

Your  
**Soulmate**  
is  
**Calling**

He or She Looks for -

Waits for -

*Wants You*

by **Russ Michael**

Author of the bestseller *Finding Your Soulmate*,  
now published in TWELVE major languages:

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## Introduction by Russ Michael

Writing *Your Soulmate is Calling* - fulfills my desire to acquaint with the working mechanisms and the much-needed knowledge to understand...invoke and experience that incredible--wonderful, magnetic--merger of soulmates - *two souls as one!*

Your success in love, romance and in finding your soulmate will be in exact proportion to your clarity about how and why love...romance and soulmates emerge in our lives...and how to attract that special someone into your own *physical* field reality. You will watch your mind move from the electric through the magnetic universe.

Reality is far different from what everyone imagines. Mind and body contain all of the knowledge you will ever need to know--or to use--to make your wildest dreams come true. In the process of understanding the simple why and how of the mechanics of *attraction* and *repulsion* of your thoughts, you will begin to enjoy self-knowledge--self-fulfillment and self-mastery--beyond the sweetest flight of your imagination.

This entire universe operates from only two active and real principles:

*reflection* and *absorption*. You are a universal--as well as earthly participant --and you will predominantly reflect or

absorb everything you encounter in life. We are waves...particles and living mirrors to one another!

Most of us with rare exceptions are reflectors of our experiences. this means we confront most knowledge and merely reflect it. We read a book and say 'the author said' rather than 'I say'. Instead of absorbing the new information and owning it within our own self...we *reflect* it back to others...as the author's property--or the lecturer's wisdom--or the teacher's knowledge etc.

To *own* any knowledge--so that you need not say it is the property of another--all you need to do is absorb and claim it completely. When you then declare *your* new-found truth there is no need for you to assign your ownership of it to another. Now the light of that knowledge *radiates* from you!

In that light, I urge all readers to *absorb* the knowledge--presented in this volume--rather than to simply reflect it. There will be no need for you to say ' *Russ Michael says*'. Instead, you simply and truthfully declare that newly absorbed information as your very own knowledge...or your own precious wisdom.

Make it a habit to absorb everything rather than reflect it and you will be feeding your spirit. At the divine center of your our spiritual being you are what is universally known as a 'light entity.' Light entities do not reflect - they absorb. It follows naturally that the more you consciously absorb your experiences - for all experiences can be enlightening that way - the further your own individual light field expands and your innate radiance grows.

To absorb something demands your full attention and an openness or vulnerability that few individuals can accept and master without constant conscious practice. Most of us have very strong defensive egos that erect walls between us and others and toward encroaching new 'truths.'

But the greatest spiritual courtesy you can give to another is to open yourself up to them. When you 'close off' that is the biggest insult you can hand another. On the other hand your genuine openness is like a great warm hug to the receiver of that mental 'posture' from you.

This does not mean that your mind has to be like a garbage can that absorbs all the stale, smelly and rotten garbage you encounter in life. Always contemplate a thought. It does not mean you must absorb or

own it. The choice of what you *hold* as your truth at any given moment is as it always has been - *your choice!* You may reflect on what I present herein as my truth. With due reflection you may then absorb a greater vista or scope of the meaning of your truth. Truth is always stark reality!

My credo in life has become: **'I love what I do - and I do what I love!'** This makes every precious moment of my life in human form joyfully absorptive and spiritually fulfilling. I found my soulmate. May you too find your true self and your own forthcoming lovely soulmate! Bless your heart.

- *I Am, Russ Michael*

## Chapter One

### YOUR SOULMATE IS CALLING

Somewhere deep inside every one of us is the knowledge that somewhere--at this very moment--*someone special* is calling out to us for recognition. *Your soulmate is calling you...* wherever on earth he or she resides. Your soulmate is sending out a distress signal. The essence of his or her signal is: *'Where are you? I am waiting here for you. I want you!'*

Basically this vast electrical universe was engineered to be a complex network of information in a sea of moving energy. Scientists are beginning to realize that the entire known and unknown universe is a colossal hologram. The big picture of reality matches the little picture of reality. The chief characteristic of a hologram is that when you break it into pieces and run light--translate that as consciousness--through it, a small piece of the hologram is an identical image of the 'reality' or picture displayed in the whole original hologram. Perhaps this is why pundits or sages of the Far East long ago coined the phrase 'as above so below.' Or perhaps to use a more familiar association of the same idea--all major world religions teach that--MAN is made in the image of GOD. God is light - thus man is light! God is love - thus man is love! God is omnipotent or all-powerful - thus man is omnipotent! God is omnipresent or all-pervading - so man is omnipresent and all-pervading! Thank God! We are blessed.

If this scientific truth of the hologram is proven beyond any doubt then all of the above godly attributes are *innate* in man. Jesus--one of the greatest of enlightened human-born individuals--is reported to have made the statement to his disciples: *'Know you not that ye are gods?'*

It is obvious to anyone who thinks this through that Jesus was telling his ignorant disciples what he knew and what scientists today know: GOD--or THE ONE WHOLE HOLOGRAM--is by the very nature of creation replicated exactly *within* every fragmented part of the cosmic existence. God is centered within you and me--and within your soulmate--and within my soulmate. This clearly explains how the inner god or soul in you is in direct cosmic or earthly contact with the god--or soul--in your soulmate. You and he or you and she are married--or

mated--at the inner or soul level and that is why you two are recognized and known...as *soulmates*.

Some of the many varied reasons why you two are now soulmates--during this current sojourn of yours and his or yours and her life journey in this 'period piece'--are explored later in this volume. The main point I want to emphasize now is that your soulmate is broadcasting loudly and clearly to you. He or she is calling you...just like the lonesome wolf in *Call of the Wild*.

Perhaps until now you have not been consciously aware of the reality and mechanics involved in bringing mates of any species together. You and I certainly still have remote instinctual impulses dancing and guiding the electrical and chemical 'soup' of our being toward instinctual signals of our ability and desire to *mate* with someone of the opposite--*or same*--gender. This is pure chemistry and the mechanics of it will be enlarged on when we explore our biological connections.

For now even though we possess apparent animal bodies we are far more than animals. We are conscious living human souls in either male or female human bodies. Animals identify with their bodies. Humans can do identify with both body and soul. The more advanced--or more evolved--human learns to shift his or her identity from body to soul. A person with soul is known to have character and self-responsibility. A Soul-less person is just the opposite. He or she has no visible fine character and assumes no self-control or self-responsibility.

Until you awaken and respond to your soul within...your mating or sexual drives rise up purely from physical or animal levels. When you awaken to your eternal inner self or your soul you will be very dissatisfied with a purely physical relationship. Something deep inside is reminding you that you can 'call' out to your soulmate and he or she will soon hear or feel your call. At the same time...*your soulmate is calling you!* The exquisite merging and mating of soulmates transcends verbal description. It is almost like someone who has had a genuine mystical experience or vision trying to describe God. It cannot be done through human minds and human lips and human ears. The touch, taste, sight, smell and sound of God is far beyond the human range of expression. To describe it is like trying to pour a gallon of liquid into a one-ounce bottle. It never can or will fit!

It is my assumption that since you are reading this book you are at least somewhat interested in linking up with your soulmate. If so, I will share several proven techniques of how you can *hear* and respond to the *call* of your soulmate and how you can reinforce--or expedite--your merger with him or her in three-dimensional reality. Be assured that a small--and sometimes more often a large--part of me...is enjoying our mutual journey in consciousness...as we move in mind and much heart-felt thought through the following pages *together*.

## Chapter Two

### **HE OR SHE - LOOKS FOR - WAITS FOR - WANTS YOU**

We have already laid the basic groundwork of what you need here ...that you live in a purely electrical universe. The very same Source electricity flows or pours through you that pours through me and thus through your soulmate. The same holographic picture or cosmic data recorded in the smallest atom or particle and in the largest bright sun is indelibly embedded or branded in you and everyone else - and upon everything else. What you have been in the past is added to everyone else...and what everyone else has been in the past is added to you. None of us can escape this magnificent interlocking, bridging web of universal communication. We each have the innate power of choice:to add to it or to take from it--to send off--or to receive in. What a gigantic and loving re-loving, giving, re-giving, unbalancing, re-balancing, consciously alive and thrilling cosmos we live in!

The electrical aspect of our multi-dimensional universe works always at giving and re-giving. It returns everything back to zero state...a balanced position again. This means that absolute justice runs and rules every action and reaction everywhere in our universe. Every thought, feeling and action of yours or mine is re-thought...re-felt...and re-enacted. Sir Isaac Newton proclaimed this constant universal principle as a clearly observable, recordable and proven Law of Nature. At that time he was not aware--as our modern physicists are--that our thoughts or feelings have weight or mass...just like all known 3-D physical objects.

Dr Deepak Chopra often repeats in many of his scientific discourses mind is body and body is mind. WE cannot separate these two no matter how hard we try. Your thoughts create your actions and your 3-world, or non-actions created that exact replicate you know as your own physical human body! You are what you think.

In the same manner your soulmate--who looks for you, waits for you, and wants you greatly has become what he or she thought. The one common link or bond between you and your our soulmate is your mind. Since your mind is your body and your soulmate's mind is his or her body it reasons that your own body and his or her own body are indelibly linked together...already!

Granted the very real appearance or sight of him or her is now obscured or hidden by space/time. Here again our more enlightened leading edge physicists are declaring that we cannot separate or divide space/time. Like body and mind...space and time...are also inextricably unified. One is also always the other! All is One...is not vague speculation. It is cosmic Law.

In dealing with the obvious dilemma of space/time you see a very apparent separation between you and your soulmate. Yet we can rightly assume that when the correct time/space co-ordinates arrive...you and your longed-for soulmate will merge happily into each other's receptive warm and loving embrace. So from one multi-dimensional perspective you can say it is only a matter of due time. IF one of you--preferably both of you--holds an unwavering mental focus and offers a strong emotional feeling of eventually celebrating a physical meeting ,--and a physical union--it will eventually become a three-dimensional reality for both of you. Like attracts like!

It will certainly help you to attain that unswerving focus when you realize that he or she wants you as much as you want him or her. The longing and striving to find you is probably just as mighty and agonizing for him or her as in your conscious longing or yearning is for your soulmate.

When he or she is also longing for you an immediate direct-square Law exists between the two of you. This means instead of the desire power now being doubled--it is squared and therefore quadrupled in power and strength. You now have the awesome human thought power and creativity of four people instead of two...working between you. Naturally since all things in our electric universe tend toward holding in place--thus resisting change--it takes personal effort to change relative time/space positions...or status. Nevertheless even the power of a single mind is awesome beyond belief. I personally know a lady who has scientifically proven--in a lab--she can focus her mind --on command--to bend laser beams. The beauty in learning of any human success is that what anyone else can do can be done by other humans with will and practice. That is why we should give thanks and praise when we discover that another person has done something seeming so totally impossible. If he or she has done it it means you or I also have a newly known potential to likewise do that same seemingly impossible feat.

In this same vein of thinking...since countless others have joyfully found their soulmate after reading my first bestseller book *Finding Your Soulmate* then you too assuredly also can do it! It helps greatly to know that you are not alone in this grand spine-tingling adventure on Earth. Your soulmate is very much a mirror of yourself. Thus he or she feels as deeply as you do...at being apart physically...instead of blissfully together. If you are thinking about how nice it would be to be with a soulmate--then a soulmate who is vibrating at your own present level of thinking, feeling and action--is probably thinking, or will be thinking...*how terrific it would feel to be with you....*

It is a well-known fact in psychic or esoteric circles that whatever you focus upon constantly will surely soon become your future reality. For example if you focus daily on your negative past...thoughts and actions of a similar nature will fill up your worldly space/time you call tomorrows. Tomorrow will then be just another repetitive bad day. A person at the other end of the attitude spectrum who fills her or his day with pleasing thoughts and plans for the future will usually have pleasing tomorrows. We reap what we mentally sew...similar to the sowing and reaping of the physical fruit from physical seeds sown in our physical earth. Seeds are seeds...no matter what 'growth medium' is used. Seeds are blueprints....

When you couple your seeds of desire--to be with your soulmate with his or her seeds of desire--to be with you Nature does get the message and eventually materializes the exact blueprint of your now compounded soulmate desire. May your yearning merge harmoniously with his or her yearning to be lovingly interacting with you. Put the principles of nature and techniques of manifestation advanced in this book--or in others--into active and persistent practice and that wonderful day when you are touch, hear, smell, see, and mentally taste the sweet joy of being physically with your loving soulmate will come. What a day! Your heart will sing with joy.

## Chapter Three

### WHAT IS A SOULMATE

Do soulmates really exist? Indeed soulmates do really exist. They also come in all colors, shapes, sizes and vibrations. A soulmate is everything exciting and romantic that you can imagine or ever dream about in your wildest dreams. A soulmate relationship --in the flesh --is immensely more fulfilling to body and soul than any 'materialized' fantasy lover....I know, since I have owned the privilege and joy of both experiences. I tingle and thrill as each new day and night unfolds in life with my own divine soulmate marriage.

Is there more than one kind of soulmate? Yes. Let's take a look at three major types.

#### **BIOLOGICAL SOULMATES**

The most prevalent kind of human soulmate relationship by far is the biological soulmate relationship. Those 20 billion-plus ancestors--currently very alive in our DNA and genes--have had countless soulmate romances and marriages between them. Each single cell of your body has the live DNA blueprint record of all of those exquisite love affairs--including your past homosexual and bisexual love affairs--in some instances.

If any one or several of your dominant ancestors--in your last seven generations--have had thrilling soulmate relationships or marriages then your possibility of enjoying one in your existing lifetime is greater. This is because that sweetly shared romantic drama of their past joyous and loving lives together is recorded and remembered. It rings and sings yet in all cells of your own physical body today. Your present desire and focus to bring a soulmate of such similar pleasurable vibrations into your life will then be strongly supported and reinforced. This magnetic desire generates a strong electric charge in your body that will and has already begun to broadcast your ardent wish for him or her to soon appear before you.

The personality type--aspects and attribute--of what you personally desire in your soulmate will naturally spring almost entirely from your body chemistry. These extremely powerful biological likes and dislikes in you stem from triggers by your physical biological ancestors. The buttons then are actually pushed by your body...not by your mind.

You are strongly repulsed by or attracted to someone new in your life because they are either out of synchronization or in synchronization--deep in your cells--with those ancestors who are responding consciously in you to the feel out the wave length of your new acquaintance. You get their messages and innocently register them as your own thoughts and feelings or reactions to the individual you are confronting. There really is nothing wrong with that. This is how nature works through all of our most wonderful human bodies. The 'all in one' and the 'one in all' are bonded biologically into one spiritual and physical body unity! Simply wake up and know what is happening.

If you awaken to this realization and decide that you wish to be the captain of your own ship you can learn how to free your identity from most or even all past or future images... programs or faces. When you truly know who and what you are--Godself within--and you begin to live fully in the present moment--your need for other past images to hold and preserve or validate your own sense of continuity--or identity--will end.

The real "I Am" spiritual you Self is eternal and changeless.

Meanwhile you can appreciate and now utilize your own wise and precious human body depository--or DNA archive--for reaching out and finding your soulmate. Your body is like no library built by human hands. All soulmate encounters and engagements with of millions of billions of your ancestors are faithfully recorded within it. All you need to do is to take a conscious walk through your being and to feel out what you want to re-experience. Instead of checking out a library book...like we do on our earth plane you can 'check out' the soulmate you desire--and for as long as you wish. Be assured The universe will swiftly rearrange itself to accommodate your picture of reality! So choose the best reality possible of enduring love and joy between you and your biological soulmate. Enjoy!

Another common form of soulmating occurs between individuals who have both transcended their egos and personalities to find a psychic link at an inner--or soul level--between them.

The personality of your human being ego--wearing many hats-- presides over your electric mental...emotional and instinctual--etheric physical--states.

Psychologically an individual who greatly identifies with his or her ego personality is usually quite negative...fearful and insecure. On the other side an individual who greatly

identifies and manifests his or her social life from a soul level of being...is positive, fearless and secure. No defensive ego is needed when you know you live in a safe world of your own making.

Let's take a look from another perspective. Our human personality is the electrical or externalized aspect of us. It has our form...and is constantly busy displacing matter in space. Your soul is the magnetic--central and internal--aspect of you. Your soul self is formless and it is busy holding you together daily in human form. Your soul is your direct connection with your eternal Spirit or radiant light-entity self.

A personality with an ego assumes a limited view of reality...while the soul knows an entirely true unlimited view. Therefore the soul-infused individual thinks and acts and lives freely differently than the person stuck and living in biological hormonal soup of reflex limitations and reactions.

When two separate individuals--focused at a soul level--come together and find attraction to each other at a soul level...they may be defined as soulmates. The strength and duration of this kind of a human soulmate relationship holds--sacredly binds or bonds--them together at five points of contact: (1) at soul level (2) at personality level (3) at mental level (4) at emotional level and (5) at instinctual (physical mass) level.

In a balanced electrical universe the electrical contact at each one of these five levels will vary in intensity. A soulmate may be attracted strongly at a physical level but repulsed greatly at mental levels, etc. An intricate amount...of attraction--and repulsion principle in action--will vary from level to level and individual to individual.

Contact at the soul and personality levels holds the greatest binding, or opposing forces in their relationship. A soul perspective attitude always heals any situation to restore balance and peace...while two very strong personalities can butt heads and put up some very strong and damaging ego defenses. Soul soulmates have a bond that is lasting and very strong at the soul level. Spiritual soulmates are a whole different matter so let us proceed to explore those entity differences.

### **SPIRITUAL SOULMATES** (*Twin Rays*)

We all have not only physical human genetics - we also all possess spiritual genetics. This means we have spiritual links spiritual families and spiritual ancestors...as well.

The electrical universe always unfolds or gives birth in balanced or equal, pairs. Call them individually positive poles and negative poles--males and females--or whatever polar measure you choose...it does not really matter. A rose is a rose! A very cardinal point made here is for every star born an equal and opposite counter-star --or equal spiritual mate is also born. So you are not alone! There is an immutable law that this specific electrical universe operates from a primary attraction/repulsion principle. Nothing in this electrical universe can or ever will appear in a spiritual or human form without first adjusting to--or modifying into--a divided and exact counterbalance: an opposite gender. Cosmically, if one soulmate goes out another soulmate comes in.

When you first emerged from the magnetic universe--or nothing--to become a something--no thing to some thing--your very whole life 'spark' immediately split into two exact polar opposites. That other male or female aspect of yourself, depending on which 3-D human gender form you picked to incarnate into will rarely physically materialize in human form. It will simply be your balance - at the other pole of your magnetic reality. Your Twin Ray will act as an absorber and reflector of you. It is the one and only perfect exact true mirror of yourself.

There is very little likelihood that you and your truly split spiritual soulmate Twin Ray will often get together physically. However...in Chapter 33 we will focus on how you can spiritually merge your light into the light of your Twin Ray... providing you are vibrationally ready to merge into One Brilliant Light. To merge spirit appears to be a lessening of personal known self when it actually--conversely--is a win-win greater Self-inclusion, further eternal Self-expansion.

## Chapter Four

### WHERE TO FIND YOUR SOULMATE

Most people I know are literally searching high and low for their soulmate. Many go from tavern to tavern--dance to dance--and many social events galore...to find their elusive *Mr Right or Miss Right*. Others attend ball games--museums and boring lectures--on the chance that Mr Right or Miss Right will be found there. A desperate many will attend church events or join a singles group in the hope that their long-awaited soulmate will show up and that a swift mutual recognition...will ensue.

Almost all of this racing around of chasing one rainbow after another is futile. Here and there a brief romance may ripen but may soon turn to ashes...like many former incompatible love relationships. What appears to be the 'one' on first sight may eventually turn out to be a date from hell.

In my steady 10 years of almost daily cross-country lecturing about of the "sweet mysteries of life"...the most asked question I had heard repeatedly was "'Where can I find my soulmate'?" A much wiser question to ask and know the swift answer is, '*How do I find my soulmate?*'.

The most direct short answer that I know to how is to go *within self* first. The outward physical search of actively "beating the bushes" is so highly frustrating. It leads nowhere and wastes a whole lot of time and energy better spent calling forth your soulmate to you....You will find your soulmate not through your trudging across endless highways and byways in our three-dimensional world. Instead...he or she must first be *felt and then drawn by the immutable Law of Attraction* into your very own physical territory...through your mental and emotional soul contact!

It is only when you consciously *know* and yearn and ASK for your true counterpart or soulmate to arrive that your desire to be with him or her can be fulfilled. The "how to" of *magnetic attraction* will be clearer to you after reading the next chapter. Be aware the possibility of arousing a magnetic field or an attractive pull on your soulmate toward you--or you toward his or her physical SPACE is impossible without focused desire.

Every atom of existence was foreshadowed by desire. The universe as we know it could not come into materialization

without THE ONE SUPREME INTELLIGENCE or GOD SOURCE first building and holding a space/time construct of it. Desire was then built to a critical mass and our present universe exploded into our reality.

Since you and I are consciously living God fragments of this universe 3-D world picture...we can take a mental or brain-limited physical view of this giant hologram. Being endowed with a co-creativity extended from our Creator--limited though it may be--we too always do create but on a much limited basis if we rely solely on 3-D action or our brain impulses.

When we realize we are tired of the endless 3-D repetition--of going nowhere in a body-to-body, brain-to-brain, ego-to-ego combat--we are over halfway there. The rest of the work is to build our confidence that we are worthy of a loving and beautiful relationship with our soulmate. When the image is clear enough--and the desire is strong enough--your psyche sends out "the call." It is a vibrational request that our Universe honors.

In order to go within yourself you must know that the *outer* search is worthless. It may also be very self-defeating. Failing in relationship after relationship does not give you practice on how to construct a successful love relationship. It only gives you further reasons why you now tend to consider yourself a failure in affairs of the heart. And who needs another apparent or regretful failure?

That point of power finally arrives when you decide to go within the depths of your being to ponder and search for what your body and soul yearns to find in a Mr Right or a Miss Right? That is where you must 'catch the vision' of who you are yearning to love and to be loved by in return. Your inner self--or soul--will supply you without hesitation with the look...the feel and the bearing...and all of the major aspects or attributes--of your ideal man or woman--your soulmate. The rest when you reach that point is in your hands--in your 'heart'...translate that into soul...and your mind. Once your soulmate *image* and your *known desire* toward fusion with him or her...comes to you--thus is "triggered"--you are physically on your way to where you need to go--or to be--to meet him or her.

Since she or he is a mirror image of yourself...then your soulmate will find you where you are...or you will find him or her where he or she is. This will be somewhere in your daily work or recreation...or leisure time when you are doing...what you *naturally desire* to do. *Likes attract likes.*

As a rule your meeting with your soulmate will be totally unexpected. It will occur when you are not thinking about it. Although when it happens usually both of you will be aware of it...at some level. In some cases only one of you will have an instant recognition. When that person is truly your soulmate--and you know it, but he or she does not--simply give it time. Your soul has forever. If you press the issue it could delay the conscious recognition on the other soulmate's part. Just move gracefully into the flow--or swing--of things. Nothing on earth can keep you apart if he or she is your soulmate except your own free choice to suffer a far longer period of needless sad feeling aloneness.

The real test is whether your incoming love relationship is based on *unconditional* love. If the love affair is based on ego or a sole personality interaction the 'love' is then only *conditional* and a seeming love can turn into seeming hate over minor issues or differences. A soulmate love will not only allow you to be who and what you are...but will verbally insist on you always being true to your self. He or she is your clearest mirror and quickly realizes that you are his or her most perfect reflection...as well. Look for him or her deep inside of your own being. That is your first and most important step. This will soon lead you to his or her *own physical 3-D* space location...or he or or she to yours. *Go for it!*

## Chapter Five

### THE MAGNETIC UNIVERSE VS THE ELECTRICAL UNIVERSE

Most of us think of our universe as being made up of a lot of solid mass or particles and wide-open spaces. However this viewpoint has been proven to be in error by physicists long ago. From the purely very brain sensory 3-D illusionary 'solid state'--chemical...or the atomic--perspective...and in our ordinary daily life pursuits things around us seem to have a relatively permanent and stable basis. On the contrary everything around us is in a constant ongoing *change*. Our universe changes...our sun and earth change...our environment changes...and even the skin, organs and limbs of our magnificent sentient and highly mobile human bodies are *changing, changing, changing!*

Our internal organs are not the same organs they were six months ago. Every single cell in that old heart or liver is now far gone...replaced by a younger more healthful and up-to-date 'model.' Your entire layer of skin has completely changed within the last 30 days. And if you peer into the new microscopes capable of magnifying our view of tissue, atoms and particles several hundred thousand times over you would realize what all informed physicists and biologists report...all of apparent 'mass' is made up almost completely by *seemingly* empty space.

Of course this entire foregoing universal description is related to the report of our human 3-D reporting senses--which are completely unreliable while operating in this *seemingly concrete* world. Instead of peering through such limited vehicles of perception--let us go on together now on a more exciting journey with our mind which is totally unlimited! This simply calls for a slight shift or perhaps a major shift for some of us...of our mind.

Cutting-edge scientists already know that *the void* or 'zero universe' position is actually the very rich unlimited *source* of all *apparent* things. What appears to be no *thing* or 'nothing' is ironically source to every thing everything in a now invisible--to our senses--suspension of 'anti-matter'. Our sensory perceived 'matter' is only a reflection of light mirrored from the very real blueprint of our 'reality' within--as now organized by the ONE SUPREME INTELLIGENCE This one GOD LIGHT is actually the source of all things in our

known electrical universe. Conversely--the apparent dark void I refer to now--is the endless magnetic universe out of which *thought*--trailed by a thread of light--soon materializes into our 3-D dualistic--or electrical state--where you and I enjoy our apparent chemical, electrical, electromagnetic, *particle* and hopeful soulmae existence.

From our electrical universe perspective the magnetic universe is utterly pure hyperspace--or the field out of which all *waves* of Creative or co-creative human thought are transformed into *particles*, further congealed into *mass*, through the duality and *polarity priciple or Law*.

Even though as human Earth Angels we abide--or live--in both universes *simultaneously*...our cleverly devised senses manage to keep us focused into the seemingly 3-D solid-state--holographic 'light show'--on our Garden of Eden Earth--during our continuously repeated cycles of birth/life/death...almost *ad infinitum*.

Nevertheless ever creative mind emerging from the magnetic universe is simultaneously and correspondingly 'matter' in our electrical universe. On a more personal level we cannot truly separate our body from our mind...nor our mind from our body. The 'two' are actually one "I Am" God extension upon our Earth in sentient thinking human form!

Thus our major focus in this bright colorful and panoramic theater-in-the-round light show on earth is birthed from our soul consciousness in our eternal One Magnetic Universe--connected to our physical body/brain consciousness in our electrical universe--or both. And fortunately the personal choice is supremely and divinely and freely forever ours!

In our invisible natural light-entity state--prior to our descent or our drop or fall incarnation in our animal/human form--we simply always are and easily hold a unified responsible--or all-is-one--state of consciousness. However soon after the lowering of our vibratory wave length--to accommodate our lower frequency mortal habitat of our human fetus and our gradually maturing human body form we temporarily shifted our major focus toward our seemingly material 'reality'. We now allow our momentary and daily mental and feeling focus to center on our constantly moving body consciousness. At first all through childhood we innocently identified ourselves as the body. Our psyche or governing soul built or commissioned a defensive self ego

to guard the now precious fortress of our physical human form...whether we chose to be embodied as a male or a female.

Finally through religious experiences or mystical insights we do begin to shift our identity away from our material human carriage--our fragile three-dimensional transportation vehicle--to a new calm and pleasantly secure identity in our inner self...or *soul*. We are then at this point true hu-man beings. Hu means GOD...thus *hu*-man...mean *god*-man....

If you have followed the wide drift of this synopsis of our universal and personal human self-creation---you will realize you are only able to enjoy a thrilling and exquisitely blissful soulmate relationship when you have self-awakened to your our major point of identity--as a human soul--not as a human body. Once this is understood you can begin to utilize the direct mind-to-mind and body-to-body eletro-magnetic Law of Attraction principles...to literally pull or draw your soulmate to you.

Once you begin to put the brakes on your instinctual biological or animal behavior...and substitute your major identity as a caring and sharing or loving and self-responsible individual--thus truly individuated--your personal charisma and your magnified power to affect the behavior of others grows daily. In this divine process simply throw off the many false masks of who or what you thought you were--as seen through the light in your brain--to the real light-entity *soul/self*--as seen in the light of mind--or soul. Now at this point you are ready to meet and mirror back to your soulmate those same fine human soul qualities...he or she is seeking to find more fully in himself or herself...by and through a long loving soulmete union with you. *So be it!*

## Chapter Six

### ATTRACTING YOUR SOULMATE TO YOU

A sustained and powerful focus of mind merged with a deep desire emerging from the center of your body/soul/self will automatically create a strong, attractive and magnetic field around you. The more intense your desire the more atomic power you lend to the mechanics or physics involved in a more rapid 'materialization' of what you desire. I have personally used--not mis-used--this power where I have literally seen *instant* materialization of my pure *mental fantasies* to actual three-dimensional--living *persons*...as well as *things*. Remember the rule:if I can do it...you or anyone else can do it.

Let's take a moment to examine the mechanics of how seemingly empty space can be suddenly filled with mass--objects--or even living tissue.

#### DESIRE

First the really true 'atomic power' within universal materializations arises from *desire*. Without strong desire nothing changes. This is because all things tend toward rigidly holding on to a status quo and strongly resist change. A weak electrical force cannot accelerate or boost and launch a rocket--if it can only exert one-fourth of a gravity or 'G' pull--if it requires many hundreds of G's to clear earth's gravity. Thus to physically move your soulmate nearer to your own physical location you need a lot of desire power or 'D' power to cause that space-time 'shift'.

The highest and most powerful desire power possible comes from the *apex* or spiritual 'point' of your inner self or soul. A deep, deep desire by you...to materialize your soulmate will place you in abstract space or a place of *decentration*.

Decentration is the exact opposite of the force of *concentration*. As formerly described...every 'thing'--even such a seeming abstraction as an 'event' in time--has moved with the speed of thought out of nothing or from void, null, zero or formlessness...into *some thing!*

All motion for example arises out of *o-rest*. All sound stems from *o-still-ness* or complete and absolute *o-silence*....

A deliberate decentration or quiet and studied posture of still self-awareness allows you to move *in* - and to reorganize or create a new 'outward' space in which to now firmly hold your imminent new earthly creation. This is a micro version of how our *Creator* re-creates moment by moment our vast macro-universe--HIS physical body--of our shared 3-D reality.

In this process you actually clear out old stuff or displace all existing and past universal reality with your own unique 'now' pattern or blueprint of 3-D reality. In the course of already firmly laid down universal principles--or laws, relating to polarity--you order or use molecular, cellular or a select space-time 'event'--or other such known or unknown biological mass--to 'fill in' your ordered blueprint. It works!

This is how *you* have over the aeons created your own now present human reality or *materialization* of self. All creation by all creators--large and small--has unfolded from hyperspace following the exact process just related since what we call...the 'beginning' of time.

Time actually does not have a beginning--or end--in our electrical universe. Instead time coils out from a point in hyperspace and forms cycles or 'rites of passage' like the orbit of our earth around the sun - which we erroneously label as units or increments of time: ages, millenniums, centuries, months, days, hours, minutes, seconds--and now--micro-seconds or nano-seconds.

Space and time are inseparable just like mind and body. You can speed up space and you can collapse time or you can speed up time and you can collapse space. This is graphically illustrated when you compare a long horse-and- buggy ride to the rapid space-time collapse achieved by a modern jet. The space is exactly the same, but the speeding up of the movement of space changes a once long weary three-month uneasy trip to a few light, relaxed and comfortable hours.

Your act of quiet self-decentration creates a gap or opening in space that allows the universe to fill it in with materialization of your specific deeply-set desire--in this instance--your soulmate!

## **DECENTRATION**

One of your first steps in getting yourself into a good posture of decentration is to still both your body and your mind. Make yourself comfortable. Then begin to open up mentally to your

inner self. Feel it. Quiet the chattering mind and reach inward toward the center of your being. Search for the most calm 'gentle feeling space' you can find *within* you.

If you feel 'jitters' or worry entrainment vibrations you must take a few minutes to discharge those irritants *consciously*. Simply tell yourself you are moving to deeper and deeper levels of your being and that all unwanted or worrisome vibrational patterns must absolutely leave your presence. Feel it. Decree it! Keep feeling out through the layers and depths of your inner being...until you are utterly convinced that everything inside you is nice and quiet and peaceful within you.

Feel that peaceful void or vast silence at your heart center and in your mid-belly solar plexus-mind center. Bask motionless mentally in that gentle peace as long and as blissfully as you can....

Now take a small part of your conscious mind and 'drop' a vivid thought form of what you intensely desire into this calm special 'gap' you have just quietly self-created in the *void*...

Then let go of the desire and mental thought form immediately. Do not take 'time'--to do this--*in* with you while you are in that void. The universal void you have just 'created' is a timeless, silent and unmoving space within your entity self. You must keep it that way.

Stop! Do not take or waste, time, space and intensity trying to *make* something happen through will power! If you do you will only fill that precious newly created space gap *with intensity*. If so...then *more* of that same self-engendered intensity will soon materialize in your life, *sometime*, *somewhere*. It will take on the form of struggle...which is the opposite of what you would here desire.

Reason this through: if you load up that freshly formed space gap with your intensity of desire there is no room left in it to bring out your desire--your imaged physical event or your warm flesh and blood soulmate--through to you.

This letting go of your thought form is what I called 'cutting the cord' in one of my previously published--now out-of-print books--*Success Formula*. The process is similar to the analogy of cutting a baby's birth cord so that this newborn infant can freely 'mature' or grow out into the physical world...on its own momentum.

Your image--fired with desire--is like the blueprint in the union of a female egg and a male sperm. The fusion fills in space with the DNA blueprints and an ordered molecular

and cellular mass...all of which are needed to reach full-grown maturity...as the completed man or woman or young person you are today.

Before you start this decentration process make sure you have the exact image and the romance 'feeling tone' of your soulmate clearly in your mind and soul. Also manifestation cannot exceed your clarity about what you wish to manifest. This is why so many or most human plans and desires go quickly astray. They lack clarity and intensity and persistence. Most people get in motion without a clear map or plan or vision of their desired destination. This is like ambling off toward New York when you really want to go to Miami....Knowledge always adds to your power.

Stop! Know what you want. See it *clearly* .Then proceed mentally and surely toward your goal--the attraction and--the materialization of that dream person soulmate in your life!

## Chapter Seven

### SEX IS ONLY PART OF IT

No other single act or thing at a physical level quickens and exalts your human body more than a thrilling soulmate relationship. Every cell and atom of our body tingles in breathless anticipation with each tender embrace...with each exciting touch or tender caress...with each more passionate kiss...all leading adventurously to another new plateau.

Your heart expands and begins to pump more quickly. Your blood rushes to your organs. It throbs and heats up all of your body systems. What a rush! What a sublime sensually satisfying feeling. What a grand exhilarating fulfillment of your body and soul desires.

That grand passion of sexual expression not only ensures the continuity of our human species...it also uplifts us both at our cellular or biological mass...and at deep spiritual levels. It fulfills our need for an assurance of lasting togetherness. It transmutes our atomic mass into a healthful and a healing frequency of sheer pure alive physical body joy.

A soulmate sexual relationship brings new life--not only to a like 'dead body'--but also to a dead spirit. It makes our body glad and our soul feel a warm appreciation that we are being loved by an equal and we can now surely and safely re-give that love in return.

When being sexual with your soulmate remember to give added thanks for your *body*. Without it a *sexual* relationship is impossible. Pure spirit by itself has no defined vehicle since it has no weight or mass. When in your body...spirit transforms into your soul and thus feels and records all of your body sensations. Sex and sensuality *validate* your body so your body loves it. I suggest you send a warm feeling of love and gratitude to your magnificent human body now.

Naturally there are many levels of sexual involvement--even in soulmates--from gross physical body lust to delicately refined spiritual ecstasy...and pure, sheer bliss. Thankfully we are all uniquely different!

There are no accidents. Choice has come into play at some level....

Somewhere in the 'big picture' each unique player on the 'world stage' chooses and casts or plays his or her own role--and to the appropriate level of human sexual

interaction--with another player. Each single dimension or plane of sexual involvement is meaningful or purposeful in a well-done earthly 'human play'. There is really no one except the god-self within you who can judge who plays what part and at what level of sexual expression that is necessary or needed by you.

When I had my death experience at 18 everything I had ever thought felt or done flashed slowly before my mind in a split-second. There was no outer judge there with me only my own god-self and I was the most exactly and self-demanding judge you could imagine. Not one single thing done 'right' or 'wrong' escaped my minute or detailed scrutiny. I knew and indelibly inscribed in my soul where I had failed and where I had succeeded. I also do not mind telling you truthfully...I had failed my many self 'tests' far more than I had succeeded.

Is sex 'sinful'? Should unwed individuals participate in sexual interaction...if they are consenting and of legal age? What about homosexuality--male with male--or female with female? These kind of pertinent questions arouse an extremely broad range of volatile human knee-jerk reactions.

Is sex meant to be merely an act of physical reproduction? Or is responsible sex fun...and to be enjoyed by adults like any other wholesome game or sport in life? Or is sex really something vastly or infinitely more spiritual ...a much needed balancing godly force...for our male or female psyche now seemingly helplessly trapped in our dense heavily grounded mortal human bodies?

Soulmates must deal with all of these sexual issues the same as everyone else upon earth. Each one of us needs to take our daily issues --including our sexual ones--to our own god within. At the deep core of your conscious living being you truly know *exactly* what is right and what is wrong. You may fool others but you can never truly fool your own god-self.

Sex is only a small part of a genuine soulmate relationship ...even though to most it appears to loom as a highly significant issue. However soulmates can and do normally respond sexually to and with each other but sex instantly becomes relegated as a minor issue--or non-issue--since spiritual matters take priority. All great spiritual teachers of the past have gently reminded us of this. What good is it to gain a body or riches or an exciting soulmate sexual partner if you lose your soul?

When sex becomes an obsession or addiction it is working against your physical health and spiritual well-being...not for you. After the first sexual frenzy of being physically together again...soulmates quickly get their house in order again. Sex may be--and usually is--a part of those household activities between them. Yet every soulmate that I know--including myself--will tell you...a soulmate relationship is sensual beyond description. Still in the final analysis sex plays only a minor or even minute part in the love and life of soulmates!

Remember...We live in an electrical universe. Sex is the most exquisite blissful and electrifying body experience we mortal humans can experience together physically with another...mentally, emotionally, and spiritually!

Sex is also a *balancing* force for your spirit as well as for your body. That innate urge toward re-finding your balance aids your spiritual maturity.

This ceaseless ongoing universal sexual attraction/repulsion principle enables our drama of human life to be staged on earth. Our individual polarity as male or female is created. We then discover how to deal with our polarity...our male or female form. We learn how to work with the simple universal and powerful repulsions and magnetics that give more life or more death to ourselves. Thus when our earthly human incarnation lesson is complete we will be *whole* or complete spiritual beings within ourselves. From this perspective sex is only a *part* of it.

## Chapter Eight

### WHAT IS A MAN?

Men are not like women at all...though they may also be sexy and tempting. However...most men do not have the outright beauty and the sweet subtle charm a woman conveys. A man is *external* and physically active most of his days...and loves to relax at night when his work is done.

A man runs works, battles and sweats. He exudes an odor of musk that serves to arouse sexual attraction in a woman. A man has coarse clearly pronounced masculine features. He is hard. He is closed and possessive of his woman. Man is more of a *taker* than a giver!

Man usually loves and prizes his possessions *first*...and his love for his woman is *second*. However he compensates by regarding his woman --or his harem of women--as his *prize possession*. It is harder for a man to let go of his abusive woman than for a woman to let go of her abusive man.

Through the ages man has been taught to believe in war and his macho manliness. Man has been greatly desensitized and focused toward cruel and brutal behavior. He has been led to pillage, plunder, rape and to take quick possessive control over his 'booty' and his women.

While women cutely court men through flashy decor...alluring perfumes ...sexy postures and sexy clothes...men boast, strut, flex their muscles and try to court women in their coarse display of body strength, power and rich possessions.

Though it takes 14 minutes or longer for a woman to reach her full degree of passion, a man is aroused in an instant. That quick passion terminate--just as fast--upon the exultant ejaculation of his sperm. The ability of a man to sustain prolonged passion...to consciously hold back ejaculation until his beloved sexual partner reaches orgasm... must be gradually cultivated...especially in younger men. That success varies from man to man. Sadly the greater percentage of men are unable to develop the self-control required to hold back from a premature 'spilling' of their seed...until their partner has reached her own state of passion and can 'focus'--or 'let go'--long enough to achieve her own pleasurable orgasm.

Men do love women and talk about them most of the time. The talk is 'rough' and in keeping with the lack of sensitivity normally developed in men. They booze--curse and pound--or even beat their chests like hairy gorillas. Each one tries to outdo the other in his scoreboard of sexual prowess and his sexual conquests...or the size of his 'equipment.'

'A good man is hard to find' according to a popular jazz song of the past. However despite all of their shortcomings a good man truly loves and appreciates his family and he normally does his best to provide physical refuge, food and comfort for his wife and children.

A good-looking man will draw the eye--and usually a subtle or overt flirtatious look or gesture from many--if not most women. Yet, most men are often oblivious to it...since they are not so adept as women at reading body language. Women have always made it a point to study the bodies of men and--competitively--the bodies of other women. Many men do not pick up on a flirtation or--that a woman is 'closing in'--literally drawing close to tantalize and excite his arousal toward her. Most men need to wake up...and take notice....

Men are not permitted--in a predominantly heterosexual society--to admire a good body on another man...for that puts them at risk of being labeled homosexual. Women--on the other hand--recognize and truly do appreciate a good body--on a man--or a *woman*.

Men love to be taken care of...and women *naturally* love to take care of their man. Men are pretty lovable to. After all...*I am definitely one of them!* Are you?

*Know what your are!*

## Chapter Nine

### WHAT IS A WOMAN

There are countless pleasing and exciting 'differences' in a woman that attract or tempt and lure an unwary heterosexual man. I know for I have been attracted, tempted and breathlessly lured countless times. No complaints...either!

The obvious and major differences between a man and a woman are that he has a penis while she has a child-bearing womb...soft breasts and a warm, open and lubricated vagina for aroused male penis penetration. She also has a strategically placed clitoris for maximum stimulations during sexual intercourse.

A woman is soft and open. She has finer and more feminine facial features...a smaller neck and waist and usually has far less physical strength than a man. She makes up for that by being an anchor of patience and strength in the family.

Women simply collectively and individually have a finer-pitched or different wavelength or frequency of voice and body than man. Her glands secrete female pheromones and other such provocative hormones that can alter the chemistry of a man's body at a touch--or often--just at his mere fleeting thought of a woman.

A woman's body is soft and curved at the pelvis region so that she can give birth and nurture a child. Women are almost always smaller in size and have finer slimmer bones and skeleton structures.

The female psyche is also powerfully different from the psyche of a male. This is why when a female light-entity incarnates in a male body there is great chaos and disruption. Male bodies--are used to a male psyche; women's bodies--to a female psyche. Thus there is also much extreme body chaos when a male psyche incarnates in a female body.

Men and women are so vastly different. A woman is *internal* in her focus...and she has a different--and more mystical--value system. Her *love* is *first*; her possessions are *second*. Women are natural givers. They are romantic, idealistic and they love fantasy...especially of their many prize secret fantasy lovers.

A woman is far more creative than a man. She greatly values and enjoys the fine arts and the fine crafts. She often

generates her own creative pastimes...like sewing, painting--or going for romantic walks--with her lover.

Women are more gentle, sensitive and volatile than men. A woman loves high drama and is prone to be easily drawn into a violent abusive relationship because of it.

Above all--if a woman keeps her health, youth and vitality...she remains physically beautiful and very sexually attractive to a man. If she has the hard-earned bonus of inner self-worth--and radiant inner beauty as well--her physical and spiritual beauty become very pronounced to all....

A woman tends to be more competitive than a man. She often has more close male friends than she has female friends...though she can communicate with female friends much better.

A woman is coy, fantastic and certainly lovable. Hail to all women!

As a man, I love women. A world or a reality without women would be flat, empty...and boring beyond words. My soulmate is a woman. Are you a woman?

Know what you are!

## Chapter Ten

### THE BEAUTY OF YOUR BODY

Our amazing human form was generated from nothing--from *no thing*--to something. That unique 'generation' of a human form of spirit/self-identity came as a rich, most precious gift from our *Creator*.

The concept *God*--like the concept of love--has been grossly limited and altered by a plethora of different subjective or emotional human religious approaches. When I use this word in relation to our human god or my god--it will be in the lower case 'g'--if I refer to you, myself or any other *human God fragment* on earth. *We* are literally extensions of *God*.

For aeons all of us incarnating gods on earth utilized and 'lived on' abstract thought...emitted to us from the *God Source*. In turn we organized all of those new ideas or thoughts into various different forms and structure...which eventually evolved into our present massive universe.

We light-entity beings were all involved in the Creation process. Here again we must use the word *creating*, for the word 'creation' signifies a completed or final materialization...while the creative *process*--is ever an ongoing--into a forever 'now'.

During those primary or early ages or aeons we gods did not possess the dense solidified human body forms we are '*in*' today. We were each more like bubbles--encapsulated, contained and isolated entities--but free floating...knowing, feeling and having access to *all* space.

Only after all other forms of life on earth were created did the idea of our building a 'carriage' or a human form--for the transportation of us spirit gods--become a material reality. Yes, it is true. *The chicken was created before the egg*.

Like in all creative processes the complete or *whole* idea of the physical human body was *first* conceived. Then that fragile but so very prized idea of a human form...was lowered and lowered--electrically--level by level and finally 'particle-ized'--or compressed--into a single human body cell seed.

That human body cell seed was then planted in the proper 3-D medium of the earth spectrum --like clones are made today, from one cell--to grow and unfold into a complete materialized human body form...that is mobile 'house' for a

god like you or me...and for all other gods now incarnate in human form.

Your god-self is tremendously thrilled and excited over this unique and priceless personal possession. That is because a pure light-entity --spirit--has no 'vehicle' to *record* sensation like the human *soul* archive--and the physical human *brain* archive--and the *cellular DNA* archive.

Spirit by itself cannot touch, feel, smell, taste or sensuously interact with any of its grand co-creations on earth: oceans, fish, trees, flowers, animals, sunrises etc. It cannot walk in the gardens and feel the warm winds--or the winter chill--or the many different grains and textures of material reality. Pure spirit possesses no *senses* capable of doing that. Therefore, that heavenly inspired creation of our magnificent human bodies provided a perfect solution for a rich fulfillment of those desires. Spirit now feels all through us.

Now nicely sheltered--or 'encased'--in an erect or upright human form we can fully experience an emotional interaction with our many prized, and much-loved creations on earth--and best of all with each other--as *special loves* or *soulmates*.

The great art and finely sculptured beauty of your body needs to be recognized by you. You must stop abusing it and disowning it. Your body is an independent creation--thus an entity in its own right--and has a consciousness of its own. It feels hurt and painfully dejected when you misuse it--or waste it--or punish it needlessly and almost endlessly.

Your human body *also* feels great fear and pain when *you* are gone from it--in far-off thought--too long. Most of the time we are not living in it--and with it--in the *present* moment...*where all of our physical human bodies must exist*. We are often off day-dreaming somewhere in the *past* or *future* during much of our waking and our sleeping hours. When we live so much and so foolishly in our past--or so fully...and equally foolishly--in our future...our bodies know that we have gone from their physical presence--and they really do fret and worry about it. It cares.

Your body is the most priceless and most awesome miracle of all Creation that any god on earth--or anywhere in space--could possess. It is designed to live for-ever as your own uniquely fashioned grand 'chariot' through...all eternities. When you Ascend while still in your body...your glorified body can Ascend with you....

Your lesson in every human earth life--with your body--is to learn to love it so much that its frequency or wavelength pulsation becomes identical, or synchronous, with your own spiritual *vibration*. Loving it will thoroughly *imbue* it through and through with your identity.

When this exhilarating total fusion of you and your body occurs... you--along with your body--will have total freedom to roam the entire universe--anywhere, anytime--at will! Your body--like your thoughts--will be able to go to or through walls or to or through entire planetary bodies...moons or suns at your slightest desire.

You will then be able to know yourself as everything... and/or as nothing. You can be anything--do anything and create anything you choose--for you will be at an at-one-ment with God. Your lesson in the field of attraction/r epulsion will be finished. Now you can create any kind of individually unique self-identity or group identity gestalt you may choose.

You can become the reality of anything, and everything with the speed of your thought. You will have utter freedom. You will have no bounds - since *both* your body and your spirit are now merged...yet so completely unrestricted. This is the grand reason for you to learn your true god-self identity...and to attain absolute self-mastery over your body chemical and body electrical.

Each single human body strobos or pulses at a different vibratory rate. That entrained rate of pulsation provides you with your own unique *entrainment* vibration. This specific vibratory wavelength--of your own--holds you and your body together...on earth in human form. If you lost your focus in and with that vibration...your body and integrated self-identity --now known and experienced through it--would instantly dis-integrate. So hold that *focus*--translate that to--hold your *will to live*.

Your unique individual rate of pulsation accounts for you having a slightly different perception of the speed of time to everyone else. Everyone looks at time from their own set entrainment perspective. A day may seem like an hour to one individual and like an eternity to another. It will depend on the rate and ratio of your own self-strobin in relativity to any universal or earthly thing or space-time event.

You can personally bodily and psychologically slow down-- or speed up--time when you consciously know *how to breathe, thus* slow down--or speed up--your own physical

body wavelengths. This is how a yogi or a sage who has already mastered his or her mental, emotional and physical body can slow down...his or her vibrations to cool the body --or speed them up..to heat it *at will!*

Expansion always cools and compression always heats- A microwave oven using short, fast pulsations provides us with a good example...of this principle.

There is an incredible amount of additional knowledge you can learn about how your body works...and why it is such a thing of great beauty. Yet even now each single cell of your beautiful body is filled literally with *all* of the wisdom of the ages. Your body can teach you a whole lot if you will just take some loving time to 'listen' to it. Use it wisely now to help you find your soulmate. He or she will recognize *the beauty* and *share a love* of your body too!

## Chapter Eleven

### HIDDEN RULES IN LOVE RELATIONSHIPS

Every person innately hold countless different *faces*. These many faces originate from both--of our genetic life streams...from our eternal *spiritual* 'reality--and from our temporal *physical* reality. There are at least 20 billion or more faces of our ancestors,--stirring and *alive*--in our genes.

At our spiritual level we countless spirits--each with an *individuated* face--are ONE. Thus, at a spiritual level, there are myriad 'faces' or unique, different 'postures' we can *borrow* momentarily from within our vast bank of spiritual diversity, within our *united one source*, or GOD.

At a physical level a great many of our actions and reactions stem from the countless different attitudes and lifestyles lived by our myriad dominant ancestral genes. There are billions of living 'memory nodules' in every *cell* of our bodies. Each one is filled with the entire memory of the entire lifetime of each ancestor. Now and then one--or several--leap up *from behind the scenes* to tell us exactly how to think how--to feel and how--to act...in every life situation. Those ancestors alive in us who were the most dominant in our past three to seven generations will have the greatest or most compelling or commanding 'voice.'

These countless hidden commands--or persuasive dictates--form different configurations--or rigid rules of behavior--for each different momentary relationship we experience.

Consequently we put on an appropriate correct face to everyone engaged in our lives. We have a set face--or posture for our parents. It is different from the one we wear for our friends--or for our dearly beloved ones, or strangers, or business associates--or our children, etc...*ad infinitum*.

With each person we encounter we put on or wear a uniquely different face. The amazing thing is that we remember how and when to change to the right face--in each one of our interactions--with each other. *Talk about masks...*

Each new posture--or new face--is assumed immediately upon contact. It is also recorded, remembered, repeated and appropriately changed back to that same identical face...at our next encounter with the same person.

All of your love relationships are based on these exact same kind of *hidden* rules. Most of the 'dances' or accustomed body postures and psychological attitudes displayed between you and your lover arise from your most imminent and dominant ancestors. These faces will vary from lover to lover...in some degree. However most of your long-time lovers usually bring out somewhat the same face--since you are automatically, chemically and electrically *drawn to* the same kind of lover--again and again.

'One-night stands' stem from a different configuration--so the rules here will vary greatly--but all of your lengthy love affairs will have amazingly similar hidden rules...or similar faces.

It only takes three generations to establish a new trait or to wipe out an old one. Therefore when three dominant generations enjoyed having a 'secret lover' on the side...this then would be your natural *genetic* pattern to follow as well. You will find a mate who arouses sexual desire and passion in you...but you would also find a secret lover to add a little fire and spice to your life...just like your great-grandparent did. *It is in your genes*. However, do remember you do have conscious choice to make changes when due.

On the other side if several dominant ancestors of yours simply married and enjoyed a faithful, less passionate sex or love life...that would be the hidden rule--or dominant face--you would follow or wear in pursuit and fulfillment of your current love relationship.

Since everyone is uniquely and wonderfully different...the many possible different kinds of hidden rules--arising from several possible directions or levels--defy description. Besides body chemistry and spiritual choice...mass social consciousness also can and does shape many of your outward faces. News and entertainment media also color our imaginations and paint new faces for us to wear. Peer pressure can initiate a different face within us. There are a plethora of motivating factors that compel or inspire a rapid changing of hats or *show* of faces.

Everyone has every kind of a hidden rule in their own body chemistry that would defy laboratory definition. However--once 'scripted' into your DNA and your genes--they are like the Ten Commandments...etched in *living* stone. They are forever alive and ready to speak out from your body chemistry even if unrecognized--or unknown--by you consciously. There is a vast gap between what we call--or

really know--as our simple aware consciousness...and our *profound* deep subconsciousness.

You may have realized or guessed by now what we so glibly call our *subconscious* is really our body chemistry running off the myriad very alive 'memory nodules' of our ancestors. Most of our hidden rules and agendas in our love relationships--as well as in all or most of our other earthly human relationships--spring from that deep and sorely limiting--though strongly commanding--array of *behind the scene rulers*.

My sharing this knowledge--or these life science insight--is not to frighten or dismay you...but to make you fully or starkly aware of these many and varying hidden factors or motivations...seemingly beyond your--or my--self-control.

However take heed: *you are more than our body*. You are more than your ancestors. You are far more than social consciousness...*but only when you know it*. Knowledge is power only when it is used. Therefore ponder, absorb and use all of whatever gained knowledge to guide and direct your life to BE the holy and sacred living-god-entity you are...now residing so fully sentient in human form. If not...your major moves--or your seeming immediate situation choices made...will stem straight from your hidden biological mass and colossal ancient genetic *face pool*.

## Chapter Twelve

### OUR NEED FOR ROMANCE

Imagine what a bleak and gray world this would be without love and sweet romance thought. Without romance everything would be robot-like --concrete--or factual. Without romance earth would be inhabited by the seemingly living dead instead of by passionate, vitally alive human beings.

When two lovers stroll on a warm and clear moonlit walk upon earth...romance will uplift both their souls and send their spirits soaring to the stars. However, not confined to moonlit nights...a measure of romance can be generated or found almost anywhere your spirit chooses to find it...

Every man and woman on earth appreciates romance in his or her life. Ponder it. Bask in the warm feel of it. Romance generates ripples, tingles and thrills in our physical human body. Our *body awakens*--and responds with pleasure--at the sight or thought of a personal new romance. It knows that every organ--every cell and every atom of its molecular form--will be swept and uplifted into a high, resounding frequency of happiness and joy.

The cells and nerves of your body know and respond to each tiny glad shade or nuance of psychological or physical stimulus you feel. Your entire physical body--and all of its parts--is dependent on your own chosen conscious positive--or negative--input.

Your cells laugh when you laugh. They cry when you cry.. and they too dance when you dance! Your cells feel joy when you feel joy! Your body enjoys good health when *you* enjoy good health.. or the natural Well Being that permeates all un-polluted *nature*.

Your cells share and warm themselves in your fiery feelings of romance. When you shift gears from boredom into an impassioned new romantic state it shifts perspective --of the person being romanced--into a much different new uplifted and enhanced physical and spiritual light. Your love for him or her is greater when immersed in and seen through a romantic light. A toad becomes a prince--and the ugly mis-shapen monster or beast--is transformed into a benevolent and attractive being...through a prolonged aura of romance. Your romance also helps to uplift all others - for they too are inspired--*in-spirited*--to become all of the good--*or good*--you now so glamorously see in them!

Romance is always a *win-win* situation. An exception is when you deliberately deceive yourself about an *abusive* relationship. No amount of romantic light can compel another human being to change their stripes...if they are closed and determined to be who--and what they project--as their own so obvious insecure identity.

Under most normal situations romance puts real magic back into a dull life. It quickens the spirit and sends a body, mind and spirit off onto far, unknown and highly glamorous adventures.

Each of our genetic pools is different in regard to the quantity--and quality--of *romance* we hold in our genes. My own entire life has been filled with incredible romance and adventure. Those same romantic and adventurous genes are inside of you. They merely need awakening. If you seek exciting new adventures...wake them up.

May much of the rest of your life be filled with all of the romance, adventure and love you and your own body and spirit want to discover and be thrilled with. So be it.

## Chapter Thirteen

### OUR NEED TO LOVE AND TO BE LOVED

Almost without exception all of us feel a great yearning to be loved. It is like a big 'black hole' that never gets filled up completely. So often the love we find--and bask in momentarily--seems to slip away...so we feel empty once again.

Most of this feeling--of needing to be loved--goes way back to our 'original separation'...when you and I were 'individuated' into seemingly separate "I Am" god-fragments. To individuate us...God *intentionally* allowed a 'repulsion field' to be set up between us and Himself/Herself. This allowed for a gap--or a space--that set us each apart...each made in God's own image but seemingly *separated* from God.

This was the loving gift of *self-life*. It allowed us each to become a *seemingly separate* identity from God. However--at the same time--we felt the deep pain of an apparent separation--of being fragmented--of not being whole--or *holy*--whole-I--any more.

Thus began this feeling of wanting to find the 'lost' self and to know and to express more of the found self...which brings pleasure. Also we carry a haunting feeling of being *less than self*...and thus unable to fully express ourselves *wholly*...and adequately.

Our need for love goes way back in evolution to when this very great *separation issue* first arose. It is an *innate memory* within us. It will only be *fully* resolved when we once again see or know *our own* god-wholeness or when we stop looking for someone--*outside* of us--to validate us,...and to fill up that deep bottomless black hole in our psyche.

You may ask if this great longing or strong need to be loved in all of us a biological or spiritual need? The answer is *both!* Deep inside--at our one-god level--our spirit already knows and expresses a secure spiritual and unconditional self-love, beyond human comprehension. However that state of complete love fulfillment comes only to our '*separated*' self when full *god/self-realization* occurs. When our human life lessons are complete our love of god/self will also be complete...and absolute.

Meanwhile our pressing need to be loved at a biological level arises from our ancestors who still live in our genes...

Our biological need for love is greatly fulfilled during a sexual embrace...for it puts us back together--or in touch--with our self that we know *in another*. Our innate desire for togetherness is then fulfilled physically.

All of your past unfulfilled ancestors are calling out to you in your body today for *their fulfillment*. It is only the continuous chemical and electrical firings through the *mitochondria* of *your body*--embodying your ancestors--who need to be loved; though it is also consciously registered in your mind as your need for love. You must *free yourself*

By this I mean...for as long as you remain under the dominion of your body chemistry you will continue to register and feel a *false need* for self to be loved. When you realize your true *spiritual* identity you will automatically know and feel you are fully complete. You will know and feel all *of the love* in the Universe from God to you. Your *need* for love from others will end for you will then be *giving* your love--freely and endlessly--to others...*instead*.

Your great need to be loved needs an exact 180-degree twist. You need to love *yourself first and foremost*. The wonderful paradox that occurs when you have learned to love yourself is that your need for love *from others* will vanish. Your greater need is not for love from others but for a *great god love for yourself instead....*

The very moment self-love is known--and *realized*--you become an instant love magnet...that ironically attracts the very love from others...that you seemingly needed so desperately before your transition toward self-love.

Love always attracts more love to it. Hate--or fear--generates more hate and fear. That movement and merger of the polarity of a positive toward a positive and of a negative toward a negative is universal. Birds of a feather flock together. This same universal Law of Polarity applies to each fragmented soulmate part within the whole of existence, through all dimensions and space-time constructs in our spectacular 3-D world.

You need to know self-love to some degree before you can *give* that *same degree* of love to another. It is virtually impossible to give someone something you do not individually possess yourself!

In this light the wise individual--who discovers and 'owns' this truth as his or her own truth--will stop wasting time trying and wanting to be loved---without first generating a deep god-felt self-love.

Is not *God* worth loving?

That self-love grows with conscious practice. You get what you give ...not only to others ...but to yourself as well. If you only give yourself condemnation and self-hatred...others will give you at least as much or more of the same. Shower yourself with appreciation and self-love and others will pleasantly give you at least an equal amount or more of the same. You are never without God's gift of free choice. Ask and you are given. Ask must be understood to mean what you give.. you are asking for. Once you give god self love, god self will naturally give love endlessly to all others. It's the Law.

The question is how do you learn to perfect the art of self-love? The knowledge--and the technique--are now known! Knowledge is worth more than all of the physical wealth of the world. Once you have it...it is yours forever. It is embedded deep within your atomic mass and goes on to accrue with you from lifetime to lifetime. It builds. This is why we have Mozarts and Einsteins!

All of the great beings of the past had first learned self-love...before their greatness emerged and was recognized and appreciated by the world around them.

We are sometimes like little children--given whole rooms full of toys and trinkets--only to soon become rapidly bored with them. We will leave them to age and gather dust when a better gift--just a small gift of self-love--would conceivably ring with joy through our whole being for the rest of our life. Most children receive too many gifts of useless tinsel and toys...that gather in piles...and soon are of no interest to the child. When we teach through example the gift of self-love our children will bud and flower into such beautiful lighted souls on earth.

You may--and likely will--love many others worthy of your love...but only when you know how to--and do--love yourself first. The time to begin the thrilling--so uplifting process of self-love--is always *right now*.

*How* do you begin to love yourself? When know you are an extension Creator God--how could you NOT love your god self? Ponder it. If you are NOT lovable, only the few who know god self will love you, despite what you do. All others will not. No one in his or her ego self mind is going to like or love you if you express or emit and continue to project an unloving attitudes and unlovable lifestyles into their existence with you. Most will make a quick ego-motivated all

out and swift effort to deliberately avoid you. They undoubtedly may feel an outright dislike or disrespect for you instead. Unless of course they share that same obvious lack of self love within their own beings. Misery does like company...so many may gather with you...to lament and criticize the world--and everyone--around them.

It is far easier--and much more fun--to be lovable. To be lovable you act it. You think and do genuinely lovable actions toward yourself and all others you meet. Instead of railing or accusing and cursing your body or your neighbor--or anyone else--you look deep within your own hurting body or within your aching neighbor--to see or find the real god divinity there instead.

You can look at your own body as an amazing and beautiful vehicle of transportation for you and appreciate it mightily. You can look at your friend or neighbor and see beyond--any of their acts or words that seem offensive--and recognize the god within them ...just as you are now learning to know...look for and to recognize the sacred *god* within you.

Your self-love begins the moment you truly--thus genuinely--*know* you are a god or a goddess in human form. You will then treat yourself and others with respect and appreciation. Your self will be a recipient of all the honor a divine human being deserves to receive. Your love of self will soon then be natural. You now already have a soul full of pure love to gift to others around you. Once self-love is born within you it is totally impossible to go backwards...to hate yourself or--your body--or others around you. Your spirit will merge with your soulmate to be a shining light of pure love in our much too often very dark world of a very low human *social consciousness*...on earth today. Shine on my friend.

## Chapter Fourteen

### **BIOLOGICAL VS SPIRITUAL LOVE**

Are you ready for a *shock*? Almost every human being on earth --probably, including you--believes he or she surely is in full conscious control of his or her physical body and of his or her thoughts, feelings and endless unfolding life events. *Nothing could be further from the truth!*

It's time to delve deeper now into the chemistry of our limited human body being on Earth...of the hormonal and chemical soup that drives most of our thoughts, feelings and actions....

All human consciousness or perception of any kind, arises within us through a series of atomic and cellular neuron 'firings' as light photons strike our complex fourfold human brain and nervous system. Every man and woman without exception *runs* off these electrical and chemical *firings* in his or her body. The thoughts and feelings you call your own *well up* from a body chemistry inlaid by the cross-breeding of well over *20 billion* ancestors...who now live inside your body. All of these ancestors express their ancient living identities through the DNA and genes of every single cell of your body. Pause a moment and try to imagine this colossal chorus of commands and demands issuing from this 20-billion-plus throng from which you are descended--or you are ascended--depending on whether you are looking up--or down--or backwards or forward...in time.

Until you awaken to your genuine god self-identity and take *charge* of of your current physical body--in the present moment--the chemical transmissions of your most dominant ancestors will be the commands or impulses that give form and structure to your *seemingly own chosen* 3-D mental thoughts and emotional feelings.

The fact is that every single one of these billions upon billions of your ancestors is well--and alive--inside your DNA and genes and bodily being. Each one clamors for validity and loudly insists on being the central or single one in charge of *your* body and mind. The dominant ancestral control over your body varies from moment to moment and day to day...depending on what current external stimulus arouses a response from your most dominant individual ancestor...or group of ancestors.

Generally, your last seven generations of ancestors are the most dominant and usually all are busy triggering those many thoughts and feelings you call your own. You do not own them.

You are but a single voice in over 20 billion cellular voices or loud speakers within. Which thought or feeling is yours? In time you will learn how to paradoxically *lose all* of your personal identity and how to take charge. You will then be the single controlling ruler over the thoughts, feelings and actions of your body and its priceless cargo of ancestral knowledge. Every single cell of your precious body holds all knowledge of the past and if our universe were destroyed, one of your cells could supply the blueprint to rebuild our entire universe if needed!

Meanwhile you will still feel your likes and dislikes and your love--or your hate--for all new individuals you meet...mostly according to your ancestral responses to them. If that person's *vibration* matches the ancestral memory of a pleasant physical experience--of a *dominant* ancestor--you will have a pleasant reaction. Your brain will then register and imprint that same kind of feeling toward them. That whole process had nothing to do with *your* mind. It was 100 percent body chemistry!

The same analogy applies if there had been a very hateful or a very unpleasant experience--re-awakened within one of your most dominant ancestors--in that meeting in your current living now moment. Your body chemistry would then generate an apt glandular and hormone reactions of instant dislike--or possibly even a strong hatred--toward that person.

This is also the reason you may be often biologically drawn into a love affair. All of us have potential biological lovers--meaning individuals who have come into our lives--who perfectly reflect traits of someone we had a passionate *passing* or long-time sizzling love affair with.. perhaps a look-alike impassioned lover...of one or several of our dominant ancestors.

Upon your physical encounter with them your body triggers that very same kind of reaction *and biological attraction*. You might then act out a timely--and appropriate--courtship ritual that leads to enjoying the same sort of passionate love affair that was previously initiated and enjoyed by your ancestor. Naturally you add your own unique tone to this updated, exciting--though repeated--relationship. This also is recorded faithfully in your own DNA and gene pool...to be passed on to your children and their children's children...up,

up, through the ages of our evolving human species. You may be the dominant ancestor who spurs one of your many descendents into a wild and lusty encounter when your own descendant meets someone like your biological lover of today.

Of course each of our bodies is sensorially different. So some of us generate almost countless biological lovers in endless streams while others encounter only a rare few... and some *none*.

Your last seven generations project the most dominant biological control over your chemistry and daily life. It requires only three generations of repression to cover--or suppress--your most positive genetic ancestral traits. If for example your last three generations of *mother*, *grandfather* and *great-grandmother*--all in a sequential line of genetic transmission--were severely depressed...then you will tend to be depressed. There will not be a sufficient electrical and magnetic charge in your body to catch or draw the attention of--or to attract--a biological lover while others around you are seemingly attracting one, two or several in a single day....

With that kind of genetic heritage it will require almost super-human power for you to break through your body chemistry--to go beyond the range of those three dominant repressed generations--where you can tap a thought or a genetic code that "allows" you a biological lover.

The easiest and fastest way to achieve your big breakthrough is not by a supreme struggle with your gene pool. Instead you bypass your body chemistry and your gene pool. You *decentrate* and go directly to your *Creator Source* god self. That technique was clearly outlined in detail in *Chapter 6*.

In the vast mass of biological experienced--recorded by over 20 billion ancestors--any imaginable scenario is possible. For simplicity's sake we may reverse this last example. Say that your *father*, *grandmother* and *great-grandfather* were all in ideal and long-lasting.. and tremendously passionate love affairs. If so--since these simply are your dominant genes--you will easily attract a genuinely ideal biological soulmate to you in this lifetime on earth.

In turn, you will then re-give--transfer--that exquisite gift of sublime soulmate love to your children and their posterity. You have imprinted it in their genes.

To keep this in perspective...next time you feel a very familiar positive or negative tingle in your body when you meet a new stranger--pause and understand that it is not your mind that has triggered that feeling--it was your subtle body chemistry. Your body is a beautiful instrument. It should always be greatly loved and fully and lovingly supported by you. Your body is always acting natural...simply doing it's thing.

Your great new human freedom will come when you learn to use your DNA or ancestral mob to support what *you* choose to experience. Until then your body chemistry automatically reacts, censors, dictates and so dominantly controls your life. Fortunately...your free will can change that.

Take charge of your body today!

### **SPIRITUAL LOVE**

More than 98 percent of all *love relationships* presently experienced on earth today have *arisen* and are driven purely from body chemistry.

This is what we know as biological love. There is certainly nothing wrong with that. Love in any form elevates our human body and spirit. However it is very sad when *less than 2 percent* of all human love relationships on this planet today have a meaningful *spiritual* base.

In an average human lifetime of 70 to 80 years...the average person will manage relatively fleeting seconds of a genuine spiritual touch with others. Perhaps only a total of 20 minutes in severe cases...during their whole life period. Instead of us ruling our bodies...our bodies...our ruling us. What a great waste of priceless consciously God-gifted new life moments.

However a rare few individuals have learned how to be their god selves so totally that they indeed can know and easily express spiritual love to another daily.

The ultimate fantasy of a *great spiritual love* is very possible indeed. However it requires that both mates know who and what they are...and both 100 percent *safe* in sharing and being vulnerable with each other. Until such a shared intimacy with others is known a fully expressed spiritual life is impossible. Yes...each one of us is a god in human form but only when we know and express it. Otherwise we are operating on and from a mass of neurons...firing electrically and chemically in our biological form...our physical human body. The *hu* in hu-man means

*spiritual!*. *Hu* and *man* together in one body form is named a human. *The womb-man*...naturally fits this same body/spirit fusion as a *female hu-man*. A human is a human is a human.

Once *spiritual* lovers *impact* with each other lightning strikes and the deep passionate love they share with each other defies description! *Sheer bliss* is the closest label you can tag on their mutual stark naked intimacy--shared at physical levels--between spiritual lovers. We will pursue this intimacy and allowed vulnerability later in this volume. You can imagine how good it feels to be able to totally *be yourself*...with your lover - or with anyone else at all *times*. I call it human *Heaven on Earth*.

The reason most of us in human body often form and express our love biologically is because we are holding a god separation--or distance--between ourselves and the one we love. This gap--between our lovers and ourselves --can only be bridged...when god self is known. Then awakened god self can intimately communicate to god self effortlessly.

Those fortunate of us on earth who have found genuine spiritual lovers are mated with entities--who have found themselves spiritually and--who normally *vibrate* at the same wavelength as ourselves. If that has not yet been your experience...*do not be discouraged*. When you learn to be yourself--not all the images society or friends place on you--that longed for wonderful, grand spiritual self-love--and sweetly shared soulmate love between *you* and your own mirror spiritual lover *will* be a physical reality. I know. I have one.

May you too be blessed with genuine self-love and an ecstatic body-and-soul love between you and your own spiritual lover.

## Chapter Fifteen

### THE ULTIMATE INTIMACY

The absolute deepest and most primal personal and spiritual urge within every single one of us--in a priceless human body-- is our deep natural urge *to share*. Furthermore our most important--most valuable and precious-- possession we can share with another is the intimacy of our own *human* physical and spiritual inner "I Am" *god* self.

Our individual need *for intimacy* stems from deep roots. It comes from the time aeons past--before our Earth appeared--when you and I were simply pure conscious spirit. As spirits we had no means--no medium--of self-exchange between ourselves and other spirit selves.. The eventual--divinely inspired--idea and creation of these magnificent physical human bodies--*as carriages* for our spirits--helped lead us to fulfill our great long-burning desire *to share ourselves* with others. We yearned to fill up our space--our emptiness--our then so obviously felt non-individuated Oneness with all other spirits in our Kingdom..

When the Supreme One Creator enacted the repulsion/ attraction principle *that* allowed us to separate from the *whole* of our divine being. However we felt rejected and pained. We did not understand what a grand gift we had been given by our Creator - and our Universal GOD, the gift of *self- individuation*. As individual god-self fragments...we were released from non-individualized Oneness. We were now alive gods on our very own and allowed to become equal to our Creator God Source. We could now each be able to maintain our own distinct personality or extra-ordinary micro God-self "I Am" identity.

In order to exist and to be creative in 3-D--we had to maintain a unique singular electrical polarity--dominantly as a male--or dominantly a female god self identity. Without this *polarity*--or singular pole manifestation--a separation from the whole...and a power to attract matter--for co-creating --is impossible.

However from the start--and to this date--we all felt a very deep longing to be joined again into *wholeness*--at our spiritual level--to be *home* again with with our *Creator*. This primal urge is what enables us to physically merge our dominant male or female electrical charge into a blissful sexual fusion with our opposite gender...which builds and

discharges our electrical energy--all at once--at a climax point...and relaxes or releases our polarity. Thus our urge or our need for intimacy--or nearness or sublime togetherness with others--has arisen within us.

Sexual intimacy--and the sexual act--allows us the ultimate satisfaction needed for us at a *physical body* level. However.. it is never quite enough. No matter how hard we try.. that ultimate, dimly remembered exquisite and blissful perfect self-balance--with our *Creator*--never escapes us.

Intimacy must then be known--and expressed--between our psyches as well. When both partners are willing and able to embrace each other *fully*--at both body and spirit levels--it creates a very blissful and ecstatic true soulmate relationship--and balanced union--between them.

Not only is intimacy required and desired between lovers --- it is also necessary for a strong bonding to occur in society...or at any social level of interchange.

The more you truly know someone the more you love them. This is because at the most intimate level of self you--and all other human beings --are conscious dynamic and attractive living light-entity...*gods...in the flesh*.

Once you learn to go deep inside yourself--beyond vulnerability--into the intimacy of genuine self...you will become a strong and magnetic center of *attraction* to others. Your soulmate--as well as countless other desirable loved ones and friends--will be drawn into your *magnetic* space.

Every time you peel away a cover--or a layer of limited or false identity so that others can know you more--your electrical charge builds...and your personal magnetism grows.

Your sexual gender can be wisely utilized as a tool for you to create your own true self-intimacy--through respecting and honoring the recognized god Or goddess in your soulmate--or sexual partner. In actuality...you never do see the real gentleness--the real beauty and the real god or real goddess in your sexual partner--unless you first can see and acknowledge that radiant divine god "I Am" in yourself.

To begin, you can fulfill your deep need for intimacy by a deliberate conscious interaction with your own body. Touch it. Caress it. Tend it. Trust it....Treat your sweet body as a thing of fine beauty...not as a cause --or a thing of your pain--or as a dreadful and heavy burden to drag around.

Deliberately find and fulfill all your long hidden body desires and needs lovingly and caringly. Your body is one of

the finest...most precious things that you will ever own. Do not disown it. If you waste your body away--through self-neglect and self-punishment--it will slowly shrivel and die. On the other hand if you wisely give your body the intimacy of your loving understanding--and of your gentle care and touch--it will blissfully merge with you. Let your body give you a lift back up to the highest stars of Heaven.

To become intimately close to another you must be able to *face--embrace, and erase--*your own worst fears. As long as a single fear response can be triggered in you--by someone or something--you cannot and will not allow yourself to be vulnerable--or fully intimate--with *him, her* or *it*.

An animal that senses your fear becomes wary of you...rather than intimate with you. Because of your fear you probably will not allow him or her--or it--to get remotely close to you...let alone to be intimately involved.

Some individuals actually fear *their own bodies*. They live in constant deep trepidation that their bodies will suddenly turn on them...that it will overwhelm them with uncontrollable wants--urges or desires--which they cannot yet manage to contain or master. Such fearful individuals will build an artificial space--or gap or break--between themselves...and their feared physical vehicles. Fear draws fearful things. Trust draws trusted things.

Some people believe it is unspiritual to have a close or an intimate relationship. Intimacy is associated solely with sex, sexuality and sexual relationships...and all are considered bad and ungodly. Many of these false beliefs about intimacy stem from ignorant close-minded religious doctrines. However the greater share of all of these ignorant thoughts --and repressive feeling--arises from within our genes. They are our purely biological response from our past. This triggers a chemical response and creates the *irritant* in our consciousness we call *emotion*. That old hidden --baggage from our past--needs to be known for what it is...and from whence it came...and to be tossed out as soon as we *consciously* recognize it.

Your full expression of your loving intimacy requires your close *proximity*--to that loved one --or thing.. If you love a sunrise you must awaken early enough to strategically place yourself in the best--or closest--position to see and experience it. Your willing and actual proximity proves your love for it.

Think it through....How can you intimately love--or be loved by another --if you physically or--psychologically--hold

yourself at a distance--or you keep a barrier or a wall of fear--between yourself and him...or with her?

Intimacy requires total and open honesty with yourself and with all other gods. Thus when you are honestly expressing *you*--your biggest barriers --or walls come tumbling down. *Now...*that divine god self you are can share a tender loving closeness--thus a warm *vulnerable* intimacy--with anyone or anything you choose.

What about *vulnerability*?

## **VULNERABILITY**

Vulnerability is your fear of exposing or allowing your real self to be seen and known. Vulnerability is a defense mechanism utilized by your ego to keep the real you closed off from any public or private scrutiny. But when you feel vulnerable you feel pain. Vulnerability lessens who and what you are. Whenever you cannot be openly *who* and *what* you are...you are closed off from a great portion of reality in your life. This *constriction* of self is painful. It instills a feeling that you are less than what you are. Psychologically and spiritually--when evaluating self--*more-ness brings pleasure. Less-ness brings pain.*

One greatly contributing portion to the creation of your feeling of vulnerability--or *unsafeness*--comes from the false teaching in our society that being in a gentle space hurts. Males and females today are both urged to be rough and tough...instead of calm and gentle. It show in most of our movies. Society says you will be hurt if you expose your gentle side when the exact opposite is true. Nothing and no one can hurt you when you calmly rest secure in that gentle space of your self. On the contrary it is *in your gentle space* that you are strong and at peace.

Your sense of vulnerability arises only when you are threatened or when you feel you are in a weak position. Then you cover up any or all of your self-exposure with that socially trained attitude of toughness or whatever false face--your ego is required to wear--to avoid letting others see your beautiful and powerful real self.

This should tell you a lot about whether you have a good self-image or not. If your self-image is poor you increase your vulnerability greatly. On the other hand when you know who and what you are your vulnerability will naturally vanish.

Vulnerability must go very deep in order for you to play the sad game with *your own* consciousness of *hiding you from*

*you*. You adroitly avoid looking at--*seeing* or acknowledging --your own true divine god self-identity.

Whenever you are in any kind of denial of anything you are in a state of vulnerability. Religion errs greatly when it insists that only God is divine and that you and everyone else are natural sinners. That is a huge falsehood...a lie. You are a god. A strong religious upbringing can load you erroneously with dozens--even hundreds--of reasons why you are worthless of being in the presence of God...when everyone is always in God's presence. Without Creator God Source we are NOTHING!

The knowledge that God is within you has long been withheld from you --deliberately in most cases--so that you will maintain a continuous and ignorant sense of guilt...and so that you will feel a need for someone *outside yourself to save you*. My goodness you do not need saving! You are what you are. Your choices--*good or bad*--and your *karma*--or subsequent life lessons--are strictly of your creation. No one else can save you. You can feel safe or unsafe...and *you alone* can do that. Who can *feel* for you?

We often darken our lives with *too serious* an approach. A lighter and more carefree perspective is surely needed. Somewhere inside you and me--and everyone else--is a carefree impulsive *imp*. However we often take great and stern measures to hide that secret--light side of our true natures--not only from ourselves...but from others too.

You are also hiding a genuine sweetness--a gentility and a love for everyone--because you have been taught--*and believe*--that you will be sorely hurt if someone enters and shares that precious sanctum of yours ...that intimate and vulnerable space. Nothing could be further from the truth!

As you learn to *consciously* allow yourself to be more approachable--more vulnerable--your true strength will become evident. *Being yourself* is the grandest feeling you will ever know in both body and spirit. This is why it is so utterly important--if you want to know and be yourself--to discover--or uncover--each of your sensitive areas of vulnerability...one by one.

At first each candid self-exposure makes you feel more naked and more vulnerable. This grows and grows as you have less and less to hide behind. Every dark veil uncovered greatly *exposes* you that much more. However with avid persistence you will gradually find you are consciously

becoming more and more and more of yourself . You are you anywhere--at any time--and with anyone or in any situation.

The sheer intense joyful personal physical mind/body and spiritual freedom you earn--by showing your vulnerability--is well worth all of the focused moments of conscious effort you make to set yourself *free*.

## Chapter Sixteen

### THE ELECTRICAL LOVER

The electric lover is one you and I are drawn to through our natural body chemistry...our own biological heritage. He or she is a person who turns us on. There is something very appealing in the individual we are observing that makes us wish for an introduction--or a chance to make small talk--or to get a closer physical look at them. Our mind and body are sending us signals to take note. We may possibly even try to create an incident or a move that assures we will engender have some sort of communication with that attractive person who has suddenly appeared before us!

In a way we could define it as an obvious much out of character self-behavior--or even as surprisingly shocking self-behavior. Electricity was in the air. We simply responded to the sudden electrical surge registered in our solar plexus region. The principle of polarity swung into full effect and we became consciously self-aware that we were not repulsed--but much attracted--to the entity before us. This is supposed to happen in an electrical world when two polar opposites meet - *instant attraction!*

Of course the degree of that sudden attraction varies from person to person and event to event and from time to time. Some days our electrical battery is highly charged. We thus become more sensitive to the electrical impulses or vibrations suddenly reaching us from some person or event or thing that springs into our life. We must also take into account the amount of charge in the battery--translate to body--of the person, animal or space-time event--like a sunrise or sunset--that we are encountering at that given moment. Naturally when both of the body batteries are charged to the hilt...sparks can fly...and they usually do.

When we encounter a prospective soulmate or a possible one-night-stand special lover or mate sexually simply and directly because of our biological drive it can be sweet...even if short. There is no real staying power in it thought to keep charging up both of your batteries again.

The initial thrust or powerful and pulsing drive that brought both of you into consenting interaction, is no longer shooting out sparks of electricity after impact...Thus a potential soulmate or passionate new lover turns out to be old news simply re-read...for the umpteenth time!

Now let's take somewhat the same kind of scenario...and put it into the perspective of a sizzling contact with a truly *magnetic lover*....

## Chapter Seventeen

### THE MAGNETIC LOVER

At this point we get into the alluring realm of *soulmates*. Your *soul* or my *soul* has its natural habitat--or home--in the *Magnetic Universe*. Fortunately you and I can choose to operate and live mentally in either the material electrical universe--composed of atomic particles and form --or in the magnetic universe...composed of the sub-atomic or anti-matter or sensibly *balanced* in both!

Obviously anyone who ambles around *spaced out*...lacks grounding with reality. Conversely someone who discounts his own psyche or his inner reality of himself--or others--and who will believe or accept only what his--or her--very fallible senses report as real...in our material three-dimensional world...and who is totally skeptical about psychic powers or the existence of a soul--or spirit--is in dire need of balance.

The most healthful and balanced position that any one of us--in human form--can achieve is a *deliberated conscious* focus of living in both worlds *simultaneously*. AT birth we became locked into a *mind fix* that we and our bodies were our only known and our only *real* identity.

Most of us do not respond to--or start to incorporate--an other self...or group consciousness...soul consciousness self...until about our age of 4. The unique energy--or presence of the soul is detected because at this age a child starts to also think of the well-being of mother...instead of of being so solely concerned with self.

The child reaches a state of concern where the thought--feeling or the health of her mother--is to be honored or respected as much--or more--than its own. The child consciously responds now to the *magnetism* between its mother and itself. This ability to shift from a much closed--predominant self-concern posture to a genuine open and soulful concern for the welfare of others--is an aspect and a *can be seen attribute* of the *soul* of a four or five year old child.

A soulmate is a loved one you relate with from the magnetic or soul level. A magnetic lover is not here today and gone tomorrow. The nature of soul magnetism is that it naturally has a holding power which can not be found in pure ego--or personality--relationships. There is nothing that

is substantial--sub-stantial--in a personality relationship. Note how these words chose here indicate a material *lack of dimension* in a personality relationship. *Sub* means under. *Stance* or--a held posture--or a held pose is the other half...of the meaning of substantial. Thus...if something has true substance it has *under--or inner--support*. If something shows--or lacks substance--it has no inner magnetic *soul* support.

In short--a relationship without substance is electrical--not magnetic. A magnetic lover is far more desirable than an electrical lover--unless you are only interested in one-night stands--or a relationship without long-term depth or meaning.

In this light you simply need to choose between looking for--or even of continuing with a relationship--with an easily accessible electrical lover...and making a strong and determined self-effort to settle for no one short of your own--divine and magnetic love--namely your own true soulmate.

All the information you need to draw that special soulmate to you is incorporated in this book. I hope you will read and understand it--*and then use it*--to make your own life a genuine *Heaven* on Earth.

My additional desire is that you will also tell the friends you love about this book--or share the info in it...so they too can learn and put this now so well-proven success formula to work in attracting their own soulmate.

## Chapter Eighteen

### **HETEROSEXUAL, HOMOSEXUAL AND LESBIAN LOVE**

#### **HETEROSEXUAL LOVE**

Males and females are naturally mates so men and women are *natural* mates! They were designed by nature to link and fit together functionally in a pro-creating sexual embrace.

A majority of society on earth encourages this natural expression of sex between a married man and his wife--or a married woman--and her husband. It is empirically obvious that the mere coarse touch of a man or the light gentle touch of a woman...alters and excites the chemistry and hormonal flows of the opposite gender.

Human civilization would crumble very rapidly without the *continuity* of heterosexual love. Society utilizes every form of science, craft and art to promote heterosexuality. The great longing that men and women feel for each other is captured and capitalized on--in bawdy romance novels in poetry--on canvas and in song. Our modern advertising industry has utilized this strong passion and so torrid attraction between the sexes to ring up an endless flow of dollars, euros and currency or coin utilized by any nation on Earth worldwide..

Parents promote and encourage heterosexual love early in the life of their offspring. They are visibly devastated and shaken if the child signals or divulges to them he or she is homosexual. Most parents are usually quick to note and discourage any visible sign of any such socially deviant or unaccepted sexual behavior in their beloved growing children.

Religion staunchly extols and commands that all of its followers lead a heterosexual life style. Religion encourages it...adding church approval via blessings...time-worn rituals...and sacred wedding vows made in the marriage of a man and a woman.

Heterosexual love is here to stay. Nature has decided to maintain an eternal attraction between the two distinctly different sexes in her beloved earthly hu-man species.

*I am a man and I personally love and enjoy the unique difference between a woman and myself.* Using my free will I

cast my one human vote for this same exhilarating and continuous natural unfolding of heterosexual love here on earth between a man and woman to go on and on forever!

*Your choice may be different and that is all right!*

If you or any other human vote for--or deliberately are drawn to--and choose to be homosexual, gay, lesbian or bisexual..that is none of my business. Nor is it the business of another. No one on earth has any godly right to tell any other human being what their own private or public sexual preference *choices or practices "should"* be. The *Law of Allowance* is a Universal law.

I see no effort among the homosexual or bisexual community to tell us heterosexuals that we *should* be bisexual or homosexual. They are not "*shoulding*" on us - so we have no business heaping smelling pile of "*should* !on them!

I personally immensely enjoy being a heterosexual. It feels so good to be a man loving a woman...and I allow everyone else to choose their own sexual preference and sexual lifestyle. I hope you will also be equally allowing.

*Lighten up...open up --and joy, love and truth...will eventually ring and sing throughout your body and spirit--whether you are homosexual, bisexual or heterosexual....*

## **HOMOSEXUAL LOVE**

*A woman loves a woman--or a man loves a man--and immediately some elements of heterosexual society rears up an ugly head to say it is wrong or unnatural.*

Society is made up of a majority of heterosexuals who engage in normal sex with an individual of the opposite gender. *Normal* means--in every *social consciousness--what everybody else is doing* and often...very specifically only what the major current controlling *powers that be* advocate.

Since the apparent--but not really controlling--powers that virtually mold society on earth today...are religion and government--or *church* and *state*--they literally dictate what is acceptable--or *normal*--and what is not.

Government is generally less fanatical and far more lenient toward *overt* homosexuality...except in the military. Government actually appears to be leaning a little more every day...toward allowing--or acknowledging--the legitimacy of homosexuality. Even the long, powerful unjust *private arm* of the US Federal Reserve--the *Internal*

*Revenue Service*--is allowing homosexual couples...who are living together---to file jointly on income taxes and to receive the same credit tax benefits as give to heterosexual couples who are living in joint tenancy. This is certainly a mighty giant step toward acknowledgement of homosexual--or *gay--rights*.

Orthodox religion...however is not bending an inch from its rigid long held stance that homosexuality is unnatural...and *evil*. Most educated or more sophisticated homosexuals simple *consider the source*. They duly ignore these mean so narrow or close-minded *judgments*. Jesus, The *Christed* individual from whom *Christianity* borrowed its name said: "Judge not, lest you be judged."

Obviously the greatest judgments are continuously being formed and announced publicly by self-anointed religious representatives.

The truth is he who judges another is not able to run his own life so tries to tell others how to run their lives...instead. I too consider the source...so I find it easy to ignore the scathing, bitter condemnations of my homosexual brothers and sisters. All of us have played all roles in our many human embodiments up Earth. From a spiritual perspective a judgment--or effort to tell or force another human how to run his or her life--is a literal psychic attack upon that person.

In a true spiritual community the sovereignty and divinity of each and all individuals is honored and acknowledged. Homosexuals are not a breed apart. They are normal loving living human beings--who like others---have all the same feelings...the same human dramas...and the same grand spiritual essence...as any other human god being on earth. They eat, work, play, vote, pay taxes, sleep, live or die...like everyone else. They love as heterosexuals love. Like you and I, they are here to learn their own personal and meaningful life lessons...the same as everybody else in human form Creation wide.

Homosexual lovers wine, dine and court each other...just like any one of us do.. Homosexual lovers walk hand in hand, they dance together--and each and all-- feel the sad pathos and sublime, joyous essence of their very own shifting daily own human natures like all the rest of us. What's the problem?

In my out-of-print book *Soulmate Book: For Gays and Lesbians*, published by Samuel Weiser Inc., I provide scores of rational explanations of why and how any homosexual human behavior arising from DNA is therefore just as

"natural" as heterosexual behavior is to that reigning majority on our planet. Here are a few of them to consider or ponder.

In a "crossover" situations where a male incarnates in a female body --or vice-versa--the body chemistry is altered naturally so that a real male will "naturally" be attracted to a male, or a real female 'naturally' attracted to a female. The spirit or soul is the greater force and always the greater controls the lesser. The Mail in a female body inwardly knows he is a male...and the female in a male body inwardly knows she is a female. Bless their hearts....

There are also genetic factors. The "intent packet" of the parents before birth can program the DNA with a natural urge or desire to be attracted to--and to find sexual biological fulfillment with a mate...of the very same sex.

Try as it may, society will never succeed in trying to make a genuine heterosexual out of a homosexual. Why? Because...*it is against their nature!*

It always pains a homosexual--and his or her lover--when society asserts that the cure for homosexuality is to turn them back into normal thinking and respo9nding heterosexuals. *Then...all will be fine!*

*Wrongo in the Congo!* A homosexual is a homosexual is a homosexual, *naturally* - just like a rose is a rose is a rose, *naturally*.

Homosexual lovers are genuine, feeling, thinking and ordinary--or often extraordinary--people-...just like very other *light-entity* god self in a dense human body. They eat. They breathe and they excrete like heterosexuals. They love with great passionate love like heterosexual lovers naturally do! They **allow** you to be a heterosexual without condemning, damning and upbraiding you.

It would be very nice --and very, very genuinely spiritual--if we all would *allow* homosexual lovers the same kind of free will they now already give to all of us.

*I do.* Do you? Whatever, that's *your* business.

## **BISEXUAL LOVERS**

Bisexual love is natural to *bisexuals*. The heterosexual, the homosexual, the bisexual all follow what comes naturally in each of their different kinds of erotic sexual expression or method of bodily fulfillment. We heterosexuals *mostly* run off of the chemistry of our bodies. Bisexuals do the same.

For readers who do not know it...a bisexual is a woman who can gain fulfillment sexually with either a man or a

woman...or a man who can gain sexual fulfillment equally with a woman or a man. The bisexual men and women--I have met in my lifetime--have tended to lean more in one direction than the other. However a spontaneous 'sexual romp' with either sex--or both sexes at the same time--brings them equally a great deal of bodily sexual satisfaction.

Though a bisexual operates almost equally well on either *direct current* or *alternating current (AC or DC)*--he or she will often have a natural preference toward one or the other--thus be--a predominantly heterosexual or predominantly homosexual.

In either case this does not detract from his or her unique ability to 'flow' easily alone--in either direction of 'the current'--to love or sexually interact with either a man or a woman.

Another personal observation I have made about bisexual men or women is *their libido is immense*. They emit or exude much more than the average amount of sexual energy. Bisexuals seem to have a great ravenous--almost constant--hunger for sex...far beyond the ordinary heterosexual's or homosexual's sexual drive. This may be because they can and do have sexual intercourse with either gender.. so they do---and do it often.

The chemical and electrical and genetic circuitry that makes up a bisexual is obviously different. Nevertheless it is a 100 percent natural behavior to the inhabitant within that genetic human body--*to be a bisexual*--just the same as it is 100 percent natural for you to be a heterosexual or a homosexual--or a lesbian--or whatever you choose... or claim to be....

A *non-sexual* does not exist. No entity can be living in a human body without a predominant charge of either positive or negative electricity coursing through it.. as thus a human male's or human female's magnetic field of focus can be maintained.

It is also a fact that sexuality and creativity are irrevocably connected. Without a strong attractive or repulsive electrical flow throughout and in our 3-D human bodies we would not have the proper 'magnetics' to attract or to repulse the specific weight or *mass* needed to create--or materialize events--or physical things.

Bisexuals have plenty of vitality or "juice" they are quick to turn on the juice at almost any opportunity. All the bisexuals I have met were--or are--unusually personable, gentle, attentive and genuinely thoughtful of those around them.

One particular outstanding bisexual I know is a very extremely wealthy lawyer. Unless you had inside information --or personal first-hand observation--you would never be remotely likely to guess that he is bisexual. He exudes a great amount of masculine charm and a finely tuned professional intensity.

The final point I want to make very clear is that a bisexual--like a homosexual, or a lesbian, or a heterosexual--merely has a different sexual appetite or sexual lifestyle preference. Otherwise he or she is exactly like you--like me--or like any normal beautiful human god being on earth.

## Chapter Nineteen

### FANTASY LOVE VS REAL LOVE

Romance novel writers, movies, songwriters, poets and artists paint glamorous and alluring pictures about *the fantasy lover*. Does he or she really exist?

Indeed...fantasy lovers are more than myth. They have a genuine basis in 3-D physical reality. Whatever can be imagined can exist. Our imaginations can open us up to create every conceivable kind of human experience. Without imagination life would be so tremendously dull. Thank God for our infinite imagination coupled with our infinite free will.

If you are a parent or plan to be one...please encourage imagination in your children. It will always be an invaluable parental gift, a truly infinitely creative 'tool' that they will be able to use and enjoy all through their god-being lifetimes.

With the proper use of your imagination--the most ideal man or woman you can ever imagine or 'dream' about--can be brought physically and literally to your doorstep--or bedside. I *know it as a fact* for myself.

When I first began to learn how to use the power of *self-suggestions*, I read with astonishment how the author of a book I was reading had personally used self-suggestion to hallucinate a 3-D big brown bear. He could actually feel the thick fur and the weight of the bear. Thankfully, the bear had a jolly personality and it loved to romp and play with the author...its mental creator.

The point this author was making was that the focused power of self-suggestion had put so much actual three-dimensional life into his bear that it often would appear spontaneously. It would demand his attention--day or night--and at most inappropriate times. For instance he said he could be carrying on a serious conversation with someone at a party when all of a sudden the bear would suddenly appear and would begin to playfully romp and wrestle with him.

*The bear was invisible to the host and the other party guests* but was quite visible and tangibly real to him. In the middle of a sentence made to a host or to a guest he would suddenly lurch or stumble forward--or jerk back and start pawing the air--trying desperately to fend off the playful heavy bear. Naturally, that kind of wild dancing, bobbing, lurching and dropping suddenly down to the floor, rolling over and over was not very easily explained to--a startled

host--and sudden wide-eyed party guests. As I read I could see that humorous episode clearly in my mind's eye and I paused and roared with laughter.

The author said his lovable fantasy brown bear had become so real--and such a constant unexpected nuisance--that he finally went to work again to self-suggest it totally away...and out of his daily or nightly life.

He made his point very well. *We can give actual instant 3-D life to our fantasies.* This brilliant author had *successfully hallucinated* this live bear *into* his life. When it became a problem...he just as successfully self-suggested it *out* of his life. *Wowee!*

While reading about this--and reliving his drama in my mind--I laughed loudly...chuckling with merriment. Suddenly a great idea flashed into my mind like a bolt from the blue.

Perhaps the word *bear* is what gave me a direct association with the word *bare*. Anyway I suddenly knew I certainly was not going to image --or fantasize or self-suggest--an annoying bear into my life. But I did know that if the author could do it I could do it. However I knew that I was going to manifest a *bare*, beautiful and extremely sexy loving woman into my life. I knew what I wanted. I wanted her to appear suddenly to me in my bed in the middle of the night.

I programmed that she would be stark naked. She would be gorgeous. She would melt into my arms. softly saying the exact words in a sultry tone and alluring smile, *"Well, here I am."* We would then tightly embrace and would together thoroughly enjoy an exquisite highly sensual "sexual romp"...all through the torrid night.

Being young lusty and strongly masculine...I was tremendously excited by this bawdy idea. In addition, I *knew that I could do it...*

That night before going to sleep--following the author's instructions--I soon allowed my body a half-awake, half-asleep posture. I then gave myself an emotional and highly charged self-suggestion that this naked sexually attractive fantasy woman would physically materialize before me in bed--at some point during the night--just like the brown bear had manifested physically for the author.

My suggestion was that *some very natural sound in the night* would awaken me. *I would then hallucinate strongly* that this naked and alluring woman had just materialized in

my bed. She would hold her outstretched arms out to me...and she would say with a sexy smile, 'Well, here I am.'

The first night nothing happened. Yet I knew that it was just a matter of persistence and time. I knew that repeated self-suggestion gradually sink into and overcome any resistance in my subconscious mind...

especially if my succeeding nightly efforts were persistent and expectant.

One of my characteristic strong traits--as all my friends know--is my dogged persistence. It is hard for me to give up when I know any goal I am pursuing is possible. So I was not discouraged in the slightest.

The second night I repeated the self-suggestion over and over again before falling asleep. Yet, but I awoke in the morning...without any hint of the suggested manifestation of my strongly desired *fantasy lover*.

A old adage says the third try is luck and it was for me. On the third night--after a long and strong self-suggestion repetition--before finally falling asleep, I suddenly awoke. I heard a slight sound.

*Tick!*

There she was. *In all her naked glory!* She was kneeling before me with wide-open arms and with a charming sexy...and an irresistible smile that lit up her beautiful, flushed face.

'Well, here I am! she said.

I said nothing. I just slide sensually into her beckoning arms and her warm naked embrace. I never sleep with clothes on...so I just melted into her arms. *All through the night we made lusty, torrid, passionate and very gentle, sensually sweet sexual "love" together!*

In the wee hours of dawn I finally tired. I gave my *fantasy lover* a final last kiss and fell blissfully asleep. My last memory was of our two naked bodies still intertwined in a sweet and sensual embrace...such as all lovers know--after making passionate love--and falling sweetly...and so contentedly asleep afterwards...

When I awoke again in the morning *she was gone - vanished*. I *relived* that *passionate tryst* over and over again in my mind...all through that whole next day. My whole body still sang and tingled with a slow-burning warm and pleasurable sexually sentient memory of my *fantasy lover's* presence.

What was so amazing to me was that this self-suggested, passionate tryst with my fantasy lover was just as *physical* in sensation and *feeling* in every cell of my body. It was just as *real* as any other physical sexual consummation I had ever had in my life before. What a night! What a rush! What an unforgettable memory! *Fantasies can and DO come true!*

For self-reasons known to me I never suggested a repeat performance with my fantasy lover.

There are so very many levels and degrees of fantasy lovers that exist for all of us. My own ultimate, very, very real 3-D fantasy lover eventually arrived in my own life in the lovely form and expression of my existing beautiful soulmate, Maria. You may read about my meeting and merging with Maria in my book, "*Soulmates, Twin Rays and Special Lovers.*"

My life together with Maria is an unfolding, ongoing, rich, earthly and Heavenly fantasy. In it...our wildest dreams continue to come true.

Be assured, if not already in your arms, your own adorable and beloved 3-D physical soulmate *fantasy lover* is as near to you now as your own mind *and spirit!* You simply need to learn how to focus him or her your way...the why and how...to materialize him or her into your life. If I can you can.

*So be it.*

## Chapter Twenty

### WHY JOY ATTRACTS LOVE

*Joy* always attracts *love*. When your body and spirit are filled with a natural joy of life you are literally a strong magnet. You then attract more joy to you and--consequently also--more love.

Joy at a physical level--like love at a non-physical level--is the highest vibratory frequency wave that us human individuals can personally generate. Joy unifies. Joy heals. Joy rejuvenates the diseased all through our whole body mass. It alters our atomic, cellular, molecular and organic levels like no other personal physical body sensory *vibration*.

Joy *enters* human consciousness directly at that focal point where your physical body mass and your spiritual mass join as one unified field. It is the first 3-D layer--your first electrical coat--of skin. Joy is also the deepest vibration your physical body will ever know and record. Joy is a so understated yet subtle and most powerful layer or *natural* tone --or sound--of your physical body. Said another way... sound body is filled with joy. I Am fortunate enough to possess a sound body...as is revealed in my *Autobiography of An IMMORTAL....*

Joy can also be further understood through the following analogy as expressed here through your very own major stages of feeling. The very highest level of body feeling and of pure *spirit* is *bliss*. At the next highest body felt level is pure *soul* as *joy*. At the next highest body level or pure *personality feeling* is happiness. An overflowing flood of happiness leads to joy ...and joy leads to bliss. A state of exquisite human bliss is quite rare--and those divine blissful feelings--and are fleeting to those of us not yet initiated into the conscious use of the *Law*.

Only when you truly and fully know your highest spiritual--or god self-identity--do you live a daily life in joy or bliss. Then all of the atoms and cells of your body strobe or pulse simultaneously as one complete and knowing entity. This is the true *resurrection of your body*. You, I, your soulmate... and every other single human being will eventually do it.

Your feeling of joy can only be self-generated through your solar plexus or *fourth brain*. That gray matter in your solar plexus was created to isolate and facilitate the vibration of joy in your body/mind.

Joy heals your body cells and your body organs. Joy makes you feel both physically and psychologically healthy and whole.

Notice how people have a strong tendency to shy away from sick people. They do not want to hear about or be burdened with someone else's aches and pains. On the other hand people are greatly attracted to joyously vital, dynamic and healthy individuals. Thus your increased joy brings you increased physical, emotional and mental health...which then attracts the love of others. Your joy amplifies their desire to *bask* in your warm, joyful and thus radiant presence.

Meanwhile your joy not only attracts the love of others...it is *catching*. When others are pulled into your field of joy it arouses a seed vibration of joy within them too. Joy always manages to keep multiplying itself.

Think of it. Your gift of joy--to yourself--becomes a precious gift of joy to other people in your life as well. They soon become entrained and attuned *to their own* joyous state. Each joyful recipient will pass it along to and through an endless spiral or circle upon circle of other uplifted and joyous recipients.

Joy is the closest physical frequency to 3-D light. Joy can aptly be compared to a light suddenly turned on in a vast dark void. All eyes, and all forms of consciousness within range turn toward that sudden flash of light to focus on it. Simultaneously everyone now aware...of this light...in the void--feeble or bright--is drawn consciously *to move toward that light*.

This joy/light analogy presents an apt and clear picture in your mind of *how* joy attracts joy. It engenders a subsequent desire for proximity to joyous field of love expressed by others. *Proximity* in itself is a powerfully true statement of love. Being physically close to someone is a *statement*. *Therefore joy is one more vibrant and excellent way of attracting your own beloved soulmate to your physical 3-D location or presence*.

From another physics standpoint.. while sorrowful vibes *closes* you off to others...joy *opens* you up to others. All nature rushes to *fill* up an open space or vacuum. So it is quite natural for anyone aware of your joy to be impelled with desire to move or dive into *your attractive personal space*.

*Enjoy!*

## Chapter Twenty-One

### THE SACRED GIFT OF SELF

Every now and then we may be fortunate to encounter an individual who listens with rapt attention to every word we say. We note he or she is genuinely interested in what we are trying to communicate to him or her. That person is indeed rare. He or she has learned the great subtle human art of silently offering *the gift of self*.

We will usually take it for granted...hardly realizing the precious gift bestowed on us. However if we did not note this unusual aspect of the person gifting us with self...we may at least have wondered why and what made them so different. Why were they endowed with such a quiet allowing patience? How could they show such a genuine respect for all of us who stood before them? What had they learned that we had not?

There are many reasons why one person masters his or her own restless electrical self to become an attentive and patient listener--thus to freely give honor and respect to the talking person--whether friend or stranger.

It can be a natural biological trait inherent in his or her genes - especially if the last three ancestors owned this rare quality. The dominant parent might have portrayed that characteristic or someone he or she greatly admired may have had such a character. Any one of these factors could have motivated that rare man or woman with his or her outstanding ability...to give of self...when engaged with others.

If not...this character had to be developed over the years until a self-mastery is achieved. The entity-self also could have already developed or practiced developing this trait through several previous consecutive incarnations.. which helped to make it a natural personal life pattern.

The message communicated--when anyone gives of themselves in any way--is I love you. They are giving self without hesitation to the person addressing them. They are thus recognizing and honoring the god or goddess in all they meet.

The grandest gift anyone can possibly ever give to anyone is love...not wealth or trinkets. The greatest gift of love is the gift of self. The genuinely real lovers are the simple people not trying to impress others...but the meek who quietly allow you to be yourself. They obviously see your divinity and

so easily reflect it back to you.

If you have a deep need and feeling of wanting to be loved...your first step toward that fulfillment comes when you express true love to another by giving your attention to them. Look deep down inside them. See the uniqueness and the radiant light of their own inner sparkling divinity. Honor and respect them through the action of giving them both your time and your whole obvious focus of full attention.

So many of us--while engaged with others--are thinking and focusing on something or someone else. Even the body language indicates we are ready to rush off to a future encounter. Thus only a small percent of our conscious attention is in that minutely lived present moment. We have not yet learned how to give ourselves *fully* to others. We are rarely ever truly intimate with anyone. We are so busy running around *outside* in 3-D we have forgotten about our inner self-control and the comfort of a warm and so peaceful moment of silent calm...or loving intimacy with others..

The desire to share with others is deep inside of each of us. It's one of our most basic human desires. Next time you feel that urge arise...give the sweet gift of yourself to the now moment--to every single event--and to every grand humanly embodied god spirit you encounter. This is then truly *the sacred gift of self....*

## Chapter Twenty-Two

### THE JOY OF A SOULMATE RELATIONSHIP

If you want to really know what it feels like to have a soulmate relationship ask someone or observe anyone who is enjoying one. I can tell you about it firsthand.

I have been married for years to my soulmate *Maria*...in every sense of the world. My soulmate Maria heard my heart call and came from faraway *Europe* to mate with me. We also have a beautiful and much-loved fifteen-year-old son--named John Matthew Michael--who is a gift of the gods to us.

Soulmates in human form are human...so they encounter all of the many dramatic and colorful earth lessons we all need to evolve through to full self-realization on this planet. There is however, a major difference between soulmates and *ordinary* married or live-in couples.

A soulmate relationship is based on absolute personal freedom and non-possession...on allowing...and the generous giving of self to one another when ever possible.

The love in a genuine soulmate relationship is not restrictive to either of the soulmate partners in any way. Each is allowed and supported in doing his or her thing. The bond between them comes from that pure god self love which in turn recognizes the divinity in each other.

Taking a walk with your soulmate and holding hands is like walking and holding hands with the universe. All of the beauty and grandeur of nature is seen...felt and shared in a transcendent light... an auric flow.

Nothing seems impossible to soulmates for they have not only their own great self-assurance--but the quick assurance...or strength and the steadfast support of a loving mate--to speed them on toward the goal. Each soul mate has complete sovereignty in choosing his or her life path. The joy of holding your soulmate in your arms is blissful and divine. A soulmate relationship naturally carries a divine heavenly aura with it.

Soulmates are meeting each other at intimate depths. This is the bond or fusion between them that is soulfully recorded and felt through eternity. We only imbue the atoms of our physical being with our unique mark or imprint when the impact or contact has great spiritual power behind it and in it. When you love yourself or another *greatly* that feeling is

embedded into your atomic and sub-atomic structure for ever. It is then indelibly *recorded* in your *soul* and the *inert* gases called *akashic* records...

The key tone or major predominant note that I have found in every soulmate couple--without exception--is *joy*. Joy is transcendent to body mass so--it lifts or brings life to your body--it resurrects it. The true *resurrection* of the human body always must come from the vibration we generate and know as *joy*. Soulmates radiate joy! They look good together. They are good together. God is good and good is God....

If a soulmate relationship has high priority on your list of desires *go for it!* Follow your spirit without hesitation. Gift yourself the joy of a sublime and divine soulmate relationship. Realize that you deserve it.

## Chapter Twenty-Three

### **OTHERS HAVE DONE IT - SO CAN YOU**

*Think...even though we have arrived at six billion or more males and females--in human embodiment on earth--it is ludicrous but true...that there are many, many millions upon millions of lonely men and lonely women...who are sadly without biological, *spiritual* or *special lovers*.*

On the other hand many, many millions of men and women have at least one...while some have several. A tiny few possess large harems of lovers. How can such a seemingly strange sexual imbalance like this exist on earth? The reason is both biological and *spiritual*.

Some men and women do not have the biological attraction to draw a loving mate to them. The mystery of this lack of sexual attraction--or of libido power--resides in their DNA and genes. These lonely men and women--with seemingly *no one to love them--deliberately* chose at birth a genetic line of ancestors that were not passionate in their sexual appetite or self-love. That lack of genetic line love and passion simply does not allow them to generate a strong enough electric charge in their cellular or molecular structure to attract a soulmate or a special lover.

You may wonder--since we light entities or god-fragments choose our own destiny--why would any god specifically choose a so limited genetic code configuration?

The reasons why any incarnating spirit would choose to be born into lackluster and obviously lacking genetic codes are many. The god-self may have deliberately set herself or himself up for a specific lesson or an opportunity to overcome a huge deficit. When handicapped that god must stay seriously focused--or single-minded--on their mission without the diversion or side-tracking of a romantic male/female entanglement. Space-time choices for an entry into better human genetics--the desired ideal--may have been limited at the time and place or "period piece" in earth history. Therefore a substitute--less than ideal--genetic line could have been accepted.

At any rate...once embedded within the single cell and committed to stay with...and ride inside and through the growth of a new biological human embodiment the god-self must contend with a lifetime of these limits within the now inhabited genetic blueprint *or become greater than the body*

*and overcome them.* Born blind *Helen Keller* was an apt example of this.

Nevertheless no need for anyone to despair. If you presently do not have anyone to love--or be loved by--you still can find someone to love - and who loves you. However this may or will require a major shift in your perspective of your world and your body. *When you know absolutely you are greater than your body...*that mighty electrical charge needed to draw a loved one to you *will occur.* You can do it. Anyone *can* do it....

Your change of perspective means you must learn to love yourself enough to *consciously* generate more joy into your daily live. When your love of self--and your joy for life--reaches a certain *critical mass* you will be sufficiently charged. Then you will most certainly attract a desired male or a female soulmate--or special lover--of equal vibratory frequency...*to love.*

Life is an unending journey of discovery. Perhaps through your journey through life you have certainly noted that some rare people seem to have a *plethora* of friends and lovers. You have seen individuals with normal bodies and normal looks--yet nevertheless--who exude a magnetism that draws others to them. When you contrast this situation to our previous picture of so many very lonesome individuals who cannot find a single one close friend or lover who is compatible or acceptable to them it makes you wonder why? Why do so very many men and women have a lover or friend at at their beck and call when so many other folks on Earth have few or none?

As a rule the fortunate souls who have many friends and lovers usually have a strong genetic *support team* in them. Their DNA and genetic codes are aligned in such a way as to load them up with sexual attraction--or with natural tendencies toward close friendly associations with others. Therefore their attraction of many friends or many lovers is almost effortless to them. Their dominant genes are constantly beaming out strong waves of attraction to everyone in sight. This then is the biological *cause* of their natural warmth and a "friends galore" lifestyle. Obviously a huge mass of people want to touch, feel and bask in that cozy, warm and attractive energy field of theirs.

This is precisely a complete reverse reaction generated by a lonely or repressed individual. People normally choose not to be around them. Their personal field is dark rather

than light. He or she is sending out steady waves of repulsion...instead of attraction.

His or her 'signal' announces publicly to the world that he or she has little self-love and feels unattractive. That strong feeling of self-repulsion is picked up by almost everyone around them...who then try to avoid every possible interaction. We humans move naturally toward what is attractive not repulsive. There is no blame here. You and I do the same thing. We all *naturally* move toward what *attracts* us and avoid what *repulses* us.

This *attraction/repulsion principle*--that first most basic life principle--was indelibly imprinted and embedded in our spiritual being when Creator God Source *individuated* our "nothing" to become "I Am" *something*.

Every single life lesson we encounter and engage with is contained within the perimeter of this apparent universal duality. All pairs of opposites arise from this first cosmic basic repulsion/attraction human life principle that was established in--and through--us all. I is how unique individual human Earth gods like yourself and myself have manifested....

In the end *the final lesson*--to be learned by each one of us--is that the good and evil we support--or battle with--is just a dream, an illusion. A true self-reality transcends all of our human for or against attitudes and god self expressions. Underneath or behind and within this magnificent holographic light show we are all--*holy*--whole-I.. We are not torn asunder, fragmented, separated, dualistic or stuck forever in any of our self co-created physical or mental and emotional *un-realities*.

If you presently perceive a lack of true friends and lovers...hopefully by or before you finish reading this volume you will know how to change or turn that situation around. I know you can draw many lovers, many friends --even your breath-taking soulmate--not your own very purposeful and so worthy life. Do it! *The universe forever rearranges itself to accommodate whatever picture you are holding of reality.* Now is your point of power. You can do it.

You will read more about how others have done it in Chapter 27....

## Chapter Twenty-Four

### ARE YOU READY FOR YOUR SOULMATE?

The more you love the more you live and the longer you live. Each single moment of life in human body form we are presented with a precious new choice. Our new choice will be a subsequent personal movement toward life or death. We are all gods dwelling momentarily in human form. We each and all have two major Earth *hu*-man goals or spiritual objectives:

1. **Our *involution*:** going in and uplifting and loving our body into spiritual existence through a spiritual focus in it, on it and through it.

2. **Our *evolution*:** through love, transforming our individual human bodies back with us into pure spiritual existence--thus *graduation*--and final human *liberation*...via the physical body ascension process.

Every time we dislike, hate or disown who we are--and what we are doing--we move toward *death*! Conversely--every time we like or love and *own* who and what we are doing--we move toward *life*.

More self-love adds more self-life. The lessons, rules and Laws for our godly human existences could not be simpler. All Law is easy to understand and to implement all of the time. When we find and honor the so divine god within ourselves...it is easy to find...and to honor the divine god in all others.

### LIVE IN THE MOMENT

Another *key* to living a full and joyful life on earth is to *live consciously in the moment*. When your thoughts and your feelings are living in the past--or you are busy making future plans--you have momentarily deserted your body. You have then inadvertently chosen to disown all of these precious *real* moments *now* within your body. You venture away to an imaginary and totally non-existent *past* - or to an equally non-existent and unreal *future*. The only truly alive reality is *now*. It is not in our dead past or in our unliving future. Both our past and our future are non-tangible and exist only within our imagination.

## TIME

Time is often seen as our worst enemy. Time lives only as imagined.. Only NOW is really alive and tangible. This now moment was birthed from the *seeming* past. The *seeming* future will be birthed for you by your choices make--or imagine--in *this* reality...in this *now* moment.

Think it through. Even if you succeeded in making a seeming trip into your future or to your past - guess what? You would still be here standing in and viewing it from your *now* moment perspective of time.

No matter how hard or ardently you may attempt to escape from the present time neither you--nor any other can do it. All of the explorative probings of scientists--as they well know--or of self into time...can not extend either--backwards or forwards--in the *now*. Reality can only take place in the *now*. All life is...was...and will always be focused in our so *Eternal Now*.

Paradoxically...this does not mean you cannot run out of time. When you run out of--or escape time--it means you are out of physical existence. The end of time does not mean death. You can not die! Running out of time means you have run out of your chosen or allotted *now* moment in your 3-D physical carriage. It is a space-time duality cycle disconnect.

This accounts for why a *flashback of life* occurs in a near death experience. I had that great experience at age eighteen. In one split moment every thought--every feeling and every act of my life--replayed back to me in my consciousness. Eighteen active years on earth reeled by. Yet all during one split moment. I had plenty of so-called time to see and study each and every single thought-filled--or emotion-filled--event in that past 18-year period. I examined and judged everything as either a *good* or a *bad* choice. *The god* in me made the *judgments*--not our *One Creator...or our One Universal Whole God Self*.

In addition to reviewing *all* of my 18 years of youthful existence here in the 20th century...I had the privilege of peering into significant events in two of my other relative former important human incarnations on Earth. One of the two was as a "winged pharaoh" in *Egypt*...approximately 3600 years ago. The other pertinent lifetime appearing then to my questioning mind--during my flashback--was in ancient *India/Tibet area*...as a young god ruler of those lands over 10,000 years ago. In these astounding flashbacks I

saw only the significant--or major highlights--of those two particular added--or additionally perceived--former human life times on Earth.

Interestingly, *I scored myself* "a failure" in all three of these existences. This terrible failing score was my prime motivation that inspired me to come back--to seek for and to find my path of return back into my now existing physical body. I yearned to successfully achieve that important "life mission" I had avowed to accomplish on Earth.

I knew then--for certain for myself after my conscious death experience--that *incarnation--and continual reincarnation* of our spirit into human bodies--is a fact ...not a theory.

A detailed account of my inner vivid journey through the dead zone as told in my book *Success Formula...is also* told in my book: "*Life in the Dead Zone.*"

My own personal life and death experiences have taught me the great value of my loving myself. I am now in the regular habit of gifting plenty of love to myself, and as to all others.

You cannot give genuine love to another if you do not genuinely know you are a god extension of GOD...and hold a true love for your god self first. "*Know you not you are gods?*" The *Master Jesus* certainly knew what he was saying when he uttered these words to the masses over 2000 years ago.

*The time is now....*

Live in the now. If you neglect, waste or foolishly give away any of these precious life moment choices to another -- whether to a lover, to a religious order or to anyone or anything but your self--you have disowned an equal portion of *that* god self from yourself. Live your own sweet rainbow threads of human existence. May you joyfully and gloriously weave your own shining golden pathway...back to the stars.

*So be it!*

As you might have surmised by now, I am trying to inspire you--as much as I possibly can--to take charge of your life...to prepare your self for your soulmate. You want to be ready for your soulmate when he or she appears. Oh, what a thrilling day to envision and summon to you....

Look deep now into the mirror of your own life. Are you what you know your soulmate will love? If so than you are ready for him or her to arrive at your side. If not...get to work

immediately....Mold yourself into the best image--and form of an embodied human soul on earth--that you can now conceive. It might take a few weeks, a few months or even a few years but it will be worth it. In time you will be everything you can be--up to that moment--in our *Eternal Now*. Keep using a daily self-improvement process to become ***something*** more...***someone*** more...and your sweet day will *soon come*. You will have shown yourself--and your soulmate--you are genuinely ready...and then he or she will *appear*.

## Chapter Twenty-Five

### THE MAGIC OF TOUCH

Not only is loving touch important to humans but a tender loving touch is needed in the animal kingdom as well. In scientific studies with monkeys it has been proven again and again that baby monkeys that are picked up--and fondled lovingly by their mother--will turn out to be happier, healthier and more social adults. They grow larger and resist diseases better...and they also heal faster...when wounded.

Experiments conducted in human nurseries have shown the same amazing results. The babies that the nurses cuddled, cooed to and talked with or held the most cried less and had fewer growing problems.

You can be sure that the magic of a tender touch works on adults as well as on babies or small children. Are *you* getting enough loving touches?

The great shame here in the United States of America, England and other stiff-neck western cultures is that lovingly fondling a child can lead observers to ignorantly assume that a case of child molestation is occurring. This robs our western young child or teen of the most wonderful balancing and healing energy they could feel and absorb...a parental loving human touch.

Eastern and European cultures rub, fondle and caress their babies and children well into their teens. There are no sexual undertones....They know from experience--as children and teens themselves--it made them secure in the knowledge that their parents loved and appreciated them. Therefore they have passed this rich heritage--of a loving touch--on to their children. We American simply do not know what we have missed...and now--in turn--what our own love-deprived children have also missed.

When Eastern families pack up and move to the US they do not realize that private or public hugging, kissing, rubbing and fondling of children is looked on with great horror and suspicion by most members of our society. One loving family fresh from the East fell victim to our puritanical ignorance and judgement in a terrible way.

I was horrified to see a well-documented Current Affairs report on how a family from Pakistan moved to a city in Texas. The mother and father were hard workers and slowly built a thriving pizza restaurant business...while raising a

beautiful loving son and daughter at the same time. These immigrants had become US citizens and were greatly respected and loved in the community. The parents continued to practice worship in their own religion, performing their sacred Muslim rites and rituals or prayers daily.

All hell broke loose when the entire family went to a local basketball game. Spectators seated near the family observed the loving father hugs, rub and kiss his young daughter. Some were horrified. To them--in their ignorance of Eastern culture--they leaped to the instant false conclusion that he was not only a dirty old child molester...he even had the seeming audacity to "do it" in public...before his family and before an entire crowd of witnesses.

One or several of the spectators who turned him in had reported his apparent 'misdemeanor' to Texas state authorities. Before the family knew what happened--or could catch their breath--the father was wrongly arrested--then tried *and found guilty* by a jury--and sent to prison. His lawyer appealed the case and gathered more evidence that proved conclusively that the father was innocent. He was finally released from prison..

Meanwhile...The Texas state social service organization involved had seized his two children. They allowed them to be adopted by families with a *Christian* faith. Thus--the children were not only taken wrongly from their parents...who were devout Muslims--but were now being raised by an alien religious indoctrination. The worst is that even though it was proven beyond a doubt that the father was innocent of any child molestation the state of Texas --to my knowledge--to this day...will not allow the parents to have their children back. The women who represented the Texas state authorities--interviewed on the television show--said that the adoptions were irrevocable. What an *atrocitiy!* Is this really *America?*

On the other hand, I also saw a television documentary in which state authorities forcefully took children away from people who had adopted and raised them for five or 10 years...arguing that the *real* parents should have custody. This is an obvious travesty of justice in both of these situations!

In the course of all of this shameful injustice the Pakistani parents had to pay high legal fees. They lost the lucrative business it took them years to build up in their adopted land

and were both--at last report--sorely grieving...and still striving to get their beloved children back home.

How sad. How unjust. Perhaps you--or I, or one of the other readers of this sorry tale--will be able to search out and help revoke the Texas state law that allows such unpardonable grief to continue for such truly loving, worthy...and responsible parents. We Western parents have a lot to learn about the genuine immense family social value of a hug or a loving parental touch or caress of the sweet innocent bodies of our children...or on our loved ones.

Why is touch so effective?

The answer lies partially in our skin...for it is the most sensitive organ we have...besides being the largest. Our skin is loaded with highly sensitive nerves. WE can detect the feeling of a small fly or--a mosquito or a flea-...heaven forbid--landing on it.

This vast network of nerves sends electrical signals to every single cell of your body. The message *received* is the same one--as *sent*--pleasure or pain. Not only cats, dogs and birds love to be stroked or rubbed gently--we humans like it a lot too--especially when the message being transmitted with it is a signal of love and a sincere appreciation for who--we are or what--we are.

A loving human touch is a blessing. It is something to be encouraged--not scorned and discouraged or-- not withheld in fear that we are sending sexual messages.

How did our western civilization--so proudly and unduly arrogant about its science and space-age technology--stray so utterly far from nature? There are many reasons....

One is in our mechanistic--and highly materialistic--society we have simply forgotten about nature. Thus we have lost many of our important very simple characteristics and human values. It appears almost as if *human value* has now become the *cheapest commodity* on earth!

It seems everything else we need to for simple base human daily survival has gone up tremendously in value or price. Only human values have gone down. The value of a life well lived is scorned. True godly human character seems to have been bred out of mainstream western society. Personal self-responsibility...the honor or security of a man's or woman's word are gone.

Instead...situational ethics--or humanism--a true misnomer ...if there ever was one--are in! *Anything goes.... The end justifies the means...*

Enough is enough. It is time for all awakened and truly caring gods to step forward...and loudly shout, "Enough! Enough...for ourselves and enough for our priceless children and grandchildren!"

Touch your children. Feel your children. Not with lust but with love. Touch and feel your wife, your husband, your lover or your soulmate. Touch them all with a simple natural human love --that same kind of pure, thoughtful, caring love that the Pakistani Muslim father was giving to his beloved daughter.

Touch is not a crime. It's the greatest earthly and biologically natural sensation, or warm good feeling our sensitive human bodies will ever know...especially when it is given unconditionally. You give your sacred human touch because you care...not for what you can get out of it.

DO it today. Stroke your child. Touch your child. Let them feel secure in the knowledge that you truly love and care for their well-being. Touch your husband--or your wife--or your soulmate. Stroke their hands...their arms...their face. Let them know how much you enjoy being in their close proximity. Your soulmate will be wanting to touch you, caress you...to broadcast the message--sweetly and clearly--that he or she loves you.

Touch your body...not with lust...but with unbounded appreciation that it is there for you when you need it. Put your hand on the hand--or on the arm or shoulder--of your close friends. It will cement that strong bond of friendship you already or will share together.

Scientists have already proved that massage helps to activate our mucous system...thus aids to cleanse our body and to increase our health. At the same time a massage of our body--done by an expert or an amateur--is beneficial in aiding to lose a huge degree of muscular stress...and mental stress too. A truly good masseur or masseuse will have a naturally "good touch."

Start immediately. Get in touch with yourself and those you love. I would almost be willing to bet even odds that even a sweet little dandelion out in the warm summer field gets goosebumps when you stroke and admire it lovingly.

## Chapter Twenty-Six

### LEAVE YOUR PAST BEHIND

Two of the heaviest most depressing burdens each one of us packs around with us every day are our *guilts* and *regrets*. All of them have sprung from our judgemental social consciousness or from our immense gene pool. First let's examine the social consciousness factor. Human guilt vibration is the most ancient and the strongest of earth vibrations. Guilts affect us even before our birth through our genes. During our birth we again must pass through layers of guilt in the heavy dark shroud of accusative social consciousness surrounding all planetary existence.

### SHOULD...COULD...and...GUILTS

In addition billions of strands or strip loads of guilt and regret are embedded in our DNA and genes. We are also publicly "shoulded" on day and night-day-in-day-out...usually by well-intended but grossly ignorant parents, custodians or social advisers. You *should* and you *shouldn't* commands and suggestions are heaped in huge dirty piles over each and all of us....

You would think that when someone 'shoulds' on you they would realize *it stinks*...but they don't. They just keep on shoulding on you.

. After all...their own parents, friends, loved ones and advisers...maybe even absolute strangers...or the very best of authorities--certified yet--have shoulded regularly upon them.

However someone eventually has to wake up and say, "That stinks! Go should on yourself." Or "Go should on anyone else--who is dumb enough to allow it --but stop shoulding on me---I don't like it!"

Even if someone--or almost everyone keeps shoulding on you after that--you do not have to accept their stinking piles of should. Simply know you have put everyone on notice. Then go on with living your own life *as you choose*. When you deliberately choose to live your own sweet life--as you desire--then no one else can live it for you again...no matter how much they keep trying to should on you yet. Now *could* is different than should. Should precludes your choice while could involves your free choice. So honor all of your "coulds" and throw off or ignore all of your "shoulds"...

and your life will be once again filled with ongoing fun and great self-appreciation.

When someone starts shoulding endless putrid streams of blame on you...ignore them. Guilt robs you of success since it makes you feel unworthy of any high-minded goals or personal ideals. If you feel guilty and unworthy you may come close to success--or may even hold success in your hands for a few moments...but it will slip away when ego or your subconscious mind tells you that you are unworthy of any lasting success.

Guilt, like fear has been used through all time by those in power to control the masses...whether by way of religion or government. An atmosphere of guilt lies so heavy over all of Earth that *you* can almost *cut it* with your hand.

We are all buried in--submerged in--guilt every day of our lives. It chokes, throttles and discourages self-love or self-appreciation. It fosters and sorely festers a need for self-punishment and self-depreciation.

Guilt never works for you. It weighs against you. The wise individual will leave his or her huge loads of guilt behind him or her. I did. It took about eight hours of agonizing self-struggle but was mightily worth it. From that day forth I have felt like I am walking on air...ever since.

## **REGRETS**

A *regret* also drags like a heavy anchor behind you. A regret can be fully recognized and left behind as well. Each acknowledged regret is implying *an unlearned life lesson*. It is a life experience that you do *not own*. When will you acknowledge and own that life lesson?

Both of these gigantic repressors and inhibitors--guilt and regret--lose their awesome power over your *conscious* mental and emotional body existence when they are exposed to this new light of knowledge. Light drives back and nullifies darkness!

Only when the cause or source of our false guilts and false regrets is known--and realized--can we consciously and deliberately choose to ignore them. In due course our tremendous burden of crippling guilts and regrets will--then naturally--fall away from us.

When you know guilts and regrets have no real human value, they will be unable to find entrance or a home in your body and mind any more.

## **SHOULD HAVE'S**

Your own personal load of "I should have's" fall into a similar category as do regrets. Your regrets and *I should have's* are all too late. Life has gone on....Your past is already lived, indelibly imprinted as a permanent record on your soul. The one wise solution is to simply turn your regrets around. Stop regretting all of those significant or insignificant past *I should have* experiences. Stop looking at them as failures or errors.

Uplift your *perspective*. Look at your *I should have's* as being valuable life lessons. They are powerful lessons you now know clearly in hindsight. This perspective literally transforms each dark regret--or irritating *I should have*--into your own one more unique *pearl of wisdom* instead. Why keep dragging those rusty, creaking old chains--or heavy anchors--behind you ...when you can wear a delightful long *bright pearl-studded life necklace*.

Sit down or lie down now and dig up every moldy smelly old regret you have ever held in your life. *Face it, embrace it and erase it*....Realize that you have simply done what you have done willfully--or ignorantly-- in the lifelong *innocent* pursuit of finding or discovering your divine self.

See each regret as a *now* learned lesson. Gladly eave it behind you for ever. I also recommend that at the end of every day before you fall asleep give thanks for the day and announce to yourself truthfully: *'I have no regrets for anything I have done this day!'*

If something looking like a regret rears its ugly head...transform and add it instantly as one more bright pearl in your necklace of wisdom. You will sleep like a baby. Your soulmate will love your clarity.

So far our approach to guilt...regrets and *I should have's* has been from a consciousness or spiritual point of view. We now need to look at it from a physical aspect. I repeat: over 20 billion ancestors bristling with guilt, regrets and *I should have's* live in your every body cell and called forth body movement.

The configuration of your ancestral genes will determine whether a large...a small or average number of guilt feelings will well up into your body and mind from your genes and your DNA. Your last major seven generations of ancestors are the ones who affect and run your chemistry most. If a succession of your last three generations were laden with guilt then you are also fated to feel guilt-laden. If the succession of your last three dominant generations was

fairly guilt-free...then you too will feel guilt-free. If so give thanks! If not...all is not lost. Just because you feel--or think--you are guilty...*does not mean that you are.*

If you catch that feeling of guilt or regret arising from any depths of your being...step up and *face it, embrace it and erase it.* It is entirely up to you to *consciously* choose and determine *what thoughts or feelings live within your body and mind.*

When you accept the genetic guilt handed down to you from an ancestor--or directly from social consciousness--you give away your self-control and self-empowerment over your life. You surrender your own precious life moment...if you relive a guilt or a regret handed up to you internally by an ancestor...or pressed upon you externally by a peer or a *control figure.*

Ask yourself at each moment of life, *What do I want?* Listen and *follow your spirit without hesitation.* When you really know who you are--and what you are--whatever you desire will be *freely and* fully yours without any vestige or taint of guilt or regret...or a creaky haunting *I should have.* Your massive guilts and moldy regrets will fall away. The false weight of the world will drop away from your shoulders and your spirit will soar freely. This is what happens when you fully leave your past behind....

I know. I have done it...*and so can you.* Your soulmate will appreciate your every self-victory. He or she is like you and will mirror your own hard-won but greatly attractive spiritual qualities.

Listen! *Do you hear the call? Your soulmate is calling.*

## Chapter Twenty-Seven

### THE FIND YOUR-SOULMATE TECHNIQUE

Literally countless couples or individuals have called me--written me or accosted me--with a friendly smile or handshake and thanked me profusely for writing *Finding Your Soulmate*. All of them said they had successfully used my suggestions or "how to" techniques to attract each other...to draw their beloved soulmates into their lives.

An entire copy of a letter of gratitude from one of many such soulmate couples was included in my first soulmate book. This letter tell in detail how one of them used my suggested techniques to spark the sudden chain of unusual and sequential events--which led them happily and thankfully--into each others arms. I have remained in touch with this dear and lively couple over the years and now thankfully count both of them as life-long friends.

I am including some of the proven how-to-find-your-soulmate techniques for your use in this volume and adding many more! I am including not only *additional* manifestation techniques that I have diligently learned and used over the years...also the entire detailed *Eleven Magic Steps* published in my former--out-of-print bestseller--*\$ucce\$\$ Formula*. In addition to summoning and becoming a joyous *two as one* soulmate couple the two of you can mutually--or individually--use the following technique to make your wildest dreams or life long desires come true.

It is important to realize though that even though I must introduce and guide you through the mechanics of each one of these very specific and real *steps*...the steps are to be taken by you simultaneously...or *all at once*. You will make one grand movement in a fully conscious forward progression toward your yearning desire.

#### STEP ONE

*Step one* is SELF-IMAGE. All efforts for your personal success are doomed to failure if you do not possess a clearly felt love and appreciation for who and what you are. This is why I have placed this step at the head of the list. Unless you personally feel worthy of attracting a soulmate--and holding his or her love--why even begin any self-effort toward finding him or her? It would be a serious waste of time!

If you know--sense or feel--your self-image is lacking,?... face it and find out why? In most cases it is a sad, unreal, falsely assumed or ignorantly acquired image of yourself. You are not a sure failure or unworthy...simply because an ignorant parent, teacher, priest or other social *authority* told you so. It means you are falsely identifying with your personality. You are identifying with all of your many defensive egos...rather than with your sacred and holy god-self.

Take all the time you need to read, counsel and discover your own sacred true inner self-identity. It is forever there...and well worth counting on...and of loving. When you have accomplished this *first step*...move on to the steps that follow.

## **STEP TWO**

*Step two* is DESIRE-POWER. As already stated in other chapters in this volume continually no single creation can actualize into an electrical three-dimensional *materialization* or into any mass form manifestation without a strong desire by a creator behind it. That desire must be foremost in your mind and essentially so strong that you can taste it! Only *you* can take this step. Only you can make the individual effort to stop everything else long enough to see and feel what you desire fore-most--first and most--in your daily life? Do you want your own loving soulmate that strongly? If so he or she will feel the pull...and eventually be drawn to you. Go for it!

## **STEP THREE**

*Step three* is WRITE IT DOWN. No sensible building contractor would start to build a skyscraper--or even a modest two-bedroom bungalow--without a printed blueprint. So put it in writing. This will help to solidify the appearance of your soulmate. Make a written statement that he or she will appear somewhere in the rounds of your daily orbit by a certain date.

The universe will note your *written* decree. It knows this issue is not of the normal wishful thinking variety. You seem to *mean business* this time. Your written *act* give actual mass or substance to your desire. It is like *stamping* your own personal physical imprint upon future reality.

Do not underestimate the power of this act. There are immediate chemical and cellular signals simultaneously sent with it to your entire body. This is very different from any of

your previously exciting--but never realized--daydreams. All of your conscious and subconscious forces are now on *written notice* that you are truly serious about this *dream*. You acted so you obviously fully intend to make it your 3-D reality. Since both the Universe--and your body already know-- the universal Law...*action breeds action*...it alerts all of your own physical electric and magnetic systems to move you toward your desired destination.

Many people--not realizing the great importance of this step--bypass it and fail to accomplish their desire. A classic example of this involved a dear former co-worker of mine named Mary. Mary repeatedly brought up several immediate and nagging personal problems that were bothering her. I suggested she could solve her pressing problems by reading *Success Formula* and her use of the *Eleven Magic Steps*.

Mary was not about to *give up* her familiar problems that easily.

'Oh, I know all about that', she replied. 'I browsed through your books the other night. I was raised a Christian Scientist.' She also added boastfully, 'I think good things and expect good things all of the time!'

Obviously Mary was not 'walking her talk', and I was determined to get to the bottom of the issue, so I spoke out.

"Mary, that does not mean you are doing all of the necessary steps. Are you writing down your foremost desire?" I inquired.

"Well, no," Mary answered hesitantly, "but I think positive all the time."

"Mary," I said gently...looking her straight in the eye, "will you write it down, please. And be sure to re-read my book. Do all of the steps if you want this success formula to work quickly for you."

Mary agreed to give it a try.

The next evening a very excited Mary rang me on the phone.

"Michael," she bubbled with breathless wonder. "Guess what?"

"What?" I responded.

"It worked!"

"What worked?"

"*Writing it down.*" I did just like I promised. I wrote down the three most *immediate* issues I have to solve right away. The first two things have already worked out...and in less

than six hours after I wrote them down." she bubbled. "And the third thing is on its way....Isn't that beautiful?" she asked - a non-stop joy ringing through her voice.

"That's really great, Mary," I said, smiling and nodding approvingly to myself.

"Thanks for sharing! I like that kind of feedback!"

Later that week Mary confided that her list of issues—all three desires she put in writing--were:

- (1) solving her need for some immediate extra cash;
- (2) finding a nice apartment of her own (so this was related to her first desire); and
- (3) getting a job where she would love her work.

I am happy to report that her third desire also become her happy three-dimensional reality...less than a brief two weeks later.

The point here is--that just as thinking and knowing are two different things--so are knowing and *acting* on that knowledge.

Act on it. Write it down!

#### **STEP FOUR**

*Step four* is GIVE IT TIME. The universe or world surrounding you is seemingly *set* or *fixed* into a now certain space/time/event posture. It not only takes energy--or personal effort--to change things *as they are*...but a certain time lag is always involved too...if even only a brief instant.

However since you now already possess the strong base of a good self-image and know exactly what you desire--and have put in writing what you want so much you can taste it--your desire is now propelled into motion. Your task now is to guide your desire toward a specific space-time manifestation. You must decide how much faith you have at this moment. Is your faith strong enough to bring about an instant materialization --right before your eyes--and the eyes of others...or will it take more time? If so...approximately how much more time it will take depends totally on *your* faith alone. Will it take a day, a week, a month, a half year or several years? The answer is known only inside of yourself. Your faith will determine how much time it will take for your dear soulmate to appear at your side.

You must be absolutely true to yourself about this matter. You must not write down that you desire for your soulmate to appear in your life will only take three days...if you do not feel or believe fully that this will occur in such a short period of

time. If you feel more comfortable writing that it will likely take place in three months or a whole year then inscribe by--or before--that amount of time you confidently feel will work for you....

When I moved from abject poverty to owning a home of my own --along with a Cadillac and a new career with a high income--in less than six months...I felt strongly I could do it in *that* time. If I had written down one month--or even three months--my concrete brain reasoning and gut feeling of faith...would not have supported me. My desire became a three-dimensional reality...because I truly and absolutely believed that within six months or less...I would be able to make my personal economic transition from nothing--a zero position--to something. You can do the very same. *Feel* how long it will take...and then allow all of these *Eleven Magic Steps* to aid you in making it so.

One last true personal account ought to help further clarify this step thoroughly. Several years after more than fifty thousand of my *\$ucce\$\$ Formula* books had been sold and read I gave a smiling middle-aged lady a *Seven Ray* psychological consultation. I defined the sevenfold ray configuration of her spirit, soul, personality, mental body, emotional body and physical body. This gave her insights into why she was acting a certain way...and what she could do to bring the correct *ray force* into her personal being and resolve her several known imbalanced conditions.

When the half hour consultation was over the woman thanked me for the insights she had received. Then she remarked spiritedly she had also been waiting a long time to thank me personally for my writing *\$ucce\$\$ Formula*. She said she had used the *Eleven Magic Steps* to make her so needed desire a reality *in one week*. Curious, I asked her to tell me about it. She was happy to comply as follows....

Upon reading my book she had put all of the 11 steps into immediate action. She said *she absolutely needed \$5000 within one week!* And she got it! How? She told me she not only put it in writing and did all of the steps...but also added a powerful visualization technique. She knew what a \$100 bill looked like...and she also knew the bank teller at her bank very well. Therefore she imagined herself walking up to this bank teller and handing her a check...saying, "Give me fifty \$100 bills, please." She then mentally counted the stack of bills--with the bank teller, took her money with a smile--put

it in her purse...and walked out of the bank. *Wow!* Very graphic images and powerful....

She did this entire powerful mental image routine three times a day--with all of the zest and excitement she could muster--adding that she soon felt...like something was really happening. Sure enough six days later--and just in time to solve her emergency--a letter arrived from an uncle she had not seen in years. She opened it with wonder? Inside was a check for \$5000 made out in her name...and an added note of explanation. Her uncle was elderly and near death. He wanted to personally disperse his assets among his loved ones and relatives before he died. My own grandmother and grandfather--on my father's side of the family--had done the very same things when I was a child. I still remember the thrill of getting a check made out to me for \$500. I thanked the dear lady for sharing her success story with me...and she went smiling on her way.

As I sat and pondered her story I marveled at her strong faith. In retrospect it had taken me six months to make my desire come true.

She did it in one week. The student had exceeded the teacher and I felt greatly complimented by that. It meant that I had been a good mentor.

All at once a powerful, invigorating thought hit me. I could use an extra fast and easy five thousand dollars for a project I had in mind too!

To make a long story short--one week later...using the very exact same visualization technique...taught to me by my student...now my instructor I too held a \$5000 check in hand. The check came in "out of the blue" in a letter from a person I had kindly befriended a few days earlier. I went to the bank...cashed the check and also raptly counted the fifty \$100 bills. I then put them in my wallet...soon toward good use on my project. I gave thanks of course--to our *Creator Source* of All--and to all others involved.

## **STEP FIVE**

The *fifth step* is BLESS IT. Make sure that what you desire is a blessing to all concerned. This automatically places you in the stance or posture mentally of *Thy will be done*. You know without an iota of doubt that the fulfillment of your desire is not only good for you but good for everyone involved. Whatever you desire--hope or expect for the betterment of you personalize it with the highest blessings you can imagine for anyone to anyone or thing involved in

making your dream come true. *Bless them all and bless yourself.*

## **STEP SIX**

*Step six* VISUALIZE IT. See the materialization of your desire just as clearly as the woman who envisaged counting her fifty \$100 bills. The clearer you make this image the more power you give to the speedy arrival of that desire. Nature follows a threefold descent from a thought to its actual solidification three dimensionally. Thought moves down from

(1) Idea to (2) Ideal to (3) Idol.

On this *third step* a former zero reality has become a full-blown or visibly *concrete* space-time 3D materialization.

In doing these 3 steps you simply do what every co-creator has done. You see the *end* from the *beginning*. Be as specific as you can about what he or she looks like... thinks like...acts like...feels like. Note if he or she has brown eyes or blue eyes...red hair or brown hair...is tall or short, etc. Be sure to add--and delete--whatever you wish. He or she--in this moment--is solely your own creation...your own desire. Therefore no one else can do this good *work* for you.

In this process use the analogy of making a copy of a letter you possess at the nearest quick copy place. The Xerox machine can only make an exact copy of what you put in the machine--nothing less--nothing more. In this light think of our vast universe as a giant Xerox copy machine ready to imprint whatever image you place on it.

This is *exactly* how all change works. *The universe--on a moment-to-moment basis--rearranges itself to accommodate your picture of reality.*

A wise person who realizes this truth holds a good picture of himself or herself for any and all future life-stream involvements.

Your *job* is easy. All you need to do is *know what you want* and to *draw as clear a picture of the end result* as you possibly can. The universe then goes to work to make it a timely reality. We will touch upon more on this process in *Step Eight*.

## **STEP SEVEN**

Step seven is CUT THE CORD. We have touched on this principle earlier. In this step you simply *let go* of your intense visualization and only concentrate on your desire. You *decentrate!* You let go of the now seemingly *fixed* electrical

three-dimensional universe...trusting fully that your deep yearning desire for a soulmate will become an absolute reality.

If you dwell upon--or hold--any living *thought form* of what you desire in your aura...it could overwhelm you. It could obsess or possess you. This is actually how a negative or positive *idée fixe* forms.

When a baby is born the midwife--or nurse--will cut the birth cord. You must do the same when you give birth to your desire. Focus on it with all of your might several times a day. The same times of day are preferred for maximum and most expedient results. Then *let go of it*. Detach from your desire and proceed joyously with your normal daily life. Nature will do it. and Nature really does know how to do it best.

### **STEP EIGHT**

*Step eight* is LET NATURE DO IT. You and I might strain our brain and mind power to come up with a half dozen good scenarios of how our soulmate can actually come to us. We usually tend to think of a simple *either / or* principle. That is a huge mistake. Nature has literally countless ways to bring an *intent of time* into a proper correct and *justly balanced event* of time.

Here again your only job is to know your desire. Do these *Eleven Magic Steps* and then *allow* nature or the universe to rearrange itself to accommodate your *new picture* of reality. All you need to do is to *focus* on the *solution* not the *problem*. The universe simply observes what you are focusing upon and gives you more of it. The living Universe does not make a self-judgment about what is good or bad for you. It simply does what the Creator ordained it to do...to fill in the new spaces of reality you and I create with new *orbits* of activity--or reality as newly perceived by thinking creatures like us--within it. While you and I may ruminate or speculate on a handful of good possibilities...nature knows them all. Nature knows what to balance "out" and what to re-balance "in." We in turn need only to truly *know what we desire*.

### **STEP NINE**

*Step nine* is BUILD YOUR FAITH. I highly recommend that you read all of the *success stories* you can put your hands on. Sometimes the stories also appear on television or are aired on the radio or forwarded to you on the Internet.

It also makes sense that if it is possible to have faith as tiny as a mustard seed and yet accomplish miracles. While still the bigger your faith the more dynamic *miracle power* you possess.

At age 18...when I had my death experience, I looked back at my past seemingly so solid three-dimensional reality and realized that the entire so real seeming physical world I had left behind was a *dream*. It had all been created *by faith alone*. Since then I have proven--beyond a doubt--how to muster and use faith to create the miracles I desire. You can also do it.

Build your own sure faith your soulmate will soon be with you, holding your hand--caressing your face gently--or dancing in your living room with you...at your desired--or designated--called for time.

Taste it. See it. Feel it. Faith literally can move mountains. Faith is required to fulfill every desire. A universal principle that never breaks down IS *what is absolute is absolute*. Build your own bank of faith into absoluteness and your soulmate will absolutely be in your arms at your called forth or desired time....

## **STEP TEN**

*Step ten* is BE INTENSE. No ball can be thrown up into the air...without putting a greater thrust behind it...than the earth gravity state--from where you stand--when you throw it...The more intense your mighty thrust the higher the ball soars above earth's gravity. Therefore this obviously means the more intensity we put into our thrust to be in the physical presence of our soulmate...the more certain our success will be.

This explains why some of our ideas achieve a reality while most others fail to materialize. Your degree of intensity made the difference. The intense mental or emotional and physical determination behind it have made all particular materialized ideas a living space within your range and orbit of reality.

Why even waste time and effort wanting to be with your soulmate if you are unwilling to put a deep sincere living thinking breathing intensity behind your desire? Therefore actively generate whatever intensity you need to achieve your desire of bringing your soulmate to you. Simply and powerfully express your *passion*. Be *intense!*

## STEP ELEVEN

*Step eleven* is PRESERVE SILENCE. You will soon find that your friends and your loved ones will be the first to try to hold you in *your* place. They want you to be right where you are now. They cannot imagine seeing you in a different light...so keep quiet about your coming soulmate or *why* you use of these *Eleven Magic Steps*. When you tell another of your desire, you risk the chance that they will *rain on your parade*. They will be fast to tell you score of *good* reasons why you *cannot* do it!

*Cast not your pearls before the swine* means...do not throw what you value dearly before or into the hands of those in the world who would debase or fail to appreciate what you deeply possess or desire.

Any wise person will tell you to preserve *occult silence*--meaning keep your good goal hidden--so that you can accomplish it before those of a mean nature see it and try to stop you from achieving your objective. A commanding general during a war will make every effort to keep those in opposition from knowing his secret plans. Be a good general in your own life affairs. Keep your beautiful tenuous desire to yourself. Let your fertile fragile thought-form take root--and bear fruit clearly--before you call attention or opposition to it. Instead see yourself *in the future* telling others how you did it...instead of how you presently plan to do it. Not only see the end from the beginning but wait--until the end--before you reveal how it all began.

This does not mean that you cannot share these *Eleven Magic Steps* with another. That choice is yours, just do not tell them you are using them to draw your soulmate to you. Preserve your sacred desire with silence.

Here again is a full listing of all of the *Eleven Magic Steps* so that you can easily review them all--at a glance--on one list.

## ELEVEN MAGIC STEPS

Magic Step One	<b>SELF-IMAGE</b>
Magic Step Two	<b>DESIRE-POWER</b>
Magic Step Three	<b>WRITE IT DOWN</b>
Magic Step Four	<b>GIVE IT TIME</b>
Magic Step Five	<b>BLESS IT</b>
Magic Step Six	<b>VISUALIZE IT</b>
Magic Step Seven	<b>CUT THE CORD</b>

Magic Step Eight    **LET NATURE DO IT**  
Magic Step Nine    **BUILD YOUR FAITH**  
Magic Step Ten    **BE INTENSE**  
Magic Step Eleven    **PRESERVE SILENCE**

These *Eleven Magic Steps* now await your activation. When you put them into practice they will draw your soulmate to you. *May it be soon.* And may your sweet soulmate relationship be a blessing to everyone you know....It surely will be to everyone you then touch by your dually joyous and loving powerfully merged presence. *So be it.*

## Chapter Twenty-Eight

### THE DREAM-SUGGESTION TECHNIQUE

Self-suggestion--or auto-suggestion is in my estimation one of our finest therapeutic tools known to man. The many Madison Avenue ad corporations are bombarding us daily with subtle and hard-sell suggestions. They already know the value of potent and persistent repetition. Repeat suggestion given by others.. or self-suggested--will eventually 'take' and impel us into self-action toward following that fortified suggestion.

In essence...*hypnosis*, self-hypnosis, self-suggestion and auto-suggestion involve similar *induction* techniques that in a due time augment a conditioned response from anyone placed into this altered reality....or trance-like state. The deeper the reality alteration--or trance condition--the easier it is for a suggestion to be accepted and carried through to fulfillment by a receiver.

Anyone who has read *Finding Your Soulmate* knows that I first met my soulmate *in my dreams*. I had given a detailed account of how we had both met in dreams before our physical meeting. Our dream encounters and passionate sharing of our body, mind, and spirit--for months before we met--were spontaneous...at first. However after several of these ultra-delicious dreams--knowing how to give myself any appropriate self-suggestion I desired--I began to program myself before sleep anytime I wanted to meet my loving soulmate in my dreams...and that was often.

The even more astounding factor was that what drew her to me in the physical plane--other than the fact that she knew what city I would be in--was an ad she wanted to place in my weekly Virginia Beach, VA, USA newspaper *about dreams*. She called me to place an ad under the Personals in my classified section She was advertising that she was an artist who specialized *in painting anyone's dream...*for a very small price.

In essence she was sending me a signal, loud and clear that she was my dream girl. He had just arrived in the city hours before and had come directly directly to me--via my newspaper--on her first day. In the course of our meeting I recognized her instantly as the passionate *girl of my dreams...*my awaited dream-girl soulmate.

On the other hand--though her soul knew it was me and had directed her to call me to place her ad in my paper--her human ego--or conscious personality-self--did not recognize me as her soulmate immediately. Nevertheless she found me magnetically attractive. She just could not keep away from me. She dropped in my office often almost daily confessing that she found it difficult to stay away from me....

The final absolute recognition--that I was the soulmate she had been meeting for months in her dreams...and who had called her to my city and state from a state over a thousand miles away--was when I told her about my use of self-suggestion. I revealed how I had met and intentionally interacted with my brother Rich--in a dream--only a few days after he died from a heart attack.

When I received the news from my family that my brother Richard had died I was shattered. He was that older brother whom I loved--and held as my ideal--all through my growing years. What disturbed me most was that I had never stopped to sit down with Richard to tell him what a wonderful role model he had been for me all of my life. Having died at 18 myself...I knew death of body was nothing to fear. Instead I knew he now possessed full spiritual freedom--since now the agreed to restriction of him being confined in his body...had now been removed.

Nevertheless the thought of his dying so suddenly without my having the chance to thank him for being who and what he had been gnawed at my being. Suddenly a powerful great idea hit me. I would use my strong emotional self-suggestion technique every night just before going to sleep to meet my brother Rich--now in his spirit form--in a lucid and *consciously awake* dream. Since many other incredible self-suggestions had worked--including meeting my soulmate in my dreams dozens of times--I knew I could do it. My desire to thank him 'n person --in spirit--as I now could not *in the flesh* - was intense...so I knew it would be a *snap*...and it was.

Here again the first night nothing occurred. Once more on the second night nothing. *Bingo*...on the third night. All at once I *awoke* in a very lucid dream...which I recall vividly to this day.

My familiar dream girl and I were sitting side by side in the back of a large black limousine. The *couple* in front seemed strongly familiar. The man was driving and he approached a *huge gate* that swung open as we drew close. After turning

the limo around he backed it slowly to exactly the halfway point through the gate. By this maneuver my dream girl and I were now on the inside of the gate while the front half of the driver and lady companion of the limo remained outside of *Heaven's* gate.

I opened the back door and we both jumped out. I could see a distant light speeding closer and closer and there was joy in my heart. I knew I was visiting my brother Rich in the dream world. The light drew closer and transformed itself into the familiar human form of my brother Rich. I left my soulmate standing by the gate and ran forward to greet him. Ours was a joyous reunion. We hugged and pounded each other with great glee. We talked and talked. I told Rich what a role model brother he had been and that I loved and appreciated him dearly. Rich thanked me and proceeded to give me a few tips on how to improve my physical health. Which did work.. though in my dream state I did not know what Vitamin K..what Rich said my body needed more of...at that time.

All at once we both knew we had run out of time together...so we parted with a final hug and mutual highly jubilant goodbye waves....

My dream girl had also felt the same great urgency or need for us to get back into our waiting limo and back out through the gate right away so we both jumped hurriedly into the back seat of the limo.

As if on signal...the driver--who had kept the engine slowly running --eased out of *Heaven's* giant gate. At the same instant our limo was transformed into a long giant flying surfboard. Our driver and his female companion--in the front seat--had now both vanished. Thus my dream girl and I were alone. We soared loftily side by side on the surfboard. I saw a golden seashore and a blue ocean with white-capped waves crashing powerfully on the shore hundreds of feet below us. We snuggled close and I could feel such warm, overwhelming love for my lovely dream girl. I then awoke from my dream--recalling all of it with a sudden tingling feeling of triumph at meeting--in a dream--with my beloved brother...as I had so fervently self-suggested. For Richard and I...*death truly had no sting.*

What of course made this dream so extra-special was my opportunity to share telling--this grand *once-in-a-lifetime* human experience--to my *dream girl*. When I told *Patricia* about this dream she gasped and knew at once once I was the soulmate she also had sweetly met--so often--in her own

delightful dream world excursions....

Do dream self-suggestions work? What do you think? I KNOW they do! I use self-suggestion often and in many ways in my daily life course, or self-destiny. You can do it too...and *here is how*.

## **DREAM SUGGESTION TECHNIQUE**

### **STEP ONE**

*First* know clearly what you want to manifest or achieve with your dream-suggestion technique. If you are going to suggest a sweet rendezvous with your soulmate...give your feeling and your mental image all the self-intensity you can muster.

### **STEP TWO**

Put your self-suggestive phrase into a most potent compact and energy-packed brief sentence you can form. This makes it easy to repeat over and over to yourself.. repetition will thus implant *that soft-ware program* strongly into your physical brain computer.

### **STEP THREE**

Experiment in finding the most timely space/time to insert this suggestion to your self. This normally may be that *twilight moment* just before you are about ready to fall asleep.

### **STEP FOUR**

It is also highly important for you *to expect* what you suggest to occur. Build up a strong expectation or faith you can do it. You can do *what I have done* and what *countless other human beings like us have done*. What one can do... another can do. That is the innate beauty of sharing human revelation.

Never, *never give up* on anything you know is worth striving for....

Would we have electric lights if Edison had given up after his first few attempts to create a workable light bulb? Also *expect* to do it the first time--and every time you do it--until your dream suggestion is accepted and *fires off* the appropriate neurons in your brain to make your valued and highly anticipated self-suggestion your dream reality.

Enjoy it. I threw the ball to you -now make your personal goal with it.

*Sweet dreams!*

## Chapter Twenty-Nine

### TAP INTO AND USE THE UNIVERSAL MIND

As you have already discovered this entire volume is geared toward making you aware of--and then tapping into--that infinite universal mind pool. More and more people are *beginning* to do it. *Are you?*

Any instructor or mentor--worth their salt--will coach you to think from the *universal* to the *specific*. Another way to put it is...to think from the *general* to the *particular*. My lovely and long known author friend *Thea Alexander* would urge you to think from the *macro* viewpoint to the *micro* viewpoint--an analogy she coins from her bestseller fantasy fiction book *2150 A.D.*--published by the Warner Publishing in the early 1970's.

One more way to look at it is to do your thinking from the *whole* to the *part*. Of course all of these apt phrases convey the same wise thought...simply take your viewpoint--about anything you wish--to the widest or most whole perspective you can manage.

One of the most illustrious modern-day individuals who succeeded in finding and taking this supreme cosmic viewpoint was *Walter Russell*.

He was called *the Leonardo da Vinci of the 20th century*. If you have not already read *The Man Who Tapped the Secrets of the Universe* by Glenn Clark I suggest you do. Walter and his soulmate Lao lived their later very productive years of life in a grand huge multi-million-dollar marble palace on a mountain top...at Swannanoa, Waynesboro, Virginia. USA. If your local library or bookstore does not have a copy of this book.. I suggest you directly contact the *University of Science and Philosophy* founded there in Waynesboro--before their deaths--by Walter and Lao Russell.

These two extraordinary *high souls* recognized they were soulmates at their first meeting. The two shared a sacred and profound soulmate love and marriage union to their dying day. The contributions that these two left to humanity in science, thought, art and philosophy will be remembered and appreciated through the ages.

Modern science is finally reaching out through astronomy and physics to know and to bring back thought from the widest point of view. In the past most science--and

scientists--have tried to build a case for their ideas or postulates from the part to the whole. A genuine flip of that line of thought was needed--from the whole to the part--before further breakthroughs in pragmatic technical knowledge would ever be found. That *paradigm shift* is now occurring on Earth. A whole new breed--or crop--of holistic scientists is emerging.

Thank God. Finally.

## **MIND**

It is a simple cosmic fact that a small mind sees only small things. A large mind sees large things. A localized mind creates its own confining boundaries while a universal mind can roam freely through vast infinite stretches of space-time through a non-ending panorama of colorful holographic *light shows*.

Your mind--my mind or any human mind is *naturally* unbounded...unlimited....and universal. It is unnatural to think that mind is *limited* to one human mind or any one national--or international, interplanetary--or intergalactic mind.

Mind is everywhere at once. It has no limits. *Your* mind or *my* mind is actually a *misnomer*. The only major difference between yours and anyone else's is the size or amount of universal mind you are using at any god self-given time and place and space.

I suggest that you use your mind to tap as deeply as you can into the infinite universal knowledge and wisdom that can be found...at will. All of minds is patiently waiting and wanting to be seized and utilized by you as much as you--want to seize it--and use it!

## **LIKE ATTRACTS LIKE**

The soulmate you attract into your life will be in accord --in the same major or minute choir--as your own view of and your range or use of universal mind. By universal Law...he or she will expand his or her universal perspective--relative to your own limited--or hugely unlimited cognizance of reality. Soulmates are perfect mirrors to each other. Will he or she have an open or a closed mine? The choice is yours. It is really up to you since he or she is your vibratory equal! Likes are attracted to likes....

## Chapter Thirty

### **CHOOSE BETWEEN DESTINY AND FATE**

Most people consider destiny and fate to mean the same thing. *Wrongo in the Congo*....Now very few people think in terms of taking charge of their lives...or in shaping their own self-ordained destinies. Therefore they are *fated* to meet what comes since they voided or surrendered their choice when their opportunity to choose occurred.

You are always fated when you have given up your own choice at somewhere back in your past. On the other hand you are always destined--or you create your own sweet destiny--when you decide which pathway to take or what outcome of events...*you* consciously *choose*.

The individual who creates his or her destiny never plays or acts out the part of a *victim*. A victim is always someone who feels--or cries out --that fate has dealt him or her a bad blow. He or she does not realize the universe must--by Law return--to a balanced position. What good you do to others must eventually return to you. What bad you do to others must eventually return to you. The universe is constantly rearranging itself to accommodate this eternal co-creational Law.

This law of eternal universal balance is called *karma* in the East and *cause and effect* in the West. In light of this knowledge the great love you have given to a mate in a past lifetime can certainly return to you in this lifetime in--the sweet attractive--form of a soulmate. In this event you created your own sweet dynamic destiny.

Destiny simply means you consciously chose to express love or fear toward someone or something. The great fear--hatred--you have given to a mate in the past can thus return to you in this lifetime in the bitter form of an enemy. It was not fated in either of these two outcomes...simply because you made a choice and met your chosen destiny.

Fate occurs when you fail to make a choice of staying in--or getting out of--any particular *current of life* you are in...at any given moment of decision. For example if you are in the middle of a swift river and the current is carrying you down stream toward a thousand-foot waterfall drop--and thus to your physical death--your choice...since the waterfall

is only a half mile away is obvious. You quickly swim to either shore and to safety immediately or soon fall over the waterfall to your death.

If you chose to swim ashore you took charge of your destiny to live and were thus not *fated* to die. Another thing about choices is that you must follow your spirit without hesitation. The river current gains power or momentum as the water gets closer to the waterfall. Each forward foot in the river pulls you closer to the waterfall--the less time there is for you to save your life--and the more effort that you must then make...to struggle to shore. Otherwise you are obviously fated to die....

Fate is fate and destiny is destiny. Do nothing or wait too late...when the current under a given situation is ready to tumble over the *waterfall*--that space-time event conjunction)--and you are fated to pay the deadly consequence. If you take conscious charge of your future that certainly qualifies as your own self-ordained master over your destiny.

One other factor must also be taken into account here...and that is --*divine intervention*--commonly known as an *act of God*. Only *God* or the Universe can move from deep within to offset a Law of nature..and can at any moment or given event...to alter fate--or a natural lawful momentum.

This can be seen on a mass-consciousness basis by *this* example. In the recent past man was limited to the strict observance of the *Law of Gravity*.

By Law he could not fly through the air in a vehicle. However when man went deep within *self* to unveil--or uncover--the greater *Law of Aerodynamics*...he was no longer fated to comply with past limited conditions imposed by gravity. He was now clearly destined to fly through the air--with speed, grace and ease --by knowledge and active use of aerodynamic principles.

Why trust fate?

The point needing to be understood by you is that *perhaps* you are fated to be without a soulmate...unless you take charge of your future now. Thus why let fate rule your life? If you use the how-to-do-it info shared with you in this volume you are certainly *destined* to meet your soulmate. *So be it.*

## Chapter Thirty-One

### BREEDS ACTION

*Action breeds action* is an observable universal Law. Step one leads to step two etc....*ad infinitum*. All ideas--hanging in the air--are worthless without eventual action toward their materialization. Your desire to be in union with your soulmate requires your focused and inspired self-action.

In an extensive research conducted in the business field it was proven conclusively that the most successful business men in the world make *snap* decisions. They also then swiftly act to follow through. Very few of them *change their mind* about their sudden choices.

The individual who sits on the fence and wavers from one side to the other lacks the decisive power of conviction. Where is the thrust needed to carry out a half-warm--half-cold--executive choice?

Your creative ability to materialize your idea cannot exceed your clarity about it. When you pull yourself back into the universal depth of your being--your perspective arises from your wider more vastly all-encompassing...and all-knowing spirit.

When you follow your spirit without hesitation it means that you are the authority---rather than social consciousness--or an outside *authority* of any other kind! When you take back your self-power it always gives you a superb feeling of strength and *ful-fill-ment*. That wonderful and dynamic sensation of fulfillment also does away with the *abandonment issues* that plague most humanly embodied entities.

When you follow your spirit without hesitation you are genuinely living in the moment. Your spirit can expand to any view and can see the specific answer or exact solution you may be searching for. The answer comes through to you in a flash. You keep any *need to know* basis very simple. This is because you are continuously operating out of the *now* in each successive moment...as you sequentially--and persistently--follow your spirit *without hesitation*.

When you make an immediate choice--and follow through with swift and appropriate action--your ego does not have a chance or time to be defensive about it. We do not have to put up with our old archaic feelings of insecurity. When we

follow our spirit without hesitation we begin living our life in a *safe* universe. No ego defense is needed.

Your *spirit* is that absolute divine essence--that dynamic life spark --at the *core* of your being. The more often you get into a daily moment-to-moment habit of bringing that divine fire--follow your spirit without hesitation--to the surface of your mind. You rapidly multiply your personal power--*your on the spot* ability to make decisive changes and you will manifest your own well-lit golden path destiny...with style and perfect ease.

### **MORE ABOUT YOUR MIND**

The mind can be easily and quickly trained to do this for you. The mind loves the excitement of new projects. So give it the *fun task* of learning how to be instantly aware of what your own divine spirit wants at every given moment- The mind will be a competent and willing servant...but only when you ask it for help. Instruct your mind to be on a constant alert to important new messages--from your spirit --then decidedly follow those messages *without hesitation*.

The benefits--when your mind and body follow your spirit without hesitation--are many. A cardinal one is that you begin to live out your inner divine purpose instead of holding it tightly or rigidly *contained* within yourself. You--as the external sacred servant of your spirit--will begin to learn and express your sacred divinity more fully each moment.

Now you are in harmony with other major spiritual entities--or spiritual-groups...and that naturally increases the love and support of you and your divine spiritual *mission* on earth.

At this point in our human evolution *heaven* is considered to be a dimension outside of--or beyond--earth reality. When enough of us follow our spirit without hesitation we will begin to literally create a true Heaven on Earth condition. You will be a blessings to our rapidly orbiting and slowly spinning blue-green Earth planet--teeming with such an amazing diversity of colorful life expression--destined to be an *Earth Star* soon....

Our grand Earth is a literal *jewel in space*--and is rightly considered as such--by a huge attendant *spiritual community* involved in its ongoing evolution. You will and do add more light and more beauty to our sacred Mother Earth when you *follow your spirit without hesitation*.

You and your soulmate are here to co-create heaven on earth. You are not here to follow ignorant and archaic

external authority. You are here on earth to--do what you want to do--and to be what you want to be....

In the universal creative process certain *gates*--or great *windows of opportunity*--will open...but only when your spirit is aware of them. Your spirit is quick to relay that important message to you. However if you are so entranced--or fascinated--by what someone else is telling you to do...your message does not register. That unique space-time conjunction--or opportune moment--slips away...along with precious opportunity.

When you are in harmony with your spirit your life gets better. When you are not your life gets worse.

The old world is dying and the new world is now slowly emerging on earth. You have the sovereign right of individual choice. You can choose to *close off* from your spirit--and so to wither and die with the old world--or you can train yourself to open up and *follow your spirit without hesitation!*

## **REALITY AND TRUTH**

Meanwhile we have six or seven billion human inhabitants on earth and all of them have a slightly different picture of reality. Some have a very strange old picture--or slant--on reality. *Reality* is a subjective always a personal perspective.

Your reality is exactly as you perceive it. You are always living in it. You may also look at reality from the perspective of truth. *What is truth?* Truth is life. You are living *your truth* in *your* picture of reality. Your truth that is not lived...has no tangible reality.

If your truth--as you see and live it--is self-disturbing...you can easily change it. You can change it just like a channel on a television screen. When the channel picture is adjusted it changes to accommodate your TV's new reality--or perspective--of truth.

To move toward a more vast or more universal grasp of this principle we must take our viewpoint from the exact opposite *direction*. Instead of us looking *out* at--or toward a huge universe--we change our personal perspective. Switch your identity to the grander view. *Be* the macro universe --looking down lovingly at you--not a condensed or tiny speck or part of Self that is looking up through a *micro you*.

This is also a good game for *the whole universal self*. It can peek through the keyhole of your tiny human perspective to obtain a very different angle--or unique--view of *itself*. The universe can also turn itself inside out--in the same manner--to peer through the eyes of any other of the

other five or six billion earth inhabitants...or peek thru any combination--of two or more --and get quite a spectacular eyeful. This game is so much fun because the whole universe can also peer through anyone of the billions of galaxies within it--or through any of the billions upon billions of living suns--or at a much lesser focus or concentration thought...the likewise billions of living planetary bodies within this giant universe.

The Universe loves every particle and speck of creation within it. It has *gifted* every particle--from the smallest sub-atomic known by mankind to the largest molecular atom... known as a galaxy in human terminology--*with life*. It is willing and eager to give any portion--large or small--to whatever in it is *fascinated* with or wanting *more of it*...

Now that I am also aware of these *game rules*...I like playing this game often. I mean that if I become fascinated and focused on stretching my spirit--to know and understand more--the universe will quickly rearrange itself...so that my universe is expanded. I then see. I feel. I know--and I live--more truth.

Just think about it. Reflect and warm your sweet inner essence or soul on this idea. You are in the entire universe and the entire universe is in you. That vast infinite universe--that is so breathlessly awesome and so magnificently beautiful on a clear starry night--*is you*. *You express it* as a tiny single point--within it--known as you...as well as of course...from all other large and small *contractions* of *universal self*--expressed as large and small *points*--within it. Every *point* is a window of pure light centered deep within it--through which the whole universe can see through--or peer through...or pour through--when changes are desired--within any point.

## SIZE

Do not let yourself be intimidated by size. Size only *seems* of relative importance in our electrical dual attraction/repulsion principle reality--or our greatly compressed view of life--or truth. Size has no reality beyond this. Even in this dual aspect of reality the tiniest single particle--in universal self--carries a universal library of knowledge and power. This is why every single cell of your human physical body holds all of the knowledge--ever known in all time--within it. Your own seeming single identity and form as a pure *light-entity* is a ray or frequency of light *smaller than the point of a sharp needle*. Your huge body

mass that forms such an incredible hulk around your tiny unique pinpoint core of what and who you truly are is incredible. You have given that mass your own unique form--and personal identity--known to you...at this point. The perfect analogy to observe here in relation to your body mass--and that tiny snow-bright light-entity you are at your core--is this one. Imagine your human form suddenly expanding to the size of the known universe. The ratio is about the same...though it falls a little short.. for the difference between your light-entity size and the size of your massive human body surrounding it--*is bigger* than our universe--*in comparison!* This truly allows *you to be a great Universal co-creator*...in every thought or expression of the term.

Now that we have an understanding of the physics--or mechanics--of how and why the entire universe can--and does--rearrange itself to accommodate our pictures of reality.. let us return to our personal focus and fascination.

*Think this through.* If you are focused...or seemingly fascinated with the *Law of Lack*--or poverty--by Law *the universe must rearrange itself to accommodate your reduced picture of reality.* It will always give you more of what you have focused on...including the paradox of more or further unwanted lack.

To give you a good mental image...imagine yourself as the small hole at the bottom of a funnel...while our Universe is at the top--looking down to see what you are focused on--or fascinated with. If you imagine energy pouring down the funnel in spiral form...these larger universal spirals get smaller--with every turn down the tunnel--until they get tightly wrapped or compressed into mass and form---at the tiny pinpoint bottom eye of the huge funnel.. or at your and my 3-D reality. The universe is abundant and gives freely without judgment to every fragmented part or point of ITSELF.

If it sees that you are fascinated with light and great abundance...the universe will rearrange itself to accommodate that picture of your reality. If you are fascinated or focused on darkness--on dark thoughts and on constant, unmitigated suffering and struggle--the universe will rearrange itself to accommodate that picture of your reality. Who needs more of that? *You always become what you give your own constant attention to. Stop it...*

Do you like your present picture of reality? If not make up your own new picture of it...and the universe will rearrange itself to accommodate your new picture of reality. *"Ask and*

*you are given.*" Fascination or focus is always interpreted in the universal language of *vibration as asking for it.*

Your *action* breeds action. It also breeds opposite and equal *reaction*. Your soulmate is opposite and equal to you. Your active call to him or her triggers him or her to call back to you...and thus by Law draws both of you closer to each other.

I suggest you *act* immediately...*without hesitation.*

## Chapter Thirty-Two

### A STRONG FOCUS IS ESSENTIAL

Assuming that you have resolved to change your life *for the better* you need to stay on your chosen course. A *strong focus is essential* to bring your soulmate--and therefore more romance or adventure--into your life. You must absorb and use all of the *how-to-knowledge* you can find. You may now focus on all of the suggested how-to techniques in this volume to attract a soulmate to you soon. The choice is yours alone of course.

However we *droids* in human form have an unfortunate habit--or predictable habit--of getting *stuck*--much too *set*--or too comfortable in our daily *grooves*. Changing our old boring familiar and secure daily orbits requires conscious focus and persistent effort. However the *new self- value fulfillment* rewards are well worth it.

So by all means do persist. Maintain a calm and vigilant clarity about your goal. If you find yourself getting even slightly *off course* pull your focus together again and keep on plowing straight forward. Think of yourself as a torpedo filled with explosive love. Focus or aim at your equally and explosively love-filled target--your soulmate--assuming that he or she is your prime goal.

Our analogy here is perfect...for we must perform exactly like torpedoes do. We must constantly adjust or alter our course on an adjusted focus--or *sighting*---toward our *target*.

You and I operate in the same fashion. There are so many opposing life currents *washing over us daily* that we may find ourselves drifting *off course* from our pre-determined sure focus and goal. That means we need a continuous readjustment of our daily patterns of movement. Thus we gradually get closer and closer to our goal and anxiously awaiting our soon loving 'impact' with our target. The explosion of love the two of you will find and share is so worth it....

Another focus--as previously suggested...to keep you enthused and confident about achieving success in your goals--is to find, see or read the *success stories* of others. Here--in that vein--is a marvelous true story I personally know about first-hand.

Dr Moore was personally introduced to me by a listener--at one of my lectures at a conference in Los Angeles--who was impressed with my knowledge of Universal Law. This man

told me he had a doctor friend who had used the same astounding universal principles that I had talked about. This doctor had materialized *something from nothing*. He wondered if I would personally enjoy meeting Dr Moore and his wife. It felt right so I followed my spirit without hesitation. I gave my new friend my immediate permission to arrange a meeting.

A few days later our meeting was set...and I found myself in the charming presence of Dr Moore and his lovely supportive wife. So to speak the pleasure was all mine. There was an instant physical and spiritual rapport among the three of us.

After exchanging a few friendly small talk get-acquainted remarks about things...we started talking about our mutual love of the immutable Laws of Creation. Dr Moore gestured toward a side window and asked if while I was walking up to their door I had noticed the attractive large two-story two-story apartment building sitting next door to their home. He announced with a smile that he and his wife owned the building--that it was free and clear of bank loans--and that he and his wife had actually brought it into manifestation *without it costing them a penny!*

My eyebrows lifted. "Tell me more Dr Moore," I pleaded,,, for I too also wore a big smile at the tantalizing thought.

With a twinkle in his eye Dr Moore gave me a detailed account of how this *grand magic* had come about. He and his wife had attended a weekend seminar with *Neville*...a most revered and likeable elderly metaphysical teacher--who has since broken free...like my brother Rich and had left our three-dimensional world behind.

Neville had also been one of my greatly loved mentors...

Neville always taught a good class about *the mysterious* and emphasized the awesome power of Universal Law. He had explained that every single known--and unknown--thing in the universe had first originated as an idea. Neville also told his fascinated audience *ideas* create reality and that money was not needed to accomplish goals. He assured them they could have anything they wanted --*without it costing them a penny* --provided of course...they made a persistent daily use of the creative principles he was teaching them.

This greatly intrigued both Dr Moore and his wife. They talked it over and decided to test whether--or not--they had wasted their hard-earned money they had paid to attend

Neville's lectures. They formed a plan. Obviously the strong focus and daily visualization steps they would use would not cost a cent...and the *how-to materialization technique* was easy enough to understand and to follow.

They chose a mutual project involving their time--their effort--and thus their serious consideration. The doctor was about to retire so they soon would be needing extra income. They already owned the vacant corner lot next door...so they decided to use the *now principle* of a start from where they stood and what they had. They both began to clearly envision a large attractive apartment building standing on this corner lot--they owned--beside their home...*without it costing them a penny....*

Working together to keep clarity in their thoughts they made a basic sketch of what they thought the building would look like. Both of them put this now avowed mutual goal *in writing*.

They decided to divide their visualization exercises to give it more specific personal--as well as joint multiplied--*power*. She would clearly see herself actively choosing indoor and outdoor color schemes...happily decorating all of the apartments--attending to the general landscaping look and needs--and overseeing the overall artistic decor of the place inside and outside. He made the decision to see himself advertising the rent of the apartments--collecting rent checks and depositing them in the bank as well as overseeing the actual physical building construction--and other such more physical details.

Dr Moore paused to note--and decided with obvious satisfaction--that he had my wholehearted interest. He announced they had been meditating and visualizing regularly together on their project for about three weeks when early one morning there was a loud pounding knock at their front door. When they opened the door a burly smiling man introduced himself. He asked if he could step in for a minute. They noticed he was dressed in working clothes. The man announced he was a building contractor. He said for several weeks he had been driving past their corner--on his way to finish off another job he was doing in the neighborhood--and he had noticed the large vacant corner lot next door. He had inquired and learned they were the owners of the lot. He said he thought it would be an ideal spot to put up a big two-story apartment building.

*Click!*

Dr Moor and his wife exchanged quick glances...and knowing smiles. Something was working. The burly contractor continued stating that the cost of the construction could be offset by a huge and sure rental profit. The stranger added that he was a reputable and well-known builder in the area and was perfectly willing to show them some other nearby apartment buildings he had constructed.

Dr Moore listened attentively to the contractor's really fine sales presentation...but he finally politely interrupted to tell him that he and his wife were certainly interested,--and had actually been envisioning *an apartment building on their corner lot*--but that they would not spend one penny on building it.

The contractor was taken aback momentarily by the doctor's forceful stead declaration--with absolute finality--that Dr Moore and his wife would not spend a penny on the project. He paused and calmly regrouped his thoughts and then continued to argue for the *dollar-and-cents* wisdom of his case. Dr Moore assured the now bewildered contractor that their position was clear...and very politely saw the man to the door.

When the contractor left--a jubilant Dr Moore and Mrs. Moore hugged and animatedly discussed--and marveled--over the sudden apparent fact that something positive was certainly *in the air*. They immediately decided to increase the frequency and fervor of their visualization exercises.

A week later--at approximately the same time in the morning--they heard another loud knock at their door. In stepped the likewise now jubilant contractor. He wore a smile from ear to ear. An aura of joy exuded from him.

"You're in luck!" he announced loudly. "I talked to my local lending institution and they are willing to put up all of the rest of the money--to build it-- if you will just put up a few thousand token dollars...so they know you have a vested interest in the building."

"That's fine" replied Dr Moore... looking the big man intently straight in the eye, "but if you remember my friend... we told you right off we weren't interested in spending *one cent* on building it...*and we mean it.*"

Dr Moore looked at me with a wide grin and chuckled. He said the contractor couldn't believe he and his wife were turning down such an attractive offer. He almost choked. The contractor argued loudly for a few minutes. Then he stopped....A light seemed to go on in his head.

"I've got an *idea*", he said. "I just figured out how we can work it. *It won't cost you a penny to construct this building.* I have some extra cash on hand. I'll lend you the money up front...and I will just carry a second trust deed note!"

The contractor further explained that if the building had less than five percent vacancy...the rental income would more than pay off the monthly loan payments--on *both loans*--and likely would bring in some extra income as well!

Dr Moore grinned wider and nodded his snow-white head.

I said, "Now you're talking, Mr Albright. Let's go ahead with the deal."

He paused. Then added with twinkling eyes, "You know what? He got the project underway...but we still had another hurdle to overcome."

"What was that?" I asked completely enrapt and fully *absorbed* in their grand success story.

"Well about three or four days went by and we heard another loud knock on the door. We knew who it was before we opened the door."

"Dr Moore," said Mr Albright, "I am going to need another \$500 from you--for blueprints--before we can go any further with this project."

"But the Moores were determined *not to spend a cent*...and I said so again.

Mr Albright grimaced and stood silently in deep thought...and all at once a new idea hit him as he studied my sketch of the building...that he was still holding in his left hand. He smiled broadly.

"No problem," he said. "I did a building almost exactly like this one a few years ago! We can change a few lines here and a few there. I'm sure the building inspector will okay it."

"Naturally," Dr Moore told me, "I told him to make all of the changes he needed. He did. And there stands the building. Just like *Neville* said, *it didn't cost us a red cent.*"

Before leaving this delightful couple, I learned that the *vacancy factor* had been far much less than five percent...so the new building had swiftly paid for itself. There was even additional rental money to pay all of the taxes and the needed upkeep.

Dr Moore told me that his curiosity moved him to contact other friends who had attended that Neville seminar with them. He said almost every single one--he contacted--told them they too...had made their own impossible dreams

come true...by applying the simple yet awesomely powerful how-to principles that *Neville* had taught them.

Here is another success story which was generated when I told Dr Moore's story to a mother and her four children...all of whom attended a weekend seminar of mine held in Tampa, Florida, USA.

The family of five was destitute...all living in a car. When I was told of their their plight by my sponsor I bought them a bag of groceries and invited them all to attend my seminar for the entire weekend...at no cost.

Cutting to the chase here....by use of these same universal principles within only one week--also without costing them a penny--they owned their own home. The deed was paid in full. I was their first and *royal guest of honor*...sharing a spaghetti dinner with them. We all sat on the floor...since furniture had not *yet* been manifested. I believe I was as thrilled as they were...by their fabulous one-week materialization....

We usually learn our very best lessons through our own life experiences. I hope this final true success story will further reinforce this vital point. You must know *what is* first and foremost on your list of desires. The following success story is my own.

For several years I was a struggling songwriter. I was determined to *do or die*. I was in abject poverty. I barely eked out an *existence*. I lived in a tiny room in a boarding house...paid for by me earning a few dollars here and there on occasional small furniture-moving jobs.

One day...having been isolated in my room for several days--feeling broke and despondent--and wishing things would get better. I suddenly felt a need to get outside and go for an immediate walk. To my great and very pleasant surprise I met a former down-and-out friend *Jerry* walking toward me. Remember...*there are no accidents*.

Jerry and I had met several years ago when we both rushed to an old abandoned house in Hollywood when we were caught in the rain. We were both flat broke and met when we both sought refuge. It was an instant friendship. We talked and talked for hours and hours. We had had both read many inspirational books like *The Power of Positive Thinking* by Norman Vincent Peale and others like it. We were both hungry and penniless but we talked and talked almost all through the night about how we too were going to *hit it big*--sometime in a nebulous future, of course). But it

looked like Jerry had done it. He was now dressed to a "T." He wore an expensive suit, with expensive shoes and a had a perfectly groomed haircut.

Jerry was also tremendously glad to see me. After discovering I was still eking out a bare existence...he asked if I would mind if he walked back with me to my room...as he wanted to visit with me for a short time. Naturally I was all for it. However I told him to be prepared to sit on the edge of my bed since my boarding room was too small for a chair. Jerry followed along keeping a wise silence.

When we arrived at my quarters...Jerry sat down. O saw that he was visibly shocked. He told me he was too good a friend to let me squander my life away in such abject poverty. He then asked me for a pen--and paper--of which I had plenty. He took one sheet of paper and the pen and handed both back to me. He told me to make a list *in writing* of what I really and truly wanted most in life.

Since Jerry had achieved his success I humbly complied. I knew exactly what I wanted...so I began to write my list. In a minute or so Jerry asked to see my list. I was not yet quite finished but I handed it to him.

"Michael," he said, "you are doing it wrong."

"What do you mean *doing it wrong?*" My ego defensives reared up. Jerry calmly ignored my ego and told me to write *what I wanted most of all* as first on my list. He said It was not a "struggle and work ethic" I was to slowly and steadily work my way up to...step by laborious step. He emphasized that what first and foremost on my mind and that I wanted so much I could taste it be number one on my list. He advised me to start a new list with first things *first!*

A light suddenly flashed on in my head. I immediately realized why I had not achieved my longed-for economic successes. I had innocently bought into the old archaic planetary "work ethic" that our success must be achieved by hard work. That we must work our way from Point A...to Point B...to Point C...etc... instead of mentally going directly to Z--my big *immediate* much-desired goal....

I seized the old list... crumpled and threw it into my wastebasket. I then grabbed a fresh sheet of paper. I knew --with that powerful *I can taste it* feeling--what my first three things would be that I would write on my list. I knew exactly which was first, which was second, and which was third. I continued my list of known desires to seven or more...then stopped.

Jerry did not ask to see my new list. He understood the value of *keeping silent*. Jerry and I parted and I have not seen him since. If you chance to read this...Jerry--my helpful loving friend---*thank you* and please get in touch with me through this publisher.

The rest is history. The first three *goals* I listed were intricately woven together. *All three materialized within six months!*

Number one on my list was a *home of my own* in six months. Number two was a *Cadillac* within six months. Number three was a *professional career* or high job-earning capacity that would pay for the purchase of my home and Cadillac--with additional funds to enjoy and do whatever I wanted--within reason.

I will add that my listed desires numbered four on down did not have the *oomph* or the *zestful intensity* needed to manifest then.

Thanks to Jerry---Neville...my brother Rich--and to many other *models* and knowledgeable mentors--my whole life since has--as a rule--been filled with great adventure.. much self-fulfillment.. much love.. and overflowing abundance.

I hope these joyously shared success stories will inspire and motivate you. Use them to draw your soulmate to you. Stay on course. Make your own chosen precious dreams come true. You can do it. *A word of caution* - do not attempt to materialize two grand dreams *simultaneously*. That only works...if they are intricately woven or tied into each other...like my three were. Single-minded focus is very important.

Choose the biggest...most desirable dream you already now hold--of your soulmate--and focus exclusively on it... until it becomes your reality. Then move on to your next dream...not before. Your next *world picture* will be something entirely different from your original desire. When you rearrange the universe...the universe rearranges you. It's called growth and expansion...or evolution!

Needles to say none of my own success stories I have shared with you here could have occurred without my strong and persistent focus. This also applies to the strong focus of the other creative dreamers or creators I have told you about. *Focus* is vitally essential to success.

The act of focusing your thought in any direction sends a stream--or path--of your unique light frequency trailing along behind your thought all the way to your target. Thought is

instant. It has no space-time limitations. Light must conform to the laws of the electrical universe. Light has a known, scientifically measured speed.

The speed of light is certainly fast--over 186,000 miles per second --but the speed of thought is far faster. A thought--from you--of the moon and your mind is instantly there. In the process a thread of your light-entity self follows your thought. That beam of light acts as a roadway. It is a literal freeway that allows energy to travel in either direction--from the pole at the moon...to the pole in you--or vice-versa. This is why your intense thoughts and feelings sets up a lighted pathway on a mental communication from your soulmate to you...and vice-versa.

Envisioning is essential. Thus when you focus on your image of your soulmate...make your picture as detailed and complete as possible. When you give your picture more substance or mass you also supply it with more of your own personal magnetism.

You turn the dial on your radio or the knob on your television set to get the specific or exact *channel* or frequency wave that *you want*. You do not spin the dial...like on *Wheel of Fortune*. You focus on turning the dial to the exact station. In this case the *station* that you *tune into* comes in as the--so pleasing and so much desired--form of your soulmate.

I suggest you send him or her a daily broadcast. First focus your mind on him or her. Relax your mind. Calm your body and feel your way inside of yourself to that most gentle space you can find within you. Then you can gently drop the sensuous *tone* or *alluring image* of your soulmate into that space or gap. Then hold that pleasant image and sweet tone for several seconds.

During this daily *broadcast* tell him or her of your exact location--your city, your state--and the country where you currently reside. Declare mentally with great feeling that you want him or her to join you *here* or *there* in a thrilling loving soulmate relationship. It will take you less than five minutes to do this routine. Do it as many times daily as you wish. Afterwards simply go on with what you normally do during the day.

My soulmate *Maria* heard my *call* and felt the strong *pull* and journeyed all the way from Europe to meet and *merge* with me in the United States. You can do it too.

To help solidify and reinforce your desire mentally envision going to a movie theater together...or having a special dinner together--or sharing any place or any event that you consider special - and worth sharing--with your special soulmate. Mentally hold and feel your breathtaking soulmate in your arms...sensing the great ecstasy of his or her body and mind joined with yours.

The art of focus will aid you in every walk of life. Thus I will present you with the easiest focus exercise I know. Anyone can do it. You can do this in the company of others--who are sharing this exercise with you--or by yourself.

Light a candle. Pull the window shades or turn off the lights. Sit down in a comfortable chair with your back straight. Now focus *all* of your *attention* on the very tip of the flame of the candle. Hold that *focus* unwaveringly for as long as you can. Do not allow any noise or movement in the room break your strong focus. If so, return back to focus quickly.

It works best to place the candle on some books--or props--so that the flame tip is at the same level as your eyes...while you are seated. I have worked with a crowd of over 1000 people who managed to keep a strong, almost unbroken focus on the same candle for an hour. Even your need to blink your eyes can be mastered with practice. You do not need to practice your focusing power for an entire hour...unless you choose. Usually five or ten minutes of intense and unbroken focus--two or three times a week for several weeks *or months*...will endow you with a genuine *powerhouse focus*.

If you are serious about manifesting your soulmate practice of these how-to techniques whether you understand them...or not. You must *utilize the how-to's* to make them work for you. Knowledge without use is useless....

Put your key in the car ignition. Turn it on. Put it in gear. Step on the gas and steer to your destination. You do not need to know what the spark plugs and pistons do--or how the engine connects with the car transmission--to turn your wheels...and get your car in motion. Use what is presented in this book. This is your *key* to bring your soulmate to you. *Nature will do the rest*. It's not work...it's fun. So enjoy the experience.

*Your soulmate is calling!*

You now know how...to *call back*...to him or her. *Go for it!*

## Chapter Thirty-Three

### THE TRUE MARRIAGE OF SOULMATES

For long ages our human culture on earth has perpetuated the myth --and our ignorant man-made law--that *state* marriage bonds cannot be broken...except by certain regulations--or laws--of church and state. That kind of *closed thinking* has generated life upon life of unhappily hatched *church and state* marriages.

Many of these trapped *marriage prisoners* hold only contempt and hatred for their wedding partners...rather than love and respect. Soon one--or both partners--eventually feel quite trapped....in a prison-like loveless wretched and so unfulfilling lifetime together. There are several reasons for this sad human *church and state ordained marriages* dilemma.

The memories of many past agonizing lifeless and life-long prison-like marriages are still very much alive in our DNA and genes. These old chemical triggers are still firing bitter past feelings and memories through our neurons. They can and often do bring past angry emotional turmoil into our current marriage relationships.

Society also *dumps* a load of guilt on us if...we even dare to think of ending our marriage. Divorce is judged as taboo...or shockingly anti-social behavior. Rigid sociological controls are thus strictly enforced or enacted at religious and state levels over our marriage contracts and over our break-ups or divorces. None of this relates to a *true marriage*.

A majority of biological--or state-created paper--marriages fail because of the false images and unreasonable social expectations each marriage partner places on the other. None of these marriage partners could ever live up to the *Mr Right* or *Mrs Right* images their spouse demands that they fulfill. Thus there is a natural feeling of anger and resentment that the mythical image--or ideal--was not maintained...or had not manifested.

How could it? The image belonged to the longing partner. Since most of these exacting human expectations and certain personality--and spiritual images were lacking--the marriage would soon be doomed to fall apart. The glamour was and is unreal. Even our earthly marriage ceremony--or wedding ritual--enacts or portrays a king and a queen attired in royal robes...being joined together in a great and sacred

*party atmosphere*. This is certainly very romantic...but the romance--or fantasy--lasts only until the sorrowful discovery is made that all these social and personal spouse images--and high expectations--are not...nor will ever be fulfilled. with their current *marriage* partner.

At this point--rather than naturally *parting ways*--even though both partners are quite eager to be free from their state-created *paper* wedding bonds...a plethora of dramatic real-life personal or economic problems are hastily created to fake or bolster the sad *marriage*. The new *struggle issues* that now allow--or compel--both partners to gracefully--or ungraciously--keep the marriage going are...children, lack of funds, illness, accidents or one new struggle or burden after another. This naturally results in a very tedious, boring and burdensome marriage that is held together only by many artificial reasons and *no real love*.

At some point one of both of the marriage partners actually grows *numb*. The *marriage* is now totally lifeless and so too are both of the marriage partners...so long now imprisoned in *this unholy alliance*.

Fortunately times are changing and a great many pioneering souls have moved out of mismatched marriages. They separate or divorce instead of living on and on in an entirely wasted life of pretense or in a great lack of both spiritual and sexual fulfillment. Society must end such lifeless *marriages*. Step out of it. Do what you do--whatever it is --with whoever it is with natural great life passion and joy. Enjoy a truly real marriage with a *soulmate* or your *Twin Ray*....

## **TRUE MARRIAGE**

*True marriage* has nothing to do with contracted paperwork or the rituals and approvals of religion and state. A true marriage occurs naturally and effortlessly. It exists *vibrationally*. A true human wedding bond exists when soulmates *pulse together* at the same frequency or wavelength.

A mutually consenting and natural synchronous sexual or marriage union constitutes a true human marriage. Marriage is a sacred spiritual and physical human union...not a prison to be shared with a cellmate. Everyone can easily appreciate, value and choose a *soulmate* marriage over a *cellmate* marriage.

Most individuals who rush into marriage are done so because they come from the *Law of Lack*...propagated by

the *material values* of their society. Love is also equated to sex, so in order to overcome a lack of love the the young-- or even mature consenting adult individual--will feel impelled to express a lack of love via his or her consenting sexual union with another.

However society says males are not supposed to love males and females are not supposed to love females. While males or females are supposed to love only the opposite gender. Therefore after much sexual misunderstanding--often much repression and self-tension--the individual... aching for biological and spiritual validation steps *expectantly* into a state-certified marriage--where he or she now blessed by society--feels this is doing the *right* or *good* thing.

That person has never been taught self-worth or the godly art of self-validation. He or she is like a small child let loose in a candy store...who bags up everything in sight...because they have never been allowed candy before. If the child had been raised in the candy store it would not make such a *big deal* of candy. In the same light, if society taught the difference between love, sex and self-validation--sex would not be such a big deal. It would be utilized as mutually consenting human biological medicine in proper doses for each person. Since everyone is different each individual will decide or learn what is best for him or her. What may be an overdose for one may just be *starters* for another. Who is the judge? Only self. No right or wrong judgment is asked for or needed from others.

When children are taught to value character and sharing they will have it as they become adults and they will also share and allow free choice to others.

In following such a good character a marriage can be entered into where mutual, genuine sharing of self with the other marriage partner will be normal. They will then both be mirrors of divinity to each other and both of them will double their speed of spiritual growth. In that case their marriage is true. It is sacredly blessed and will undoubtedly endure through a lifetime.

Contrary to social opinion a church or other state marriage--of any kind--is not fated to last for ever! Even a soulmate union is not destined or fated to last *forever*. A true marriage--or a soulmate union--lasts as long as both partners share the same vibrational tone or note and line

*of direction.* Even a *true marriage* with a *Twin Ray* is forever subject to the free will choices made by either half of this divine *couple*.

True marriage partners--or soulmates--must put constant self-effort into making their relationship continuously fresh and new. Then their holy--whole I--marriage will be fun not work- Both partners need to open up to be willing to share intimately...and to allow themselves to be spiritually naked and humanly vulnerable before each other. A true marriage will be like a strong, healthy rosebush that keeps growing and always adding fresh new rosebuds--new days of marriage--that open into a continuous outgrowth of very lovely highly scented rose blossoms. It takes great care and much self-tending to bring forth new buds and lovely new blossoms in a fully true marriage relationship--over the years--but it can be done. Then that precious preserved and genuine human couple *marriage* will be joyful and long lasting.

A *true marriage* is one of sharing...of giving and consistently loving. That love will not be a conditional love but a true unconditional love. It is a love that allows the other partner--or marriage spouse to come and go at will without being threatened by her or his choices.

If one of the two partners in a marriage increases or lowers his or her self-vibratory pulsation--or self-stroking frequency--beyond or out of a compatible range of the other partner...the marriage is over and *naturally* ceases. Nothing then holds the two of them in harmonious proximity or a natural marriage union any more. *As above so below.* In that event in due course the couple--now out of synchronicity with each other--will naturally physically part ways at the perfect time.

Neither church--state, public opinion--nor man-made law will change the natural basis for a *true* human marriage. Nature wins in the end. No matter how long church, state and society try to keep the present *prison control* and false *proper marriage* a stern compelling church or state law...*nature* will win in the end.

*True marriage* is based on true love. It comes from the heart and is not sexually based or body-oriented. True love is not withheld. It is shared. Nor is true marriage based on a desperate need for self-validation. Self-validation cannot be found in another's. It must be found in self through *self-realization* of self-worth. It does not say much for your *self-*

*image* if you need someone *else* to prove--or mirror back to you--that you are worth loving. Instead of seeking self-validation both partners in a true marriage simply exercise free choice--their now indicated preference--to be with the other one. This true marriage union is sacredly based on unconditional love...not on sex. There is always plenty of fun and joy expressed in these true marriages. Two joyous, caring, sharing human entities can work anything out. Joy releases negative feelings. Joy breaks down all walls.

### **NOTHING IS FOR EVER**

Nothing 3-D is for ever. So even a true marriage is not for ever. It may last a whole ?-D lifetime--or it may end a year later--or a moment later. Nevertheless one moment of blissful true marriage will uplift your body and spirit a thousand times more than an entire lifetime in a boring, struggling, false social state marriage *union*.

Sex in a true marriage plays a strong role in accelerating the spiritual growth of both partners. Sex always remains merey a physical animal biological act until you *worship* the *body and soul* of your true marriage sex partner. This worship does not mean you put him or her on a pedestal. It means you *see the majestic holy god within the body* of your partner. You touch, honor, or respect and hold him or her as sacred. You intimately, nakedly share your vulnerability. You touch, embrace and thrill to the grand divinity of who you are and to all of what your soulmate is. That is a true passion. It is also an incredibly exciting, body and soul-fulfilling sexual polarity exchange. My advice if you are *of age* is to *try it*. *You will like it*.

If you accept or settle for less than an exquisite and heavenly true marriage with your equal, soulmate or Twin Ray... it is because you have accepted the dictates of a misguided social consciousness or the biological and hormonal chemistry of your body alone.

Your longed-for *true marriage* to a soulmate is not only possible--but highly probable--once you possess and understand knowledge of the Law. Your focus upon this subject this moment is sending out a signal--a call--to your soulmate....

The *soulmate idea* is *in the air* and that factor alone--speeds along or--makes a soulmate merger for you more possible. As soon as you *consciously* know that anything is possible...it has a tendency to flow effortlessly into your life. Many other soulmates are now blissfully merging together

as *one*...at this time on earth. Certainly if you are deeply longing for a divine true marriage your soulmate is probably already well on his or her way to you....

The two of you can and will become sublimely one. *So be it.*

## **TWO AS ONE**

All forms of life move toward the light. This is true...even in the deepest part of the ocean...or within the darkest of caves.

As discussed earlier if you put a hundred people in a huge absolutely dark void and turn on a dim light in the far distance all one hundred of them would quickly and automatically *turn toward the light* and would probably--one by one--grope slowly toward it. Moving toward the light is our most natural conscious--or unconscious--and innate self-stimulus response.

A natural merger of everyone--and everything--*toward* the light--or *into* the light--is universal. The reason as already stated is that all of us were birthed from the same *One Light Source*. This ONE GREAT LIGHT of all existence may be called *God*, the *Source*, *Allah* or whatever you or I choose to label...designate--or tag *IT* with. As already now disclosed at the depth or central core of each of our living beings we remember, know and sense a long past great and painful separation from our vast *One Light Source*!

The solution to overcome it is obvious. We are covered by countless dark veils. During our long human sojourn through many incarnations --as a separate individualized unit--we have layered image upon image of false self-identities around us. The only way to back out of this vast maze of false self-identities is--to surrender them or--to give up all of our dark, limiting, false identities *consciously...one by one*!

Fortunately when soulmates merge--their two separate physical bodies and life journey together--they are each in a unique position of being able to further merge themselves together *into one light*- The seemingly separated lost former two lights can now actually merge into one powerful shining greater light. They have quadrupled--or *squared*--each of their lights...not just *doubled* it. Each now possesses at least 4 times her or his former self-empowerment.

The great obstacle toward this sublime incredible square increase of our individual light identity and power...is an innate strong ego reluctance--within all of us--to relinquish our *host* of adopted false masks or untrue self-images. An

innate decisive goal toward true self-identity cries out loudly within each *one* of us. This sacred transmutation can only be fully achieved when *all* of our unreal false personal self-images are finally let go of ...released *completely*. As long as one tiny single false image--or one shadowy false identity of self remains--true holy "I Am" self-identity is not possible.

Paradoxically...the very statement--or thought--"I am"... creates a layer or an image of false self-identity that now stands in the way of your return to your pure *Source*, the one "I" of you....

Is a complete loss of false human self-identity possible? Yes. When Twin Ray soulmates are both equally determined to totally surrender all of their false images...their similar wavelengths and proximity naturally fuses--or merges them into *one* greater grander *unified* light upon earth...and in our Cosmos. When Twin Rays merge into their Oneness both are transcendental to human Ascension. Each can and now does operate at Cosmic heights or levels.

You could hardly call this a *loss* since they each *gained more than* double the knowledge, power, identity *and mobility of body* held prior to their *merger*.

This Twin Ray grand soulmate merger--of two light beings into one light being--has been extremely rare in our recent past civilization. However due to the now rapidly unfolding *Golden Age*--and the coming birth of our Earth into a *Star*--it will be increasingly more possible every day.

Note: Keep a watchful eye open for my upcoming book detailing this incredible event title: "*The Birth of Earth as a Star*."

There is a growing, very welcome, long-awaited and much rapidly increasing *light spectrum* upon earth today. More and more soulmates are now blissfully merging together, spiritually and physically. Daily, more and more enlightened individuals are wanting and learning how to *shed* their many unwholesome and unwanted self-images. Simply *face embrace* and *erase* your own still held unwanted self-images.

A daily moment-by-moment practice of living securely and safely in the *now*--of consciously stripping your self naked of image after image--will help you to eventually accomplish self-liberation...and to find your true soulmate marriage. You must realize your identity--again with and--as the *Whole Source*. No other images can then stand in the way of your

own true unlimited self-identity...and a sacred *true marriage*.  
*You can do it!*

Once you *know* about anything or something *you can do it*. The two of you now separate uniquely *bright-lighted* Twin Ray soulmates will soon merge into one greater unified *undivided* light.

The choice is yours. Your soulmate is calling. He or she looks for--waits for---wants you. My feeling is...*go for it!*

As we now depart from this long journey we have fascinated shared in consciousness together...it is my deep desire that you will realize that love which you yearn for---and that love which your soulmate yearns for. If you want to share a thrilling *true marriage* with your soulmate...he or she will be wanting to share an exciting true marriage...with you too. *Tit for tat*- Our universe naturally and effortlessly seeks constant balance.

You have the needed easy *how-to* knowledge now in your hands and in your head. My job is done and yours has begun. That's balance....

Be wise. Make it fun. *God bless* you and your *soulmate*.

*My heartfelt* blessings be with you *until we will meet again*.

## APPENDIX

My thrust is to encourage you to reach out and to search for and absorb all of the knowledge reflected from hosts upon hosts of grand sources. Therefore it is my delight and my pleasure to share a list of some of the great *English* classic written sources of former secret knowledge--that I have personally gained --from ancient old schools of thought.. and astounding new schools of thought.

Keep *reflecting* and *absorbing*. If you feel *the urge* to write to me...remember that it must be written in *English*. Write to my postal address in *America, please*.

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Or if you choose you may write to me in care of this publisher.

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## Back Cover Page of Book

"Michael is one of the world's leading experts on helping people find their soulmates. This comprehensive, easy-to-read book tells you everything you need to know to find your soulmate. It is a 'must' for anyone remotely interested in soulmates."

- Richard Webster

*Your Soulmate is Calling* is the ultimate how-to-book for anyone searching for their soulmate in life. Russ Michael is the author of the bestseller *Finding Your Soulmate*, now published worldwide in nine major languages. In this new book Michael shares many proven techniques for materializing the *lover of your dreams* right here into your life! He has done it, many thousands of his other readers have done it, and you can do it too.

It's easy, it's proven and it's all right here.

In plain English Michael describes how we all have "memory nodules" that link us together through past generations of soulmate relationships. Through conscious desire we can activate the connections and bring to us the soulmate who is out there, waiting for us, somewhere, right now! Wherever he or she is, whether you are heterosexual or gay, you can bring him or her to your waiting arms. The power is in everyone. All you need to do is find out how!

Discover for yourself how you can create a truly blissful soulmate marriage. *You soulmate is calling you....*

RUSS MICHAEL is the author of over 20 major *self-help* books. He is a former professional US basketball player, a published songwriter, television host of his own series--*The Mysteries of Life*--and taught psychology at the *University of Humanistic Studies* in San Diego, California. In 1984 he was awarded the distinguished Bronze Halo Award... by the Southern California Motion Picture Council for his contribution as an *author, lecturer, philanthropist* and *humanitarian*.