Soulmates, Twin Rays and Special Lovers

By

Russ Michael

Author of long-time bestseller. "Finding Your Soulmate"
"There is Nothing You Cannot BE, DO or HAVE" & "Autobiography Of An IMMORTAL"
Soulmates, Twin Rays

and

Special Lovers

by Russ Michael

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Preface by The Author

Given choice; and who does not have free choice? Most of us on Earth today would choose sharing what remains of this day—and the remaining days of our physical human life on Earth—with a warm, fun-loving Soulmate or a genuinely blissful Twin Ray or special lover.

I had the great privilege of introducing the new idea or concept of Soulmates and Twin Souls to mass human consciousness on Earth in 1970—through my best-seller book—Finding Your Soulmate. I am humbly grateful for that.

Prior to that, the word "Soulmate" was not known by the masses in any country on our planet. Isn't it a wonder to see how an idea can grow worldwide so very fast?

God's light is the source of any idea, of any work of art—or of an invention, or a book—and nothing can stop God's light. In due time God's light drives back the darkness and nothing can stop an idea when its time has come. Thus, today the new word "Soulmate" is known and lovingly used often—and almost daily—by most people on Earth.

My specific personal definition of a Soulmate has never changed since my surprising very first introduction of this new word—to the masses—in my 1970 best-seller book...In brief, "A Soulmate is simply someone we 'meet' and interact with in and at a physical or 3-dimensional world at a 'soul' level."

This is of course—at least—a whole full dimension higher—or far above—an 'ego-based' personality level. Much less 'head-banging' occurs, as—more of our 'beast' has vanished and—more of our genuine God-self soul is dominant in our relationships with a loved one—or a dear 'marriage' partner—or a special lover.

My more thorough definition and explanation of a true Soulmate is given in Chapter 5 of this book.

My specific personal definition of Twin Rays—identified as twin-souls in my earlier published books—is now more clearly
known to me. Thus I can and do define a Twin Ray as simply - the "other half" of a whole--of the "I AM"--of each and any--physical embodied human being on Earth.

A much more detailed definition and explanation of Twin Rays will be found in Chapter 6 of this book.

Not everyone on Earth today is 'awake' or aware at the same mutual level. Thus, to make it easier for different level readers of this book, I have presented a three-part format that hopefully aids for a far better mental understanding.

**Part One** prepares you--my friend--at a new consciousness level for **Part Two**. And Part Two works to 'lift' you to more understanding--via **Part Three**--to the very immediate and breath-taking transformations going on--within all of humanity on Earth today--**right now**. Each and all of us are busily being prepared--at both inner and outer levels--for a bright, dazzling New Earth and for--a dazzling, light-filled, truly rapturous New Humanity.... These are genuinely exciting "end times."

**Part Three** is designed to give you a brief overview of--what goes on now and--the amazing transmutations, body transfigurations and transformations already, fast occurring, on Earth.

You are warmly invited to contact me directly with your kind comments or questions at my personal email address posted in the Appendix of this book--or through my publisher--in whatever language--you are reading--this book.

Thanks for you being you, and for 'being here now 'on Earth as we are all being lovingly prepared for this fast-moving, so rapidly dawning final *Golden Age* on Earth.

One more very important issue. I AM not here on Earth to argue about or change the 'religious views' of anyone! I encourage and allow everyone to think, be, feel or do what their own *God-self* within seeks to do....

I "awoke" via own vivid and very real *death* experience--not a 'near death' experience--at age 18, which I share with your readers who wish to read about it. A similar account is detailed
in my Autobiography Of An IMMORTAL....

Part of my "mission" in this lifetime is to further clarify or expand on what the idea or concept of Soulmates or a Twin Ray means--and to give tips on how anyone can bring their own 'special someone' into their life--if that--is their desire. Be at peace and in JOY!
We are all One greatly blessed Human Family on Earth. Bless your heart.
I AM Russ Michael
My Death Experience at Age 18

When a genuine DEATH experience occurs--you must and will experience an instant total flashback of all you have ever felt or thought, said and done--which I did. My breathing had stopped, and my heart had stopped, for my physical body was -- to all appearances and signs--DEAD.

During my out of my body duration 'time' my entire life had flashed before me like a vividly clear movie. God was not there to 'judge' me. Yet, I judged myself more than anyone, anywhere, any way on Earth could do.

I looked at my life and I saw so clearly and felt bad, as I had failed my many self-created personal 'tests' again and again. The love and wisdom I came to express was hardly visible and certainly lacking....

To add to my shame and great regret--my mind then flashed "back" further, to two other very relative human Earth lifetimes--when and--where I saw how I had also failed to "ground" or achieve my very same Earth embodiment mission.

One lifetime was in old Egypt. The other one was even further back in time--at least 10,000 years ago--in very, very ancient Tibet. In both, I saw I had failed to fulfill my own very same important personal mission--or 'soul contract' with God--in those specific former lifetimes too. This made me feel an immense, great remorse, for having "failed" God--and myself--again and again.

I drew myself together--in the void in which I now 'stood'--and I asked God for help. I wanted to return to my 18-year-old physical body and work at fulfilling my mission--as I had volunteered and agreed--before my birth--or my re-embodiment back into human form.

The precise moment that I asked, a point of white light appeared in the far distance. The light moved closer and closer. It came faster and faster to me--and God, now in form of a dazzling white, white light--like no snow- white color I had seen on Earth--stood before me! I was transfixed with a joy
and a sense of utter bliss and peace that human words cannot ever describe.

_God_ spoke gently into my mind and being. _God_ told me I had a dual choice--1)--I could stay in Heaven and carefully review my recent life and make plans for a new 'human birth' and fulfill my soul contract then--or--2)--if I chose--I could return back into my 18 year old physical body--and once again on Earth--work at completing my current mission _in it_.

I knew instantly that I wanted to go back to complete my soul contract--with _God_--in my present physical body. The instant that I made the choice, I felt the vibrations of my whole being suddenly become slower and slower.

_We live in a vibratory Universe--at explained in various of my other books...._ 

I also felt a heavier and heavier, dense, gross feeling and in the next moment, I felt myself completely _back_ in my physical body!

I paused, stirred and opened my eyes slowly. I heard the excited shouts of astonishment of the large band of sailors and the medic attending me--who had been trying so hard to revive my apparent dead body. My body had showed no sign of breath--or heartbeat--for over 10 full minutes, as I was told later.

Someone shouted, "Give him air, stand back!" I heard another yell, 'He's coming too!" The clamor grew—and slowly--I remembered. I had been assigned to paint the inside of one of our emptied water ballast tanks of our _U.S.S. Ashatabula_ oil tanker--during my Merchant Marine service in 1945--just before the very end of the World War II.

Our huge oil tanker was cruising slowly up the river toward Tiensing, China...and a crew member and other Navy sailors had seen me fully 'passed out COLD' in the empty water ballast tank in which I had been painting.

Two had just returned--to paint with me--after enjoying a fast
15 minute rest--some breaths of sweet FRESH air and a quick cup of coffee 'break' with the Bosun. He was in charge of operations in the engine room of our immense sized naval oil tanker. I had been lying on the warm metal deck of the engine room, with no signs of life. I was stripped to the waist while the medic tried to revive my seeming lifeless body!

My entire conscious death experience--along with the flashback and glimpses into the two former lifetimes—as stated--and my personal blissful interaction with God--was branded indelibly into every atom, molecule and cell of my human body and soul being.

To the astonishment of everyone standing by--on my revival --I sat up, on my own volition, and burst into sobs of joy that 'racked' through my body--with wave upon wave--one wave after another. The realization that I was safely 'back in my body' and able to go on to learn and live a Godly life—and be able to do what I had come to do here on Earth—filled me with an immense, tearful, ecstatic joy.

That intense, high state of pure joy stayed with me. A joy permeated every thought and feeling I had for approximately 30 fabulous days... Then, gradually the 'high' of my joy disappeared. I returned to "normal" down-to-earth thoughts and feelings and ego-based actions or reactions.

However, I surely recall all of that death experience today--just as vividly as when it occurred--scores of years ago! I knew my "death experience" was a genuine, loving gift from God. It was my initial "awakening."

I had been raised from childhood--along with my other dear 5 brothers and sisters--as a very orthodox Lutheran. I attended a Lutheran school my first six grades of schooling. I was certainly not properly schooled on what to expect when my human body death occurred.

Neither Lutherans, nor any orthodox religious cults teach anyone about reincarnation--and that our soul lives as God's eternal loving gift to each of us in human form--forever. I awoke to the personally experienced fact that our souls are
eternal. I knew from that day forth, only the 3-D physical body we 'put on and cast off'--*again, and again, and again--dies.*

In reality, there is no death, for each and all of us live on and on and on forever and ever!

I am eternally grateful that I had my own undeniable God-gift of a "death experience." It opened my mind to gradually realize that all past great religious teachers--who *Ascended* their bodies in their lifetimes--like Jesus, Buddha, Mohammad, etc, etc., all knew and proved there is no death!

Therefore, it is forever true--in the end--no one in human form truly fails for we continue learning through repetitive births until, one by one, we 'wake up' to--the Kingdom Of Heaven Within--that all of the great spiritual teachers taught us about.

Each and all of them personally did teach of *reincarnation* to their followers--and to the masses--in their time. They did *know*--and they taught the fact that--we are born in human form--again and again--until we arrive at our own complete final 'awakening' into the sacred nature of our very own Mighty "I Am" Presence and attain full mastery over our own sacred human body--of consciousness, and physical world--being.

*I repeat.*

Part of my mission in this lifetime is to further clarify or expand on what the idea or concept of Soulmates or a Twin Ray means--and to gift *tips* on how anyone can bring their own 'special someone' into their life--if that--is their desire.

Be at peace and in JOY!

We are all One greatly blessed Human Family on Earth.
Bless your heart.

I AM Russ Michael
Part One

Soulmates, Twin Souls & Special Lovers
Chapter 1

How My Soulmate Found Me

Maria came all the way from Austria, Europe to find me. She too was also yearning for her Soulmate.

The moment I saw her, I knew her! Maybe the slightly tilted stylish bright red hat was a pre-arranged trigger we agreed on before our births. What mattered is that my heart skipped a beat. Then it began a calm but a very lively dance! My whole body and being was suddenly alive, uplifted and electrified.

At that almost same precise moment one of the many other Ramtha students--also enrolling--with a count of over a 1000 to 1500 of us--for Ramtha's 3-day and night 'Intensive'--stepped up to her--from nearby--and gave Maria a long, seeming endless, very loving hug and squeeze.

My heart almost stopped beating. While my mind said, "That should be me hugging her, not him." At the same time, I felt a deep peace and a calm sure knowing that whatever it now took, she was to be a "love of my life" and before long, it would be me hugging her so lovingly.

Ramtha was a world-renowned spiritual teacher who specialized in 'hands on' training of spiritual laws and principles that had been taught in ancient Egyptian Mystery Schools. Back in ancient Egypt a student or 'initiate' of the "Mysteries" went through 7 arduous years of hands on training.

Normally, at the end of the grueling 7-year mystery school training period the newly enlightened initiate was required to take a severe life-threatening initiation. If she or he survived--for many did not--then the pleased mystery school teacher would arrange for the newly schooled initiate to continue further training--up to the point of her or his--total mastery of body, mind--and events, in her or his world--and environment.

In a few rare instances this would lead to full consciousness and Ascension of her or his physical body--similar to the
Ascension of Jesus, Buddha, Mohammad, and scores of known and unknown Ascended Masters who now comprise the Spiritual Hierarchy of Earth today, often called "The Great White Brotherhood." Be assured, the "white" was not any reference to skin color, it was an intended clarification between those who practiced black magic and those who practiced white magic.

Ramtha always had a host of 50 or more volunteer helpers at his 3-day or longer schooling events. Ramtha would occupy the sensitive body of J.Z. Knight--as a physical vehicle during his training. His School of Enlightenment was--and still is--based at J.Z. Knight's Arabian horse ranch in Yelm, Washington, USA.

Classes were held in a very huge auditorium that easily accommodated up to 1,500 students--all either seated, or lying down on sleeping cots--spaced side by side--in rows--with a wide aisle leading down from the stage to the back of the auditorium. Ramtha (consciously occupying the body of J.Z. Knight) often jumped down from the stage and strolled down through the center aisle to make personal contact with various deleted students.

In 1983 when I arrived there, the little town of Yelm, Washington, USA had less than about 1000 population. However, so many students soon arrived--from different countries all over the world--and 'settled in' to do years of training, as I had done. Thus by the time 'she' --my beloved Soulmate, Maria--arrived--in late 1989--the population of Yelm had jumped to over 5,000. I was then already in my 6th year--of almost daily "hands on" spiritual training--by and through Ramtha.

In order to allow those enrolling for the 3-day Intensive course--to be handled in a 'first come, first serve' manner--under Ramtha's guidance the helpers led each new person that arrived to the back of the line. Since it took a few minutes to 'sign in' new folks and give them their permanent 'seat' or 'cot space' during this event, the line leading from the front to the last person in line was far, far too long to be a straight line!

So when folks in line got to one side--of the wide
auditorium—they turned and walked back in line toward the other side of the auditorium. So you would walk beside the line coming from the other side of the auditorium—facing and seeing the same individuals again and again—during the hour or so time it took—to finally arrive—at the sign in window. In the natural course of this leisure line movement when Maria and her friends—moved past me, I caught her eye and with a smile—I introduced myself. I asked her what country she was from. In listening to their conversation, I could tell—from her accent—that she was from some other country.

Maria broke into a beautiful smile, extended a shapely warm hand and—looking deep into my eyes—said her name was Maria and she was from Austria. She pointed to the two men beside her and introduced me to the both of them. One was a friend—he was the one who had hugged her—and the other—surprisingly—was her ex-husband, who was also taking Ramtha's 3-day Intensive training course!

Since the lines had to keep moving, we waved goodbye to each other. Then 20 minutes or so later, I saw Maria and her Austrian companions at the sign in counter. I soon managed to catch her eye and gave her another goodbye wave as she and her two comrades walked out of the auditorium.

A few minutes later I too arrived at the sign in window, I bought my ticket for the event and was assigned to my own permanent numbered 'cot' location—night and day—for the entire 3-day Intensive. I then rushed out of the auditorium—hoping to get another glimpse of Maria—but she was nowhere to be seen.

I realized that I probably would not be seeing her again until 9 am the next day—as we were advised Ramtha wanted us all—to come early—and find someone to work with—who would be our permanent 'partner'—through the entire 3-day Intensive. People could choose their partners who they would do—telepathic or other psychic tests—with. If someone did not find a partner then Ramtha would connect them up with someone of his choice.
I vowed to myself that I would be at the auditorium door early and--the moment that lovely Maria arrived--I would ask her to be my partner--throughout the event--before someone else asked for her partnership.

Sure enough, Maria arrived fairly early still wearing that bright knockout red hat. The moment I spotted her, I rushed over to her side. I greeted her with a wide smile and explained that I had been told that all of us would need to select and work with a permanent 'partner'--through the entire intensive event--and that I would be very pleased if she would consent to be my partner!

Maria listened intently, as I further explained that the "Ram" would pair up partners--who might be in any of the parts of the wide auditorium--to do telepathic experiments, remote vision, and other such psychic training tests.

Maria looked a bit surprised but was pleased that I had rushed over to her side to ask her to be my partner--for--'the duration.' She broke into a warm smile and said she knew she would really enjoy being my partner for the entire Ramtha event and thanked me for selecting her...

My heart soared. We all had writing pads with us--as instructed to 'take notes' when needed--so I asked Maria to please write down her auditorium Section, Aisle and seat or cot space number on my pad, which she did.

I then began to write down my own Section, Aisle and cot number, on her pad. I explained that when Ramtha called for us to all us do the partner tests--we would be taking turns going to each other's 'cot space--so we could do the tests--side-by-side--and that I had done this often--at many previous Ramtha--weekly or 3-day--intensives

At that moment, her ex-husband and her Austria friend arrived and asked Maria to go with them to another part of the auditorium. The event would soon begin and we all needed to find out cot or seat numbers and bedding our places. So I squeezed Maria’s hand goodbye and smilingly told her I would see her later when we all did our many upcoming partnership
tests together.

After greeting and talking with my many Ramtha student friends--many I had met and known for several years --I saw it was soon time for the event to start. I still yet needed to get to my Section, Aisle and cot space—and get 'bedded down"--as I had done scores of times before. I knew the layout of the auditorium well, so I made my way to my assigned aisle and seat number location.

Imagine my great surprise and almost unrestrained joy at finding that the universe had arranged for Maria's Aisle, and cot space to be exactly side-by-side with my own cot space. So when the partner tests were called--by Ramtha, while most or all the other 'partners' had to get up and go to the cot of the other partner--Maria and I were already side-by-side each other's cot!

That was my second conscious 'message' that the universe had definite plans for Maria and myself to find each and be side-by-side--a long time--in this lifetime! The first sign or message was--of course--my instant recognition of Maria as someone "special" on first sight. Maria was far more than' just 'a pretty face.' There were scores, upon scores, of females with pretty faces at these--often very huge Ramtha events--but none of them could awaken--what I knew Maria had 'awakened'--within me, body and soul, at first sight!
Chapter 2

How Soulmates Find And Relate to Each Other

Even though the incredible 'high' in my personal death experience at age 18 dropped a month later, I still kept the benefit of that personal encounter with God in my DNA and genes. Thus over the years that followed, I would often have spontaneous guidance while in daily waking consciousness or—sometimes via vivid, seemingly "greater than life" dreams or—visions during my sleep.

In some cases, thanks to pre-warnings, I would see or 'sense' the future and avert what would have otherwise been a great catastrophe or—in a few odd events, I would make very real life-saving changes or--know exactly what to do to--avoid--sure death....

The reason I share this personal unusual state of affairs that came up in my life from time to time is that it is relative in explaining how my Soulmate Maria manifested in my life... When some very huge change falls due in my life, my soul, seems to open a channel—or a means of conveying what information I need--to prepare myself for what is coming. In two or three very dramatic life events--one of them detailed in my first book, "Finding Your Soulmate"--time seemed to stop at one a dramatic moment and a sudden vision--clearer and more vivid than a color movie screen--unfolded before my mind.

In some instances, my "alert" is accompanied by a voice--of obvious authority--that I hear--clear and loud—explaining whatever vision I see! In other instances, what I needed to know seed to sink slowly into my mind and "sits--as a clear knowingness or revelation--that often amazes me!

In one past experiences, in which I chose to ignore a repeated foreboding vision-- going fully against the clear, wise advice presented consciously to me--I paid a very, very quick and very dear "price!" Of course, we must then learn from mistakes too, as there are no accidents in all Creation.
Every unique daily moment we live and every event we experience, seemingly good or bad—as we color it—is a genuine 'gift' from our God to each--of us--personally! When we are consciously aware of—and grateful for that Godly gift—whether it is the every beat of our heart—or every breath of air that keeps our body and human being alive and healthy—or a new 'face' in our daily life stream. If we give thanks and feel genuine gratitude for all that has been given us—then those lessons need not be repeated again and again until we learn them.

When we fail to acknowledge or accept a 'learning' that we need to know—before we advance further—in the growth or expansion of our soul in our current human embodiment. You can be assured that unlearned lesson will appear again and again—for eons and ages—if need be—until we finally learn it and are thus free to go onward and upward—in our non-ending individual—and collective—eternal soul growth.

I think the main point is now clearly put and made. Since I had learned—from past experiences—to heed advice my soul had 'relayed' to me I can reveal this now and you will understand it....A few months before meeting Maria at the Ramtha intensive, a very clear—but absolute knowing sweet, good feeling revelation had seeped—or sunk—into my delighted conscious mind.

I did not know—where it came from—or how I knew it—but I knew absolutely—beyond any question of doubt—that a very charming, young, attractive, life-long companion Soulmate was about to appear—out of seeming nowhere—and to merge in my daily life stream at any hour or day, soon.

This sudden and so astute revelation was accompanied with such a strong feeling of certainty that—even though my conscious mind was trying to argue "the reality" of it—I knew beyond a shadow of a doubt—it was destined or preordained and to expect the occurrence of her appearance—as foreseen—at any day or any hour forthcoming.

At some deep unconscious and then conscious level, I had known what was my clear personal destiny. A decade or so
after my death experience--at age 18--I felt absolutely sure that this lifetime would be my very last "human" physical embodiment. I have felt certain that I would Ascend my physical body in this lifetime.

To do so, would mean to greet and share a brief or long, joyful loving reunion with several Soulmates from my past--while we both worked out any remaining karma--cause & effect balance--that we needed to meet and expand or to absolve between us.

These Soulmates unions have come and were more precious to my heart and Soul than words can say. My first two of those Soulmate relationships were revealed in my bestseller book, Finding Your Soulmate. Over the decades--following worldwide publication of that book, several other very striking and very "special lovers" from my past have also since entered my life stream, for which I AM so very, very grateful.

However, prior to my meeting Maria--approximately 16 years ago--for about two long years--for whatever reason—I had maintained a 'single' person status. This single status occurred during my Ramtha school training days—when Laya, the lovely Soulmate I had been enjoying an exquisite Soulmate relationship with for over 5 years--had recognized another one of the Ramtha students as her next--and possibly very permanent—and ever-loving future Soulmate in this life time.

Like attracts like. William too felt and knew that Laya was 'someone special' and he--yearned to be with her—with the same, intense recognition and deep inner fervor.

Imagine his incredible surprise when I asked William one day to have a private personal chat with him. I told him that I knew he was feeling a deep love for Laya and that Laya had revealed her own deep and growing love for him, to me. I then assured this beautiful man that he was a grand, very likable spiritual brother--who I respected and admired greatly. I let him know if he and Laya made a decision--at any time--to become loving Soulmate partners, I would approve that union with all of my love and heartfelt blessings. I assured Brother William I would step out of "the picture" any moment he and Laya might
wish to go forward together in life--to be the Soulmates--all 3 of us knew us--knew deep in our revealing hearts and souls--that they were!

The transition of Laya from my home to his home was a loving flow the few days that followed. In observing their great joy and love for years now, I Am grateful I had learned my lesson of "letting go." I give thanks that both of these truly grand souls are still now sharing their joyful destiny as the remarkable and loving Soulmates they are.

To this day--nearly twenty years later--we 3 have always maintained a close warm soul-filled contact and wide open communication with each other. I love them both dearly! Bless their hearts.

Being alone and single again--with me always loving feminine energy and beauty--I met and had 'dated' many lovely ladies through that Ramtha era--but not one that "clicked" as Maria, "special someone” that I intuited would soon be appearing in my life.

What first astounded me--so very, very much, about my electrifying and uplifting 'knowingness' was that my coming special someone was so much, much younger than myself and that despite the huge "age" differences she would yet be attracted to me! Of course, when we met age difference was no problem whatever, as--"what will be"--will be. Besides, if you have occasion to read my autobiography, you will realize my body became ageless many years ago! Aging ends, by Law, when you keep your dominant focus on youth and perfect Well Being, which I now possess.

Maria related to me in the exact way that I had foreseen through my sudden conscious "knowingness" a few months before our sudden meeting.

In Chapter 7, you will see and know how I knew beyond any kind of doubt that Maria was definitely the "Soulmate" that my soul--so surely and obviously--was manifesting in my life.
If longing for a Soulmate is your heart's desire, may you too--soon be seeing the physical manifestation of that grand special lover, or--Soulmate, or Twin Ray--or special someone -- manifest quickly in your own daily life stream.... Make it so.

So be it.
Chapter 3

Find Your Soulmate, Twin Ray or Special Lover

One of the cardinal laws of the universe is that any question we ask--by nature--returns the answer to the person who poses a question.

If this is the case, then ask your Soulmate if he or she will appear before you soon--and expect a positive, "Yes!"

I declare this with assurance since I personally have summoned or called forth not only for--a Soulmate but also--for quite a few seeming impossible things--and with a steady determined focus--my deep desires or dreams have manifested. My first really big impossible one was to recover from polio with both my legs paralyzed. I was unable to make them move no matter how hard I tried.

All of my youth I planned and practiced daily to become a professional basketball player. I chose to play with or against the bigger crowds of kids or grown ups, since I already sensed I could learn more from them then from my own age group. By age 17--when I joined the Navy--I was already known in High School circles as one of the best high school basketball players in the state--of Michigan, USA--where I 'grew up.'

Yet--after boot camp training in Western USA, I was transferred to an Officer's Radar Training school in Ft. Lauderdale, Florida, USA. It was plush living in a fancy top-of-the-line hotel, where all of us who were training were quartered. I felt like I had the whole big world in my hands. However, disaster struck!

One day--out of nowhere--my testicles swelled to abnormal size and were very painful. I became so deathly ill that I was rushed to the nearest Naval Hospital--where at least 5 Navy doctor specialists milled around me, trying to determine what had caused my dire illness --and--my, soon discovered, now seeming bloodless, snow-white paralyzed legs, that had no feeling.
After days of conferring with each other, doing a very, very painful 'spine tap' without anesthesia--it took 4 very strong male nurses to hold me 'still--and then the docs fed me hands full of tablets and capsules every 2 or 3 hours.

One doctor finally decided to tell me the extremely 'bad news.' They had diagnosed my condition as Poliomyelitis--and he said I might even have those paralyzed legs for life! I was shocked.

Then and there I resolved with my heart and soul that very instant---that no matter what the doctors did or said--nothing would keep me from recovering and going forward--after my discharge from the Navy--into the professional basketball field that I so desired with all of my being!

There are no accidents, for just prior to my joining the Navy I bought and read a book by Charles Atlas, telling how he transformed from a 137-pound weakling to one of the strongest men in the world. He explained he never used weight lifting or anything except his mind and imagination and the counter stress of mentally and physically pitting one muscle movement against another! He called this technique, "Dynamic Tension" - something that I had been practicing for a few months already prior to joining the Navy. I knew the technique worked because I saw my own body had become more muscular and I felt healthier and stronger daily.

When the doctor told me I might never walk, again I would not and could not accept it. I vowed within me that I would be back up on my legs and playing my beloved game of basketball--with joy and fervor again --and within 2 or 3 months time. Thus each day after doing my dynamic exercise routine with the upper part of my torso, which I could move freely, I imagined--even without even the slightest sign of movement—that my left leg was straining and moving away from my right leg--or--vice versa. Though not even the slightest moved showed the first week, I did my imagined dynamic tension movement of my legs--imagining that I was bending my leg at the knee or--lifting one leg up while imagining the other leg was up in the air and I was pushing it down with all of my might and strength, day and night--day after day--dozens of times. Often, a nurse would stand, watch,
and wonder at what I was trying to do.

Persistence pays is not an empty axiom. Within another few weeks, I could feel and see movement was coming back into my legs. The movement was so very slight, but the doctors were amazed and all of them said--whatever I was doing, to--keep on doing it! In another week, I was actually taking turns lifting one leg up after the other. I even tried to get up out of my hospital bed and tried to stand up on my legs, and the nurses who saw me, insisted I stop and get right back in bed again.

In less than two months--I was walking around in the hospital on crutches--and by the end of the 3rd month, I was discharged from the hospital as a fully recovered patient.

After another month or two, I was actually back on a Navy basketball court--learning to play basketball all over again. I had to develop a completely now different new 'form' and style of 'shooting baskets', dribbling, 'moves' and fakes that are a part of basketball skill and mastery, but--slowly and surely--I did it.

A half year or so later, I was transferred back to the West Coast of the U.S and assigned to naval duty aboard one of the largest Merchant Oil tankers, the U.S.S, Ashtabula. While aboard ship, I developed and worked with my dynamic tension exercises. I easily won the all-weight wrestling matches, as no one aboard ship could 'last' more than a minute or two against my strength. A few days later, when the big event was over--I was declared the All-Weight Wrestling Champion of our U.S.S. Ashtabula. Topping it off I was 'dined' and awarded a 3 day 'pass' when we 'made port' at Calcutta, India. I spent 3 exciting days having endless fun in the city while my shipmates had to stay aboard ship all during our stay in exotic Calcutta.

A few years later, after receiving my honorable discharge from the Navy, and finishing off my last year of High School, I received an honorary Basketball Scholarship to Western Michigan University. The basketball coach was delighted to have me---but soon as the new basketball season began, I was offered the opportunity to play professional basketball. It was a joyful fun-filled career of playing all over the USA + other countries but ended in 1955 via a severe car accident.
However, my dream was more than amply fulfilled. I dreamed and held on to the dream that I would 'grow up' and be a pro basketball player---and it became a manifest reality!

The message I AM relaying to you is that I learned it was possible to manifest even the most impossible dream simply by faith and persistent forward motion to ward my goal. I also learned to rejoice when anyone broke any new record or accomplished anything that was beyond the norm, simply because I knew--if someone else could do it--then if it was my deep desire--no matter what the odds that appeared against it--I could do it too! And that applies to you. Whatever you can imagine and believe, you can achieve.

Can YOU manifest a Soulmate or a Twin Ray? I know from my own experience over many wonderful years in my human embodiment that I could--and I did--manifest several most wondrous Soulmates. Chances are before this planet Earth unfolds into its final Golden Age and Ascends into its destined 5th dimension--my Twin Ray will merge with me,--and I with her. It's a good chance that you too will not only manifest a Soulmate--before then--but as well, your divine, blissful merger, with your own Twin Ray.

I know--that if I can, and others have done it--then you can do it! The question then arises - will you do it? Knowing you can do something is one thing, doing it requires your own act of will, as this is a manifestation that no one can do for you! Can do it is a knowing! Will do it is a doing!

What helps anyone is knowing that they can do it because--others have already shown the way, or have done it--whatever it is. So if you wish to succeed in making any desire you hold become manifest as a 3-dimensional reality it's only wise to read or hear the personal success stories of how others have done it. During my course of serious self-education, I was fortunate to know about and secure a series of volumes, entitled, The Greatest Scientists in The World, The Greatest Statesmen In The World, The Greatest Business Leaders in The World, etc. etc. with each volume telling the story of their great success and just what seemed to motivate each of them to their own unique astounding success. So listen to and read all of the 'success' stories you can acquire. Then use them as catapults to
inspire or motivate you to manifest your own loving Soulmate or--your own out-of-this-word --Twin Ray, into your life...

Many, many others have done it. I have done it. I truly do know now that you too can do it! There is nothing you cannot be, do or have. So be it.
Chapter 4

Your Soulmate or Twin Ray: Calls You Now

"Now" is probably the second most said--and yet, not fully understood or appreciated--word in any language. The first is of course, love. We will speak of love in later chapters of this volume, but let's put our attention now on the word "now."

In brief, the 'past' is gone! Thus, in reality--and that is what counts--our past simply does not exist any more. The 'future' is equally as nebulous No where can it be tapped, probed--or found to exist --n our very real 'now' moment. Scientists can try and try senselessly forever to probe--our past or future--but it is nowhere 'on record' now. It's because--from our very limited physical three-dimensional perspective--or view--only this one Eternal Now exists.

Right now. In this immediate now--planetary moment--Earth is laden with promise. It's now that more and more souls abiding here will--be attracted to and--find their Soulmate or Twin Ray!

It has been ordained that all of us embodied on Earth now--as you will hopefully understand before, or by the time you finish reading--and pondering--this volume--are destined to meet and merge now with our 'special lover' in these swiftly closing--final days--of our 'duality' cycle upon Earth.

This is simply a needed first step in the ultimate mergers of--individuals with individuals--then groups with groups--and nations with nations--whereby, we each and all know ourselves--as loving brothers and sisters--of one mighty, lovingly unified, human family on our Star Nation Earth, or Terra.

In the now unstoppable rebirth of our 3-D physical Earth--into a 5-D newly born Terra--all of us--who so choose--will rapidly be attracting and merging with our Soulmates or our Twin Rays. This--our new destiny--is inevitable for the 'light of knowledge' and the new 'light of the soul' has lifted mass
human consciousness to—now sudden new heights. This, in turn, leads all of us on Earth—to the higher dimensions around and 'within' the sacred "I Am" of each and all of us.

Never before—in the over 8 million years of human souls embodied in sentient humanoid bodies—has there been a time—or a human inhabited planet—when Soulmates and Twin Rays 'call out' so loudly and strongly to each other! We are privileged and so very fortunate to live in—what is now known—in spiritual terms as—the 'end times.' The end times does not mean the end of our physical world or—the destruction and end of any planet—solar system—near or far --galaxy, in the omniverses, or cosmos. It means one fully experienced 'life cycle or 'turn of events' has finished as those—in whatever kingdoms of nature or bodily form—simply and naturally, move on to 'greater good'—in the endless realms and "many mansions"—of God's—our Creator's—vast and infinite true reality!

As a good analogy—or close correspondence—you might consider what it is—when scientists speak of—as they refer to "life' or "half life'—of radium—or other such radiant elements or life forms around us. When that 'radiant'—thus light—cycle of any element, whatever size—ends, whether a proton, or a neutron, atom, humanoid—or solar sun, or galaxy—moves on through its life cycle, where does it go and what does it mean?

It means—the indweller life in whatever size 'form'—it has 'momentarily' taken—in the "now"—wherever it rides or floats in the heavens of our One Creator's eternity—it has simply and naturally moved—out of the old and—into a now higher, brighter, more radiant and shining new dimension.

Life, by its innate nature seeks to move ever forward, onward, and upward to—greater heights and realms—of light—often to a dramatic new 'form'—or configuration of awareness—of its expanding, endless love, intelligence, power, and "personal" radiance.

Since you are reading this volume—you absorb all the radiance—or light of knowledge imbued in it. As you reach for understanding of what a Soulmate or Twin Ray nature
means--in your own life stream--you are 'responding' to the deep desire of your very own Soulmate or Twin Ray--who now wants to be--with you, as much as--you wish to be with him or her! Like are attracted to likes.

You are being 'prompted'--from deep within--to respond now--as you continue to--long for, and desire to know and to experience such a great depth of love that Soulmates or Twin Rays find --in, through and around each other. It's how you increase the likelihood and speed of your first meeting with each other... What you focus on--and give your daily attention to, by law--must soon become a physical reality--or manifestation--in your life!

Now, then--be fully and lovingly assured--that NOW--like no other time on Earth--your Soulmate--or Twin Ray--is calls for you to appear--in his, or--in her own, wondrous warmhearted life stream. Listen! Can you hear it, feel it, sense it?

By the time you have finished reading--pondering, and re-reading this volume--you will be--even more highly charged with flaming desire and intention. You will be a powerful and compelling magnet--and your special lover--will be drawn to you, wherever you abide.

What you desire and expect--by Law--must manifest in due time and space. The great Law of Attraction makes sure of that. It never makes a mistake! May--now then--your sacred, sweet, loving desire come true soon! So be it.
Chapter 5

Exactly What is a Soulmate

In order to answer this question with the greatest of clarity, I have been prompted to provide this answer by first explaining different human points—or avenues of perception—so you know what a Soulmate is not... By contrast, you will know the difference between what’s NOT a Soulmate union and what is a genuine, loving Soulmate union.

Please allow no fear when you come to what may seem to be "technical" info explaining the difference between living from a "soul" perspective—or from a "personality" posture.

Reread it more than once, if necessary. Even a nine year old who—wants to, and can keep focused long enough—can understand what is presented.

Otherwise, just pass by all of that seeming technical stuff and know this. We each can—and do—draw others to us who are vibrating at our own low or high personality rate, or at our ever-constant high, inner self, soul vibratory rate. It's that simple. We each have the power of choice each moment.

As conscious sentient beings, every one of us in human form is uniquely different in how we each perceive what we deem to be living reality. Our view is seen simultaneously from all of the following major points of our very own widely 'colored' individual viewpoints. We each will all perceive our own ‘true’ reality—within and around us—from our very basic following distinct—MAJOR three—perspectives, a, b, or c:

First, at a very low base, life awareness, self-sentiency of:

1) From physical body brain consciousness
2) From non-physical emotional body feeling awareness
3) From non-physical intelligent body ‘lower’ mind ego consciousness

WHEN a combination of all three of these points of view
are blended together they form our singular point of view that we can refer to or identify as our 'lower' self, or

(a) PERSONALITY;

and then....

1) From our etheric physical body consciousness
2) From our astral emotional body consciousness
3) From our mental body 'higher' intuitive mind

consciousness which includes all of the wisdom accumulated through all prior human embodiments, referred to as our 'causal body' or now known--more commonly--as our 'inner' self, or our personal

(b) SOUL;

and then

1) From our higher self
2) From the core point of our spiritual being or 'Monad'
3) From the God of this unique Universe we inhabit,
commonly known as

(g) SPIRIT

So let's simply this even more...

Please understand that in all of our vast Creator God's creations----it is a primary Universal Law that any unit of one must unfold or 'arise' as three innate or individual avenues of expression--(a TRINITY)--of Personality, Soul, and Spirit.

All of us in human form --in whatever dimension or within or upon any planetary body--operate or 'move' from a sum total of factors--arising at any moment--from one or all of these triune points.

Thus each of us in our continually ongoing fresh daily human life on earth evaluates how we each address any event in the
NOW from either ONE dominant or primary focus of our own unique Personality, Soul, or Spirit.

Each of us hold a fairly stable 'life action or reaction pattern' arising from whatever one of these individual self-focus holds sway or dominion during any epoch or era of any now moment of our individual life times.

Right now, at this juncture of your own unique individual life you are either operating--and acting from--your dominant posture as a personality, or from your soul, or from your mighty divine "I Am" Spirit.

Obviously, it is apparent at one glance that most of us in human form act--or react almost solely--from our lower personality levels. Now and then our soul essence may bleed through and we then think, feel or act from the higher dimensional attitude or perspective of our divine soul or mighty "I am" Spirit.

Thus, we can look around us, or look at our own inner selves, or read and know stories or have studied Bibles stories or recorded histories of those who have reacted so fully to their own innate inner wisdom that they have become known or identified as Sages or Saints.

Then, far more rarely, some humanoids like our--more known--Master Jesus, Mohammed, or Buddha, etc.--and countless unknowns to us now on Earth--have literally Ascended their physical body and being out of our Third Dimension and into the Fifth Dimension--and even higher realms--of immense highly expanded, true life reality!

So then--what--is a Soulmate? Remember my earlier definition in my Introduction to this volume; "a Soulmate is someone we meet as a mate at a soul level!"

This means all interactions between the two mates are held and kept at a soul level--with any other human being. Instead of war, peace reigns. So attitude and action adds only harmony, peace and joy in to our daily life streams...

Soul to soul means a natural working together instead of
against each other. It means cooperation, the ability to be flexible and able to do what works out best between daily life partners--or all concerned--at all times.

Soulmates are in harmony with each other. It's a state of life that expands and exalts anyone fortunate enough to be experiencing, loving soul-to-soul interactions with their life mates.

Now contrast such a peaceful or harmonious Soulmate merger to a "love affair" or a marriage contract where both of the partners in the 'union' are known and seen to constantly batter head against head and apparently are literally working against--instead of for--the joy and the harmony with each other? Get the picture? Which feels the best to you?

It is no secret that when any of us close our hearts and act or react only from any or all of our three lower levels--as so above defined we can be even more savage than a wild beast!

In fact, animals are often far more loving and respectful and truly allowing--of each other--than humans directed by a low intellect or "highly" disturbed ego--that takes often take great offense from a myriad of real or imagined 'slights' or insulting attitudes of others.

Put some, otherwise, well-behaved humans behind the wheel of a car--and if you are a 'centered' observer seated beside or behind them--you can often suddenly see the hidden anger, or a dark viciousness of their normal calm personality--leap out and go into a fast "attack mode"--on the road--at the slightest provocation!

Fortunately, no matter how hidden or dimmed the eternal light of soul keeps shining forever deep within the heart of each of us. Without it, we would be dead to the physical Earth life plane, in a moment.

Soulmate, Twin Ray, Special Lover, or not, each and all of us have varying degrees of our sweet soul essence flowing in, through and around us, that we can summon, and stand centered within, is your and my constant, moment-to-moment individual choice. At any new moment we choose, we decide,
and we may freely express—what we think, feel or are highly inspired—or lowly motivated to BE, DO or HAVE in our body and being. Whether you choose to express from that higher life vantage point, or not is your choice without judgment.

However—please understand this—at any given time—on this beautiful, ever-spinning Earth—there are—an almost countless array—of loving human souls incarnating that are at the exact 'right age' or the exact right level of their own unique soul essence "evolution"—that could be, or would be—ideal—or even perfect Soulmate partners—with you. Like attracts like. In this day of instant communication and fairly instant transportation, language barriers are easily soon overcome—so all Earth "is your oyster."

The beauty and grace of finding and merging with your Soulmate—no matter what grade level that might be—at the higher level spectrum of personality, or the very lowest, matters not. 'Likes are attracted to likes' by Universal Law. The new sparks of love ignited by one mate uplifts the partner Soulmate. When a Soulmate meets and interacts with his or her mate, this is then a most direct and natural way of allowing an individual --at any level--to grow in spirit.

In recap, a Soulmate is your mate you meet at a soul level! He or she is someone that has a like resonance—or vibrational field—that matches your own 'tone' or note.

You 'ring' so well together. You recognize and share the mutual desires and goals in life that will further you and your special other in ways not even now yet known.

So, ask and it is given. If you want to experience your own out-of-this-world, uplifting Soulmate merger just keep reading, pondering, understanding and 'intending' for that forevision to soon be your soul fulfilling reality. You have the power. Desire and expect it. He or she may arrive even far sooner than you could ever imagine! Wouldn't that be nice? Hold that thought.

So be it.
Chapter 6

Exactly What is a Twin Ray

Our first step is to know or understand what we mean by the word 'ray.' Then we are mutually and mentally prepared to move on into the exciting new world of Twin Rays. All Creation we perceive in any form or manner—as our scientists know and proclaim—comes from a configuration of light. God is Love and God is Light.

Light is simply and surely God's love being expressed in whatever form it is created. This brings us to the percept or concept of light rays. Again, if any seeming technical language herein feels undesirable—than simply pass it by—and accept my simply expressed truth. A Twin Ray is literally your own "other half" of your whole primary core spiritual being.

He or she was also "birthed" from one of the basic Seven Rays of light that constitute all Creation. At spirit level—different than at your soul level—you and your Twin Ray both emit the identical same light rays from the core of your spiritual identity. Like attracts like.

In short—rather than a Soulmate that you meet as a mate at a soul level—a Twin Ray is a mate you meet at a spirit level...

Maybe this will help bring clarity to you. Our human being mating "meetings and mergers" can be body-to-body, soul-to-soul, or spirit-to-spirit. I hope that helped. Got the picture?

Light rays are literally composed of particles of light.

During each of our individual—and mass Creation—that occurred at exactly the same moment of creation, for all of us—each fragmented God-Ray identity contained both—of what we refer to as basic—female or male aspects and attributes. To descend from pure spiritual unity to a gross body state of duality requires two polarities, a negative and a positive polarity, in this context, female and male gender.
The negative female aspect and attribute of your or my initial "I AM" God Presence also knew itself as a whole being--a holy or "whole I" being--that by God's Law of Nature found balance through its merging with the very opposite aspect and attribute, the male essence of its core being.

Likewise, the male aspect of your or my initial "I AM" God Presence also knew itself as a whole being--a holy or "whole" being--that by God's Law of Nature found balance through its merging with the very opposite aspect and attribute, the male essence of its core being.

These two aspects, the Twin Rays of your whole being--or my whole being, as well as the whole being of every sentient human consciousness--has each waited through eons and eons of multiple human incarnations to now finally find and merge with its own attractive Twin Ray--during this final Golden Age--that has begun dawning on our planet Earth. Mother Earth, after Ascension will be known universally by her true inner shining spiritual identity, Terra.

In summary, a Twin Ray is literally your other half!

You or your Twin Ray can certainly Ascend--one before the other--however, each 'half' of your Twin Ray must ascend alone. Your Twin Ray or no other soul or Master can do it for you. You ascend your body--at your own pace or speed--through your own divine free will choice.

Until both halves of a whole--Whole I Am, or Holy--(whole-"I") have Ascended, the Ascended Master Twin Ray entity must wait to merge with her or his other half before engaging in spiritual work at Cosmic universal levels. I repeat for further understanding or clarity.

Until both I AM halves of a WHOLE set of Twin Rays have Ascended their 3-D human embodiments--the first Ascended Twin Ray 'other half' individual I AM can and does abide and work lovingly in the Fifth Dimension and with loved ones and friends. He or she will be lovingly helping uplift his or her other Twin Ray 'half' until his or her joyful Ascension too.

At that jubilant, extraordinary moment, they will merge
together into a blissful Oneness of divine consciousness as ONE now fully integrated Spirit-Being unified expression.

Nevertheless, each half of these Ascended and united Twin Rays still knows and possesses "her" or "his" fully conscious and lucidly clear "I Am" self-identity--and perceives or acts--individually, at will, when so desired. This never takes away from the other, but always adds to the other, as in all mergers at inner levels must. For Example, when you marry someone you are still your SELF, and so is your marriage partner. You add to each other and can do far more together than possible at singular levels of expression.

Yes. It is possible to meet and live with your Twin Ray while embodied in human form before you Ascend. Annalee Skarin--who Ascended her body first--and her police officer husband Reason--who Ascended six months later, are classic examples of that... If others can do it, you can do it!

Let's hope that you will manifest your beloved Twin Ray soon. Read on, for surely if you have made a choice to go forward with Earth's imminent Ascension your body will be transmuted, transfigured and transformed into a crystalline cell light body that will be capable of abiding on Earth for centuries, ageless--in perfect health and growing wisdom--surely will give you more than enough time to meet with and finally Ascend and merge into Oneness with him or her!

God fully and clearly knows what God is doing! Meeting and merging with my Twin Ray is my destiny! It is your destiny, and it is the greatly blessed and sacred destiny of each and every sentient or humanly embodied life form--on earth or in, and on any Star Nation planet--in our immense Milky Way Galaxy...

We are blessed. Let us give thanks!
Chapter 7

**Soulmates Do Not Meet By Accident**

This is *God's* good universe and is *ordered* to mature or unfold naturally through Universal Laws formulated and set into place when Creation began. Whether you know it or not, believe it or not, feel it or not, *nothing happens by accident!* What you and I have put 'into' our life by law must complete a perfect circle and return to the very same 'source' or sender. So each sender also become a receiver of what was 'given' or of what was held and lost at our exit from human form in any and all of our many, many human body form lifetimes.

Maria certainly did not come into my life *by accident.* Nor did I enter her life *by accident.* Our grand eventual meeting was certainly preordained -- as I was about to discover -- as the Ramtha weekend, night and day, spiritual training intensive began. The flow of energy between us was obvious to the dismay or chagrin of her ex-husband. Maria's ex had high hopes that perhaps she and he would reunite again. And that hope must have been shattered almost the moment I appeared on the scene. He was cordial and friendly enough to me but I could sense or feel that he had wished things had flowed differently. It soon became obvious to him that Maria and I had formed an almost instant friendship, for there was no disguising--by me--of my deep interest and growing fascination with Maria, from start to finish of this unforgettable Ramtha event.

During the first day and night of our intense spiritual training course, while others trekked over to other parts of the auditorium, Maria and I stayed *side-by-side* whenever Ramtha called for partners to find each other and perform the various feats of mental telepathy or remote viewing, etc. with each other. We scored very well in tests that we performed. First, Maria, for I definitely believe in the tradition of "ladies first". Then I would take my turn. I would 'go within' and state what card I felt Maria held cupped under her hand, or what number or object she had in her mind--and had written--on her writing pad. We also shared time together during our lunch or
dinner breaks. No one was permitted to leave the grounds of the ranch during weekend intensives, so all of us brought our own water bottles and food, fruits, fresh and dried—and other edibles to snack or feast on—during the exciting 3 days and 2 nights while we were all assembled so closely and lovingly together.

The schooling day would begin with a half hour or so of very special breathing exercises by our entire crowd with all of us loudly breathing—in together and breathing out together—as Ramtha directed. Breath is linked to spirit and breathing in and out together was a certain way of inspiring a deep and profound spiritual unity between each and all of us.

Ramtha also coached us on the use of various breathing exercises aimed specifically to raise—the chi or "kundalini" energies slowly and safely from the base spine "chakra—up our individual spines to the Pineal gland chakra at the top of our skull. We would often be holding a very smooth, small rock or stone cradled in our hand, which we pressed hard against the soft spot at the tip or crown of our head.

Thus the kundalinia energy would be guided or directed upward while we did the special kundalini breath, since the pressure or pain of the rock being pressed hard on that highly sensitive part of the head would be drawing our attention and energy flow to that pineal chakra area.

Energy follows thought—so naturally our kundalini energy would rise to where our thought was being focused—to where the pressure of that hard stone or rock was being pressed tightly to our sensitive skull area.

Another very powerful breath we learned was soon also combined with our power of thought. Our own strongly focused thought was literally blasted out from our solar plexus chakra area to a target—or a destination suggested to us by Ramtha—or to where we chose. Ramtha had a great time viewing the kind of results he was able to see clearly from his spiritual vantage viewpoint. He often chuckled and said we needed a lot of practice, adding that some spiritual "warriors" who had trained and fully mastered this breath could blast out
so much very real power that if directed toward an object it could shatter it.

We were also trained in the mental creation and use of protective dazzling white light shields that we would envision sealed tightly around our body, simply knowing that it would keep us protected from any surprise attacks made upon us by any invasive dark force entities.

Maria, spoke and read English perfectly, so she clearly understood most or all of what our so beloved Ramtha endeavored to teach us. To me it was obvious from the start that Maria was a deeply spiritual being who seemingly had a great a hunger or thirst--for spiritual knowledge and enlightenment--which both of us craved for so mightily. So we thus both sensed intuitively that we were definitely "kindred souls."

The more obvious meaning of a kindred soul will be clear when you realize that each of the Seven Major Rays is composed of 'like souls." These are souls who naturally form a 'clan'--meaning, a like-hearted or like-minded group who lived consciously and harmoniously together. This may be a teaching clan or a science clan, or various arts clans, etc. etc. Such diverse clans are found in each of the civilizations located on any higher advanced Star Nation planet.

Our greatly more advanced Galactic Neighbors have developed a very fluid and fully cooperative civilization comprised of clans, podlets and ruling councils. All these clans, podlets, or councilors are naturally drawn together because they are conscious, cooperative kindred souls.

Maria possesses a 2nd Ray Soul, as I do...and it was and is natural for us to hunger and thirst for knowledge!

Why? Because the essence of the 2nd Ray aspect is composed of Love-Wisdom. It is therefore the ray out of which most teachers or healers are born. Our beloved Master Jesus is a 2nd Ray soul--healing and teaching ray--with a powerful 6th Ray Personality--ray of devotion--which was evident in his great fire and zeal to learn--and then to live and masterfully teach--the Mysteries of Life to the still slumbering
masses.

*Jesus*—in his early years—had traveled to the *Far East* and was taught to "first become a Master of himself" and then an absolute Master of—the *environment* around him as well as—a great *healer*. His learned tutors were ancient *Sages* and *Seers*, some who had arrived and were present at His birth in *Jerusalem*, as written in the *Bible*.

*Mary*, the mother of *Jesus* and *Joseph* his dear father had both been spiritually trained daily from birth—within—the then very isolated and secret spiritual 'clan'—identified—as the *Essenes*. It was thus *no accident* that baby *Jesus* was birthed in the *Essenes* community. It was then the most spiritual group or clan living in that now *sacred place* and in *that time* of the *Great Roman Empire*. In recent times, much has been learned of the Essenes community when the *Dead Sea Scrolls* were found—and then translated into English and other major languages—a few decades ago.

What really made me know beyond any doubt that Maria was *that 'special someone' my soul had been preparing me to meet and partner with*—was *the results* of a special psychic or intuitive test—designed by Ramtha, enmasse for each and all of us—well over 1000 strong. We were probably more likely nearer 1,500 active attendants—counting the volunteers and the massive very devoted and loyal J.J. Knight—staff members. Many of the ranch staff members lived there on the J.Z. Knight Ranch grounds in comfortable caretaker dwellings provided for them.

On the 2nd day of our dynamic intensive, *Ramtha* said we were going to conduct a very, very special test of our progress in spiritual understanding and control over our environment. This same kind of test has been taken by disciples or *initiates*—taught in the old Mystery Schools in Egypt—thousands of years before the birth of *Jesus*. The staff of assistants was directed to give each one of us a plain ordinary 3 inches by 5 inches white card. No one else was allowed to handle the card except the staff, or who otherwise directed by Ramtha. Besides our own writing tablet, all of us also had been given a *full color crayon set* like kindergarten students work with. Ramtha told each one of us to put any special symbol or color that
personally liked at the top inch or so across the card---but to leave room in the middle of the card to clearly PRINT our names. He emphasized--our name--needed to be printed boldly and clearly. Then we were to sign our name as we normally sign it under the printed name. The back of the card was to be left completely blank--marks or writing or coloring--was not allowed to on it!

Stepping back in time a moment, just prior to our return from our toilet break, Ramtha had given us--as a group--a powerful teaching lesson. He stated that thoughts and feelings have a life and power of their own. He explained that the power of the mind to visualize and send a thought anywhere was beyond our imagination. He stated the moment we think of the moon, for example, a stream of light follows our thought. It creates a very direct and personal PATHWAY OF LIGHT directly to some part of the actual physical 3-Dimensional moon high in our heavens thousands upon thousands of miles away. He said the same pathway of light occurred if we looked at a night sky and placed our focus of thought on any singular star in the glittering indigo blue night sky above us.

Ramtha said these principles always applied even if we thought of a far away place or a friend near where we stood. And what was most important was that we must now understand that the same pathway of light to the moon was the identical same pathway of light used by our thought when it traveled back with the speed of thought to return to our focused mind, the original source of its being.

Ramtha elaborated further, he said that during our conscious or unconscious out-of-the-body astral trips --during sleep--we as souls always created a pathway of light to wherever we traveled--leaving a thin trail of light behind us all the way--from the moment of leaving our sleeping physical body. He explained that what teachers or students of astral travel called the "silver cord" was that same self-created, very real pathway of light we again use at the end of our out-of-body travel when we return back to our sound asleep bodies.

The key point in summary by Ramtha was that when we touch something--or give anything or--give anyone a then
pronounced amount of our attention or focus of mind—we always leave a highly charged fragment—or a part of our identity imprinted—on that person, place or thing. So when we came back from our brief ‘potty’ break we were already primed—or well prepared—for this truly incredible, very personal psychic test we were about to engage in.

As soon as Ramtha found that every attendant had completed the instructions of putting their own 'energy stamp' on the blank card, he asked each set of partners to give their own signature card to their partner. Thus, no one held their own card, since their partner held it.

Then Ramtha asked our entire crowd to rise up from our sleeping cots—where we sat at strict attention—and to march briskly behind him—to the nearby huge horse corral—located a few hundred yards away from the auditorium.

All of us marched to the center of the immense horse-training corral—and formed a circular crowd—slightly off the center. The corral was rectangular and easily 40 yards wide and 80 yards long. It was enclosed by three tiers of wooden fence boards about an inch thick and 18 inches wide.

There was a space of about 18 inches between the ground—and the first tier of fence boards with another 18 inches or so of space between the second higher tier of boards—and another 18 inches of space between the final third higher tier of fence boards of the corral. So the third fence board tier was a perfect height—of about 5 feet off the ground—for this upcoming amazing psychic ability test.

We were each handed a wide strip of tape and told to look at our partner's card, then to turn the card upside down and to paste half of the tape on the blank white side, so that when we pasted the card at a spot on the fence, the card, when discovered by any of us while blind-folded, could be lifted up and would be right-side-up. It would thus show us the name and signature of the person who signed the card.

We were each directed to go and paste our partner’s card to any place in the corral that felt right to us then quickly return to
the center of the corral where a staff member would tape up a blindfold over our eyes. When our test began, the staff member would spin us around 3 times and from there, no matter how long it took we were to walk briskly forward, blindfolded--while we sensed or felt out the path to--where our partner--had posted our very own card, with our name on it.

The rule was when anyone of us arrived at a fence and our hand felt a card--that had been posted there by one of us--it had to be within the width of our arm reach--on either side--at the point where we contacted the fence. If so, we were then permitted to pull our blindfold up, then lift up the card, right side up and see if it was our own card. If not, we were directed to stand and wait, and a staff member would soon be there to take us right back to the middle of the corral.

Then that helpful attendant, after making sure the blindfold was secured--she or he--would once more spin us bodily 3 times. Thus, we would be--on our own again--to try and try--again and again--until we finally, hopefully--found our own card--while totally blindfolded.

So envision this --if you can picture it! And what an astute picture!! There were about 1,500 small 3 by 5 inch cards posted at least 6 feet apart anywhere on the highest tier of the corral fence boards--inside of this vast rectangle that comprised the vast inside wide own space--of this huge horse corral.

Ramtha also requested each of us to walk briskly, once we quieted within and were drawn to walk in a certain direction. He assured us--if we were fearless, we would NOT bump into anyone--but if we felt any fear--to be prepared for not only bumps but possible broken arms or legs or even teeth.

And yes, yes indeed, hours later--after any one of these particular mass crowd tests--which lasted a good two solid hours--was finished, many had aching bruises. I know a few students--at our event--did wind up with broken wrists or broken teeth. This test was meant--to overcome the fear of getting bumped and bruised, and the fear and strangeness of walking totally blindfold 'in the dark'--for two or more long, long hours. It was a "hands on" experience to test or develop an
individual sensitivity or ability to tune in to what direction we needed to walk in order to arrive at our posted card with our own name on it. Ramtha said to trust and follow our inner guidance and that surprisingly some of us would actually find our cards. He requested that if or when any one of us finally found our very own card, we were to shout a very loud and joyful YAHOOOOOOOOOOOOOOOOO! Ramtha said our shouts would help inspire those who were trying--and trying, but had not yet found there card--to keep on trying....

After posting Maria's card on the highest tier of fence boards within an area--I felt directed to--I returned to the midst of the rest of the milling throng, as directed. One by one, we were securely blindfolded. There was tape over our eyes and forehead so that we could see no light shine through our blindfold. If you cheated, you only cheated yourself, so I doubt if many or any cheated! Just in case, we were also tested--for any telltale reflex body language reaction, by staff member--before being sent on our way.

The staff member that taped my blindfold moved me toward the exact center of the corral--a short distance from the loudly milling crowd. He then spun me around 3 times and wished me good luck.

I was fully "psyched up" and very, very determined to do what it would take to find my card. So instead of rushing off...I became very still for almost a minute. Then when I felt a faint pull to turn my body toward--that exact direction--I began my walk at a brisk pace. Because I FELT NO FEAR, no one bumped into me or me into anyone else. It seemed like a long while but I finally sensed the corral fence was just ahead of me. I then slowed down and took 3 more slow step with hands outreached in front of me. Suddenly my outstretched hand touched the hard, 3rd tier fence board, before me. I groped my hands around the board slowly before me and within the allowed reach of either outstretched hand; my hands I did feel a card was posted there, straight before me, I was elated.

I moved my body closer to stand directly before the card that my hand now felt. I carefully tugged off enough of the masking tape from my forehead, happy to see the bright light of
day again. I slowly lifted up the card. My heart pounded! It was not my card, but surprise of surprises: I was totally astounded. My inner self had guided my footsteps to take me unerringly, most straight back the exact same card I had posted there. Miracle of miracles, it was beloved—so adorable Maria's card!

I stared and stared at it. Yes, no mistake it was Maria's card and signature! My whole being trembled and I shook with delight. How could I now ever deny this obvious "sign?"

At that moment, I knew that me finding Maria's card --was to me--a 100% added, heart and soul, reassurance--that Maria and I were definitely destined to be life partners together. Her name was my name!

What a swift, glorious 'message'--for me to receive--in such an astounding way. Think! With around 1,500 cards --posted every six feet, or more, all over the interior vast expanse of the horse corral--on my very first inspired try to find for MY own name and signature--while I Am totally blindfolded--I was drawn, like magic--directly to my lovely partner Maria's name card. Likes are attracted to likes!

Following directions, I slowly dropped Maria's card back down--leaving it posted there again, with the blank side out--so that it would be there, hopefully for Maria to find. I stood waiting, still highly elated.

After a few moments, a staff member spotted me and soon arrived. We then dodged fast walking blindfolded walkers until we stood--once again--back at the center of the corral.

When my blindfold was again secured, the friendly staff member gently spun me around three times and I again began my search, now more determined than ever that I would find my own signature index card.

To greatly shorten--the story--I did. After many tries and repeated "spins" at the corral center. All the--while hearing a few loud, and inspiring Yahoooooooos--followed by handclaps --and experiencing a few harmless, minor bumps. I was determined and kept going and going. Time passed--and about
90 minutes later--I managed to pause, quiet myself--'tune in' and unerringly followed what I felt was the right direction. Sure enough! About two very long minutes later, I came to the board fence. Literally--"praise be to God"--the blank white card posted there before my now, expectant shining eyes--when turned right side up was my very own card. There it was--my printed name and signature—on the 3 X 5-index card, just as I had written.

I jumped for joy and Ramtha had requested we do, I let out a very, very loud and very excited, Yaaaaaoooooo00000000! At the same time, I ripped off my blindfold--while the hard reality of the seeming impossible feat of what I had done--sunk in! I did it! I did it. My whole being felt like dancing wildly.

I stood there--savoring--the 'self-victory' of it. I also knew I now free to do--what I wished to do--until Ramtha called an end to the test. It was a highly contented and satisfying feeling...

At that exact moment--I heard a shriek--the movie star, Linda Evans--who was also a devoted Ramtha student and who was attending this intensive--had also just found her own signature index card, a few yards away Linda--not only let out a long and loud Yaaaaaoooooo00000000--but also did several leap-frog hops.

I stepped over to congratulate and hug her and she congratulated and hugged me tightly: All of the nearby staff members came smilingly over to our sides--and hugged and congratulated both of us--as well. This was certainly a day never to be forgotten!

There are no accidents. My finding Maria's index card--so very directly and immediately--was certainly no 3-D accident. That feat then--and to this day--blazed a clear-cut sign--in my body, mind and soul--that Maria and I were so very perfectly, wonderfully attuned Soulmates--meant for each other.

The Law of Attraction makes no mistakes. I had no doubt--we two--were ordained to spend many loving years on earth together--and now--almost two decades later, I still can attest to that (smile).
Your turn now. You can *do it, too!*
Chapter 8

There Are No "Chance" Accidents

In my following Chapter 9, we will explore true reality, for now let's journey further together in why there are 'no accidents.' Though it might appear that my previously revealed death experience at age 18 was a simple 3-D "accident," I know it was ordained.

Back then--in the near mid 1940's--my entire focus--at that stage of life--was upon material reality--and my unexpected death experience--was my sure personal 'wake' up' call. It was an absolutely perfect way of making me aware--that I was NOT my body--nor even my feelings, or thoughts.

I also had learned the very surprising truth that all human souls repeat a continuous--seeming endless cycle--of birth and death embodiments--until, they finally learn to master their body and environment--as dear Jesus, the Christed Master--had done!

As a child, in a large, poor family, I was raised to be a very staunch, fundamental Lutheran--so having a flashback of my entire life, and being privileged to see portions of pertinent past human incarnations on Earth--was a very, very shocking revelation to me. My very own empirical, very direct living experience refuted any denial of reincarnation--by my zealous fundamental religious teacher--while "still growing"--or in later years.

I also learned that there is no death!

Yes, the soul within any form certainly exits a body--at what 'appears' to be--its death. The Master Jesus often strongly encouraged his 12 disciples--and listening masses--to look beyond any appearances. So the seeming accident--of my sudden, seeming death--was really--a certain, and absolute way of getting all of that sacred "good news" etched--or indelibly imprinted--on and in--my brain cells--and into the DNA of my current--ageless--young physical human body!
That seeming "accident" was not a catastrophe. It was more instead--the door to my awakening--thus to my great salvation. If physical immortality is of high interest to you then I strongly suggest you obtain and read, my new 363 page, 65 Chapter, "Autobiography of An IMMORTAL" also published In Greek, German & Romanian languages.

Fortunately--"I got the message." I have also kept that sacred message untainted in my memory. I have in fact--felt and given countless thanks and expressions of daily gratitude--for being so abruptly awakened at such an early time in my fulfilling life.

That timely death--had fed and strengthened the hunger in me--as a growing child to know GOD with all the heart and intelligence I could muster--from deep inside of me. Thus, over the course of time--it was no accident--that I searched for--found, and was led to read easily well over a thousand great, uplifting and guiding spiritually light-filled books--during this life journey.

During my lifetime--like the "Sleeping Prophet," Edgar Cayce --I had read and re-read the entire Bible often. I tried to extract --what truth could find--that had been interspersed with obvious fearful and often devious "false doctrines." The elite high priests and--rulers of old--were strongly determined to hold their self appointed positions as the only--'go between'--or true interpreter of God's Holy Will via the written Bible. Even then, as today, the old high priests and rulers discouraged--any one outside of their 'circle of control'--to be a then 'modern day' recognized "CHANNEL" or a recognized 'prophet' or a 'Messenger of God.'

Does it really make any sense that a loving God--would stop speaking and contacting his beloved Children on Earth--for so many thousands of years? The "high" priests and rulers of old knew well the truth--that 'the truth will set you free.' It was fearfully known by these tyrants--that truth soon led those slaves who fully followed--or adhered to it, to genuine freedom and true salvation of the soul.

This they would not allow!
Instead, anyone outside of their 'circle' who received a genuine message from God --filled with light, or the needed knowledge--was denounced and demonized, often labeled the anti-Christ--and was to be to be feared.

Thank God that my death experience opened my heart and mind to truth that has been purposely held from all of us or vigorously denied.

My personal keynote or forte is "synthesis." That truth was revealed vividly and clearly to me during one of my early meditation periods. This innate faculty allows me to perceive the whole picture--of whatever--and allows my mind to bring "parts" of the total picture together to view--or present--the greater true reality.

It is no accident that there is a generous amount of synthesis in this volume, as I often call your conscious attention to various insightful "excerpts" from an array of very clear "Messengers of God."

Each and all of them are unique and bring spiritual revelations in their own powerful mode--or methodology--and most are in almost full agreement--that these are "end times"--and thus, this is a time when a Soulmate or a Twin Ray--may attract her or his very lovable "special someone"--with ease.

It was no accident--in thinking back--that I was led to learn about the reality of 'Soulmates'--and strongly prompted to then introduce the concept or idea--the very word "Soulmate" into mass human consciousness on Earth. It was no accident that over the years I have personally met incredible telepaths and such astounding extraordinary human souls on Earth --kindred souls--like Komar, who walked on burning coals again and again before huge gasping, astounded crowds--not to "show off"--and have his ego fed--but to simply show us "little children"--what faith can do!

It is no accident--that in my spiritual work of today--I, Russ Michael--compile the shining Light of Knowledge from many outstanding spiritual Messengers of God "sources"--for my daily "Michael Worldwide Newsletter"--which is emailed
freely to thousands of email subscribers--from countries all over this Earth.

It is no accident--In this capacity--I Am in frequent--almost daily touch--with a wide array of very extraordinary modern day 'Messengers of God'--a veritable army of very light-filled, love-filled individuals--who when asked--have all whole-heartedly and kindly--given me instant permission to use articles--or quotes and personal bio information of theirs--in this volume you now read--to further or 'make a point' if needed.

It is no accident I chose to provide you with contact info for most--or all, of these illustrious beings of light and love--and knowledge--in the Appendix of this book. Enjoy…

There are quite a few down to earth, highly intelligent and honest people I know, that have "Conversations with God" in addition to Neal Donald Walsch, the author of many inspiring, uplifting, insightful and timely best-seller books. Bless them all.

It is no accident--in these "end times" that there are true sensitives or telepaths living on Earth--in almost every country today--that "channel" important messages from Jesus and many other Ascended Masters, as well as a host of Galactic Federation fleet ship commanders or crew members--or family, or friends--who like our dear Matthew--have exited the physical body and speak from Heaven (Nirvana).

To further my point, it was no accident that one of my daily newsletter subscribers sent me a copy of a brief HeavenLetter--which I realized instantly--was one of the purest 'channelings'--directly from God--that I had ever before read.

Think of it. It is no accident that dear Gloria Wendroff has been prolifically receiving and publicly sharing her profound daily messages from God, every single day, for the past few years. When you read just one of them you will understand why tens of thousands of folks worldwide are now waiting--so eagerly--each day, to read the next--very precious--so very priceless message directly from God.
I immediately contacted Gloria Woodruff who 'speaks--and "listens" to God. I subscribed to her daily newsletter and I asked Gloria for her kind permission to post a daily copy of her daily--HeavenLetter--in my own popular daily--worldwide email newsletter. Beloved sister, Gloria consented to it immediately.

You may wish to subscribe to Gloria's daily Heaven Letter--and the info on how to do it--will be found in the Appendix of this book.

You are in for a treat, for it surely was no accident that a few days after I decided to write this book that the apt following 'Heaven Letter' arrived in my mailbox. Enjoy!

Heavenletters™, bringing earth closer to Heaven.
God is always bringing us closer to Him.

HEAVEN #1929 The Threads of Life Are Woven
February 15, 2006

God said:
When you concede that there are no accidents in life, and then you accept, not that everything is ordained, but that everything that appears holds a message for you.

Every person who appears in your life, every word they speak, holds a precept for you. They may not know they have a message for you, or, if they think they do, the message may be different from what they think it is. Every message holds an insight for you. Within every message, there is a gift of light for you.

Messages are often wrapped up in other messages. They may be in code. They may be puzzles. The message may not be the one you think, or the message may be obvious to everyone but you. Messages can be interpreted in many ways. Within every message that comes to you is a harbinger of good to come. Even a falcon may carry a seed of love in its beak.

All messages that life presents to you have merit. All messages in the universe have positive impact. Now beloveds, don’t
start looking for a list of examples that belie what I have just said. Like it or not, all messages directed to you or that you observe are furthering your evolution. Surely you know that you are evolving in this experience on Earth. Not all of life is an apple dumpling served with volumes of whipped cream. Sometimes you are served dry toast or no toast, not even a crumb. Sometimes you are served your ultimate desire in life, and then, before your very eyes, it is removed from your plate.

All the threads of life are woven perfectly. Everything is on schedule in this train station of life. There are no mix-ups. There are no train wrecks. The messages are for you to interpret. They may be telling you to take something more seriously or everything less seriously! Do not consider the messages that come as karma. The messages are not payback. They are advice. Even pain tells you that there is something that asks for attention.

Messages that others receive around you are also yours to observe. Maybe a message you receive is for those around you as well, and you are designated as the deliverer of it.

Consider this: not every word from your mouth that you would call back is an accident. You speak from your volition, beloveds, and sometimes your volition is not in your awareness. If something rude or foolish falls from your lips, there is a message for you as well as for the person who hears your words.

When there is a hurricane or a mine tragedy, there is a message for you within it. By now you must know what it is that lies within every message ever sent and every message ever received. The message is that your heart and mind are to open wider. There is a door or a gate or window that needs to be raised so more light can come in and more love go out. Tell me, beloveds, is there ever an occasion that more love would not benefit?
Every message offers you an occasion to step up to the plate, or the dais, or to the head of the table, and perform an action or make a statement that raises the consciousness of the world. Maybe all the messages that you receive and all the messages that go out are saying, “Go higher. Go higher.”

You interpret that some messages are bad and some messages are good. **What if all messages are good,** beloveds? How would your life change then? ***P.S. The word "good" is a corruption of the word "God" – and ALL is GOD – so all in truth is good (SMILE)**

Gloria Wendroff, Overseer

The Godwriting™ International Society of Heaven Ministries

To further a point, it was no accident in the course of events someone on my newsletter subscription list sent me one of Mike Quinsey's "St. Germain Message" which he had channeled. St. Germain who was well known in European history and who helped George Washington and American revolutionary patriots to forge the heavenly inspired United States Constitution is close to my heart and soul, for many reasons. I learned Mike also channeled Galactic Federation or personnel, and found these to also be loaded with extraordinary and timely revelations, so I asked for and got permission from Mike Quinsey to post his highly informative messages in my worldwide newsletter, which he has also kindly consented to give me.

*It was no accident* that a few days ago this apt or very pertinent 'extract' taken from a channeled St. Germain message arrived in my mailbox. You will note that it furthers the point that there simply are no accidents in nature! Please enjoy!

From a recent Mike Quinsey St. Germain Message:

(Clip)

"Life is not subject to chance, but is highly organized in this great panoply and intertwining of your lives. It must seem quite
remarkable to you that with the millions of people on Earth, that the interplay actually works out. It does because with every single person there are Guides who ensure that the important phases of your life take place. You also have Angelic protection to ensure that your contracted life span is completed, and it is absolutely safe in their hands. Now you can expect miracles through your Angelic helpers, and be aware of their presence and call upon them when you need their assistance."

Are we not all God's conscripted guides and helpers?

It is no accident that you are reading this book.

May it lead to the unfoldment of all that enriches and blesses your life stream and those you love beyond any imagination or measure! So be it.
Chapter 9

Illusion Versus True Reality

The instant the flashback of every thought feeling and action of my lifetime was over--I knew with every fiber of my being that the seeming gross dense physical reality--that I had made my departure from--was nothing more --than a dream!

I knew--beyond any doubt--I was whole and real but the colorful and tumultuous dream world--that I had just exited from--was pure illusion. I knew that I had 'substance--or essence and reality--but that the physical life dream I had just left--was as Shakespeare knew--"merely a dream."

Among Gloria Woodruff's magnificent and powerfully revealing HeavenLetters--I recall one of them where God spoke to her, about physical body life being--an illusion. You can imagine how that truth rang in my soul! Here is what God said to God's messenger, Gloria....

"HEAVEN #1903 The Grand Illusion
(Posted in my Michael Worldwide Newsletter, January 20, 2006)

God said:
Within the Grand Illusion lies illusion within illusion, one illusion on top of the other, illusion every which way.

Within the illusion that this life as experienced on Earth is life entire, lies the illusion that you can lose something and be bereft. Of course, it is a subdivision of illusion that loss exists.

How many times have you lost something important only to find you haven’t lost it at all? It was right where you left it. You had commotion in your heart for no reason at all.

Perhaps you couldn’t find your car in the parking lot. “Oh, my car has been stolen,” you wail. Then you remember where you had parked it! Or you remember you had driven a different
You hunted and hunted for money you had hidden. You couldn’t find it in all the special hiding places. Then, without effort, you stumble upon the stash later. Nothing was lost. Because you couldn’t find it at a particular juncture of space and time – that doesn’t mean it was lost.

This is what I mean by illusion upon illusion. You portray many illusive scenes within the Grand Illusion. The Grand Illusion of life has its value, beloveds, or it would not be, yet you waste a lot of time in life ravaging yourself with tiers of illusion.

You not only think you can lose that which is not lost, you also may think that you yourself can be lost when you can only be where you are at the moment. Where are you if not where you are? Of course, the Truth is that you are with Me wherever your body stands.

Perhaps you stand in the middle of a forest, and you do not know which way to go to find the structure you call a home. You have set up a puzzle for yourself. You tell yourself you must be somewhere else other than where you are. You forget about the other 90% of life that goes on without your cognizance. You may not have found it, but it is going on all along just the same.

Beloveds, too often you worry frantically over what has not transpired but could. You worry about matters that are physical and about the more subtle as well. You worry that you will not get the part in the school play, the job you wanted, first prize in a cook-off. You also worry that someone else will no longer love you. There is no limit to the matters you find to worry about.

Wonders transpire as well. Today you could find a treasure. Today you could love. Today you could be pleasantly surprised. Misdemeanor does not have to befall. Tragedy does not have to befall. Glory can befall.

Everything you desire can befall. Desire that which your heart calls to you, and let it befall. Crumple up concerns as you
would crumple up paper and throw it away. Concerns are no longer of use to you. They never were. You do not need to get roiled up for what you do not wish to occur. Get elevated by what you do wish to occur. There is every likelihood that what you desire will come to fruition, perhaps even more wonderfully than you dared to dream of.

While you are in the Grand Illusion--while you are at it--make it Great."

(End of Heavneletter #1903)

So what is true reality?

There is One Truth, One Life, One Love, One Light, One God.

You are Truth. I Am Truth. We are Truth.

When you and your Soulmate--or special lover--and I, raise our spiral of conscious awareness--higher and higher--we see more and more greater and greater vistas of God's One Truth.

Hopefully by the time you have finished reading this volume you will hold a greater clarity between what is obvious illusion and what is real truth. The simplest and most direct gauge is to realize if it is Godly, it is truth. For example: Life is truth, Love is truth, Light is truth, Power is truth, Intelligence is truth, Reality is truth – and illusion of a physical world is not!

As the great Master Jesus, pointed out--and St. Paul emphasized this too--we are in the world but do not need to be 'of' the world.

I AM definitely enjoying the great and grand illusion of journeying into the final Golden Age on Earth with my Soulmate Maria. May you too share this forthcoming trek into the 'end times' of this Grand Illusion and the joy, the bliss, and the unending gratitude of sharing these forthcoming golden light days with the Soulmate or Twin Ray of your desire. So be it!
Chapter 10

The Power That Manifest Miracles

I repeat, when you really understand that what we think of as solid, concrete physical reality "is but a dream" you will perhaps finally understand there is only one real power in our illusory reality and that is God's Almighty Power that resides in each and all of us and the thoughts and feelings we express. What we ask is given. What we allow is received...

To have a Soulmate, a Twin Ray, or a Special Lover--in your daily life, as an all-powerful co-Creator, you only need to desire it, expect it, and allow it and it is son manifest.

The miracles of life that abound around each of us are all mostly ignored or unknown. You and your marvelous physical human body are a miracle of God. Each cell and atom of your own bodily being is a miracle. You are a living daughter or son--and a true 'offspring' of God. What a miracle. We are all God's true and greatly beloved children. Isn't that a miracle?

The "I AM" consciousness and being that you identify as your own unique living human self is a sacred, divine and eternal God Fragment. The illusion of grand physical Creation--surrounding your human senses and my own awed human senses--are merely a dream. Yet, beyond any doubt, this grand, ever-unfolding life in human form on Earth has immense value--to yourself and to myself--as God's beloved evolving, or eternally 'growing' children.

Fortunately, the ruling priests who collected and published what we know, as the Christian Bible today did NOT delete some of the very important quotes of Jesus from the Bible. One quote is highly important Jesus knew what I AM trying to convey as simply as possible to you in this volume, "Know you not that you are gods?"

In this statement by Jesus when duly recorded in the bible--a small case use of the "g" in God was used--since the High Priests of those days understood that Jesus meant we are each
and all parts or fragments of God. GOD is the Whole One Reality of existence and when GOD chose--at what scientists call "The Big Bang"--to "fragment" into the divine god parts that are yourself and myself--as GOD in all life forms in Creation--we were each and all individually and lovingly 'birthed' as unique individual Light Beings.

Each of us is a sacred, divine and eternal ‘outpost’ of God's Consciousness on this Earth. Earth and all Creation may vanish--yet each one of us lives on and on within the Holy Haven (whole-I-Heaven) of God's one and only true reality!

In brief, there is no real power in a waterfall or an earthquake or a rushing river! All power that a sentient being such as yourself or myself experiences came from and exists only within the heart and mind of the One Almighty God Presence. Jesus knew this well. This is why he made the statement--so often when his disciples perceived him calm the storm, walk on water, multiply the loaves of bread, feed the masses, distant healing of the Centurion's son, etc. etc. etc., "It is the Father within me that does this work"

Jesus knew what I AM endeavoring to convey to your beautiful heart and mind now! Jesus understood that the power to perform 'miracles' comes only from God. Jesus knew that God resides in the heart and soul of His every brother and sister on Earth. As we all know, when the god-part of our Being exits only a lifeless body is left behind to return to the elements from which it was constructed.

Through your God-self, this mighty I AM that you are, your moment-to-moment free will choices are continually creating a 'new you' and a 'new world' around you--as you go forward and upward in your evolution and final destiny to return--to your God-head. We must and will all return in our own due time to the Mighty I AM Presence of ALL THAT IS, the one Supreme Creator, which you and I, as God-fragments see and know--as all that is--around and within our One Collective God-Beings.

Through the God-gift of free will, we can dream a romantic, sublime, and exquisite dream of true love and joy, of a completely fulfilled lifetime with a Soulmate of our choice--
and finally, with our own beloved Twin Ray--self.

This is your dream to dream and to desire. No one else can dream your dream for you. We are all allowed--when permitted--to enter the 'world' of someone else's dream. Still, no one can ever dream a dream for another. Jesus and all Master Teachers tell us again and again, to go within! "Seek you first the kingdom of God within and all things will be added unto you!"

The pathway is now open before you. Use the Law. Likes attract likes! Like Jesus, who said, "I AM an open door" you too can be a wide open door, radiating a warm loving-wide open heart and a wide-open mind and a sweet shining bright soul--that will magnetically 'answer' your Soulmate or "attract" your Twin Ray -- who is calling you now.

So be it.
Chapter 11

The Soul Contracts We Make Before Birth

It may seem like a strange concept but it is never the less absolutely true. We each and all have made our soul 'contracts' with God, through guidance of our Higher Mentors or Guides in Heaven--in-between 'lives'--to achieve our own unique--"mission" or divine plan--during our continuing next upcoming human incarnations.

Once we 'throw off' our old coats of skin and exit from this 3-D physical world, we are welcomed with great love and kindness by Angelic Hosts who are experts in what they do! Whatever restoration and rejuvenation we need is given while we carefully review each and every detail of our former life existence in our prior human body at the Earth 'dreamed' existence. Thus, we can see any and all flaws or imperfections that might have kept us from fulfilling our previous human embodiment more perfectly.

It is no accident that in the course of my life work I received a copy of Matthew's first book--channeled by his mother--Suzanne Ward--after Matthew died in a sudden car accident--at age 17. This I found--was truly a marvelous book. It was filled with revelation, with much hope and great comfort to anyone who grieves the 'passing on' of a loved one! Though it took many long years for Suzanne Ward to finally accept Matthew's death--for she grieved mightily over his departure daily--she was truly shocked when Matthew was finally able to break through her veil of grief--at a quiet moment--when she heard his familiar voice--and his unforgettable charming mannerisms. It was Matthew, no doubt--for he knew and conveyed key memories of events to her that no one else would know or imagine. You can imagine the relief and joy Suzanne felt to be communicating directly with her son--dear lovable Matthew--again.

Then in due time--Matthew told her that his sudden deadly car accident was planned ahead of time--by both of them in
their soul agreements—before their planned—both individual human incarnations!

*What a shock to Suzanne.* The shock increased even more when her beloved Matthew told her his sudden car accident death would serve greatly in helping her to write a book that would be of great revelation and comfort to all who had 'lost' a loved one. Matthew continued, divulging several more books that would follow her first book. Matthew finally convinced his astounded mother—Suzanne Ward, that his books—would also help bring the added new "light or knowledge" needed to help earth humanity masses awaken to their god-self within and speed the coming forth of a very imminent and final Golden Age on Earth...

It was my great pleasure and joy to make a personal contact with Suzanne Ward and her husband—Bob and her daughter Betsy—during a visit they made to meet with me in Yelm, Washington several years ago. I found Suzy and her family to be delightful. There was no doubt in my mind that Suzanne was truly—a very clear channel and that all the Matthew books were grand gifts—directly from God—via Matthew and his beloved mother, Suzanne Ward.

As each of the following 3 books dictated by Matthew from Heaven—or Nirvana as Matthew calls it—came forth and were published, I received review copies. My strong statement made with my review of these books was that "of all the great spiritual books I had read, well over 1000 of them in my lifetime," I felt the 4 Matthew books would rate in my mind and soul as being in the TOP 10 highly revealing spiritual books on Earth—*and I still feel that to be true.*

Contact info about where to obtain Matthew books—and his mother Suzanne Ward—will surely be posted in the *Appendix* of this volume. If you know anyone who has recently 'lost' a loved one who exited this so vivid earth plane dream—the best loving service you could do would be to guide them toward reading Matthew's first book—"Matthew, Tell Me About Heaven." Better yet, simply purchase a paperback copy and gift it to the grieved person. You can assure them you feel—that reading Matthew's book will give comfort to her or his grieving soul--
which I AM sure it will happily do--for most—who are open and receptive to reading these loving and so radiant truths. I cherish all of the Matthew books that I have read, savored and precious possess.

Here is a brief excerpt from a *Matthew message* that sheds more light on the soul contracts we all do make before our physical human embodiments. Matthew also addresses a question asked about 'illusion' that will help throw more light for all of us in that area...

**MATTHEW MESSAGE**
May 23, 2005
"MATTHEW: Mother, I believe it was as long ago as a year when I told you that Iran was intended to be your government’s next point of conquest. At that time, it seemed that this would be unavoidable because only energy clearly focused on that intention was in the field of potential. Since then two factors have come into play, energy opposing that intention and the US Presidential administration’s unanticipated military difficulties in Iraq. The situation with Iran is unlike Iraq, where no amount of peace rallies and marches, war protests and prayers could divert the amassed energy of dark intentions. At this point, it is possible that the massive light being generated by peace-loving people of Earth and the light being beamed by your space family can penetrate the souls who are determined to carry conquest to a new stage. This would not be in a denial of their free will, which you know cannot be done except in those very specific circumstances that I have often mentioned—no nuclear detonations in space or terrorist attempts on the scale of 9/11—but by the light reaching decision-makers who formerly were in the dark camp. The momentum of civil and international wars will have to be played out as the energy cannot be abruptly cut off, but invasion of Iran still may be circumvented. The dark thought forms directed toward this have not reached conclusive, or inevitable momentum, and even though these thought forms cannot be destroyed, they may respond to softening by the growing power of light thought forms.

As for the health effects of the toxins from numerous sources, with depleted uranium and germ warfare agents of the most
concern, the technology of our space family is continuously at work to diminish the pollution of air, seas and land, and this will continue as one means of elimination. The other is, after Earth has reached a certain vibration, none of those contaminants can survive because their energy composition is only within lower frequencies. Depending upon the severity of the toxic effects on bodies, light-receptive individuals with the strongest immune systems can be healed in the higher vibrations, and those whose immune systems have been seriously compromised will not survive physically.

**Suzanne:** Is that in the soul contracts of all who have died or will die from exposure to these toxins or radioactivity? Was this kind of weaponry and widespread lethal pollution even known when the contracts were made? And what about the babies being born with terrible deformities?

**MATTHEW:** Soul contracts don’t necessarily specify the means of physical death, but rather the number of years needed to fill gaps in previous lifetimes, and most of the individuals who are dying from these forms of pollution are experiencing what they chose insofar as longevity. As for the babies coming in with illness and deformities, for them and their parents, this is concentrated karma they chose to achieve balance so that these incarnations will be the last they need within third density. Yes, Mother, I know this seems harsh, as if these are being simply explained away as pre-birth agreements with little consideration of the human suffering and family tragedies. Even when one can mentally accept that any embodiment is but a speck of eternal life and each speck is chosen by the soul and is purposeful, it is much more difficult to feel this in the midst of such massive affliction.

It is in situations like these and others where suffering and dying in inhumane circumstances beyond your comprehension that we ask—plead!—for you to separate the perpetrators from their actions. NEVER is it cause for you to approve of the actions, but what is devoutly hoped is that you will send forth love-light energy to heal the dark souls—that is what brings about the changes you are praying for and working toward!

The power of your love-light thought forms, which come from
your thoughts, feelings, words and actions, is what creates the Earth of your intent. Remembering that no soul is separate from any other and none is separate from the Supreme Ruler of this universe, at soul level there is desire for humanity to evolve spiritually. Conscious awareness of this truth and applying it to your life is part of the spiritual clarity needed for your own evolution.

Now, Mother, we’d better get on to those questions. With consideration to your concern about length, due to the limitations of some computer systems, we’ll cover what we can and save the others for the next message or I’ll reply separately to the writers.

Suzanne: That’s fine, Mash. There are a bunch of questions that are related and it seems a good place to start.

MATTHEW: Yes, but there’s no need to type all the questions you have clipped together as I know them, so this is to all who are asking if their various activities are “generating enough light” or what more can be done to help Earth. First, I say, everyone can help by staying steadfast in the light and envisioning Earth in the golden glow of love and peace! Many of us have sent word that each of you chose to fill a specific role in this lifetime, so follow your heart as it leads you to participate in light-filled endeavors. Support to the extent possible some of the myriad light-based projects and programs. We understand that not all have monetary resources to help fund these or the time or mobility to actively participate, so please know that in itself, heartfelt desire to see these reform efforts succeed radiates light. And everyone can spread light simply in small acts of kindness, cheerful words and genuine smiles in greeting any soul.

Yes, signing petitions that promote positive developments is indeed effective because of the collective energy put forth, so please don’t feel that your efforts are futile because the objectives of the petitions may not be met immediately. Participating in groups of light workers with a common focus does indeed produce positive results exponentially, just as group meditation does. Every activity that assists needful persons generates light in both the giving and the receiving, so
collecting clothing and helping at food banks for the homeless definitely is worthy. Yes, starting a vegetarian diet “to boycott brutality to food animals” is a light-producing action because of its intent, and working to end the unconscionable treatment of all animal life is vitally important. Do not hesitate to speak about your faith in the healing power of love, as this ignites a spark for contemplation, but yes, please only offer your belief because persistence may alienate those who simply are not ready to grasp this spiritual truth.

Mother, now I’d like to make an inclusive comment with respect to the several questions about religions, their founders, the best path to enlightenment, prayer, and tithing. First I say, spirituality, or the path to enlightenment, is not the same as “being religious.” Spiritual awareness, like conscience and intuition and the capacity for telepathic communication, is inherent in the soul and thus is the birthright of everyone.

All religions are manmade institutions that even if begun in good intent to foster spiritual understanding, soon succumbed to the most powerful voices whose self-serving pedantic teachings subverted the truth of who God is and your inseparable godself. No religion is free of Illuminati infiltration at its peak; no religion is all “right” in its beliefs and rites or, except for Satanism, none is all “wrong”; and no religion in its current structure and creed will emerge as The Church. When the truth about the origin of various religions’ dogma comes forth, there will be the separating of the wheat from the chaff and genuine spirituality will be the unification of souls.

The essence of the founders of major religions—or more accurately, the messenger souls who were sent to tell the truth of God and each godself—is of the Christed energy realm, and none is superior to any other. They consciously knew their soul contracts and are to be revered for fulfilling them; however, their teachings were deliberately distorted and subsequently so relayed through the ages, with Eastern religions adhering more closely than any others do to the authentic messages.

“Is tithing a religious law designed by church potentates?” Oh yes, it is exactly that. Generously sharing one’s resources is indeed godly, but that was not the intent of tithing. The same
few people who ruled the early church also ruled the state, and they quickly saw that to wield absolute power, they needed to control people’s minds and money. Therefore the laws they contrived mandated that ten percent of all money or goods must be given to the church, which not only enriched the powerful few, but further cemented their hold over the populace. Truly beautiful huge structures were erected and adorned with exquisite items of religious nature—these were enabled by considerable sacrifices of the poorest as the price of their entitlement to worship as decreed by the church potentates.

But church is not a building—it is all within the soul. It is one’s personal relationship with God or whatever name you choose to call the Supreme Being of this universe. And prayer, which reaches the Source of All by whatever name, is actually how one lives—prayer is the energy of every thought, feeling, motive, word and action. When these are based in love, the radiance is beautiful to behold! If one wishes to pray for a soul at a specific occasion or even have a constant prayer registered, “for their highest good” is the most meaningful and really the most accurate sentiment because you don’t know what is in their soul contract. “For my highest good” is the most effective prayer for oneself, too.

Mother, I believe I have covered everything that was asked, so what is next?

Suzanne: I think this one fits well at this point: “What does Matthew mean when he says, ‘We are living in an illusion?’ Does each person have his or her own reality or do we all share one reality?”

Matthew: By definition, an illusion is deceptive, something perceived as real but without basis in reality. The illusion of third density is that there is this one life on Earth, then you die and afterwards, according to many, there’s a nebulous place that’s either a blessed or a hellfire-and-brimstone “afterlife” where you stay forevermore. The reality is that this is but one of many hundreds or many thousands of experiences of a soul that is living in many different forms and locations simultaneously in the universe. The illusion is that you are your body, your personality, your characteristics, your
feelings, your achievements, and incidentally, you have a soul that goes God only knows where when you die. The reality is that you are the soul, a part of God, inseparable from Him and all other souls in this universe; you are having the physical experience that you chose to balance other lifetimes; and you are an eternal being. The illusion is, according to one’s religious affiliation that the Supreme Being of this universe is correctly portrayed only by your religion and His laws as interpreted by your religion are absolute. The reality is that the Supreme Being of this universe is subordinate to Creator, the Supreme Being of the cosmos. He is an amalgamation of all souls, all life forms, throughout this universe and He knows every thought and feels every feelings of every life. He cannot interfere with Creator’s law of free will when souls veer from their pre-birth agreements so it is not His “will be done”; although we commonly say “He“, God, or the Source by your name selection, is the epitome of androgyne, the perfectly balanced male and female energy; and He didn’t devise religions. A few of his misguided godself parts did. The illusion is that evil is the opposite of godliness. The reality is that darkness is the absence of light, the absence of love and spiritual clarity. The illusion is that Earth is a small, solid planet whose residents are the only verifiable intelligent life in the universe. The reality is that Earth is a soul with a planetary body that is home to beings within, on and are far less advanced spiritually, intellectually and technologically than many other civilizations.

Yes, each soul has his or her own illusion as it pertains to self, every facet of the lifetime, planet Earth, and the Source of All, but ultimately all will share the same universal reality."

(End of Matthew Message)

Hopefully you enjoyed Matthew's astute revelations as much as I gratefully have over the past uplifting years. There is both intelligence and order in the universe and you can be assured that the chances are very good that you have made a soul contract to enjoy the final days of your life on Earth with your very own beloved Soulmate or Twin Ray.

Ponder and re-read the various "how to" tips herein that can
lead you to understand why "there is NOTHING you cannot BE, DO or HAVE." When you understand the Law--you will be tremendously grateful and will make miracles a daily way of life, wherever you abide. Let it be so....

*There are no accidents.* This volume you are reading now can help speed you toward that wonderful day when you look into the eyes of your 'special someone' and know at that shining moment that your dream of dreams has come true. So be it. And may it be soon.
Part Two

Manifesting 'Your Beloved'
Chapter 12

How You Can Manifest Your Soulmate

Hopefully--By now, you have begun to realize that--you are a literal co-Creator with God--since you are a living 'outpost' of God Almighty--right where YOU stand! Each one of us who has achieved a state of conscious sentient awareness--who realizes and knows her or his "I AM" identity or unique conscious self-Being--is a rightful and duly appointed ambassador of God. There are no real accidents. We are always in the right place at the right time. That time and that place by way of prior choice is a moment point in the immediate NOW that we have co-Created via God's Almighty Power and Presence within us!

Whatever-- we see, feel think or sense in any way around us--whatever we experience--at any given life moment--in any given lifetime is God's precious individual gift to us. Through free will choice, we can perceive a plus or a minus in any person, place, thing or event in this 3-Dimensional physical plane of duality. We live in a dual world where a continuous movement toward balance between light and dark exists.

What we do with each priceless gift--that will unfold around and within us--each moment in the Eternal Now of existence--determines what--we meet, or greet--in the linear time line 'future'--that we accept or acknowledge--while immersed in a dual world of seeming reality. Choices are important. What we choose leads to our greater or lesser vista in our lives. In our dual world, as the great thinker and writer Count Leo Tolstoy stated in his religious writings--most people keep running around and around in endless circles--in milling and asleep masses.

Thankfully, I learned early in my spiritual life training from the trails blazed in thought by Count Tolstoy and other great Master Teachers, rotational or circular motion is the norm in our world of duality. As a clear example, our yellow golden sun 'appears' to circle around us, but does it? We arise in the morning, eat and leave our home to go to work, wind our way
through many other familiar daily circles of activities and finally circle back to our home again, to eat, sleep arise in the next morning, and circle or cycle through almost the exact very self-same circles of life day after day after day....

No wonder Jesus stated that we do need to look beyond physical sense 'appearances' for almost always they are deceiving to our mind. The Earth turns around the sun – just the exact opposite of how it 'appears' to our limited senses.

*It is no accident* that I AM presenting **Part Two** of this volume to help you empower your choice to bring your Soulmate or Twin Ray to YOU with the utmost speed.

Your first step in 'precipitating' or manifesting a Soulmate or Twin Ray into your living presence is to want or desire it. "Mind is the builder"--as Edgar Cayce, the renowned "Sleeping Prophet" from Virginia Beach, Virginia, USA --often stated. Once we know what we want we can form a picture--via our power of thought--of the condition, thing or--in this instance--the appearance of our very own exciting, lovable Soulmate--or Twin Ray--that fulfills--fully fill--the picture we have chosen to create. The art of conscious, deliberate creating--of 'whatever' we wish--can be developed to perfection with practice. It is how all well taught High Initiates or Masters have become adept at instant miracle creations.

The world known and greatly loved Master St. Germain is especially adept--at precipitating whatever he chooses --out of what appears to be 'thin' air. Most of us now embodied in human form on Earth will need more self-practice from masterful tutors or guiding 'mentors.' As will be revealed in Part Three of this volume--that may be--far sooner--than most readers of this volume--may think, or can imagine!

All or most of us have been conscious at some time to our surprise and delight of a sudden instant creation of our desire and it felt good. I actually experienced one of those "great delights" about a half hour ago…

However--in a dual 3-D world reality things normally take time--unless you know personally how to--use the Law—to
empower your desire to--speed it up--to reduce the time spent going around and around in circles. Given more true knowledge--we learn to make a more direct path to our same destination--that cuts down most of the time previously involved--in continual frustrating circles of unproductive time or motion.

So let's move on to learn more--of how to manifest what we desire--through the wise knowledge and use of God’s immutable and Eternal Laws of Creation.

"Ask and it is given!"

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Chapter 13

The Power of God's Universal Laws

When you understand and use Universal Law, finding and merging happily with your Soulmate or twin Ray will be a snap. You can do it.

Our One Almighty Creator of our cosmos--and all that is of countless omniverses--universe upon universes within it--manifested a loving, orderly universe. Eternal, immutable Universal Laws forever guide it.

In addition to the almost globally Christian known, Father, "Son," and Holy Spirit--Trinity--in direct further descending order--there are the Mighty Seven Elohim's, Cherubim's, Seraphim's, and Mighty Archangels--as correctly revealed in our Christian Bible.

All these Great Godly Beings are--forever, endlessly extending the power and order--from our One Almighty Creator of All That Is--down, down, down--to the manifestation of an Almighty Supreme One God--as the almighty Source, Power and endless full Authority--over each and every, immense, individual and unique, vast star-sprinkled Universe.

This is an exact, perfect correspondence of how--you are God of your own "I AM"--source, power and authority--in, and over the 'miniature universe' multi-dimensional--that you identify with--that you--and I, and other human beings—know and call--our own, individual--physical body, and being.

This panorama presents a good picture to hold of how you and your your Soulmate or Twin Ray Lawfully "fit" into the "scheme" or dream-plan of Creation.

"As above, so below" is also a ruling edict of Creator and is mirrored through all Creation.

Depending on which way you perceive--looking up or down--
the spiritual view is immense. When you peer down through our One Almighty Creator's eyes--or--up from the very micro I AM 'particle' of your own warm-blooded, sentient human body being and consciousness on Earth--there is a perfect hierarchy of Law and Order--up and down--in and out--right or left, forward or backward, and WITHIN--the seven directions of space--that ever empowers and governs the Whole--to the relative Part--of all of our gorgeous and forever expanding co-Creation.

If you are looking 'down'--as defined from our limited linear 3-Dimensional perspective--the then 'order' of empowerment, law and authority--'descends' down and through All That Is--from our One Almighty Creator, to our known Trinity --in Christian terminology--Father, Son and Holy Spirit. The trinity extends to the Seven Mighty Elohim, following a universal, natural, innate--1, 3, 7--exponential unfoldment. These Seven Elohim extend into the Cherubim's, Seraphim's and Almighty Archangels, served by countless waves upon waves of Angelic Hosts.

That Great Being--known by our earth masses as the one God--holds a high place in this Cosmos as a further downward extension of one of the hosts of Almighty Archangels. Our God is literally The One God, presiding over this Universe.

As you know, there are countless Universes and one God reigns sovereign over each and every Universe. Thus looking down--to Galaxies, to Solar Systems, to Planets--and there to finally include--the God-conscripted--physical Earth Angel--or human 'Atom'--Adam--yourself, myself--and all the rest--of our ONE great, teeming, collective "Earth Humanity" family.

If you are looking 'up' simply reverse the order--toward an "Ascension". See up, from--your own Mighty I AM Presence--within your Earth Angel, I AM physical Atom--your own very precious spiritual Being--up through Mother Earth--also a grand, sacred, Holy Living Being, as well--on, up and up--through the afore-written "Jacobs Ladder--of true spiritual reality--all the way up--back 'home'--to our One Almighty All Powerful and loving Creator of All That Is.
As you may guess, all the embodied Solar Systems and Galaxies also have a sentient, sacred, mighty spiritual life—and a truly vast, stupendously aware reality—of their own!

As you can well imagine without the authoritative empowerment of Creational and Universal Laws the worlds surrounding us—and within us—would all be loveless, chaotic and senseless. Instead, as you may have already learned—every single particle or atom is in the right place at the right time and—with the right amount of energy, life and empowerment. There are no accidents in all of nature or Creation. Any and all chaos—or the imbalance you see or experience—is self-created human 3-Dimensional illusion—springing from dual forces—we term unbalanced, polarized pairs, of opposites—good and evil, positive and negative, forward and backward, past and future—etc. etc. etc.

Fortunately, through experience that you and I regain—at a conscious 3-Dimensional level—the innate wisdom that rests forever within the core or center of our human Being. Thus with knowledge and wisdom we—can work with our God, instead of—against God's Divine Plan of Ascension—for all, or most of us—upon Earth. Without God, we are nothing. With God we are everything!

It is ever our Supreme God's will—and endless, eternal desire—that each and all of us will learn through personal experience—through our 3-D physical illusion state—exactly how and why Universal Laws work. Then you and I consciously know where—or when—and how we can use these Universal Laws.

We can work consciously with our God of our beloved Milky Way Galaxy—by understanding these all-powerful natural laws—and raising our individual and collective consciousness on Earth.

When you use these universal laws to draw and merge your life stream with your Soulmate or Twin Ray—or special lover—you more than double the expansion of your Light on Earth....

This is how you—and I can, and will—hasten the final, now
arising *Golden Age* upon our lovely planet, Earth. Your *mind* may confront and question these immutable universal laws--but your *heart* knows them well. Every single one of God's great Universal laws is written legibly within each of our hearts. I give thanks!

May God's loving grace fill your world with infinite Universal Law enlightenment and heartfelt wisdom--and thus assure--that a *God-directed self-empowerment* will be forever with you--and guiding you consciously--daily.

So be it
Chapter 14

The Power of Free Choice

God is Love. God's 'gift of life' to each and all of us in sentient human form was the greatest gift that Love could give. I know in my heart and soul, for I love freedom dearly and God's gift of free will choice is easily the second greatest gift in all of Creation, through all of Eternity!

Just think. You and I can choose to follow any course of path throughout all of Creation in whatever realm, dimension or dream reality we choose to experience. We can choose our own pace and can speed up or slow down--at will--whenever we choose. We can say yes or we can say no--or maybe--while we ponder what choice we really wish to make!

We can take our I AM selves in or out of a situation or an event or circumstance in our mind or in our feeling body alone, even if our beloved physical body is locked behind bars, trapped on a floating iceberg, physically paralyzed or whatever! We can choose to be happy or sad, uplifted or deflated--or simply and totally untouched --by what is said and done. We can choose self-control. We can choose to be calm and centered within our being no matter what! And that is a sure sign that we are gaining mastery over ourselves and thus self-empowerment and self-control over our own precious living environment.

I love the statement made by an obvious Master Teacher in the following 'clip' that I shared yesterday in my daily Michael Worldwide Newsletter with my subscribers....This Master is not referring to us making our physical body absent. She or He is referring to our own state of consciousness – and where we choose to place our attention in any outer awareness state.

Clip

Sometimes there would be a rush of noisy visitors and the Silence of the monastery would be shattered. This would upset the disciples, not the Master, who seemed just as content with
the noise as with the Silence. To his protesting disciples he said one day, "Silence is not the absence of sound, but the absence of self."

*(end of clip)*

Here is another insightful 'clip' that follows. This one places an emphasis on the fact that we can fail in our daily moment-to-moment waking life to make wise choices: If so we may eventually see our physical body die. On the other hand, as many Ascended Masters have done, we may choose to learn how to Ascend our physical bodies--and to thus live in total Mastery and total freedom forever--as Master Jesus and countless other great Ascended Masters on Earth have done.

I post this 'eye-opener' as a somewhat shocking wake-up 'header--in my daily Newsletter--from time to time. Hopefully you are already awake, or at least 'awakening' and it will inspire or motivate you to choose immortality, as Jesus did, and as I have done, and as you may so choose to do.

*Clip*

"**Physical Immortality** is a reality on higher developed worlds. **Death** is a worthless habit and a terrible thing to leave your carcass behind for others to dispose of when you leave here. Better to learn to **live forever** and not waste these wonderful **Temples of Light** we all live in.

Jesus said ... "**the final enemy to conquer is death!**"

*Extracted from a StarDoves message - Dec. 13, 2005*

*(end of clip)*

A choice is a powerful self-event. It is charged with forward moving energy. Your choice to explore the thoughts or ideas expressed in this volume is a sure sign that both you and your Soulmate or Twin Ray are ready to enjoy meeting each other. Nothing happens--as said--by accident. If you are thinking of and wanting, or longing to be with him or her--by Law--that eternal, ever-present Law of Attraction--she or he is surely thinking of and wanting to be with you with just as much
desire to be with him or her.

Making your choice is vital. You cannot go further while sitting still on top of a fence. Yet the moment you make a decision, you are already on your way. As we will explore together—in Chapter 20—for whatever you give and hold a powerful focus on—must by laws of creation—become in time, your due reality. Always—what we give—we get. No exceptions.

Send love to your Soulmate or Twin Ray, and if you expect it—that love could soon manifest—in return—through a dream-boat Soulmate, your Twin Ray—or a special lover.

So be it.
Chapter 15

The Power of Knowing What You Want

So many individuals do not really know what they truly want. By default, they are swept this way and that way by powerful life currents of those around them that do know what they desire. When an idea or thought is nebulous or ethereal it does not create a forward moving thrust. However, when you know what you want that now very 'knowing'--or knowledge--is charged with additional magnetic and electrical power. So know and feel with all your might and power that your Soulmate or Twin Ray is by your side at this very moment. Reach out for him and her and know in your heart that he or she is also jointly reaching out for you to appear at his or her side quickly. *May it be in the immediate now.*

Every fragment or extra power we can gather and add to our heart's or mind's desire will help to hasten that welcome arrival of our Soulmate or Twin Ray--standing, sitting, or lying down--before us. Be assured an, eager powerfully focused mind that knows what it wants can create astonishing miracles of sudden manifestation.

*Believing* something and *knowing* something is as different as night and day. There are billions of souls on Earth today who believe in false doctrines like 'an eye for an eye', a violent act of retribution--or a vengeance--that only leads to more and more ongoing vengeance and violence. As we all well know today, believing that the Earth is flat instead of round seems really silly--when you finally 'wake up' and know the truth--in another human embodiment, *centuries later!*

Nevertheless, we know that throngs of innocent people who then knew and voiced this truth were put to death for daring to believe differently. They all were truly an outstanding--cream of the crop--of human souls who were honest enough and bold enough to declare--what they all knew--or fully believed publicly. Bless their hearts. Their death was not in vain. Many, many false truths and false doctrines will soon be known and "shouted from the rooftops".
All beliefs are formed from partial thoughts. The whole picture is never seen and known. On the other hand, all the true knowledge of the universe is resting and waiting to be tapped in all of our human hearts. At that first spark of our birth into life, that all-knowingness was lovingly placed there forever by God Almighty. Our all-knowing heart senses and knows what our God creator placed in our very own individual and vast collective world around us... So this may now be the time for you to make an all-out effort to think with your heart and to feel with your mind.

Boost your mind and feeling into a strong sure sense of absolutely knowing that your Soulmate or Twin Ray will be 'lighting your life' soon! When you know something "absolutely" you instantly begin to 'anchor' and solidify that idea or thought--and adJOINING calm absolute feeling--into a concrete 3-D reality. An absolute is an absolute. Use absolute self-conviction to solidify and to greatly empower your desire to manifest any constructive desire in your heart or soul.

Repetition works. It clarifies thought. The first whole paragraph of this chapter is well worth repeating--so let's re-read it together.

So many individuals do not really know what they truly want. By default, they are swept this way and that way by powerful life currents of those around them that do know what they desire. When an idea or thought is nebulous or ethereal it does not create a forward moving thrust. However, when you know what you want that now very 'knowing'--or knowledge--is charged with additional magnetic and electrical power. So know and feel with all your might and power that your Soulmate or Twin Ray is by your side at this very moment. Reach out for him and her and know in your heart that he or she is also jointly reaching out for you to appear at his or her side quickly. May it be in the immediate now.

I know you can do it! Let it be soon....
Chapter 16

The Power of Intention

My intention—as you will note—is to keep most of these chapters—in Part Two of this volume—'right to the point'—or 'short—and sweet.' Also my intent has been to keep all of my chapters filled with easy-to-see insights—sight in-to—of the many basic banks or 'power points' that can be tapped by your and my limitless human hearts and minds. In actuality—thus in true inner reality—there is only One Mind—that all minds—your mind and my mind—are an integral part of. Your understanding will then explain—how and why telepathy—addressed in Chapter 27—is possible and—vibrationally—is the only one language of the cosmos.

My intention is to bolster your want power—to help attract—or draw—your Soulmate—or Twin Ray—into your life. So I Am calling your attention to the Laws and their deliberate use in all these various, easy to access, inner 'points of self-power.

The very word intent along with its thought, feeling and inspired action is loaded with power. When you—or I intend to do something—we add the 'tension'—or strength of our entire being—into that desire. A part of you—or your whole mental, emotional and physical being --is suddenly 'moved' into "live action" simply through your conscious or subconscious intent.

For example, if you intend to get up out of a chair it is impossible to do it without that self-intent your foreseen inner electric 'I AM' volition or empowerment of that desire—or thoughtful feeling—must come first!

No matter—where it is aimed or--how it is 'armed' --like reading and re-reading these 'points of power'--in this segment of this volume—your intent has that mighty determined power--of your deep, silent ocean of "I AM" self identity--within and behind it.

Through your conscious willful intent, you choose precisely where will be in that exact--next time-space posture or
'placement'--of your physical, emotional or mental self. We human beings abide in an ever-on-going, ever-expanding and exciting dream-drama illusion. Your own grand, very dear human life--is now being "played out"--on this rapidly spinning Earth. You and I now live on a round, green-blue "theatre-in-the-round" that whirls on and on and on--amid a vast, bright star-lit sky blue stage.

It is your and my 'sensing' inward and 'tensing' outward that propels yourself and myself--or each and all of us human brothers and sisters, here now on Earth, at this time--toward experiencing--our whatever chosen--next fresh exciting new adventure in our daily lives. Your intent leads you--right to where your every next now moment-to-moment living awareness will be--in due time. Time is needed only while you or I are still restricted to a plane of duality—while still inhabiting our now seeming 3-D physical embodiments. Our intents are manifested instantly when we are in our non-physical environment.

Do we want to continue just sitting and relaxing in our chair, or do we now sense a hunger or thirst and so consequently follow and empower our intent--to get up and stroll to our kitchen--to drink a glass of refreshing water, or to find some food to snack on or feed on--to slowly or quickly satisfy whatever degree of our hunger or thirst we feel?

As you may now see, "a conscious intent" can now be added to your growing list of conscious tools of self-empowerment. These can and will help to satisfy your deep--or even passing desire--to experience more love, light and joy in your life.

You know this will "all be so" as soon as your "intended" --oh, so just right for you--Soulmate or Twin Ray--has arrived’ there before you--in his or her sweet, vivid, vital and radiant 3-D human flesh form, as your physical-manifested reality.

I hope you intend is to use what you now more fully understand. Gather and use your own deep-down power of intention to WHATEVER your dreams come true. There IS nothing you cannot, be do or have. If you are able to think or imagine it--then by virtue of that process alone--it is not
impossible. *Intend* what you *intend* with immense feeling-fire and soul-deep passion. This is the power that creates new worlds.

*Let it be so.*
Chapter 17

The Power of Thought

Your mind and my mind holds a source of immense mind power. We can focus a single thought like a powerful laser beam and produce startling and swift changes in our own states of mind and body--or in our daily life affairs--or in the daily living matters of others who--are in rapport with us--or are influenced by our passing or focused thought.

So where does thought come from? Does it come from your physical brain? No, it certainly does not. Your brain or mine is merely a computer--a thing--that processes or computes the 'software' of our human thoughts. Perhaps it will help to understand if we step back and look at the easy-to-understand basics of human life...

You are not your body. You are not--your senses--or feelings. You are not your mind. And you are not your thought? Is that clearly understood? I Am quite sure you have already awakened to this revelation. If not, simply ponder or "think it through."

Ponder this thought. If in fact, you were your body how could you still be alive after your body is dead? Like your brain, your sense organs are simply and solely organs of sense. All these organs life within your whole being, but they are not you, either. Each is thankfully your God-given, highly sensitive, tool or an awesome personal instrument of your own perception.

You are not your eye, even though you can see through it--when your eye is healthy and open--to view the 3-D world surrounding you. You are not any of the amazing sensual perceptions your eyes behold. So if you are not your body, brain or mind--or sense organs--or the myriad of thoughts and feelings expressed or recorded in them, who or what and where are you?
You, the beautiful "I AM" very alive self-identity--who is reading and pondering these very words before your eyes--are an "I AM" identity. You are marvelously real, true and forever! Your current 'coat of skin' you donned--like so many long discarded coats of skin, worn in the past--is only a garment or "wrap around" your truly real "I AM" god fragment.

At my death experience, GOD said to me, soft and so lovingly, "We are One. I AM you and you are Me." And GOD would have said the very same thing to YOU if you have been experiencing a body death--as I had experienced in that, my moment with GOD--when long ago, this very same body--I inhabit today--was at a chronological age of 18.

Surprisingly--many dear decades later, my physical body is without aches or pains and has somewhat the same kind of robust health and strength as it did at age 18, but that is another story--detailed in my autobiography (smile).

The You that you are literally, lives within GOD--as I do, and--all life, in any form must. There is no other place or space to be. Only God is. There is no life or reality outside of GOD. You are a god fragment. When GOD dreams you and I are by nature--as part of the whole of GOD--contained within those mighty, endless streams of--seemingly so real--dreams.

In All That Is, there is God-whole, Creation and God-part. You and I, as God-parts--are literally at non-physical and physical levels--the furthermost "extensions" of the One Almighty God of all Creation.

Stand--in imagined thought--at the top of this bright golden capstone--of this sacred triangular Pyramid of Life--and look down.

From that pinnacle, You--looking from the Whole, to the Part, of Creation--are literally GOD looking down, in and through all of infinite Creation. While anywhere at the seeming physical base line of this Pyramid of Life--or anywhere between--you and I are a seeming separate God-fragment looking up to our Almighty GOD Being above....Get
the picture? Hold it in your mind often. It will serve to greatly empower you.

GOD created all that we know and see as Creation--known and unknown. Totally--through love-filled images--GOD's thought, manifested all of Creation we now see unfolding forever and forever so magnificently before our seeming individual, alive or sentient perspective today.

Creation is at this very moment--folding and unfolding, behind us and before us, below us and above us, to our left or to our right--in an array of endless, radiant, newly ever-changing self-perception in the Eternal Now.

The One GOD Almighty stands CENTERED in All That Is of ALL of Creation. The closer you and I get to the central point--Central Sun--of our own I AM self-identity, the closer we are to God and--the more greatly are we self-empowered and the better we feel.

Thoughts containing the Divine Plan of Creation are stored forever in the One Mind of God that each and all of us share. Because GOD gave us free will, then--by virtue of free choice alone--we are a natural, absolute Self co-Creator with GOD, of all we behold.

Here then follows an appropriate thought. The purer the thought, the more powerful it is! It appears wise--to pick and choose--the mighty power of clear and pure thoughts, coupled with great loving and a deep expectant feeling or longing for your own loving, very "special someone" to soon appear.

Let's now probe the world--or power--of feeling and see how we can tap our feeling power to draw our much desired Soulmate or Twin Ray to us. It is via our feeling body—and this deliberate, decisive, thoughtful, vision, we hold--that fully self-generates the electrical or magnetic power to manifest whatever we whole-heartedly desire.

So be it.
Chapter 18

The Power of Feeling

Human emotion and feeling are two far vastly different things! In brief, emotions are simply conscious or sub-conscious human physical body electrical reactions to any event, person, place, animal, thing, situation etc. experienced or perceived. As Pavlov proved, "simply ring a bell" and a dog fed--at bell ringing time--will prove to have saliva already formed in its mouth. And we highly sensitive human Beings--guarded by our own over-reactive ego--can be slighted, hurt or quite angry and even in a rage when certain "bells" ring in our physical, emotional or mental bodies.

Without being in judgment, we all know individuals who act like non-stop emotional wrecks. When we humanoids mix our ego with uncontrolled emotion it is like pouring a bucket of gasoline onto a fire. Our emotions are not to be trusted; as most of our reactions come from our genetic 'software' loaded with past-life dramas and experiences that have nothing to do with current events. Yet it's obvious our emotions play a huge part in how we act under different given and especially highly volatile circumstances...

On the other hand, feeling comes directly from our knowing heart. When we speak of the "heart"--in this sense--we mean the "heart of hearts" a metaphor of our Inner Being or the "Total You"--the God-fragment or non-physical "I Am" identity that knows and give you direct communication and guidance about what feels good--or what feels bad--in any given moment.

While immersed in physical duality we are in an electromagnetic world--a world comprised of both magnetic and electrical--aspects. Emotions are electric while feeling is emitted from the magnetic, non-physical spectrum of our physical world of three-dimensional duality.

Feeling is an intuitive guidance response from the I AM awareness centered within the heart of each of us and is never
in error. It is not possible for pure feeling to be wrong. Feeling is a pure and a mighty power generated or emitted from our soul or spirit, depending on how deep we may go within our 'I AM' Being. Our spirits reside within the depths of our conscious awareness--our vast, infinite soul.

God is love. Thus, the innate feeling of love that flows naturally through all human hearts is by far the most powerful feeling you can 'charge' anyone or anything with, including yourself. Joy is the second best feeling that you can place in, around and through any being, event or situation, including your own loving human Being. And the feeling of gratitude is truly a mighty electric and magnetic power. We will explore gratitude in greater depth in Chapter 29. Gratitude easily rates in the top three feelings any one of us can bask ourselves or others in as much as possible, moment to moment daily!

If you will generate a conscious power of feeling--in conjunction with--your visualization of your Soulmate or Twin Ray appearing soon before you, whether with fervent love, joy or gratitude, you will greatly amplify and empower what your heart and soul so greatly desires.

Since the use of the 'power of love' is obvious, I asked--and I received--his permission to include the following article; written by Owen Waters--which speaks to love in a so very delightful and wonderfully insightful way. I do hope--you enjoy and--appreciate it, as much as I do...

Clip

Love Is In The Air

Unconditional, holistic love is the answer to all of life's challenges. We are here on Earth to learn how to love ourselves and others. We are here to accept ourselves and others completely, and without judgment.

At this point, some people may ask, "Are you supposed to love someone who is determined to be non-loving?" The secret here is that there is a difference between an acceptance of the outer beliefs of a person and an acceptance of their inner essence.
Regardless of that person's outward belief system, and whether you agree with it or not, it is the inner essence of the person that you learn to recognize, love and accept.

The secret is that unconditional love will heal the world, and there is no shortage of its supply. The universe is permeated by, and held together by, the love aspect of the one Creator. The universe was created by three fundamental aspects of original consciousness - intent, love and motion. Love is the medium that fills all of the universe, while the intent of the One Creator holds that universe together within its embrace.

Love is not something that you generate. It is something that you allow to flow through you. You have only to allow it to flow in order to experience its wonder. Next time you feel a little down, just remember one thing. Every part of space, every part of matter and every part of your being is filled with the love of Creation. So, the - -

*Love is in the air.*

It really is!

Spiritual Words of Empowerment are written by Owen Waters, author of "The Shift: The Revolution in Human Consciousness," which is available at Amazon.com and Barnes & Noble Online: See Appendix for more possible personal contact info with Owen Waters.

*(end of clip)*

I cannot emphasize enough that whenever--you couple your feeling with a light-hearted clear, vivid, greater-than-life image of what you want--you can and will achieve seeming powerful and speedy "miracle" manifestation results quickly. Thought and feeling work very powerfully--side-by-side--and often precipitate astonishing miracles. So simply use the non-physical tools available within and around you wisely...

Use all of your God-gifted spectacular human senses. Whether you believe it or not, know it or not, your intuitive sense of 'touch' can see or hear physically farther than your eyes
or ears can see or hear! So do all that you can do. Use all of your divine human feeling faculties. See it, feel it, taste it, smell, it and touch it.

This is what gives it 'body' or form and allows what you envision to soon coalesce--from seeming nothing to something--from the invisible into your apparent visible physical reality.

Let your Soulmate or Twin Ray know the joy you feel about him or her visibly appearing before you. How does that thought or image feel? Your easy 'job' is to relax and keep "working" day and night--at inner, non-physical thought levels of mind and heart--creating those joyful, exquisite and blissful feelings and images.

I feel you can do it. What are your feelings?
Chapter 19

The Power of Attention

Whatever gets our full attention will program and open us up to its control of our time and our life energy. Be assured that all advertising firms know and use every conceivable ploy to get--your or my--full attention. Once they have our full attention they can work--step-by-step, as they hold our attention--on 'selling' us what they have been paid very 'big bucks' to offer "for sale" to us, often with glaring hype.

Unfortunately the 'dark force" on Earth knows and uses fear and terror to keep and hold our attention riveted daily and nightly on their many heartless, self-initiated acts of terror and ghastly violence, while they subtly, politically seek their continual covert goal of worldwide human domination.

This innate power of attention for good or evil is enormous. The mass media's power over public attention can be used either for tremendous good or pure evil, which of course, also applies to our own individual moment-to-moment daily free choices. You and I--certainly possess sovereign free will power--and can individually choose where--to place our own precious attention or the prolonged powerful focus of our own mind.

Energy follows thought! This is an infinite immutable Universal Law. The ignorant person gives much attention--thus energy via thought--to being firmly "against"--anti--something bad, so bad grows bigger. The wise person gives attention--thus energy, via thought--to being "for" something good, so good grows bigger. We get what we give our attention upon, bad or good.

The beast's "War on Drugs" or current new "War on Terror" simply feeds the fast expanding Drug Beast and the fast expanding Terror Beast. When you or I--or the mass public--holds our attention on anything, we energize it. We give it more and more and more self-empowerment and more extended 'life.'
Attention equals power. More attention equals more power.

Knowledge is power, when used! Thus understanding the power of attention you--can control and decisively divert your conscious attention to supporting the growth and power of LIGHT on Earth--rather than feeding the evil power of the DARK. Simply switch your focus on what you want--on the bright, good-feeling solution--not on the dark problem.

Remember – energy always follows thought. Give your attention to what you feel or know is truly fulfilling to your body, mind and soul! How does it feel? That's your perfect gauge. Feeling good moves you closer to god. Feeling bad takes you away from God. Always check with yourself to see "how it feels."

In the "I AM" Series of St. Germain books, here is a clip of what this widely known and beloved Ascended Master, St. Germain states about attention, thought and focus.

(Clip)

Vol. 19 The "I AM" Discourses on Supply

"Where your attention is, there you are. What you think, you create; and what you contemplate, you become."

(end of clip)

It seems wise--doesn't it--to put and hold your power of attention on visualizing and drawing your Soulmate--or Twin Ray--face to face with you soon. Can you think of a better 'place' or--of a far more attractive human image--to put and hold your attention upon (grin)? Okay then, let's do it...'
Chapter 20

The Mighty Power of Focus

Growing up as a child most of us have seen the power of the sun 'focused' through a magnifying glass--when held over a piece of paper--makes that spot where the sunlight is focused burst into smoke and flames within a few brief minutes.

Our human minds are infinitely more powerful than a magnifying glass. When your thought or my thought is held steady on any strongly and clearly, mentally imaged desire long enough, it must--by Law--soon manifested in our 3-Dimensional reality. So your dear Soulmate or Twin Ray is merely a joyful, thought-filled desire, "away from" you today.

All 3-D reality is founded upon and literally created from Cosmic Light Substance. Scientists have known and proclaimed this for many decades! All creative acts require a focus of light generated by the creator that becomes concentrated enough to take on a solidified shape and to hold a stable 3-D 'form.' Then as long as the personal creator of that form keeps her or his life energizing and nurturing it--or the original creator induces one or more like-minded creative associates, or capable stewards--to keep that specific valued form alive, it can exist long, long after the original creator has left that particular epoch or stage of time and space.

Look at the life and the value of a Rembrandt or a Michelangelo painting! What masters Rembrandt and Michelangelo conceived and held focused in each of their open or receptive minds became a valuable, much treasured form; with a long, long 'life' of its own. Simply by first conceiving the image each wished to paint--and then focusing an artful concentration of light and color on to the canvass--Rembrandt and Michelangelo produced their rare, glorious and majestic masterpieces that have grown and grown in greater and greater value over the centuries.

Focus is needed to achieve direction toward any objective or personal goal we harbor in our hearts—or souls—or minds.
When we dabble a little bit here, and dabble a little bit there, and then go on to pursue some other sudden fancy or whim--constantly moving on from one fleeting focus after another--how can we expect an excellence and sure success in what we do? Without a strong self-committed and persistent focus, the success we yearn for will surely elude us.

We can be like a busy little bee that buzzes and flits from flower to flower to extract a minute bit of nectar from each open flower, or we can focus on being a "King Bee" or a "Queen Bee" and lovingly focus on the sharing all of the sweet 'Heaven on Earth' honey we can steadily gather--with the entire beehive--if we choose. Focus on having a beehive of honey Soulmates (grin).

Just kidding. Focus works best on one-at-a-time whatever the want or desire.

Why settle for less than what we desire and--know we are clearly ready for and--worthy of? Instead of 'one-night' stands--that often leads us nowhere--why not focus ourselves on seeing, feeling and living a life of joyful fulfillment of our mind, body and soul with--a dream Soulmate--or our Twin Ray?

Lack of commitment--and scattered attention--leads you nowhere. Your own personal and mighty power of focus is a major tool that you can use at any moment you wish to attract or bring forth the Soulmate of Twin Ray of your very sweetest dreams... So be it. Let it be so.
Chapter 21

The Power of Acknowledgment

The instant you acknowledge anything, you give it life, in your own--now expanded--world. You add life energy and help maintain or sustain what you are supporting with your new energy stream of consciousness acknowledgment.

The expansion and self-empowerment that--comes back to you--when you acknowledge your Soulmate or your Twin Ray, even sight unseen--is immense. If you recall--as revealed in an earlier chapter of this volume--when blindfolded, I found my 3 X 5-index card with my personally written signature inscribed upon it.

Likewise, whenever you send your thought somewhere--where ever you send a stream of light before you--to whatever envisioned subject or object--a dazzling white, white light speeds before you. It then trails--back from your Soulmate or Twin Ray--as a literal two-way road. Its now an open return pathway--connecting what is 'met'--and is "acknowledged"--simply by your thought to him or her--or to, where or what--you focused upon.

From that moment on, you are wired together, by that two-way stream of thought and light. Now then your Soulmate--or your Twin Ray--if sensitive to your thought and acknowledgment--may be empowered to follow that return path of light--in due time--directly back to you. Its the exact same way that I found that tiny I.D. card that--I knew and acknowledged, as the goal in my mind--while walking at a brisk rate, completely blindfolded.

The power of acknowledgment is real. Think. How does your ego feel when someone you meet in a small friendly group--acknowledges everyone else but--fails to acknowledge your presence? You feel like you do not exist in his or her space--or perhaps in his or her mind--and you did not! When you acknowledge anyone--an event, place, or thing you--not only empower it with the magic of your own powerful "I AM"
Presence, but--you have now formed an energy conduit from him or her--or that thing, or that event--that leads back to you, as well.

Kindly acknowledge that living, breathing 'reality' of your Soulmate or Twin Ray – that 'special' other one who calls to you as well--and then hopefully--before long--“sparks will be flying”. We are talking about sparks that have an innate potential of turning into a seething fire and sheer ecstatic consuming Soulmate mergers or twin-flames of radiant, everlasting love...GO FOR IT.
Chapter 22

The Power of Acceptance

Once more, we have another--subtle, but mighty power--that works hand-in-glove with God's gift to us of free choice. A gift means 'zero' or nothing--no matter what personal or public value--if not accepted. If someone would offers a whole ton of precious gleaming gold to you, its worthless--to you--unless you accept it, isn't that so? "It takes two to Tango." A giver needs a receiver, and a receiver needs a giver. It's the Law.

Unless you accept the thought, feeling and desire of sharing a joyful 'future' life with your Soulmate--or Twin Ray--it will never happen. You can offer whatever you wish to another, but if--what you offer is not accepted--no 'deal' is made. We can reject--or accept--whatever gift we choose--that is placed before us--as we move happily though daily life on Earth.

You can accept--or reject--anyone or anything to exist in your world, if you choose. And when you fully do accept something or someone's presence into your personal life 'field' you impart it--or that person--with your own individual and unique “I Am” note, tone, or "presence." That something or someone's--also unique presence, note, or tone--has then become bonded with you--and you with it--or that someone's presence.

By the way, if a choice is given and ignored--then by the Law of Default--the person, place or thing may enter your life stream. This explains why various sudden unexpected events or people enter our personal world --seemingly--uninvited. Nothing enters your world by accident or random "chance." The Law of Attraction never errs.

Your act--or choice of acceptance--opens the door between any person, place, thing or event as it then becomes part of your world. The person, place, thing or event--"invited" into your space--by your attention to it--now merges with and into your own individual expanding Earthly existence.
Acknowledging your Soulmate or Twin Ray's imminent arrival before you...Invite him or her into your current life stream with as much good feeling as you can feel within you. Give thanks for it and expect it.

Acknowledging your own unique and precious--'power of acceptance'--as one more invaluable tool to attract that 'special other' to where you now abide. Your own warm loving Soulmate--or Twin Ray--calls! Will you hear and accept that divine call? Let it--then--so BE...

I acknowledge it with you.
Chapter 23

The Power of Expectation

When you expect to taste something good, like being served a piece of chocolate cheesecake--or a special delicacy that you really love--the saliva juices in your mouth begin to flow even before you take your first taste or bite of it. *Expectation* of something wonderful in our life can--and often does--greatly speed on the manifestation of what we expect--into our hands--or, whom we expect--by our side.

The power of *expectation* is directly connected to what we want, desire, love, hate or what we fear. Through our master power of free choice, love, hate--or whatever we fear--can be accepted--or denied--or joyfully or fearfully *expected*.

If you accept and feed your attention to and fully expect a fearful idea or thought, to grow out of control--it certainly can and--most likely will. In fact, it may eventually manifest as a frightful real 'monster challenge' that your ill-chosen expectation has helped to manifest. You drew it to your side. Your personal highly emotional *state of expectation* gave it added life and attracted it to you. I personally knew a successful, beautiful Avon distributor who feared being killed by the Los Angeles "serial" killer constantly reported in the news media. She sold her very beautiful home in the classy Mt. Olympus area and moved to Dallas, because she was so fearful. She bought a big new palatial home in Dallas, and a few months later, her body was found lifeless at a Dallas Shopping Mall. Her great fear followed her to Dallas where another "killer" arrived and fulfilled her great fear.

Like attracts like. There are no accidents--and there are --no victims. The victim is often the most powerful "player" as the Law of Attraction draws what is "asked for"—simply by excess attention to "whatever" fate--that results in the eventual Universal balance restored between what is offered --by the 'victimizer'--and what is received, by the "victim."

Fortunately, our *expectation* can help us empower all of the
good or godly things, persons, or events in our life, as well. So expect your living-dream Soulmate or Twin Ray--to arrive in your 'space'--at any moment, with all of the excitement, joy and uplifted feeling you can muster.

You can expect him or her to be exactly like you hoped--or longed for--him or her to be. Expect the best and you will have personally created a wide-open doorway for your own much anticipated and welcome Soulmate--or Twin Ray to walk through--at any wonderful moment.

I expect you will be using your power of expectation often to help you manifest your beloved Soulmate--or Twin Ray. Do so--day and night--until he or she, appears. Expect too soon see his or her radiant presence brighten and uplift your own daily and nightly life.

Your genuine expectation is your golden key that opens all the doors, to--that grand miracle you so deeply desire--the exciting, physical appearance of your very own, unique, very attractive Soulmate--or Twin Ray--standing, seated, or lying relaxed and manifest before and with you--joyously now here, in your world--soon.

Expect it now. And, so be it.
Chapter 24

The Power of Joy

It is no accident that in compiling my today's edition of my daily Michael Worldwide Newsletter, it contained a timely HeavenLetter message--directly from God to Gloria Woodruff--about the need to bring more joy into "our lives" on Earth.

Synchronicity is absolute assurance--and a true, clear sign from God--that we are on the right track! So let's first begin to explore the high vibration of "joy" with this so timely message--from God--to his most beloved, personally conscripted, dear, messenger, Gloria.

(Clip)

Posted in my March 2, 2006 Michael Worldwide Newsletter

HEAVEN #1942  Give Yourself Joy  February 28, 2006

God said:

Keep coming back to what gives you joy inside. Maybe your paid job consists of moving a lever, and that does not give you joy. You have to move the lever, and yet it is not your joy. Perhaps writing poetry is your joy, or reading is. Or dance. Or painting. Or numbers. Or computer programs.

Consider that you are your own child. Give your child the treats that make it happy. Happiness is not incidental. It is not something to overlook. It is essential, and you have the responsibility of providing yourself with happiness. You can’t wait for happiness to descend on you. Wrest it from the universe, beloveds.

Life may not allow you to read and write poetry all day. Can you not for an hour? You say you are too tired? Doing what fills your heart with joy will take away your tiredness. You say
you have no time? Yet, notice, you have time enough to tell yourself that you are not happy. Perhaps you sit idly in space watching a TV program that passes time and yet which does not bring you joy.

And even when you are pushing and pulling the lever that is not joyful for you, you can remember poetry and the joy it gives you.

That which does not give you joy may also serve a great purpose. It puts food on your table. It makes you get somewhere at certain times. Know you have great privilege to do the work you do whether you love it or not. Treat unenjoyable work kindly. It is not out to get you. Those who have professions that give them great joy, their work may not give them great joy every moment. They also have to do a certain amount of lever pulling that is not joy for them either. They too have to serve themselves generously.

Why would you deny yourself that which gives you joy when you can give yourself moments of it? You know I do not say that your happiness is dependent upon what goes on in your life, but I also do not say that you cannot provide yourself with happiness. I do not count abstinence from joy more worthy than joy itself. Absence of joy is equated with suffering. No, I do not want you to spend your time away from joy. Do you say non-joy builds your character? Never mind. You may think that denial, pain and complaining build character. Are you sure?

But even if they do, what gives joy gives love, and there is nothing like love, beloveds. If you feel you must build character, then build it with joy. When you are in joy, you are not thinking about yourself. You are in joy. When you are in joy, you radiate joy. The more joy you have, the more joy you give. That will build character radiantly.

Sternness is not to be equated with character.

It is not necessary for you to bring sternness into your life. Enough enters in on its own. Some teachers are stern. Some parents are stern. But be not stern to yourself. Be loving instead. Love does not cater. It does not dote. It does not spoil
anyone. Consider love and joy light. The more light you bring into your life, the more light you give. You have a responsibility to yourself and to Me to render yourself happy. Do not wait for happiness, beloveds. Douse yourself with it. Will you not accept the true joy I have reserved for you?

Gloria Wandroff, Overseer
The Godwriting™ International Society of Heaven Ministries.

=end of clip=

See Gloria Woodruff contact info in Appendix of this volume.

God is love...and all of Creation--including all of us within Creation--was created from pure, God love. And the highest vibration--a facet of love--that any human Being can feel, is joy.

Joy as--God has emphasized--has a power of its own.

All joy you feel radiates out from your being as bright brilliant rays of light. Joy--not only 'lights up' your own being, that joyful radiation of light--reaches out and touches all those--in your world--around you. Joy can and does reach out easily to also touch the being of your Soulmate or Twin Ray.

Thus by feeling and expressing your joy in life you become a greater and more powerful magnetic point or source that helps draw your 'special someone' to you.

Be a joyful free-spirited Soulmate--or Twin Ray--magnet.

As you know--first hand--it is a joy to be with--or near--anyone who exudes a steady stream of joy throughout their radiant personal presence. All of us want to be near that person--and bask in their warm, loving state of joy--and usually, as long as possible.

So please note, add--and use--the power of joy to draw your Soulmate--or Twin Ray--to you. Light up your world and his
or her world, daily--with your shining, endless beaming rays of more and more and more genuine, heart-felt, mind-felt, newly found, new-held joy.

Feel joy. Be joy. I too now hold you in the joy of my own soul being. We are One--in endless love--and infinite joy.

It is so....
Chapter 25

The Power Of Your Spoken Word

We already know that the focused power of thought and feeling is stupendous. Once we conceive a good idea--or a desire--that idea must begin its trek--from the highly vibrating ethereal Cosmic Light Substance state--to a very low, 3-D vibration. It also must manifest through its creator. It cannot come through another. You are both--the same one divine sender--and same one receiver, of any thought, feeling, and action or--any sense of being--you create and perceive.

Both your spoken and--written word--are very effective methods of "grounding" or anchoring a concept into our low, vibratory Earthly third-dimension. Your ideas soon takes on an adequate--and suitable--world form that best serves your intent and purpose within and behind your words. We will address the great value of your written word in the next chapter.

Once the idea of a Soulmate or Twin Ray--sharing his or her life with us on Earth--is conceived, acknowledged and accepted; that desire--depending on the feel or fervor of the self-empowerment we give to it--can then begin to make a full free-fall descent into our seeming solid or dense material reality.

The thought itself has its own mighty powerful immediate 'call'--or pull or draw--for your Soulmate or Twin Ray to 'step out' of his or her reality--and literally 'step in'--to an extremely, well-pleasing, side-by-side physical reality juxtaposition with you.

The entire whole universe is now affected by your desire. It must now rearrange your old setting--the old 'picture' held in mass human consciousness on Earth--to a new picture of your imminent, joy-filled meeting and merger with your 'special someone'. You can call out or speak mentally for him or her to come to your side, and--when you call out, speaking vocally to your beloved Soulmate or Twin Ray--that new image must--at a mental dimension--now descend and be present.
in your 3-Dimensional world--where you stand--or where you abide.

This now makes a clearer, much sharper focus--for the Universe--in terms of altering your present 'placement' and relativity to your dear special other. Thus the universe with your aid is now more empowered to see and know which of all the many intricate timely and spatial 'moves' it must make--or shift into--in order to fully assure that your grand new desire becomes manifest in your world.

In a sense, you can conceive of the universe being--much like your brain--somewhat of a computer. It now accepts the new software--programmed into it--from you, and processes it immediately. In this situation, the Universe is a true alive computer that can shape-shift--any, or all of our mass 3-D reality--in order to exactly rearrange the 'new picture'--just programmed by your spoken word--to attain solidification, as a wonderful, true and fulfilling person or event, in your new life.

Through eons of experience most sages and seers have known--within their small tightly woven circles--that spoken decrees are 'fiats of power' that can strongly ground, enhance and 'speed up' manifestations of their desires. Human history is replete with well-recorded, mighty miracles sacred sages have been reported to privately or publicly perform.

We are at a point now where this needed, hidden sacred knowledge has 'surfaced.' As 'end times' draws near--to our duality cycle reality in 3-D--most, or all of us, will become very adept at "calling forth" and manifesting our constructive and heart-felt commands. Co-Creators may demand or compel --by personal un-spoken or spoken decrees--that our Living Abundant Universe--that is so loving, pliable, eager and willing --fulfill all our many good (God) constructive, light-filled desires.

"Ask and it is given," Jesus said. The Master Jesus knew used Universal Law often. You can do it, also. You embodied in human form to fill your days and nights--on Earth--with a steady flow of constant, joyful, self-created seeming miracles.
So call it forth. Speak it out. Be quiet. Find a solitary place—wherever you abide, or be—and talk lovingly and very sincerely from your heart—to the heart of your Soulmate—or Twin Ray. Tell him or her you are ready and eager to be in his or her bright and loving, caring and sharing, bodily presence. See it. Feel it and expect it—and—it is so. So be it.
Chapter 26

The Power of Your Written Word

You launched your pleasing thought of being with your Soulmate or Twin Ray into the ethers with the mighty 'power of thought'. Now your spoken word has further empowered or solidified this wonderful idea and has further enhanced your ability to draw your Soulmate--or Twin Ray--to you.

Now add your written word. It will further 'ground' or anchor your heart-felt desire. There is a natural great power of focus flowing through written words. This is due to the fact that you are using a faculty and factor of your physical body in the physical three-dimensional world we live in. All this helps to conclude the 1, 2, and 3 descending steps of the lighted pathway of your idea, down, down, down, into your own dense 3-D sweet physical plane reality.

A "want" arose in your mental body 1) where this thought was birthed into your world, 2) by "speaking it forth" you brought your emotional body into the 'picture' as you felt and expressed your feeling of a future lover and a desire to be with your Soulmate--or Twin Ray--3) you helped "ground" your loving desire the moment you expressed it through the "writing hand" of your physical body.

Hands give or receive. We write with our hands; also our blessed hands were formed by God as adept divine instruments enabling us each to be able to reach out and give abundance to others or to gratefully receive abundance from--anyone or anywhere--at a physical plane level.

Our two hands are the most sensitive instruments of our human body's "power of expression" or communication.

Whether you write--or type, or speak in sign language with your hands--it communicates a message directly from you to the recipient or--can be read by--an observer. Our vast universe is always ready--or 'at go'--to re-arrange your old picture of
reality to any new picture preferred by you. It is always
looking, listening and seeing, so writing your desire offers
additional prompting or a 'louder'--more specific and more
pronounce--signal of exactly what you desire.

When you "put it in writing", the universe knows you must
now 'mean business.' It's more empowered to do what it knows
is possible to find and show one of you a time line--or a
window or doorway in space--where you can see your "special
other"--and step through--to greet each other warmly, holding--
that great inner calm and keen outer excitement--both of you
will know and feel when you meet..

In the time-and-again, ins, outs, forwards, backwards, ups
and downs of my passionate engagements within many key life
dramas--since my death experience at 18--I quickly
learned of
and used the great power of 'putting it in writing' to obtain my
own seeming impossible goals.

As revealed in one of my now out of print published books,
$ucce$$ Formula,' there was a period of several years during
my life--as a struggling songwriter--when I literally barely
just 'eked out' my life existence, from a day-to-day basis.

What kept me alive and moving toward my do or die goal
of composing a big recorded 'hit' song, was my sporadic 2 or 3-
hour "house moving" jobs, carrying heavy furniture,
refrigerators, couches, etc. up and down stairs. I earned
a "mere pittance," but it kept me alive in a very tiny room with
only a small single-size bed--and one old chair--as my only two
pieces of furniture. My sporadic small pay barely left enough
after rent, to buy food to keep me alive. I was also obviously
lacking any kind of a fulfilling "social" life.

Fortunately, Jerry-- a mutual starving good friend who "broke
free"--appeared to explain these same basic steps of how to
manifest what I really desired. From Jerry, I learned that a key
thing--after once knowing what you wanted--was to write down
in 1, 2, 3--order of importance--all the things you really deeply
desired.

Jerry advised me to re-read that list with feeling, and to hold
a clear, and as vivid as possible of an image of what I wanted appearing in my life. He repeated, it was okay to put a time limit on when I wanted my desire to manifest, but only if I believed--in my mind or heart--that it "could" be possible, in the desired time.

I wrote my list as Jerry watched silently. He then asked to see my list for a moment, so I handed it to him. He glanced and immediately said I was doing it wrong. I stared back at Jerry in disbelief, but asked him how it was possible for me to be wrong when I was writing down my step, by step path toward wealth and abundance. He grinned and said--instead of using the old work and struggle ethic of action--to use my mind, to think of what I wanted more than anything else did and put it first, at the very top of my list, followed by further very strong and clear but lesser and lesser desires. Jerry's advice rang an almost instant bell. I pondered, wondering what I wanted most of all?

BINGO! First, my father died when I was age 2, and I was raised with 5 brothers and sisters in a loving, but very 'dirt poor' family--never having a "home of our own"--so my biggest and immediate strongest desire--was to have a home of my own!

Second, since former days as a pro basketball player, I had never been become a 'pro' at anything, so I wanted some kind of a career job with an income that really paid well.

Third, having been without a transportation vehicle of my own for several years, I wrote down that I wanted to be able to soon own and be driving a sleek big Cadillac.

So following Jerry's tips, I grabbed a blank sheet of paper and rewrote my list. As promised to Jerry, I read--and said with feeling and strong expectation, daily and nightly--that within 6 months, all these seeming almost impossible, but so strongly felt desires would manifest before me as a happy living-dream reality.

The first three items that I listed were easy. They came to mind--in a flow--but I struggled on 'thinking up' a long list of my many other "desires" for quite some time. It included being
a published and recorded hit songwriter—which was surprisingly—not number 4, but way down on my very long list. That desire had become "partially true" many years earlier, as revealed in my autobiography. The "hit the jackpot" big-recorded song hit has not occurred, to date.

In brief--6 months later--number, 1, 2, and 3 on my list literally became my vividly exciting, dream-reality, exactly as I had fervently decreed, written, and steadily visualized and expected daily and nightly!

1) I was literally 'gifted' my very first "home of my own" on my sixth month in real estate! It was a dream come true.

2) I had a learned a profession--real estate--that paid me what I felt deep down I was worth. I was the #1 seller in each real estate office--on my first month and every month after--during my entire real estate career--in 3 successive, different higher paying--Realtor Offices.

3) And like most Succe$$ful real estate sales persons, less than 6 months later, I proudly owned a sleek shining new Cadillac of my own. What a rush! Looking back, yes it was indeed a highly materialistic desire, but it was exactly what I wanted and what I needed to fulfill the deep 'want' in my soul then...

Guess what! Number 1, 2 and 3 on my list--that came from my longing heart--were the only three desires that THEN manifested. All my other "wants" had no actual true substance or real feeling and had soon quickly vanished into the ethers. I was also having too much fun experiencing the first three manifested desires, and my further expansion from there to a new career in lecturing and book writing

Hopefully, you got the point. When you feel it and write down any deep desire--of your heart--and keep your daily attention and focus on manifesting it soon in your life, the universe will find whatever 'ways and means' it takes to make whatever your heart-felt desire craves with deep, longing passion. Use this additional tool to summon your Soulmate--or Twin Ray--into your own joyful dream-reality.
First, stop and know what you want it so much, that you can taste it. Among other suggested tools, be sure to put it in writing! I truly hope your sweetest and wildest, best dreams come true. So be it.

Please, let me know about it (grin). You will know where to contact me--as posted--in the Appendix of this book.

Do it.
Chapter 27

The Power of Telepathy

The Aborigines and other primitive tribes of the world use and have used telepathy as a very real form of conscious communication--one to another--for long ages. Scientists have long ago tested and found that telepathy is very real and that not only are some individuals outstanding in their telepathic abilities--but in fact--everyone has an innate natural telepathic ability.

The art of telepathic communication can also be cultivated. Even before my death experience at age 18, I had already found that I could send a telepathic message to someone and from time to time, I would see proof of definite telepathic reception on his or her part...

Edgar Cayce, the famed Sleeping Prophet from Virginia Beach, Virginia in the recorded volumes of his 'readings'--stored at the Association of Research (A.R.E) in Virginia Beach--often told of his experiments with telepathy. In one of his many specific readings on telepathy, Edgar said he had simply stared at the head of someone passing by his office window--located on a street where many people walked by--and mentally asked that person to stop and come in to his office and talk to him.

Instantly, this obviously sensitive person--who was a total stranger to him--stopped. He looked around behind him and then pivoted and made a straight beeline for Edgar's office toward Edgar's door. A moment later, he opened the door and walked in. He looked around the office and seeming to be wondering why he was there. He then spotted Edgar Cayce sitting behind his desk, and with a somewhat puzzled look, "blurted out" he did not know why he was there. He apologized, saying he just had a sudden feeling to stop, and to walk into Edgar's office.

Cayce said he greeted the individual warmly. He then explained he had conducted a telepathic experiment to see if he
could get the attention of a perfect stranger, and he had indeed
mentally asked him to stop--and to come into his office. Edgar
explained also apologized if his telepathic intrusion had caused
any alarm or stressful anxiety to the stranger: He admitted how
amazed he himself was at the astounding "instant success" of
his experiment.

If I recall, no harm was done and this stranger became a
close friend over the years that followed. Me also being a
person who likes to experiment out of curiosity, I set aside
several free hours one early morning to experiment if I could
manifest "found money--in a 'finders' keepers' situation--where
no one else would be around to claim it.

This was in the early 1940's. I walked alongside the then
pristine pure sand and pristine pure waters of Lake Michigan
glancing about here and there with high expectation to see a
small pile of change or bills somewhere within the next free
hour or two of "beach combing."

After a couple of hours of deep focus on me finding money--
at the very moment that I stopped and relaxed--I found it! I
stepped into what was then the Tip Top Cafe restaurant--on
Silver Beach in St. Joseph Michigan--and ordered a cup of
coffee at the counter. Suddenly I had to speed to the toilet and
evacuate my bowels, which I did with a sudden rush. I told the
waitress not to take my cup away, since I would be right back
from the toilets in minutes.

After a quick evacuation, I was pulling up my trousers as I
glanced at the floor. I FROZE. There lay a crisp $20 bill. In the
1940's a $20 bill was easily worth $200--or more--today! I
pocketed the $20 bill with great glee, knowing my
experiment was a dramatic success!

Another time, years later when--residing in Virginia
Beach, Virginia--while strolling down the famous long
'Boardwalk' beside the golden sands of the beach--I did another
experiment. I love experiments. I was inspired to see if I could
INSTANTLY manifest a recently met specific person before
my closed eyes--AND I DID.
Before going to the specific bench that I decided to use for the experiment, I formed the deep desire that this lady—who I had met while walking on the boardwalk about two weeks previously—a lovely female that I had not seen since then, would be perfect for the experiment I wished to conduct.

In my mind, I pre-set the scene. She would arrive a few moments after I arrived and sat down at the bench, as I sat with my eyes shut tight in meditation. I would expect her to appear—and when she did appear—I would put these exact four words in her mind. She would say, "Michael, is that you?"

To make sure the experiment was honest and true, when I got to the bench, before I sat down and closed my eyes, I looked both ways up and down the boardwalk and toward the sandy beach rolling white waves of the Atlantic Ocean before me. No one person was in sight.

So I sat down, relaxed and went into a deep contemplative inner posture. I assured myself that she would appear "out of nowhere," so to speak, and she would see and recognize me meditating there and would "call out" to me, using the exact words I held in my mind, "Michael is that you?"

And whether you are able to believe me—or choose to believe me, or not, its true. I sat silently and had held a calm, silent contemplation—for less than five minutes when to my utter profound delight—I heard footsteps softly approach and stop before me. My heart and soul "leaped" as I heard her sweet voice. It rang like a bell in my heart, "Michael, is that you?"

With a wide smile on my face, I opened my eyes and greeted her warmly. I told her with a grin, I had set up an experiment to see if I could call her to me. I told her I had requested that she would say the exact 4 words—she had just said to me—at her seeming miraculous greeting.

She was definitely a 'kindred spirit' who understood. I was more than pleased—that of the million or so population in and around Virginia Beach, Virginia—I had selected her as the person to fulfill my experiment. We engaged in an hour two of
friendly chat and some 'soul talk' and then parted our ways. As you can guess, this experiment--which I will never forget--proved our natural power of telepathic communication to me, beyond the slightest shadow of a doubt.

So I know from my own experiments that instant manifestations are possible if you prepare yourself well enough and are able to "see and feel 'the end' before "the beginning!" Stepping further back in time, after having read of Edgar Cayce's many telepathic experiment stories, it inspired me to try my own variation of his experiment.

It was a lazy kind of an afternoon and I felt 'primed' and ready to conduct an experiment similar to what Edgar Cayce had done. I went to a coffee shop that was fairly crowded and sat down and ordered a Pepsi and sipped my soft drink slowly and when "centered" I looked all around me and saw a table about ten yards from where I sat. There were about 7 or 8 people--most younger than my age. I saw that one of the young girls, a brunette with long hair--at that table--had her back to me. I decided instantly that she would be my 'target' for my experiment.

As Edgar Cayce had proved to himself, I wanted to also see if I could use telepathy to compel this brunette, a stranger to get up from her table, walk over to my table, and sit down before me. I was a complete stranger to her! So I relaxed and began focusing steadily at the back of her head, beaming this mental thought, directed toward her Being.

In probably less than 10 seconds, I noticed that she was turning her head--from one side to the next--no longer fixed on the discussions going on at her table. I felt certain that she was feeling my telepathic thought, so I kept on focusing on the back of her head. I repeated the mental "directive" in my mind for her to stand up, turn and walk straight over to my table and be seated facing me!

Another minute or two passed and it was obvious that she was being affected by my intense focus and repetition of that thought and directive. She twisted in her chair and suddenly swung her gaze toward my table and she caught my eye.
Almost simultaneously, she arose to her feet, turned her back to the table--where she had been sitting with her friends--and walked directly to me. She sat down in the specified chair before me and explained that she did not know why, but she just has a very strong feeling that she wanted to come over, sit down and talk to me.

I grinned widely, and told and thanked her for coming over. I looked straight into her yes and told her that I had just been conducting an experiment. I said that I had focused on the back of her head and had asked her to come and sit at my table in the very chair she was sitting in....

She shrieked with delight and told me breathlessly she believed in 'those things' and was so glad I had picked her for my experiment. We became instant new friends. As the time passed, she said that she needed a ride home--at the other side of the city, wondering if I could take her there!

I knew this was instant "karma* or a balancing of the scales. I agreed to give her lift to home her house without hesitation. She had answered my request, so it was certainly a good balancing of the scales for me to answer her request....

I have only shared a small part of my many personal uses of telepathy with you. In turn, I hope you know and feel that you too can use your very own innate telepathic powers to communicate, mind-to-mind with your soon arriving Soulmate or Twin Ray. You 'beef up" the draw power when you conduct heart-to-heart telepathic talks or mental communications with him or her. It's how you 'turn up the heat' fast. So let's step "fast forward" now to Chapter 28 and have--a warm heart-to-heart talk with each other--first.
Chapter 28

The Power of a Heart-to-Heart Communication

First, as just stated, let's you and I talk heart-to-heart.

Let's leave mind and ego offstage while the heart of you and the heart of me now take center stage. I know in my heart that you were drawn to obtain and read this book because your heart is responding--to your own or--to your Soulmate or Twin Ray's call. As I soon will expand on--far more, in Chapter 34 of this volume--Soulmates and Twin Rays are leading the rest of our sleeping, yet unawakened souls into our imminent, final human Golden Age on Earth.

In your heart, you know more than your observing mind cannot yet know. A heart-to-heart talk between any two souls produces bright new worlds of love and magic. It is rare that the minds of two or more unascended or unawakened human individuals can meet, and be in genuine perfect accord, with one another. Our minds have been wrongly programmed by others--who sought to hold control over us all--or by our own wrong foundational thoughts, that divide us more than unite us.

On the other hand, communications made between all human souls at a heart-to-heart level are understood, even if no words are verbalized between them. Our active mind thinks, but our heart knows!

Practice setting aside a few minutes of time--several times daily--or be in your inner solitude and silence, before going to sleep, and then speak from deep within your heart to your Soulmate or Twin Ray. He or she longs to be holding your hand and sharing precious life moments with you, just as much as you yearn for his or her radiant presence. You can thus hasten the manifestation of your meeting soon, greatly.

Telepathy and vibrational rapport--between one or more individuals--is an undisputed fact. When you are presented with any information or have a question about anything, listen to your heart--not to your mind--and you will 'feel' or hear a
perfect answer. The answer will be so clear that even though your doubting mind objects--and wants you to follow the logic of the 'world'--you will respond according to your own true heart's wisdom and known deep desires.

Isn't it more 'logical' to come and go from a 'place' of knowing, rather than thinking or believing? When you think, it is just a thought. Any thought can easily be in error. When you believe, it is just a belief, and there are more "of them "around--than the billions of people on earth --and about almost any subject or object imagined or "real."

When you know you know. And your absolute knowing must absolutely manifest what you know. Your heart always knows. Thus, each warm, loving telepathic heart-to-heart you establish and carry on with your Soulmate or Twin Ray is another step--and may possibly be close to the last step--to that wonderful day or night, when he or she--at last, --appears before your delighted heart, body and mind. So be it.
Chapter 29

The Power of a Gratitude Attitude

An interesting point to now ponder is that attitude and altitude have quite a similar meaning in reference to your own personal perspective. Altitude is a physical thing and signifies how high or low you are above sea level or objects while attitude is a subjective or spiritual thing.

At your personality--or soul level--the higher your attitude the kinder and more loving--and open minded--and allowing you will have become....

When you have a 'bad attitude" you repulse anyone who interacts with you. Conversely, when you have a 'good' attitude you attract people to you. It is obvious when you are allowing, non-judgmental, or think, feel and act in a positive way, that is pure power in itself.

Now, when you combine a good attitude with gratitude your increase in self-empowerment simply expands at an enormous exponential rate. Being thankful for every gift of life, from the daily beat of each heartbeat, for each new breath of life, or feelings, we feel will also "do wonders" for your personal mental, emotional and physical Well Being.

A gratitude attitude literally helps to keep your physical body and being in a healthy alkaline state, rather than a very stressful acid condition--which invites illness--that leads to body pain--or early death--of your precious human body.

On the other hand, no mental, emotional or physical illness or disease can survive or continue existence in a healthful pH alkaline body level state.

One of the greatest exponents of a gratitude attitude is Analee Skarin who ascended her physical body during our modern era a few decades ago. If you have access to a computer and the Internet, be sure to 'look up' the various
mysterious accounts of her bodily ascension. "Ye Are Gods" is the title of one of her classic book series, a favorite of mine that I read and re-read often.

Analee Skarin repeatedly emphasized in the several light-filled books that she "wrote"--and which she had 'materialized' out of thin air into physical reality--that she had been able to ascend her physically body only because of her consciously practiced, moment-to-moment, and her steadfast day-by-day gratitude attitude.

Her series of astounding book manuscripts--'written' after her ascension--all mysteriously appeared on the desk of her book publisher, Mr. Warren Peattie--at night --through locked doors. All of this was verified--to me personally--by her DeVorss & Company book publisher, Mr. Peattie--a splendid, trustworthy, gentle man of 'the old school'--who I had met--and who I did some important and successful book business with personally--in the 70's....

God gave us this grand gift of life. When we give gratitude back to God personally--or to the God present within others-- it uplifts and empowers us, and enables us to receive even greater and greater gifts. A true thankful spirit will help you fulfill your desire for a Soulmate. Ponder it. There is so much to be grateful for, each moment--hour or day--we are humanly embodied on Earth.

Life is priceless and precious beyond word, thought or human feeling! Being alive--and aware--in a sentient way is your--and my--sacred and eternal individual "I AM" gift from God beyond measure. Its pure wisdom to feel grateful for every thought, feeling, action and event, without judgment. What "appears bad" or a terrible calamity from the 'big picture'--the whole perspective of life--may BE, in your future retrospect--the very best thing that could ever have "happened" to you--or to me--or to others.

Remember, there are no accidents. There is no death. There is only the shedding of the old physical form and the God-gift of a magnificent newly born human body. We in individual bodies, come and go. That also includes entire sentient civilizations--wherever they abide, or in whatever individual
size or form--within this, our endlessly magnificent and beautiful God-gifted Co-Creation--that ever is--infinite and eternal. I Am grateful. I give deep heart-felt thanks!

You can now help your Soulmate--or Twin Ray--tune in to you--and to your specific location on Earth--if you will simply envision and feel grateful--now, at this moment--that he or she will be hugging you so tightly and lovingly soon.

I suggest that you "take or make" your time to consciously develop a daily, on-going, gratitude attitude--like dear Analee Skarin succeeded in doing. This will increase the speed and the ease of whatever you desire to manifest swiftly.

This most definitely will include speeding your Soulmate--or Twin Ray--into your now out-stretched, warmly welcoming arms. Keep that nice smile on your face. I know your Soulmate will greatly appreciate it. So be it. ...P.S., I like it too!
Chapter 30

The Almighty Power Point of NOW

"Think it through" as one of my early gigantic spiritual mentors, Manley P. Hall, a giant--literally in both body and soul--would state often, in his superb, weekly spiritual discourses. Each and all of the many experiences--or faces of life--we or anyone else wears--or sees--are only true and 'real'--here--in our immediate now. Neither the past moments nor the future moments can--or do--exist in the immediate 'power point' of now.

Now is the point of all power. It is your point of power.

The past is gone forever. Nothing or--no one physical--will ever change it. Our inevitable future has no true life substance--except, what we place into the--now, at this very now moment, which then pulses or unfolds into an other consciously experienced mighty power point, again freshly lived in the "anew" and forever known as NOW.

This moment--right now--you are different than you were a moment ago. The entire universe--we live in--has changed from what you imagine was your past, and--is a whole universe different--than it was a moment ago. A single thought or feeling by any God-part of Creation shifts and alters all of Creation in then new now By law of the Eternal Now the old is left behind, non-existent, or "dead and buried."

Let's now take a light-hearted look at what our one God states about the NOW, in the timely --pun intended--2 clips of the current over 2100 HeavenLetter messages, that Gloria Wendroff has already received telepathically, directly from God, on a constant daily basis.

(clip 1)

HeavenLetter # 1842
God Speaks:

"What are you waiting for, beloveds? Another day? The day is here. I have set this day before you. Entertain it.

Today is the platform you stand on. You walk on a bridge. It is the bridge of yourself. You are the one who goes across it. The bridge cannot go anywhere, but you can. You can find what is on the other side. First, you must get up and walk. The bridge cannot carry you unless you walk on it.

Be your own incentive. Have you perhaps been playing a waiting game? Have you been sitting in a waiting room, waiting for life? Life is here now, beloveds, and it is for you to partake of. It is My offering to you. It is My gift to you. I am blessing you with it.

Never mind all the offerings you make to Me. All the candles and pledges are nothing next to your enjoyment of today. Offer Me your enjoyment. Offer Me your smile. Offer Me a kindness you extend to yourself or to another. Make someone else smile, and your offering will go high on My altar.

As for your complaints, they have been repeated enough. The Age of Reason and its offspring, the Age of Complaint, are over. The Age of Love has risen. You live in this age. Information age is a misnomer. You live in the Age of Love, and love is what you are to leave to the heirs of life on Earth.

Think of it! You live in the Age of Love on Earth. You are a bequeather of love. Enjoy your life. Make it joy, and love will simply follow. Your destiny is today."

(end of clip 1)

(clip 2)

God said:
"Today you are graduating to a new level of existence.

Graduating is a term to express what has already happened. You are graduated. Today We acknowledge it. You know you are not the same person you were last year or last month. Know now that you graduate every day. Every day you step higher. Regardless of how it may seem to you, every day you are at a new height.

It is like reading a page of a book. You read it, and now you turn the page. Each day of your life is a page turned. We end the comparison there, because in life, unlike in a book, you are not to return to a former page, not even the last one. You are simply to be on a new page. You are on a new page.

Swiftly the pages unfold, and a whole life is written. Your life is written. And your life is fascinating, and it certainly has you fascinated. It is one of the most interesting things you know. Life has a way about it, and there is always more. How many people and how many days, and each day is new for all. Today is a new page in your book.

You are not intended to be a collector of your life. You are not meant to take notes on it, to cross-reference or underline. You are simply meant to live it unfettered from the page before.

Consider your life more like a loose-leaf binder. Every day the page written on floats away. Only blank pages appear. Swiftly pages fill up, and swiftly they float away.

It is not meant for you to put stones on your pages to keep them from being blown away. You are to let the pages go. They had their day. Now it’s a new day’s turn.

Or life is like a water wheel that keeps revolving. The water wheel keeps turning and never minds where it splashed last. It is splashing now. And you are alive now, and this is life you are living.

Life is lived. It is not thought. It is not remembered. It is not foretold. It is lived. Be awake to today. Do that every day. If you are on a boat on the Mississippi River, you may dock your boat every night, but, in the morning, you start off again. You
do not calculate what water is under your boat. You merely sail on it. When you come to a bend, you cross it. The shore is your guideline. And so it is you ride on life as if it were a river. And so you paddle with your oars.

Life cannot be held. It is not to be frozen over. It is not meant to stand still. It is meant to keep going. It is parcelled out in days, and yet it never ceases. Sleep is a seeming stopover. As you rest, life keeps setting out anew. Life acknowledges you, but it doesn’t stop for you. Rather, it pulls you with it.

You cannot catch life, and yet it has you in its thrall. Life carries you along. You are not the instituter of it, rather you engage in it. You are a marathon swimmer in life. You cross the English Channel. You cross the whole universe, jump from star to star, and moon to moon. Life does not stay still for you. Life takes you with it.

And so you graduate each day. Each day is just a temporary marker. Your life is one continuum, and it is mighty. You are soaring.”

( end of clip )

I hope that you too are enjoying the reading of these divine HeavenLetters as much as I do. Each new, daily, love-filled, light-filled God letter brims over with unique enlightenment and is so uplifting to readers. As you have now just read for yourself, God makes the very same point to us--as I have--in many ways.

Live and love in this mighty point of power NOW.

In view of your heart-felt objective, to see, feel and be with your Soulmate--or Twin Ray--in your future, now. Be THERE now! Be there now in your pre-ordering or pre-ordaining of this ecstatic event.

Each single consciously focused heart-filled moment of your expanding being--in the immediate now--sets that firm foundation stone--through your immediate thoughts, feelings and actions--that moves your soul, mind and body, step-by-
step--from a relative point of here--to a new stepping-stone, or relative point of--there--in your infinite 'power point' of the Eternal Now.

Your mighty point of power is now. The stronger and the longer you hold a clear image--of viewing your daily life with your Soulmate or Twin Ray, in that almighty new power point of NOW--the more manifest--or concrete--your joyful--now mightily empowered vision--becomes.

May your all-encompassing dream-of-dreams solidify into a sudden breathless, exhilarating, heart-pounding three-dimensional manifestation--for you then--at any new brightly shining moment, now. So be it.
Part Three

Soulmates & Twin Rays Anchor
Our Golden Age on Earth
Chapter 31
The Godly Way of Life

Because of God's beloved gift of free will choice, you and I are freely allowed to choose negative or positive personal responses and actions--when faced with any person, place--or event. We can descend deeper into the heaviness of physical mass duality by choosing unkind, fearful and violent, even murderous life styles if we wish--thus losing sight of God's light within the deep core of our human being--or we can choose to serve and honor the living divine God within us and within all others.

God does not and will not ever judge whatever human choice, you or I freely--choose to make--in 3-D duality. God has established Laws of Creation that allow and show the eventual way for all of us, his physical Angel Children to see or find and follow the Light. As I said often earlier, there are no accidents. We each and all are forever meeting those very same--highly functional or lowly dysfunctional--thoughts, feelings, words and action we chose to express.

God does not judge any one of us--no matter--whether we choose to live an unGodly life, or not. God loves our very unique individual God-fragments--the Mighty "I AM" identity that is yourself or myself--and all other such with complete unconditional love. When--or if--that God-part within yourself, myself--or infinite others, chooses the unGodly DARK, rather than the Godly LIGHT; God always knows that every single God-child will eventually--and each at his or her own pace and time--will finally choose the Godly way. We then--each and all--quickly mature into a greater and greater Being of Light, Love and Power.

We each and all--have all eternity--to reach that high magnitude of critical mass Light within, when our now very human being self--by law--literally Ascends. Thus any one individual "I AM" Presence--along with his or her physical body--will one day lift--up and out--of the dark heaviness of our mass 3-D physical duality. However, this is a very special time on Earth.
when anyone who thus chooses, will get all the outer and the inner help--he or she needs--to achieve the grand goal of his or her physical body Ascension. No physical body death will need to be experienced by you or those who make this grand choice.

We were each and all created in the Image of our God. Creator. This means when--this cycle of duality ends--our individual human physical bodies will then arrive at their Ascension--each to have literally been transmuted, transfigured and transformed--into a pure living spiritual Light, Love and Power.

At that ultimate pinnacle, as Ascended Masters we each will hold complete and utter Mastery over lower 3-D physical dimensions, in accordance with Laws of Higher Nature in--through, and around--all of infinite, ever expanding Creation.

Why did God create our human world of duality in the very first place? One of the better answers--I have found to that question--is stated in the brief, informative clip below--by God personally, to Neale Donald Wals--in Neale's interesting, much enlightening, long-time bestseller book--"Conversations With God" series - Book 1.

Remember--as you read this--that our One Creator God of this grand, vast Universe--we abide in--is a mighty God of Love!

*(clip)*

**Love Vs. Fear**

“God knew that for love to exist--and to know itself as pure love--its exact opposite had to exist as well. So God voluntarily created the great polarity--the absolute opposite of love--everything that love is not--that is now called fear. In the moment fear existed, love could exist as a thing that could be experienced.

*(end of clip)*

*Most of us have erroneously thought that "hate" was the*
opposite of the great light of "love" when in truth it is the dark pit of fear that is bright shining love's pure polar opposite.

Without contrast 3 dimensional reality could not exist.

In relativity, three elements must exist 1) that which is here. 2) that which is there--but also 3) that which is inclusive to that relative here and that relative there: love-fear, light-dark, up-down, right-left, forward-backward, inside-outside, hot-cold, day-night, etc. etc. etc. ad infinitum, forever and ever.

When we have chosen the Godly way of life and have reached Ascension--out of our 3-D duality--we naturally move up into a Light Body Being, abiding in a new triune of a 4th, 5th and 6th Dimensional reality. Hold no worry or concern as to how--or if, you and those you love, your family, friends and very own Soulmate or Twin Ray--will reach that vibratory state of physical body Ascension in time for--the already scheduled--very imminent Ascension of our beautiful, loving, nurturing Mother Earth... then to be universally identified and known as Terra.

Prior to the soon Ascension of Mother Earth--and us humanly prepared to Ascend with her--we each, and all need to make adjustments in our individual consciousness. Dear Mother Earth yearns for as many of us as possible to awaken in time. A clip lately transmitted telepathically to Carolyn Evers will throw more new "light of understanding" on what we are each and all are lovingly asked to do--in our personal preparation--for this magnificent event....

(clip)

Posted in my March 8, 2006 Michael Worldwide Newsletter

Allow Us the Time to Ascend

Gaia, Our Earth Mother

March 5, 2006

www.ArchangelMichaelsConclave.com
Mother Earth Speaks,

Thank you for giving me the opportunity to speak to my children and tell them of my struggles. I have come forth hoping that once you hear of the work that I must shoulder to clear problems that have been inflicted upon me, then in your goodness and heartfelt love you will help me in my work.

So you might say that this is a note to explain how I am interacting with humanity in their quest for ascending to the next higher level of existence, and also a plea for your help in allowing me to come forth in all of my brilliant glory to support the next adventure that this lifewave might make in the near future.

I was called forth out of nothingness. Archangel Michael came to this part of the cosmos at the request of this Solar Logos in complete understanding that this would be a new adventure for the two of us.

I, along with you, reveled in the sheer glory of being able to bring forth new life; new life in abundance. I searched in my records and found that the bringing forth of all of the diverse life-forms that I have supported caused great joy among all of the guardians who sheltered this planet as we were being brought forth to the hard physical components that you find here.

I wander among the many forms of rock, such as found in Yellowstone National Park, and the pools of heated water that come from the depths of my bosom, and I sing to the melody of the play that is spewed forth time and time again in the gushing waters that Park Rangers say you can set your watch to.

At Bridal Veil Falls in New York City, the tempo picks up to the waters that flow over the rocks there. When this falls was first sent forth in all of its glory, it was pristine and clear, and the spray was pure water cascading down to the rocks below. The sprites were joyful in their gaiety and played in the purity of the water. Now they have abandoned the site, because the water is polluted and devoid of all life, and it repulses them. The sound of thunder is still there as the water hits the
rocks and the spray of water can still cover you; electricity is
still being generated on the Canadian side, but my children who
used to play there are gone. You see, this water does not realize
that my playful children have abandoned it. The sun still
shines upon the waters, and the water swirls over rocks and
falls to the bottom, but it is lifeless except for the energy that
the sun captures in its spray.

Alas, I weep for the contamination of this beautiful spot. I use
this as an example, because you do not see the filth that has
been dumped into its waters from further upstream. All you
see is water, and it seems lively and you are mesmerized at the
speed at which it flows over the falls. You do not see that my
playful sprites are not there, but if you listened to the water,
you would feel its emptiness.

And so it is with humanity now. Your memory is too short to
realize that all of my waters, rocks, still pools, and lakes work
according to the blueprint and the plan that was given to us, but
the joy of discovery and the shelter of my little people within
the water’s protective embrace has been stripped of love.

You think that you understand me, but your memory is too
short and your feelings are too numbed to my resources. There
are far too few places where my messages are clear to you.
True, there are still places where my mountain streams are
pristine and the grass and flowers are allowed to multiply in all
of their glory and astounding color palate, but these areas are
shrinking quickly.

Even the ice caps at the North and South Poles are littered with
chemicals and gases that have settled from the exhausts of your
factories. The gases that your smokestacks spew hold
contaminants that have traveled around the world and finally
have fallen in a form, which your scientists call acid rain. This
dank, sticky, suffocating residue has dropped to areas where
there is no manufacturing, and it has literally killed the fish in
the streams and has destroyed the leaves and trunks of trees,
which have taken hundreds of years to grow.

I walk among such devastation and weep at the loss of my
creative life. I watch as your elected leaders vote to strip mine
what little clear land is left and give permission to drill for oil
in my pristine lands where I know that the habitat of caribou
and bear will be devastated and spills of oil will kill nearby
fish. Already you have seen that the loss of ice in the Polar
Regions is destroying my polar bears because they are
dependent on seal hunting through the ice, now they must
search for food among landmasses, trying to find fish and other
food, which will help them to survive. They will not adapt to
the changing land and will become extinct, as have many other
life forms, because they cannot coexist with your ways of life.

It takes hundreds of years for animals to come back, once close
to extinction, and this will not be possible in this century
because of other changes to the land. There are volcanoes
ready to cough up voluminous amounts of lava. This has
always been part of a cycle of land building and tearing down,
but this new cycle is not a natural part of this building process.

Unbeknown to you, there are scientific experiments with
standing electrical waves that should not be used at this time,
and these waves have interfered with the moving processes of
the plates that continents rest upon. Some of this interference
is understood, and diabolical planners use these waves because
it is their intent to change and destroy. However, those who
hold dark thoughts do not know all of the facts behind these
waves; they can destroy the vibrational circuitry and blow out
the life of this planet as one would blow out the burning light
of a candle.

I have been here for billions of years, and those dark forces
who wish to change and destroy feel smug in their knowledge.
They think they have complete control over my vibrational life,
but they are wrong. They only know part of the structure,
because part of the structure is hidden.

Creation of all sorts is composed of what is known and what is
hidden, just as there are parts of Prime Creator that are known
and parts that are unknown. This known and unknown is what
was originally the light and dark, and this is how creation of all
sorts is composed.

And so I have come forth to discuss what is hidden, dark or
unknown. You have heard that life that is manifested here is a mirror image of what is unmanifested. There is energy that comes to my planet through a bend, which some call a ninety degree angle, and as this energy turns through the bend, there is a great amount of heat generated. It is at this point of heat generation that the unmanifested becomes manifested. You see the manifested, but you do not see beyond the heat. You who are sensitive to energy can trace these lines from the manifested and can identify the bend, but you cannot see beyond the bend and the heat.

Scientists can see the manifested and see the energy as it wends its way to the manifested, but they cannot see the dark side or unmanifested, as it is connected to the dark matter form of the universe.

Scientists are starting to understand that the universe is full of dark matter, but they have not put the pieces together to understand that behind every adventure in manifestation, there is a line to this dark matter, and this dark matter feeds all of creation on this planet, along with the prana from the sun, which feeds the manifested matter.

So even on this level of creation, there is the dark and the light, the seen and the unseen, and all is needed for life to survive. This is true not only on this planet which we call Earth, and which I remind you is your home; but it is true on every planet, as all life is a reflection of the creative forces as they exist near you and as they trace their life patterns to the Prime Creator in the center of the cosmos. That is the way all life is constructed. The dark and light play next to each another, and they depend on each other to exist. One cannot exist without the other.

The standing electrical waves of which I speak are interfering with the connection of the two forces that combine to form manifested life on the planet surface, and they also interfere with the vibrational bands, which hold the coalescence of all life on this planet. If this continues at the pace that they are being used, it is possible for the grid system around this planet to collapse.

Without the grid system, the Earth will implode upon itself,
and all life will be snuffed out in the twinkling of an eye. We are forming the mirror image of this planet as quickly as possible so that those who are ready can move to this new home. However, we ask you to use your will power to stop the workings of these standing waves. Mentally say no to these senseless experiments.

I have come forth to remind you that humans create with their mental functions of thought. This cooperates with pure energy that comes to this place that has not been manifested in form. Your thoughts can work with this energy to form your desires in the hard physical. Your thoughts can place protective shields around these waves to make them powerless, and we ask you to do this if you wish to live here.

This situation has been going on for some time, but recently the activity has been ratcheted up for reasons that we do not wish to explain right now. It is better to accept my words, help with a mind full of love and acceptance, and send out the love force to heal all on Earth, even those who use antisocial activity to control people. We do not wish you to feel the vindictive thoughts that can be generated by understanding all of the dastardly deeds that have been foisted upon this planet.

See this as your heart expanding in love, and that love correcting all error in human thought. You do not have to understand how the process works or see a process moving to correct the error. Just see and feel that your mission is accomplished. See your home, Earth, which supports your life, in complete perfection. Make a request of God to allow such a space of time for all Lightworkers to wake up to the choice at hand.

All should have the opportunity to be allowed a choice to ascend with my new Earth. I have promised that opportunity to my children, and that ability to graduate to a new spiritual awareness is in jeopardy if this string of possibility is not changed. This possibility is quickly moving toward a doorway of probability. We cannot allow this choice of destruction to pass to the world of form.

*(end of clip)*
Also, perhaps a very pertinent clip from a December 8, 2005 St. Germain message --who speaks to duality and the Godly way of life, as only an Ascended Master could speak of it-- seem so appropriate here. ENJOY

(clip)

Telepathic message received by Mike Quinsey: 12.08.05

*St. Germain Speaks*

Is it not strange how your minds divide time into events, which you see as quite separate from each other? I am thinking of this month when your activities and focus are on your festivities that will see the month and year out. You set a distinct divide between each year, and it is as if something magical happens on New Years Eve. It is as if you close one door and open another that is full of new expectations. You always start out a New Year believing that it will be better than the previous one, and on a personal note, many will resolve to make resolutions that lift them up. I tell you that the concentration of thought that focuses upon these two events manifests exactly what you expect. The power of the energy that you produce is your promise that the coming period will be one of great enjoyment, and exchange of love in many various ways. You allow yourselves to be charitable and generous to a degree not normally matched at any other time of the year. The feeling of love and goodwill brings people together in a common purpose, which sees a unity of purpose not matched at any other time.

There is good reason to view your New Year with much optimism, and it is a paradox that whilst many go into it seeing the doom and gloom, there are others who see the Light of Change. You should know by now that you are constantly creating your new reality. See how at this time your thoughts are strongly focused on all that will give pleasure and happiness to your self and others. Would it not be in your interests to carry these benevolent feelings well into the New Year, and continue to lift each other up?
What an impact you would have on life if you could create an even more powerful focus of love. Realize that if it could be a time of forgiveness, how much negativity could be transformed. Then extend it outside of your family and friends and love even those whose shadow you walk in. Willingly and graciously, see those who may have blighted your life in one way or another in a new light, and desire for them that they should be enshrouded in love. There is no person who can totally reject love, and can indeed do without it, as it is your life force. It is the energy that powers your soul and allows expansion of that Spark of God within.

As the time nears for the long awaited removal of your last cabal, we have repeatedly asked that you prepare yourself for shocking revelations. We have also asked that you view the instigators of the many heinous crimes against humanity, in a compassionate way. Could you perhaps again capture your feelings of love and goodwill, and extend them to everyone regardless of how you see them? Your response will be a measure of your spiritual growth and understanding, and so important in its affect on the Human Consciousness.

When you aspire to be everything that you perceive your Godself to be, it can have no bounds. Love embraces everyone and everything about you, and very form you see and that also includes inanimate objects. Often we try to impress upon you just how powerful your thoughts are, and there will come a time that is not too far away when you shall come to full realization. You are drawing higher and higher energies to yourself, and it is necessary to effect the changes that will continue to lift you up.

Dear Ones, you are incorporating the energies that are changing your body composition. You are refining and cleansing every cell, and the changes are bringing about the new crystalline structure that is essential to Ascension. Your consciousness is expanding and changing, and you come ever closer to uniting with your Higher Self. This is your pathway out of this cycle of duality, and the return to levels of being that were once your home. Yet even in the time you have spent in the lower dimension that which you left behind has also moved on.
Know that a wonderful future beckons and could you but glimpse what awaits you would have no regrets at leaving your present Earth. Beauty and wonders beyond your present comprehension are in abundance, and yet another adventure begins. Life is never still and all constantly moves around, and it moves with a purpose set in place by The Creator. Nothing exists that was not first in The Creator’s mind, and you shall fulfill your promise and become co-creators within the vast Kingdoms that are without end.

I believe that you are ready to accept your potential, and I ask again that you become that which you are already and exercise your power love and compassion. Think upon the truth of your journey back to the Godhead, and know that it is not complete until the last soul returns. Be ready to reach out in your greatest expression of love, and offer a helping hand to those who do not yet understand their real self. All is Love and nothing else exists except in the realms of illusion.

*I am St. Germain*, and I prepare myself for closer contact with you all. My path is clear and my promises to you will manifest very soon. Meantime, live your love and let the rest of your life be one great festival of giving. You will find it most rewarding and help bring you all together as one big family in the House of God. The love of those that dwell in the higher dimensions is always with you, and is your assurance that all is well.

Thank you St. Germain.
Mike Quinsey.

*(end of clip)*

In the forging of our final *Golden Age*--when only the *Godly way of life* will preside here on Earth--I will share a few more insights about this very exciting *Soulmate, Twin Rays* and the new glorious *Golden Age* subject in the following *Chapter 32*.

Listen? Your *Soulmate* is calling.

Bless us all.
Chapter 32

Soulmates & Twin Rays Anchor Our Golden Age on Earth

It is no accident that the idea or concept of "Soulmates" and twin souls or "Twin Rays" has spread to every country and is known to almost every person on Earth in a little over 3 decades time span.

Nothing can become manifest or real to our sentient human form-consciousness without us each first knowing, acknowledging and accepting it as a valid part--or a mind partner--of our reality.

Without human ears to hear the hypothetical sound and reality of a mighty tree that has fallen to the ground in a distant forest, the sound of it falling does not exist in human consciousness.

When I first was inspired to conceive and author a whole book about "Finding Your Soulmate" in 1970 only a scant few human souls on Earth knew--or believed--that Soulmates or twin souls existed. However, I intuitively knew that a book entitled, "Finding your Soulmate" would soon attract or draw millions of people to know read, hear or know and to accept the validity--or the 'reality' of a Soulmate or of a twin soul....

Actually, along with the inspiration to write this book came a clear self-realization that a book of this nature would also be a perfect instrument to awaken Earth masses to their own true divine, or inner soul reality. There is a huge difference when you live your daily life from the perspective of--a combative, ego-driven, material-minded person--or, from the divine, inner peace making, ego-less "I Am" soul identity that each and all of us can easily access and BE...

From that purely inspired thought of service to others--in mind--rather than "how many books I would sell, or how much money I would earn, I could hardly wait to begin to out-line all.
The really wonderful fact, that even though I had already written several other spiritual books, all selling well, going into at least 3 reprints--of thousands of copies each new printing run--these books that I had written to help sustain my livelihood while teaching spiritual truths were all out of print within the next 10 years!

On the other hand, "Finding Your Soulmate"--written to help awaken the 'soul of mass humanity' on Earth--is still--not only in print--but has been steadily selling for over 35 years, since first being published. It blossomed into an immediate best-seller and is now published and sold in 12 other major languages worldwide, even 35 years later!

Other well known--and lesser known--authors "picked up" on the success of this title began researching and writing "Soulmate" books. The momentum grew and grew and you can travel to any major country on Earth today and will discover most people living there know about, think about, and speak about "Soulmates."

Lightworkers from all walks or avenues of life have now self-awakened and each radiates light that awakens the many still "sleeping" souls around them.

Light attracts light. The process has been on going and gaining momentum for the past 100 years or more, and this is how the final Golden Age on Earth has begun to take manifest form. Soulmate and Twin Ray "searches" has focused considerable more "light of the soul" upon this Earth. The "light of knowledge" as understood by the masses--meaning "what is"--as scientists believe and report--keeps human consciousness rooted in one place like a mighty old Oak tree. While the "light of the soul" taps the true, ever changing reality of our eternally extending and expanding Universe. It also points us—each and all--toward our own’ sacred, eternal and divine, inner soul I Am" self-identity.

Waking up to the fact of our existence as a "Mighty I AM Presence"--within the center of our now aware human being--instead of our physical body or fearful ego was an enormous breakthrough.
Knowing we are a God-fragment and that we live forever is what has 'sparked' off the birth of more and more dear brothers and sisters all over our planet. Those first feeble flickering "points of light" drew more and more other newly awakened souls to them. Like attracts like.

Each and all in turn would gradually become aware of their own life missions or soul contracts. Thus, today, most of our greatly blessed Earth is alight--with gradually newly awakening masses of individuals. This keeps amassing and building more and more conscious radiant light and the love of God-self--and love for God-in-others--in most of us now here, humanly embodied on Earth.

Hopefully, you and countless others who read this information will now take another step or two deeper into your spirit identity as a ray of light. As addressed earlier, each and all of us in human form has a Twin Ray, who is the "other gender half" of our own sovereign Spirit Being.

As Mother Earth prepares for her Ascension, we her sentient human family on Earth are preparing--our individual self or collective selves--for entry and Ascension into our final Golden Age on this lovely turquoise-green-blue planet.

As the time draws near for our individual human and our planetary Ascension, many Soulmates who are Twin Rays, will be naturally and blissfully merging together in perfect Oneness. Self-identity is eternal and never lost, so this blissful, ecstatic, and eternal newly merger does not nullify your sacred "I Am" self-identity awareness. It actually "squares the power and intensity" of your newly gained self-radiance.

Even though--now forever merged in sacred unity—each former partner--no longer a-part--is now then an individual Lady Master and a Male Master. They have transcended the "Soulmate" level of 3-D duality. Each has added the full consciousness and balancing polarity of the formerly other "parted" self to a higher, singular union--and a state of Eternal Spiritual Self Being--through all Eternity.

Have no fear. Each Ascended Lady Master or Male
Ascended Master will continue to have "her" or "his" very own unique and personal self-volition--or self-identity which she or he knows as her--or his very clear own "I Am" self--forever and ever.

No matter how 'high' you Ascend. You merge again and again, and again, up, up, up, each rung by rung, of the also expanding and extending Jacob's Ladder. You become more of the Almighty One I AM Creator Being of All That Is.

You will always 'be' and know yourself as a singular-as well as a more inclusive--"I AM" aspect and attribute--of our One Creator--through all time and space. Remember, we are each and all and always "I AM" co-Creator 'outposts' of Creator-God consciousness--wherever we abide, or move--or rest.

(clip)

(From Conversations With God - Book 1)

Relationship

"Now in creating that which is 'here' and that which is 'there,' God made it possible for God to know itself. In the moment of this great explosion from within, God created relativity--the greatest gift God ever gave to Itself. Thus, relationship is the greatest gift God ever gave you, a point to be discussed in detail later. Neale Donald Walsch - Book 1

(clip)

HeavenLetter # 1949

"The fulfillment of all your desires is seeking you.

It is upon you. Your desire is the signal to awaken fulfillment. You are here on Earth to fulfill your desires. First, you have the desires. Your desires are the magnets that pull fulfillment to you."

(end of clip)
At no time in the over 8 million years of the creation and evolution of sentient humanoids has there been a time such as this final Golden Age on Mother Earth--for Soulmates--and Twin Rays, to be drawn together. Rejoice

All of us--here now on Earth in human form--have chosen to incarnate during this glorious "end times" epoch. In our non-physical reality, we knew--full well--that Heaven on Earth would become a joyful, shining, living reality during our human embodiment on Earth. Thank God!

You have come to help anchor and finalize this blessed, glorious, Golden Age that now unfolds before us. You are not alone. Your Soulmate or beloved Twin Ray calls. He or she is calling and reaching out longingly and expectantly to you at this moment. Reach out now for him or her. You can do it.

Feel it. Expect it. Be there now.

Remember now, dear soul, I want to "hear"--from you about how you did it. Good news is always worth sharing. All is well. Be in joy and in peace. We are all One in God.

I hope you will consider obtaining and reading some of my other books mentioned in the Recommended Books segment.

Bless your loving, open mind and warm beating, Soulmate or Twin Ray heart. Its fun to dream dreams and understand how to consciously make them manifest in your world. So DO have FUN...and share your fun with others. You can do it. Rejoice--and be free....

I Am, your brother, Russ Michael
APPENDIX

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Mike Quinsey's radio show: Channel for St. Germain, Atmos, Ker-On, Diane, etc. etc., etc.

Email: michael@brookwood96.orangehome.co.uk
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Owen Waters

"Love Is In The Air" - Courtesy of Owen Waters at www.InfiniteBeing.com

Spiritual Words of Empowerment are written by Owen Waters, author of "The Shift: The Revolution in Human Consciousness," which is available at Amazon.com and Barnes & Noble Online:

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NOTE: Normally, whatever language--this book is published in--the publisher will forward any letters written to me--but do understand--I only read and understand the *English* language. *Bless your heart.*
ADDENDUM

●One more Heavenletter--for 'good measure'
and your delight - With CONTACT info...

Heavenletters™, bringing earth closer to Heaven. God is always bringing us closer to Him.

HEAVEN #1952 Do you believe in twinkling stars?
March 10, 2006

God said:

Beloveds, ascending may feel like descending to you. When you are no longer bounded by space, how could you know whether you are ascending to Heaven or whether Heaven is quickly alighting on you? And what does it matter anyway? Earth and Heaven are announcing themselves as One. A partnership was formed long ago, and Heaven seemed to be the silent partner. Of course, We know that silence is stronger than noise. Anyway, now Heaven, silent no longer, is rising to the surface. Invisible no longer, Heaven is rising, and it is rising within you.

No longer will you feel it necessary to try to identify what is Heaven’s and what is Earth’s. That is much the same exercise as separating Us from each other, wondering whether an idea was yours or Mine, and which of Us said what. Beloveds, when there is no separation, that is when there are no boundaries. When you accept your boundlessness, boundaries, those imagined things of the past, become obsolete. All boundaries reimagined. There is no boundary that is not imagined. Even iron bars are imagined. Simply because you can touch them doesn’t make them real. How powerful your mind that puts borders around light and identifies what is bordered as real and what is borderless as unreal. Yet, My beloveds, do you not believe in the sky? And twinkling starlight?

Imagined iron bars and arbitrary restrictions of any kind have been like magnets, pulling your thoughts to them, as if there were nothing else to think about but these useless chains of the
world wrapped around your ankles, hobbling you. Beloved, even footless, you are a traveler, not in space, but in spacelessness.

You cannot separate space from time, nor spacelessness from timelessness any more than you can separate love given from love received, or separate love from life, or your heart from Mine. You cannot tell timelessness and spacelessness apart. They are not apart. They are the same. It all depends upon how you look at it. Everything depends upon how you look at it. Anything seems to exist altogether because you are looking at it.

Let the boundless start magnetizing you. Let love, light, and beauty magnetize your thoughts. When you can think of gold, why think of iron? Why do you think about what you mostly think about? It seems that you have taken the surface of life and sorted it into characteristics that you name problems. You have categorized all kinds of problems, sorted them quite nicely actually, but what for? So that you can pick them out better?

If you must sort, will you now kindly sort out beauty? If you must make things finite, play the game of making beauty finite. Identify beauty wherever you go. Focus your magnifying glass on beauty. Attend to beauty. Pile it up. If you must classify, classify beauty. Of course, there is no way you can limit it. You simply can’t draw a line around beauty.

You cannot adjudicate love either. Prisms of love are infinite. A candle holder holds a candle, but it does not limit the light. You are a holder of limitless love. You are not a limiter of it. Because love is within you doesn’t mean that you are to restrict it. Love is the flag within you that is to be unfurled, certainly not folded up. The idea that you can roll love up and keep it somewhere out of sight is another imagined idea of yours. There is no closet big enough to store love in. There is no heart that is not unfurling now.

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Email: Glori@Heavenletters.com

"I would have you be silent rather than speak one word that does not raise the vibration of the world."

Clip from Heavenletter—Published in Michael Worldwide Newsletter 8/30/05

God Explains God --Book 1

Conversations with God, by Neal Donald Walsch

“My divine purpose in dividing Me was to create sufficient parts of me so that I could know Myself experientially. There is only one way for the Creator to know Itself experientially as the Creator, and that is to create. And so I gave to each of the countless parts of Me (to all of My spirit children) the same power to create which I have as the whole.

“This is what your religions mean when they say that you were created in the ‘image of God.’ This doesn’t mean, as some have suggested, that our physical bodies look alike (although God can adopt whatever physical form God chooses
for a particular purpose). It does mean that our essence is the same. We are composed of the same stuff. We ARE the ‘same stuff’! Will all the same properties and abilities--including the ability to create physical reality out of thin air.

“My purpose in creating you, My spiritual offspring, was for Me to know Myself as God. I have no way to do that save through you. Thus, it can be said (and has been, many times) that My purpose for you is that you should know yourself as Me.

“This seems so amazingly simple, yet is becomes very complex--because there is only one way for you to know yourself as Me, and that is for you first know yourself as not Me."
Recommended Books
&
Study Data

**Heavenletters - Book One** by *Gloria Wendroff*

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**Home With God** by *Neale Donald Walsch*

*Atria books &*

*I highly recommend ALL the series of Conversations With God books... by Neale Donald Walsch*

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**Finding You Soulmate** by *Russ Michael*

--In 13 languages
*Best Seller--still selling strong after 35 years*
Publisher, Jan Johnson
Red Wheel/Weiser Books/Conari Press
500 3rd Street, Suite 230
San Francisco, CA 94107
(p) 415-978-2665, x102
(f) 415-869-1022
Email: JJohnson@redwheelweiser.com
www.redwheelweiser.com

Your Soulmate is Calling by Russ Michael
Hazard Press--New Zealand (in 12 languages)
danielle@hazard.co.nz
www.hazardpress.com

Autobiography of AN IMMORTAL, by Michael, I AM
*(AKA--Russ Michael)*
Already contracted for publication in Romanian, Greek and German. I Am expecting to contract publication with an English language publication soon. Available to publishers in word file--or pdf file through me--at: Email: Age-Reversal@aon.at

There is NOTHING You Cannot BE, DO or HAVE, By Russ Michael
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ALL 4 of the "MATTHEW" books by Suzanne Ward
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