great self-concern over the physical loss of a loved one, and the blind self-pity of mourners today.

Take hope then. Understand that death is only a word invented in man's genuine ignorance of the true state of
things, for what is perceived as death is but life passing from the great here to there until All is known by us all.

Our loved ones will be seen again, they will return to us again and again. We will dream our dreams together, over and over, until one by one each of us finally knows our ‘I Am’ goddess or god self consciously to be The One Great Dreamer.

The Science of Dying will come. Have patience. In the meantime, know that all is life, a life that never ends but moves on and on through all infinity and eternity.

Find, realize, understand and accept being the IMMORTAL goddess or god self that you are!

May you be a loving soul and an understanding pilgrim on this long and deathless journey we now share through life together. So be it.

Bless us all.
Chapter 26

THE ASHRAMS

What is an Ashram? An Ashram is a center of life composed of a group of spiritual aspirants, from accepted disciples on up in various degrees of awareness where the minds, the love, and the aspirations and the spiritual consciousness of many greet and meet in Truth.

There is one great Ashram on earth headed by Christ, the Master of Masters and Teachers of Teachers, by whatever name in whatever language of the world He is known. This singular huge Ashram is sub-divided into forty-nine lesser Ashrams. Seven of these are major Ashrams headed by a Cohan (above 6th Degree) or Master. The remaining forty-two groups are secondary Ashrams headed by subsidiary Masters or Senior Initiates (they must be 4th Degree on up). Not all the Ashrams are yet in being or fully staffed. A few of them are still in the embryonic stage.

A few more select definitions of an Ashram might be appropriate at this time. An Ashram is a center of perfected intelligence. An Ashram exists primarily for work, not primarily for training disciples. All Ashrams exist on the plane of intuition. Some members are out of physical body while others are in physical form. All members of an Ashram focus themselves in the Will aspect of divi-
nity. Members of an Ashram are not permitted to take their personalities into the Ashram.

The most up-to-date objective of all Ashrams is to externalize the Hierarchy and, in correlation with that, to restore the ancient teaching of the Mysteries.

In both the Lemurian and Atlantean civilizations Masters walked openly among men, and the teachings of the Mysteries was public knowledge. When the dark forces gained temporary control over the physical plane and Atlantis was submerged, the Hierarchy withdrew from the public eye.

In the past century an all-out externalization program by the Hierarchy has produced profound physical plane results. Once again, the Kingdom of God is manifesting on Earth and a dual stream of force is speeding up the process. First, an upward (or inward) motion as millions of men and women are lifting into the Christ Consciousness; and second, a downward (or outward) motion as many High Initiates, senior Disciples and even a few Masters are coming into physical incarnation.

In conjunction with this second motion, other Masters and senior Disciples are quietly moving into public consciousness. They are not recognized except by a few accepted disciples who have “eyes to see,” or by those who have karma linked to these Senior Members of the Hierarchy and are thus permitted to know consciously their guru or Master. A senior disciple and guru are often synonymous terms.
Each of the seven major Ashrams is presided over by a Master of Cohan rank. The seven directly subsidiary Ashrams are presided over by Masters and Adept's of the Fifth and Fourth Initiation.

The one great planetary Ashram presided over by the Christ is a Second Ray Ashram, for our God is a God of Love and love is the prevailing note of the second ray. All the remaining Ashrams are focal expressions of some aspect of all seven rays. Therefore a Master who presides over his Ashram will draw his particular ray aspirants to him directly or through one of his senior Disciples or Senior Initiates who provide magnetic points on the border plane.

All members of the Ashram meet in conclave from time to time on the initial plane. It does not matter on which side of life's veil a disciple works from in an Ashram. Those who are in physical bodies bring down the current plans formulated in their Ashrams into the physical plane by way of their physical brains.

What specifically is the underlying purpose of the externalization of the Ashrams?

1. To vitalize and create the new religion of the world.

2. To gradually reorganize society, to make it free from oppression, of persecution of minorities, of pride and materialism.
3. An inauguration of the system of initiation publicly. *Restoring the Mysteries* and developing the comprehension and growth of symbolism.

4. The outer training of humanity and disciples in the new cycle.

The material goal of all members and affiliates of the Ashrams is the defeat of totalitarianism in government, religion, education and the home. Totalitarianism is the root of all evil today.

The spiritual goal of these Ashrams is to establish the *Kingdom of God* on Earth. The minds of men must be prepared for the reappearance of the *Christ*, who will this time bring His vast array of co-workers, the entire Hierarchy of Masters and Initiate Disciples, into overt physical manifestation with Him.

So be it.
Chapter 27

THE GREAT INVOCATION

From the point of Light within the Mind of God

Let light stream forth into the minds of men.

Let Light descend on Earth.

From the point of Love within the Heart of God

Let love stream forth into the hearts of men.

May Christ return to Earth.

From the center where the Will of God is known

Let purpose guide the little wills of men—

The purpose, which the Masters know and serve.

From the center which we call the race of men

Let the Plan of Love and Light work out.

And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

The above World Prayer has been translated and printed in over fifty different languages and dialects on earth. It has been printed and uttered billions of times by
members of almost every race, and every major and minor religious creed upon earth.

It is literally the new Lord’s Prayer. Christ Himself formulated and sounded it first of all in 1935. In turn, this great Teacher of Teachers and Master of Masters forwarded it to the Master Djwhal Khul, requesting Him to present it to the masses.

Since that inception by Christ only 40 years ago, thanks to mass communication and technology, this new Lord’s Prayer, “The Great Invocation,” has already been said (sounded forth) more times than the old Lord’s Prayer has been said in 2000 years.

It has been divinely designed (as only the Christ can so Masterfully design) to bridge across the narrow doctrines of all philosophies and religions upon earth.

In invokes not only the imminent reappearance of our Planetary Christ, but summarizes with a call for the very Light, Love and Power of God Himself to restore the divine Plan He holds in His Being for Earth. This means a restoration of true spiritual values and surrender of the false, man-made material values.

If your meditation group, religious study group or your own church group has not yet discovered the beauty and blessed use of The Great Invocation, we urge you to make copies of this one and introduce it to them.
The Great Invocation is a powerful prayer for all individuals, groups, nations, races and creeds! Use it! It has the innate potency of its Creator, The Christ, within it; plus it has the added potency of the effect of law, for ENERGY FOLLOWS THOUGHT. Hundreds of millions of souls on earth have heard, reflected and sounded out this sacred prayer with much devotion.

Study it. Ponder it. Sound it out audibly.

Use it often, and you will bless the world, as well as yourself.
Chapter 28

THE ETERNAL NOW

No matter whom we are or where we are, any one of us may reach out and from where we are instantly tap time in the present sense or tense. Time conjuncts with space. It is everywhere. We can punch it, fill it, beat it, break it, ad infinitum. The past and future is inaccessible to most individuals, but the present is always here and there and everywhere that we are!

With a little considered thought, we can see any division in reality. Past, present and future is an arbitrary measure drawn only by us. It consists totally within our own field of thought or actions and is entirely of our own making and doing.

Only man, in his consciousness, counts the cycles (circles) of energy going on any form around him, whether it is the complete turn of the earth around the sun (a year), or the complete spin of the earth on its axis (a day). He alone has the faculty to consciously number, name, divide and synthesize his environment, for at a lower scale of development, all the other denizens of the lower kingdoms of nature are swept along unconsciously with their respective waves of evolution and environments.

For subhuman life, The Eternal Now is a constant state of consciousness. Past and future are relatively
meaningless at that level. With all their myriad variations, all atomic lives respond almost totally to the sentence of the moment. There is no intent in time for them at any great distance, only the event in time is registered and has a definite meaning in their existence. Mass consciousness is the keynote of life in all these subhuman levels of development.

In contradistinction, thanks to the development of mind and our ability to work through it on the mental plane, we in the human kingdom are able to mentally separate ourselves as individual units of life from or in the world. This astounding faculty to divide and also to unify is unique to the human mind, but then in reality no separation occurs. All is One. The mind factor is simply moving within the field of the One.

In actuality, our physical bodies (or bases) always are polarized in The Eternal Now. It is only in our conscious mind (our mental body) that we are able to project images of ourselves away from our real location and are able to move backward in time through relived memories and written record, or to move forward through logic, speculation, etc. Memories are limited usually to one specific incarnation, luckily. Otherwise, our minds would bog down with the past. Instead of living in the present, we would dwell on past failures and successes. Nevertheless, some individuals have had and do have conscious recall of former lifetimes. Joan Grant, author of Winged Pharaoh, claims clear recall of over thirty former human experiences.
In abstract matters of thought, there is no limitation except the bounds of imagination itself. Man can project his thoughts back thousands of years in an instant or across endless eons of time and vistas of space whenever and wherever he chooses. Time and space in the future may be traveled consciously on the physical planes someday as easily as it is one the mental plane now, but that is purely a speculative conjecture now. Since time is energy and physical time is simply conjunctions of circles of cosmic, solar, or lesser systemic energy, we may someday solve a time equation that will do it.

Time is solid. There is nothing mystical or abstract about it. The density of time is evident on all quarters. It is always energy, and energy is mass. It is always solidly here, ready to be tapped into by scientist, philosopher, poet, or working person in every area of life every moment.

Though man is immersed in illusion that time is frozen, that it stands still around him, it is not. The feeling that time hangs suspended is due to our ability to tap greater macrocosmic magnitudes of motion then at which is occurring around our own microcosmic center.

Worlds turn and the continuous configurations of time, space and motion occur with or without our conscious alignment with any one of them. We may stand still, mentally, emotionally and physically, if we choose, but the ceaseless juxtapositions of time continue. We are “lifted up,” so to speak, with or without our consent. We must all rise, for evolution, life or motion will not be
denied in the long run. The Eternal Now. Everything continues to move slowly but surely from the general to the specific. Eventually, everything will be perfected, for all are God.

Nevertheless, from an individual point of view, once we arrest any conscious action toward self-fulfillment, that particular conjunction of time or opportunity is lost to us forever in current reality. Consequently, the time or experience lost must be made up under future conjunctions, and perhaps then under much greater stress. On the other side of the coin, if we use time wisely by adding more experience into each event, then the opportunity to move more freely through greater magnitudes is our natural reward.

Throughout the entire sweep of phenomenal existence, nothing is gifted indiscriminately by a personal Father or God. On the contrary, every gain wrestled out of the whole by any part is due totally by the conscious or unconscious action of that living part, by that separated unit itself. The great universal Law of Cause and Effect can be broken by no being. What is put into time and space must come out of time and space through the same point or being that initiated the expulsion or impulsion of that life energy.

To be aware of The Eternal Now of things does not mean the person does not think through his thoughts and actions. To be aware of The Eternal Now means you do not have to dive into the thick action despite the consequences. It means to live at the intuitive level. It means to
see clearly through past experience, to weigh future potential and to take measured thought before we act. It means to control our destiny. The obvious causes of grief and sorrow to ourselves and to others are eliminated with greater ease. The paths to crossroads that will lead ourselves and our group to higher purpose will be seen and chosen. Only those junctures in time and space befitting our highest aspiration receive our conscious attention. Our goals are carefully aligned with the best plans and consciously unfolding itinerary.

Looking at time from another perspective, we may call it relative. And now that we have chosen that word we must take the mystery out of it. There would definitely be loss of self and a state of confusion unless we were able to relate to some point of time and, therefore, to a location in space. There is no order or intelligence for any unit of life separated in form and submerged in phenomenal existence if its sense of relativity is lacking.

In a down to earth example, our own home is a familiar point of relativity. All our daily activities, measured in terms of time, space and effort, are related in terms of beginning from our home in the morning and circling back to end in our home at night. During each new day there are many such relative activities of business, work and play that blends through our lives. The profuse intermingling relativity factors of hundreds of other activities spice up the general note and specific feel or sound of each moment in our daily Earthly existence.
The whole subject of time would certainly be incomplete without some mention of why and how physical time is unconsciously or consciously transcended. Time, apart from the physical brain, does not exist. In sleep when we spontaneously, and in some rare times with conscious effort, are able to touch our soul (and thus flash forth a new insight into our physical brain), time momentarily is transcended. The soul, our conscious doorway into The Eternal Now, stands one plane above its slumbering shadow (man operating now on mental levels). This means we must lift up one entire magnitude of existence to tune in on the plans and purposes of our soul.

At microscopic levels, this could be compared to one cold little cell of your hand suddenly becoming aware that you, its logos (or God) are soon going to plunge your hand into an urn of warm water. Thus this tiny cell transcendently registers the bliss of the forthcoming experience beforehand. At physical levels, now it is ready to make all the preparatory self-emotional or psychic self-preparation that a cold little hand cell might do under such drastic conditions, assuming it had a consciousness to grasp such enormities. Of course, the concept is absurd, neither the body cell of man, nor the man cell of a planetary body can normally envision the plan of its respective logos.

At human levels, anytime there is direct alignment between the physical brain, the emotional body, the mental body and the human soul, physical time may be
transcended. At the moment, wherever the attention of
the soul is directed, those junctures of space and time will
flash down into the personal consciousness of the entity
at physical plane levels. With this great insight, the
individual can alter his personal affairs in line with a
much greater range of view than otherwise humanly
possible. This is how the soul often grasps opportunity in
time ahead.

In summary, The Eternal Now is an actual reality
somewhere at one point and everywhere at another in
every being. Relativity provides the key to our own
degree of perception to it. Through meditation and other
transcendental techniques, we may consciously encom-
pass greater and greater circles and sweeps of time and
space in time always present, The Eternal Now.

May we meet there often in peace and understanding.

Bless your heart. We are One.
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CHOCOLATE for HEALTH –
The Amazing Health Benefits of Chocolate
Russ Michael asks the Queens and Kings of Chocolate to indulge their minds with this new Blockbuster eBook. Now is the perfect time to learn about the amazing health benefits of Chocolate.

The Secret Doctrine of the Ancient Mysteries
Through your awareness of these once secret MYSTERIES--and their study and use of the laws outlined within them--you are enabled to escape the old prison house of matter. You realize your true identity as the soul. You find a true recognition of your source as a spirit.

The Secret Great White Brotherhood
Is life as we know it here upon earth more than a mere accident of nature? Is there a deeper, higher, broader and truer meaning to your life and mine than what we feel or perceive at this moment in space and time? All these important questions - and many more - may fully be answered for you in this volume.
The Secret is No Secret Anymore
If you want to understand more about The SECRET mysterious powers of the Universe, read the authoritative work by world renown author, Russ Michael. This is a how-to guide for everything you desire. "The SECRET" is expanding with light speed before our eyes!

GOD and MIRACLE HEALTH Part 1
Part 1 is FREE! It is jam-packed with life-saving information on the benefits of Miracle Products, Miracle Services and Miracle Mind. Download your FREE copy today.

GOD and MIRACLE HEALTH –Part 2
Part 2 contains all of the "How-To" self-help resources and information to attain Miracle Health, including the story of Jim Humble and his fight against the world's diseases using his 100 percent effective MMS Product formula. Learn how he battled malaria to discover the formula that has cured 75,000 cases so far.

Finding Your Soulmate
This best-selling classic was first published in 1971, when Russ Michael brought the concept of and the actual word "Soulmate" into mass consciousness on Earth. While most books are out of print in a few years, this book is still a top-selling item over 37 years later and read in 12
languages worldwide.

**Autobiography of an IMMORTAL**
The exciting true story about the life and adventures of Russ Michael. If you want to understand more about the powers of the universe, learn from a key world spiritual mentor, himself. Russ Michael shares his personal experiences from a very low point in 1965 when he found himself homeless, barely eking out a daily existence and living in abject poverty, to his experiences founding global companies and traveling the world. This incredible story puts you into the mind of the man who has worked for decades to bring readers The Light.

**The Secret of Sex and Sexual Attraction**
You can draw anyone or any thing to you by the deliberate use of the Law of Attraction and a large personal stock of pheromones. "Your conscious co-creator job on Earth is to learn how to live your life fully in a safe world. In that safe world, you will most aptly find that sex is good. Violence against another is bad, guilt is bad, to judge is bad, regret is bad, and even living in the past is bad - but sex is good!"

**Soulmates, Twin Rays and Special Lovers**
Given a choice (and who does not have free choice?) most of us on Earth today would choose sharing what remains of this day and the remaining days of our physical human
life on Earth with a warm, fun-loving Soulmate or a
genuinely blissful Twin Ray or special lover.

**Your Soulmate is Calling**

Somewhere deep inside every one of us is
the knowledge that somewhere--at this very
moment--someone special is calling out to
us for recognition. Your Soulmate is calling
you, wherever on earth he or she resides. Your Soulmate
is sending out a distress signal. The essence of his or her
signal is: “Where are you? I am waiting here for you. I
want you!”

**FINDING MR. RIGHT OR MRS. RIGHT**

Mr. Right or Mrs. Right wants you as much
as you want him or her. You only need to
know what you really want. Combine that
decision with the knowledge you gain here about how to
increase your attractiveness or personal magnetism, and
you are already moving forward on your way to a really,
really bright and RIGHT love relationship! Why not
recognize and swiftly cut those painful cords that bind
you to the past?

**The SECRET PROVEN FORMULA to WEALTH, HEALTH & TRUE LOVE**

All that magic means is the wise use of
applied knowledge. The word stems from
Magi, wise men from the East. As you read
on, you will soon notice that I make many references to law.

**The Birth of Earth as a Star**
End times is not an idle phrase. The old is about to vanish and the new is already starting to begin. What is the END at one level of being is the BEGINNING at another.

**Life in the Dead Zone**
Death is merely the cessation of three-dimensional motion. It is a personal state of rest that will return to a state of motion again. Rest and motion, or death and life, are now, and have been forever, interwoven.

**Eleven Magic Steps to Success**
There is nothing you cannot be, do or have. You only need to ASK - and through the sacred heritage of who and what you are, your every request is granted at the moment it is made.

**The Mental Room of Mirrors**
The Room of Mirrors self-therapy technique presented here is indeed a valid precious gift to humanity. I know it well and I am pleased to pass on this powerful healing technique along to humanity in this volume.
I wish to personally thank each and all of these grand masters who have shared their experiences with me and whose beautiful, inspiring miracle stories are now here presented to be shared with you.

The real gold is found in and through your own creative thought or socially cooperative co-creative ideas coupled with the fire—or the fuel--of a desire for something in you so strong you can taste it.

Have you noticed in a loud crowd that when someone suddenly speaks up in a soft and quiet voice how everyone now stops talking to listen? That is how God usually speaks, in soft whispers!

As you progress in the art of meditation, you discover--perhaps with astonishment--that the most profound things in life are more simply expressed. A Blockbuster classic!

Read by thousands in print!
Final note from the author scribe...

In addition to my best-seller, Finding Your Soulmate, which is still selling in 12 languages, I have written more than 20 published self-help books and I invite you to obtain and read them all.

After my death experience at age 18 and in the unfolding due course of my spiritual work, I have received thousands of letters of gratitude from readers of my books and from many grateful attendants of my workshops who have found their soulmates or their Twin Ray life companions, or made their wildest, most impossible dreams come true. A few days ago, I received an email from someone who recently obtained and read my 360-page autobiography.

Dear kindly eBook reader,
This is what Carolyn Tester had to say to me about Autobiography of an IMMORTAL. Bless her heart.

I don't think I have ever enjoyed reading anything as I am now doing with your autobiography. I'm now beginning to read slower and slower ... as the end of it gets nearer ... a habit I've acquired when in a GOOD read.

Love to you and yours,
Carolyn Tester
If you enjoyed this or any other books of mine, please encourage your loved ones, friends and associates to obtain and read them all.

I suggest that you obtain my own Autobiography of an IMMORTAL or any of my current 13 eBooks—soon to be 20 or more.

Enquire now (or later) at:


Or contact me at my personal email address:

Michael@RussMichaeleBooks.com

To receive my FREE daily spiritual “Michael Worldwide Newsletter” in your inbox, email me at:

Contact@RussMichaeleBooks.com

and ask to be subscribed. (Again, this is free. Just ask!)
We appreciate and love to have new readers come to Russ Michael eBooks through you.

Bless your heart, forever and forever. Bless us all. We are all blessed.

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In living and loving gratitude to All That Is
I Am—Russ Michael

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